

**Minutes of a Commission on Aging Meeting
Mayfield Village
January 21, 2014**

cc: Mayor
Council
Dept. Heads

The Commission on Aging met on Tuesday, December 3, 2013, at the Senior Services Office. Miss Heath called the meeting to order at 11:10 a.m. The following members were present: William D. Thomas, Parks & Recreation Director; Stacey O'Brien, CPA Director; Lillian (Patsy) Mills, Council Representative; Commission on Aging Members: Ruth Petche, Ralph Tarsitano, Marie Urbancic, and Donna Heath, Senior Program Coordinator. Note: Bob and Jan Perna were absent.

APPROVAL OF MINUTES:

• **September 24, 2013**

Mrs. Petche, seconded by Mrs. Urbancic, made a motion to approve the minutes.

Roll Call: AYES: All
 NAYS: None

Motion Carried
Minutes Approved

• **December 3, 2013**

Mrs. Petche, seconded by Mrs. Urbancic, made a motion to approve the minutes.

Roll Call: AYES: All
 NAYS: None

Motion Carried
Minutes Approved

UPDATES FROM BILL THOMAS, PARKS AND RECREATION DIRECTOR

• **Update on Programs at Wildcat Sport and Fitness**

Mr. Thomas said we are now offering Pickleball on Tuesdays and Thursdays. There is another class on Wednesdays so there will not be a Pickleball class on Wednesday. If there is interest in volleyball, we could set up a net.

Mr. Tarsitano said everyone played Thursday.

Mrs. Urbancic asked how many people you have.

Mr. Tarsitano said we had about 9 people today. We will have 2 more. We should tell the people behind the desk to tell people pickleball is available on Tuesdays and Thursdays.

Mr. Thomas said he is excited about the Walking Club.

Mrs. Urbancic said we have Lois and Fred Millman; starting Wednesday Antonietta Leone will come and Jim Kless will come. Dona can't come because she broke her collarbone.

Mr. Thomas said between the Walking Club and Pickleball, a lot of seniors in the school district are taking advantage of our programs. We will do a one-minute spot on the website to promote the programs.

Mrs. Mills asked what about putting it on television.

Mr. Thomas said it is being done by the digital media class at the high school.

COMMUNITY PARTNERSHIP ON AGING (formerly the Tri-City Consortium on Aging)

- **Updates (Stacey O'Brien)**

Mrs. O'Brien said we are taking AARP income tax appointments for South Euclid, Lyndhurst, and Mayfield Heights residents. Residents of all five communities may call for an appointment. People outside of the five communities can call for an appointment beginning February 26. There will be scheduling *Movies to Talk About*. Students are working on a livability survey. A focus group will also be conducted in April to receive guidance and feedback on future program and services that should be considered by the agency over the next 5-10 years. If you know of anyone who would be good to participate in the group, please give us a call.

- **Updates from CPA Meetings (Ralph Tarsitano)**

Mr. Tarsitano said he has an idea. The way the meetings go from the CPA and us—some of the activities are already over with before we meet. What if the following day after the meeting, I drop off notes to Donna so we would be aware of things going on.

Everyone thought that would be a good idea.

Mr. Tarsitano said he will need a representative to attend the February 7 meeting as he will be out of town.

Miss Heath said she will ask Jan Perna to attend.

SPECIAL EVENTS

- **Holiday Party for MV Seniors (Recap)**

There were no comments.

- **Holiday Party for Card Group (Recap)**

Mrs. Urbancic said it worked out well.

- **Library Tour (April 29, 10 a.m.)**

Mr. Tarsitano asked how that was being organized.

Miss Heath said she is taking reservations. She will promote it in the Parks & Recreation Brochure and the Senior Services newsletter.

- **Anniversary Party (Saturday, May 17?)**

It was the consensus of the committee to hold the party on Friday, May 16.

- **Date of Christmas Party (December 12, 13, 19, or 20)**

It was the consensus of the committee to hold the party on Friday, December 12.

Mr. Thomas said he likes the format of not having activities for the holiday week. (The week of Christmas.) We will do that again in 2014. There will be no cards Friday, December 11 (set up for the Holiday Party), no cards Tuesday, December 23, Thursday, December 25, and Thursday, January 1st. There will be no Games Monday, December 22.

CLASSES/ACTIVITIES:

- *Discussion/Recap and/or Updates
Watercolor, Tai Chi, Pilates, Bereavement, Fitness for You, Good Time Dancin',
Senior Stroll (to begin April 14), Crochet (class didn't go forward)*

There were no comments.

SPRING/SUMMER PLANNING:

- **Suggestions for Programs**

There were no comments.

FOR MAYFIELD VILLAGE RESIDENTS:

- *AARP Income Tax Assistance*

Miss Heath said AARP volunteers will be providing income tax assistance on February 17, March 17, and April 7.

PROGRAMS:

- **Foot Clinics**
- *Happy Healthy Hands for 2014 (Thursday, February 20—1:00 p.m.)*
- **Bingo (Wednesday, March 26 – 2:30-3:30)**

TRIPS:

- Lakeview Cemetery & Lunch (Wednesday, April 16)
- Pro Football and Classic Cars (Wednesday, May 7)
- Senior Legislator for a Day (Friday, June 20)
- Marietta (Wednesday, July 16)
- Goodtime III (Wednesday, August 6)
- Grove City (Wednesday, September 17)
- Amish Country—for Fall
- Stan Hywet—for Winter

Viva Las Vegas or *Christmas Memories* Shows at Croatian Lodge (by Latshaw Productions or Joe Babe Productions)

No one was interested in the shows at the Croatian Lodge.

- **Suggestions for other Fall/Winter trips**

Mr. Tarsitano gave Miss Heath two videotapes on *One Tank Trips* to give her suggestions for future trips.

ANY OTHER MATTER FOR DISCUSSION

- **Community Information Open House**

Mr. Tarsitano suggested holding the open house during cruise night when we have a lot of people present.

Mr. Thomas will suggest that each department have a table.

Mrs. Mills said the Historical Society wants to be involved.

Mrs. Mills said the Pancake Breakfast has the most residents in attendance.

Mrs. Mills suggested having signs saying Mayfield Village Informational Center.

Mr. Tarsitano said he has started taking pictures of programs and activities. He suggested making a visual board where we could promote programs like pickleball, etc. and suggested putting Mayfield Village Senior Services on it.

Mr. Thomas said this would be like the collages he has been putting in the Voice of the Village.

- **Senior Stroll/Nature Walk**

Mrs. Urbancic asked if we could include *fast paced and slow paced walking* on the flyer for the Senior Stroll/Nature Walk.

Miss Heath will update the flyer.

NEXT MEETING:

March 18, 2014

ADJOURNMENT

Mrs. Urbancic, seconded by Mrs. Petche, made a motion to adjourn.

Roll Call: AYES: All
 NAYS: None

The meeting adjourned at 12:00 p.m.

Respectfully submitted,

Donna J. Heath,
Senior Program Coordinator