

**Minutes of a Commission on Aging Meeting  
Mayfield Village  
June 25, 2013**

cc: Mayor  
Council  
Dept. Heads.

The Commission on Aging met on Tuesday, June 25, 2013, at the Senior Services Office. Miss Heath called the meeting to order at 11:07 a.m. The following members were present: William D. Thomas, Parks & Recreation Director; Lillian (Patsy) Mills, Council Representative; Stacey O'Brien, MSSA, LISW-S, Community Partnership on Aging; Commission on Aging Members: Jan Perna, Robert Perna, Ruth Petche, Marie Urbancic, and Donna Heath, Senior Program Coordinator. Commission on Aging member Ralph Tarsitano was absent.

**APPROVAL OF MINUTES:**

- **May 7, 2013**

Mrs. Petche, seconded by Mrs. Urbancic, made a motion to approve the minutes.

Roll Call:      AYES: All  
                     NAYS: None

Motion Carried  
Minutes Approved

**UPDATES FROM BILL THOMAS, PARKS AND RECREATION DIRECTOR**

- **Activities at Field House  
Walking Club**
- **Open House at Field House**
- **Fall/Winter Activities**

Mr. Thomas said we are now managing the Field House and pool for the schools. On Tuesday, September 17 from 11 a.m. to 1 p.m., there will be a senior open house for the school district and South Euclid and Lyndhurst residents that are part of the Community Partnership. There will be demonstrations and tours. We will serve pizza, tea, coffee, cold drinks, and cookies. The two million dollar renovation is ready for use. We are putting together a membership book. We will make adjustments to the book and the school administration will look it over. Sean and I have been meeting with school administration for about 2 years.

Mrs. Mills said M.A.R.C. is no longer in existence. What is happening to the art show?

Mr. Thomas said it sounds like they will still have it, but they don't know yet. M.A.R.C. dissolved on June 6. M.A.R.C. is meeting with Bill Rubin of the library to finalize soon.

Mr. Thomas said we want to have a walking club. We will use the upper track. The track is now level. He explained how the track was previously on a slant. Donna is going to be working of that with the walking group. We will have one gym court from 5:30-7:00 a.m. From 7:00-8:00 a.m. the schools have all the courts. Then from 8:30 to 2:30, w will have at least one court except on days they need it. From 3:00 to 6:00 p.m. the court will be used for athletics. That is their time and we can't use the upstairs then. After 6 p.m. we take over the whole complex. There will be designated parking. The entire east lot in front of the main entrance is for membership only. It is going to be paved in July. The membership book will be available in August.

Mrs. Mills asked if there was going to be a mailing.

Mr. Thomas said there will be an all-district mailing of the Community and Fitness Center Recreation brochure. Membership booklets will be distributed to all members by email or given out at the front entrance when they come to Mayfield Wildcat Sports and Fitness. We will be closed from August 3 until September 3. While we clean the facility and get it ready, the schools are purchasing \$100,000 worth of exercise equipment for the upstairs adjacent to the track.

Mrs. Urbancic asked if students are going to be able to use it.

Mr. Thomas said any person 13 and over can use the facility by themselves. Those ages 12 and under must be accompanied by an adult at all times. All of our staff are adults.

Mrs. Mills asked the cost of membership.

Mr. Thomas said that must be approved by the Board and will be finalized in late July.

### **COMMUNITY PARTNERSHIP ON AGING (formerly the Tri-City Consortium on Aging)**

- **Updates (Stacey O'Brien)**

Mrs. O'Brien said a group met today with Congressman David Joyce about funding for services. Emily Becker represented Mayfield Village. The meeting was very good.

- **CPA Meeting Updates (Ralph Tarsitano)**

There were no updates. (Mr. Tarsitano was absent.)

### **SENIOR INFORMATION OPEN HOUSE**

- **Date: Friday, June 28 – 9 a.m.-12 noon**
- **Village and County departments representatives to attend to present information**

Miss Heath said everything was set for the open house. She asked Commission on Aging members to be present, if possible.

### **FALL/WINTER PLANNING:**

- **Senior Legislator for a Day (Friday, October 25)**

Miss Heath said Representative Anielski said that only members of the 6<sup>th</sup> House District may go on the trip. She has a list of cities. That leaves out Mayfield Heights.

Mr. Thomas, Mrs. O'Brien, Mrs. Mills and all Commission members said they feel the trip should be open to everyone. Mrs. Urbancic said she would like to go. Miss Heath and Mr. Thomas would like to go also. Everyone asked that Miss Heath ask Representative Anielski to re-think that decision because without the members of the other communities like Mayfield Heights, we probably wouldn't have enough people registered for the trip to go forward.

- **Covered Bridges & Winery (Friday, October 11)**

Miss Heath said a docent will get on the bus to tell us about the bridges. We will stop at Tarsitano Winery for a wine tasting and cheese platter. They no longer serve lunches, so we will eat lunch at Josephine's. Josephines was recommended by the docent.

- **Oglebay Lights & Mansion Tour (Wednesday, November 20)**

Miss Heath said we will tour the mansion and have dinner at Wilson Lodge before we take the tour of lights.

- **Lakeview Cemetery & Lunch (Wednesday, April 16)**

Miss Heath said a docent will give us a tour of the cemetery and we will have lunch at Mama Santa's.

- **Bingo (Wednesday, November 6)**

Miss Heath said the last Bingo went well. They gave little gifts like dish towels and people enjoyed it. It was sponsored by Comfort Keepers. They have agreed to hold another Bingo November 6.

- **When to Apply for Medicare and Medicare Supplements 101 (Friday, October 4)**

Miss Heath said this is being sponsored by Hope Financial Insurance.

- **AARP Income Tax Assistance**

Miss Heath said the volunteers from AARP have agreed to provide income tax assistance for residents again next year.

**CLASSES/ACTIVITIES:**

- *Discussion/Recap and/or Updates*

Miss Heath said Watercolor Classes and the Fitness for You and Good Time Dancin' classes are finished for the summer. Other classes such as Pilates and Tai Chi continue through the summer.

**PROGRAMS:**

- **Foot Clinics**

Miss Heath said the clinics have become popular; some have had all appointments booked.

- **Safe Driving – June 12**

Miss Heath said there were 19 students for the class.

**TRIPS:**

- **Recap of International Tour of Cleveland – Part 1 (June 19)**

Miss Heath said 39 people went on that trip. It went well and many people commented how much they enjoyed it.

Mrs. Mills said her friends who went on the trip said the tour guide (who was the owner of JKL Tours) did a wonderful job.

- **Fallingwater (July 26)**

Miss Heath said we have 12-15 people to date for this trip and we need 30. It is doubtful that this trip will go forward.

**ANY OTHER MATTER FOR DISCUSSION**

There were no other matters for discussion.

**DATE OF NEXT MEETING**

The next meeting will be Thursday, August 15 at 11 a.m. in the Senior Services' Office.

**ADJOURNMENT**

Mrs. Perna, seconded by Mr. Perna, made a motion to adjourn.

The meeting adjourned at 12:00 p.m.

Respectfully submitted,

Donna J. Heath,  
Senior Program Coordinator