

# Mayfield Village

Parks and Recreation

## WINTER



2009-2010

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# Table of Contents

Special Events and Activities.....	2
Excursions and Ski Trips.....	5
Adaptive Recreation.....	7
Clay Classes for Youth, Adult and Families.....	10
Youth and Teen Sports and Activities.....	11
Summer Preview.....	13
Progressive Fitness Center for Mayfield Village Residents.....	14
Senior Programs.....	15

**Mayfield Village Parks and Recreation Department Mission Statement:** Mayfield Village Parks and Recreation Department's mission is to coordinate with members of the Mayfield Village Recreation Board, residents, volunteers, Mayfield Community Education (Mayfield City Schools), MARC and surrounding recreation departments to develop a wide variety of recreation activities and programs for citizens of Mayfield Village and the Mayfield City School District. Through these programs the department will promote a "sense of community", promote health and wellness, and provide a positive learning experience for all participants.



**Bruce G. Rinker, Mayor**  
**William Buckholtz, Council President**

**Mayfield Village Council:**  
**Joanne Cinco**                      **Patsy Mills**  
**William Marquardt**          **Dr. Stephan Parker**  
**Thomas Marrie**                 **Joseph Saponaro**

**William D. Thomas, Director Parks & Recreation**  
**Danielle Echt, Assistant Recreation Director**  
**Sean Supler, Youth/Adult Sports Coordinator**

**Recreation Board Members:**  
Pat Andrzejczyk, David Blood, Mike Colacarro, Doug Del Rosa, Stivo DiFranco, Peggy Kerver, Troy Koch, Shelly Kovacevic, Tom Marrie, Mary Murphy, Dave Perout, Meg Stifler, Kate Sullivan, Ralph Vara and Traci Wilson.

Cover photo courtesy of Don Demming during Holimont ski trip.

## IMPORTANT REMINDERS

- **Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center. (6622 Wilson Mills Rd.)**
- Registration for most programs begins once you receive your Winter Parks & Recreation Brochure.
- Pre-registration is required for most programs.
- Most registration can take place through the mail (even with credit card) or walk-in at Mayfield Village Civic Center.
- **Mayfield Village can accept registration over the phone with Visa/MasterCard and Discover during office hours (M-F, 8:30 a.m.-4:30 p.m.). Call 461-5163.**
- Mayfield Village Residents are strongly encouraged to sign up as early as possible for certain high demand programs such as the youth Start Smart programs to avoid being closed out of the program.
- **Photographs:** Mayfield Village may take pictures of participants in our programs. We may use these photos in our brochure or for media publicity. By your registration, you grant us permission to use these photos for publicity purposes only.
- **Confirmation/Cancellation** - Mayfield Village does not mail confirmations for class/program enrollments. We will make every attempt to notify you in advance if a class is cancelled, changed or if your registration is received after a program is already full. If enrollment is insufficient for any particular class, the class will be cancelled and fees will be refunded in full. Mayfield Village reserves the right to cancel or combine programs, to change time, day, date or place of meeting and to make revisions to programs.
- **Cancellation/Withdrawal/Refunds** - Participants assume risk of all changes in personal health and affairs. A \$5.00 processing fee will be charged for all refunds involving the Mayfield Village Parks and Recreation Department. A pro-rated fee may also be charged if the program has already begun or if certain enrollment requirements are not met due to your cancellation. Charge refunds will be credited promptly. For check/cash refunds, please allow 2-3 weeks as they are issued through the Finance Department.
- **Late Registration** - In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge \$5 per person per program after the registration deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.
- **Returned Checks for Insufficient Funds** - A \$25 cash fee will be charged for all checks returned for insufficient funds.
- **Liability** - Participants in our activities do so at their own risk, and agree to waive and release any and all claims of personal injury or property damage they may have arising from participation against Mayfield Village, its agents, instructors, or employees. Mayfield Village cannot be responsible for personal property.

**Mayfield Village Parks & Recreation Number:**  
**(440) 461-5163**

**Weather Cancellation/Activities Number:**  
**(440) 954-4114**

### REGISTRATION HOURS AT CIVIC CENTER

**For all programs except where noted:**  
Monday – Friday, 8:30 a.m. – 4:30 p.m.

**The Civic Center will be closed on:**  
Thanksgiving: November 26 and 27  
Holiday Break: December 24, 25 and January 1

# Special Events and Activities

Mayfield Village Parks and Recreation Department, Mayfield Township Historical Society and Mayfield Village Garden Club will offer a variety of Special Events and Activities throughout the Winter. Listed in calendar order are traditional favorites plus new ones. We look forward to seeing you at these Winter events.

## Historical Society

Our meetings are at 7:30 p.m. at the Mayfield Village Community Room unless otherwise noted.

**November 11** – Guest Speaker is Madeline Dantartes – who was a French Resistance fighter in World War II. It is “Pie Night” – bring a favorite to share.

**December 9** – 6:30 p.m.- Christmas Potluck Dinner – Bring a dish to share (8) – Meat, veggies, salad, casserole, and of course dessert! Begin the holiday season with friends and family. **This event is for members only and is not open to the public.**

## Mayfield Village Garden Club

The Mayfield Village Garden Club meets the 4th Wednesday of each month (unless otherwise noted) at 7:30 p.m. at the Mayfield Village Community Room. In addition, the Garden Club has Out-to-Lunch programs for members and guests.

**November 18:** (Note Change of Date) "Holiday Workshop Using Live Greens", presented by Maggie Fusco. Please bring a small or medium size basket. Materials will be furnished.

**December 9:** "Holiday Potluck Dinner". 6:30 p.m. at the Mayfield Village Community Room. We are combining our dinner with members of both the Mayfield Township Historical Society and the South Euclid Historical Society. **This event is for members only and is not open to the public.**

**January 27:** (Note change of time and location) 1:00 p.m. at the Civic Center. "Attack On The Aliens", presented by John Mack from the Horticulture Center, part of the Emerald Green in Fairview. This will be a power point presentation on invasive plants which are non-native to our native Ecosystem.

**February 24:** (Note change of time and location) 1:00 p.m. at the Civic Center. "Stop And Smell The Roses", a slide presentation by Ken Heichel.

**March 24:** 7:30 p.m. at the Community Room. "Seasonal Floral Arranging", presented by Pat Vanderrar, owner of Windpetal Flowers of Berea.

**New members are welcome. Call Patsy Mills 440-449-4922 or Helen Keating 440-833-0275.**

## Holiday Mart

**Date:** Saturday, November 28

**Time:** 9:00 a.m. – 4:00 p.m.

**Location:** Mayfield Village Community Room

**Admission:** \$2.00

**Details:** Fresh Holiday arrangements and wreaths designed by Garden Club Members, select vendors; tea and cookies served.

## American Red Cross Community Blood Drives

**Location:** Mayfield Village Community Room

**Time:** 2:00 – 7:00 p.m.

**Dates:** Fridays, December 4, January 8, March 5, April 30

**Eligibility to be a Donor:** In general, you are eligible to be a donor if you:

- are at least 17
- weigh at least 110 lbs.
- are in good health (no flu symptoms)
- your last donation was more than 56 days ago
- are not taking antibiotic medication
- Have a photo ID or Red Cross card with you when you donate.

Please bring in the names of any medications that are currently being taken. Please bring I.D. with you as well. We can answer questions about your eligibility in advance of the drive by calling the American Red Cross at 1-800-GIVE-LIFE or 1-800-294-3347 #2 and ask for the “Donor Suitability” Department. You can also check out this info on our webpage. Plan on about an hour to go through the entire blood drive. You feel best if you eat and drink plenty of water before donating. Please bring ID to the blood drive.

## Annual Santa Ride & Party



**Date:** Saturday, December 5

**Time:** 10:30 a.m. - 1:30 p.m. - Santa rides through the Village distributing popcorn balls.

1:30-3:00 p.m. - Party at Mayfield Village Civic Center

**Cost:** For Mayfield Village Residents - free of charge

**Details:** At the party children will have pictures taken with Santa and gifts distributed by his elves. Refreshments will be available. Children can participate in making a winter craft.



## Annual Christmas Tree Lighting Ceremony



**Date:** Sunday, December 6  
**Time:** 7:00 p.m.  
**Location:** Mayfield Village Gazebo  
**Cost:** Free  
**Details:** Open to all. Come celebrate the holiday season with Santa Claus and listen to holiday music. Refreshments of coffee, hot chocolate and donuts will be available. Santa's annual popcorn ball distribution to children will also take place and of course, our tree lighting ceremony with Mayor Rinker. Please bring your canned goods and drop off at the Police Department for our food drive.

## Menorah Lighting Ceremony



**When:** Friday, December 11  
**Time:** 7:00 p.m. - 8:00 p.m.  
**Where:** Mayfield Village Gazebo and then to the Community Room  
**Details:** Please join us as we light the First Hanukkah candle. We will gather near the Menorah at 7:00 p.m., snow or shine! Refreshments will be at the Community Room after the Menorah Lighting. Please bring canned goods to the Police Department for our food drive.

## Singing Angels

### "Helping Hands & Singing Hearts Concert"

**Date:** Saturday, December 19  
**Time:** 7:00 p.m.  
**Location:** Mayfield Village Civic Center Reserve Hall  
**Cost:** \$12/adults, \$10 child/senior  
**Details:** Come with friends and family to hear the world renowned Singing Angels. Tickets are on sale, seating is limited. Purchase your tickets at the Civic Center. Hear the holiday magic of the Singing Angels! Please bring a canned good for the "Share Our Strength" Food Drive.

## Introduction to Fly Fishing

**Who:** Children 10 years and older – adults  
**When:** Tuesday, December 8  
**Time:** 7:00 – 8:30 p.m.  
**Where:** Mayfield Village Civic Center

**NEW**



**Min./Max.:** 4/25  
**Cost:** \$15 per person  
**Details:** Join George Vosmik, a leading Fly Fishing expert with over 20 years experience. Learn why fly fishing is one of the fastest growing outdoor sports in the world. Find out why young, old and mid-life folks get hooked for life by this exciting pursuit. We will cover equipment, where to fish, techniques, and the joys of making your own deceivers (flies) to catch simple fish. Come find out what you are missing. Learn about the additional tying class held in January that will prepare you for this exciting sport. **Registration Deadline: Thursday, December 3.**

### The Art of Deception

## A FAMILY OF FLY TYING CLASSES FOR BEGINNERS



**LET'S GET STARTED: Nymphs, The Beginning:**  
**Who:** Children 10 years to adult, **under 18 must be accompanied by an adult**  
**When:** Tuesday, January 12, Thursday, January 14 and Tuesday, January 19  
**Time:** 6:30 – 9:30 p.m.  
**Where:** Mayfield Village Civic Center  
**Min/Max:** 4/8  
**Cost:** \$50 per participant and a \$10 material fee payable to instructor at first class. **Students will need to bring additional supplies. A list will be available upon registration.**  
**Instructor:** George Vosmik, a leading Fly Fishing expert with over 20 years experience  
**Details:** Learn to tie your own flies. Students will create over a dozen nymphs during the 3 classes. You will be able to catch fish on your own creations from these classes, or you may wish to look at them and participate in a Renaissance art -The Art of Deception – for your own pleasure. Come tie and decide how you'll use the deceivers you produce. **Students will have the opportunity in the Spring to try out their creation at Deep Spring Trout Club. Further details at the class. Registration Deadline: Thursday, January 7.**

**NEW**

## Back by Popular Demand! Scrapbooking Crop-a-thon

**Who:** 21 and up  
**When:** Saturday, March 20- Sunday, March 21  
**Time:** 9:00 a.m.-midnight – Saturday,  
 10:00 a.m.-4:00 p.m. –Sunday  
**Where:** Mayfield Village Community Room  
 (6621 Wilson Mills Road, behind the  
 former Village Hall)  
**Cost:** \$33 – includes snacks, beverages, and  
 lunch/dinner on Saturday  
**Details:** Pack your supplies and join in for 21  
 hours of cropping. Encourage your scrapbooking  
 friends to join you for a weekend of fun. Stores on  
 site!! **Limited seating, so register early.**  
**Registration begins Wednesday, January 13, 2010.**

## Adult Learn to Ski or Snowboard at Boston Mills

**NEW**

**Who:** Adults 18 years and older  
**When:** Saturdays, February 13 - 27 from 5:00 -10:00 p.m. or  
 Sundays, February 14 - 28 from 9:00 a.m.-2:00 p.m.  
**Cost:** \$149 per person  
**Details:** If you've always wanted to ski or snowboard, now is  
 your chance to learn while taking advantage of special group rates  
 designed for our residents and surrounding communities. You receive  
 three lessons, three lift tickets, and ski or snowboard rental. Meet at the  
 Boston Mills Ski School. **Note: Price is the same whether you have  
 your own equipment or not. You can upgrade to intermediate or  
 expert lessons by paying an additional fee to Boston Mills. You can  
 change days after the second week if needed.** Download liability  
 waiver at [www.bmbw.com](http://www.bmbw.com) and bring to Boston Mills on the first day.  
**Registration Deadline: January 22.**

# Dance and More with Dick Blake

## Back by Popular Demand: Parent and Child Etiquette

**Who:** For Boys and Girls 1st – 4th graders and one parent  
**Dates:** Sundays, February 21 and 28  
**Time:** 5:15 p.m. – 6:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Cost:** \$45 parent/child - **discount for 2 or more  
 children from same family**  
**Instructors:** Mr. and Mrs. Dick Blake  
**Details:** This course has been one of Mr. Blake's most  
 requested classes for years. Mrs. Blake, a retired elementary teacher,  
 now joins him. Children learn the social skills and table manners that  
 not only teach them to act like young ladies and gentlemen but also  
 help them to be successful throughout their lives and future careers.  
 Parents get to share the experience and maybe learn a little something,  
 too! **Registration Deadline: Tuesday, February 16.**

## Dance Like the Stars Ballroom Dance Class



**Who:** Adult Couples (partners only)  
**Dates:** Session I: Sundays, February 14 - March 7  
 Session II: Sundays, March 14 - April 11  
 (Except April 4)  
**Time:** 6:15 p.m. – 7:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Cost:** \$95 per couple or **\$90 for both sessions**  
**Details:** Dance with the pro who has taught the  
 pros...celebrity dance master, Dick Blake! Learn the basic  
 dances needed for any social occasion: swing, jitterbug,  
 foxtrot and salsa. Be the star of the party! Get fit, stay healthy  
 and have fun! **First session starts on Valentine's Day. Come  
 dance then take your sweetheart out to dinner.**  
**Registration Deadline: Tuesday, February 9 and March 9.**



# Excursions

## Cuyahoga Valley Scenic Railroad

### MR. JINGELING

**Dates:** Saturday, December 12 or Sunday, December 13  
**Times:** 10:00 a.m. from the Independence Boarding Site (Rockside Road)  
 \*total trip length on train is 1 hour and 45 minutes  
**Cost:** Senior (65+)-\$23, Adult (13 years+)-\$25,  
 Child (3 – 12 years)-\$17



**Details:** Drive to the boarding site to pick up the train. Young and old alike will enjoy this exciting holiday trip as a very special beloved character joins the train ride. “Mr. Jingeling”, Santa’s number 1 elf and “keeper of the key” to Santa’s toy shop will be passing out his magical keys on this ride. You don’t want to miss out on the fun to make you holiday season an unforgettable one. **Registration Deadline: Tuesday, November 24.**

## One Day Charter Bus Trips

- All times for trips will be confirmed with an itinerary one week before the trip. **All times listed are approximate.** If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.
- All trips leave from the Mayfield Village Civic Center unless otherwise noted.
- All trips include transportation aboard a charter bus

### OOH-LA-LA – FRENCH EXPERIENCE IN CLEVELAND

**Date:** Saturday, January 16  
**Time:** 9:00 a.m. – 5:30 p.m.  
**Cost:** \$89 per person included lunch at L’Albatros, Cleveland Art Museum and Kent Fashion Museum

**NEW**

**Details:** Join us on a journey to France without leaving Cleveland. Our first stop will be at The Kent State Fashion Museum to view the Gazette du Bon Ton exhibit, the height of French fashion between 1912 & 1925. We will continue our French experience with lunch at L’Albatros in University Circle and conclude with the Cleveland Museum of Art’s landmark exhibition, Paul Gauguin: Paris, 1889 - 75 paintings, works on paper, woodcarvings, and ceramics of Gauguin & his contemporaries will be shown.



### CHRISTMAS CONCERT AT SEVERANCE HALL

**Date:** Saturday, December 12  
**Time:** 1:30-7:30 p.m.  
**Cost:** \$129 includes dinner at Nido Italia in Little Italy and main floor seating

**Details:** Bring family and friends to Severance Hall to hear traditional Christmas favorites by the Cleveland Orchestra and Choruses. The performance is at 3:00 pm. with dinner at approximately 5:30 p.m. in Little Italy.

### CLEVELAND CAVS BASKETBALL - QUICKEN ARENA

**Date:** Tuesday, February 23  
**Time:** 4:00 – 11:00 p.m.  
**Cost:** \$92 per person includes dinner and ticket

**NEW**

**Details:** Join us as we cheer on LeBron, Shaq and the rest of the CAVS against the New Orleans Hornets and Chris Paul.



### Marbella: The Flavors of Spain Demonstration & Tasting



**NEW**

**Date:** Tuesday, January 19  
**Time:** 6:30 – 8:00 p.m.  
**Location:** Marbella (29425 Chagrin Boulevard in Pepper Pike)

**Cost:** \$39 per person, gratuity included  
**Details:** Sample the finest in Spanish cuisine at Marbella. It’s “Chef’s Choice” as you sample of some of the restaurant’s favorite dishes, from appetizer to dessert. Don’t miss this opportunity to experience one of the top restaurants in the Cleveland area. Cash wine bar available. Meet at Marbella.

## One Day Charter Bus Trips (continued)

### OVERNIGHT: TERRA COTTA WARRIORS EXHIBIT IN WASHINGTON D.C.

NEW

**Date:** Friday, March 5 – Sunday, March 7  
**Time:** 7:30 a.m. – 10:30 p.m.  
**Cost:** \$454/per person/twin beds or \$567/single includes 2 nights lodging, 3 meals (2 breakfasts, 1 dinner) and admissions

**Details:** A once in a lifetime experience, Don't miss the chance to visit one of man kinds finest achievements – the Terra Cotta Warriors of China. Soldiers, Charioteers, Archers, Musicians, Generals, Acrobats – nearly 2,000 years ago, thousands of life-size clay figures were buried in a massive underground pit to accompany China's first emperor, Qin Shighuandi, into the afterlife. Their discovery outside the city of Xi'an in 1974 is one of the greatest archeological finds of the 20th century. Included in this tour will be a tour of Washington and the Mt Vernon Estate in Arlington.



### CHIHULY IN COLUMBUS AT THE FRANKLIN PARK CONSERVATORY

NEW

**Date:** Saturday, March 6  
**Time:** 7:30 a.m. – 5:00 p.m.  
**Cost:** \$89 per person includes admission to exhibit Columbus Museum of Art and lunch

**Details:** Journey with us to Columbus to see thousands of colorful glassworks by Dale Chihuly at Franklin Park Conservatory, the only botanical garden in the world with a permanent Chihuly collection. These works drew a record number of visitors to the conservatory when they were first shown in 2003-2004. In addition, several new Chihuly works will be on display. A visit to the Columbus Museum of Art will complete our Chihuly experience. Chihuly Illuminated comprises sculpture, installations, and two-dimensional work from the early 1970's to the present.

### THE GOLDEN BOYS AT CLEVELAND PLAYHOUSE

NEW

**Date:** Saturday, March 20  
**Time:** 4:00 p.m. – 10:30 p.m.  
**Cost:** \$118 per person includes dinner and main floor seating

**Details:** Come hear Frankie Avalon, Fabian and Bobbie Rydall and the "Golden Boys" all born in Philadelphia and childhood friends. Come to Cleveland for a walk down memory lane. American teen idols of the late 50's and 60's will sing all their famous songs with dozens of top 10 hits among them.

## 11th Annual Ski Trips for Families, Adults and Teens

#### General Information:

- Trips are a cooperative effort by Mayfield Village and Mayfield Heights Parks and Recreation Depts., Mayfield Community Ed. and surrounding communities.
- Each participant is responsible for their own food costs
- For more information or questions or to register with a specific department: Mayfield Village Rec., 461-5163 , Mayfield Community Ed., 995-7600, Mayfield Hts. Rec., 442-2626, x 267



#### Transportation Details:

- Charter bus will leave Mayfield High School main parking lot (6116 Wilson Mills Road) directly behind the Mayfield Regional Library at the following times:
- Holimont Trips: 6:30 a.m. and returns at 8:00 p.m. (approx.)
- To avoid lost or stolen items, participant should mark equipment
- Helmets are required for anyone using the Terrain Park
- Transportation costs included in prices.

#### HOLIMONT SKI RESORT

<b>Monday, January 18, 2010 (Martin Luther King Day)</b>	Before Jan. 8	After Jan. 8
Just Lift Ticket . . . . .	\$80	\$85
Lift Ticket & Ski or Snow Board Rental (adult) . . . . .	\$108	\$113
Lift Ticket & Ski or Snow Board Rental (youth 12 & under) . . . . .	\$102	\$107
Non skier (transportation only) . . . . .	\$43	\$43

#### HOLIMONT SKI RESORT

<b>Monday, February 15, 2010 (President's Day)</b>	Before Feb. 5	After Feb. 5
Just Lift Ticket . . . . .	\$80	\$85
Lift Ticket & Ski or Snow Board Rental (adult) . . . . .	\$108	\$113
Lift Ticket & Ski or Snow Board Rental (youth 12 & under) . . . . .	\$102	\$107
Non skier (transportation only) . . . . .	\$43	\$43

# Adaptive Recreation

Through the efforts of Mayfield Communities and Mayfield Schools, the Adaptive Recreation committee is offering opportunities for individuals with physical, sensory or developmental disabilities. For program cancellations due to weather, call the hotline at (440) 954-4114. **For more information/flyers for adaptive recreation programs, please visit [www.leapinfo.org](http://www.leapinfo.org), and [www.solonrec.org/Ribbon.html](http://www.solonrec.org/Ribbon.html)**

**For all programs, an aid or assistant (which can be parent/caregiver) MUST BE PRESENT for one on one assistance for any participant who has difficulty following simple instruction, needs individual physical patterning or needs constant guidance.**

**The programs listed below are not only for persons with disabilities, they are for everyone. The success of these programs depends upon participants of all abilities. Teen and adult volunteers are encouraged to help out with the following programs.**



## Wii/Cornhole Night

**Date:** Friday, November 20  
**Time:** 6:00 – 8:00 p.m.  
**Location:** Ross DeJohn Community Center, 6306 Marsol Rd., Mayfield Heights  
**Cost:** \$7.00 per participant and \$5.00 per parent/caregiver (if eating)  
**Details:** Enjoy Wii, Cornhole, board games, and dinner with your friends. Dinner will be sub sandwiches, chips and pop or water. Choices of subs: Ham, Turkey, Italian and Veggie. **Registration Deadline: Friday, November 13. Register with Mayfield Heights Recreation: 440-442-2626, x. 267.**

## Game Nights at Mayfield Middle School

**Who:** All ages  
**When:** Fridays, December 4, January 15, February 19, March 12, April 23  
**Time:** 6:00 – 8:00 p.m.  
**Where:** Mayfield Middle School Cafeteria/Gym  
**Cost:** \$8.00/participant per date pre registered or \$9.00/participant per date at the door \$5.00 per parent/caregiver if eating with the participants, must register in advance  
**Details:** Come join a fun night and hang out with friends. Participants can play a variety of board games, play volleyball, basketball, ping pong, learn organized dances and enjoy pizza and pop. **Pre-Registration Deadlines: The Wednesday before each event date.**

In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge an additional \$5 per participant if signing up after the deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.

## Fitness to Wellness to FUN!

**Who:** 13 years and up  
**When:** Session I, Monday, January 11 – February 15  
Session II, Monday, February 22 – March 29  
**Time:** 6:30 – 7:30 p.m.  
**Cost:** \$48 per session  
**Location:** Team Energetics, 750 Alpha Drive, Highland Hts., 44143  
**Min./Max.:** 15/45 participants  
**Details:** Join us for this energetic, fast paced stimulating hour designed to get you up and moving while having fun. The class will include a unique combination of obstacle courses, strength training, agility drills, endurance training, motor skill reaction drills, and developmental exercises. Participants will enjoy a great workout in a great atmosphere. Wear athletic shoes and clothing that is easy to move in. **Registration Deadline: January 7 and February 18.**

**NEW**

## Yoga Reach

**Who:** Teens –24 year olds or 25 year olds and older  
**When:** Session I-Tuesdays, January 12 – February 16  
Session II-Tuesdays, February 23 – April 6 (except March 30)  
**Time:** 5:00 – 6:00 p.m., Teens-24 year olds  
6:00 – 7:00 p.m., 25 year olds and older  
**Where:** Mayfield Village Civic Center  
**Cost:** \$50/participant per session or \$5 off if registering for both sessions.  
**Instructor:** Char Grossman, M.A., NCSP, RYT, Therapeutic Yoga Specialist and School Psychologist.  
**Details:** This therapeutic, educational program provides an integrated system of yoga poses designed to promote the unification of mind and body. This program benefits those with and without special needs. It develops strength, flexibility, breath awareness, balance, stress management, concentration, self-esteem and a healthy inner self. **Wear comfortable clothes and bring a mat. Registration Deadline: January 5 and February 16.**

## Adaptive Recreation (continued)

### Everybody Dance Now

**Who:** 8-22 year olds  
**Dates:** Session I – Fridays, January 15 - 29  
Session II – Fridays, February 5 - 19  
Session III – February 26 – March 12  
Session IV – March 19 – April 9 (except April 2)  
**Time:** 5:00 – 6:00 p.m.  
**Cost:** \$50/session or \$18/class  
**Instructor:** Sabatino Verlezza  
**Location:** School of Verlezza Dance, First Unitarian Church of Cleveland 21600 Shaker Blvd. Shaker Heights, 44122  
**Min/Max:** 3/10  
**Details:** These classes are brought back by popular demand to the Mayfield Village Recreation Department. As former Artistic Directors of [Cleveland Ballet] Dancing Wheels, Sabatino Verlezza and Barbara Allegra Verlezza have been working in an integrative setting for many years. They developed an inclusive and programmatically accessible method of teaching dance to people of all abilities and levels. Since 1994, this particular approach has been used in movement classes and workshops for very diverse groups: ages (children through older adults), career focus (dance enthusiasts through professional dancers), 'sit-down' and 'stand-up' dancers (wheelchair users and non-wheelchair users) and those with varying sensory, physical, learning, and/or developmental disabilities. The class structure will include a 15 minute circle warm up, followed by simple patterns moving across the floor, improvisation, rehearsing a dance and a warm down. Students should wear appropriate comfortable clothing for a movement class. On April 9, parents will see an "informal showing" of what students have learned throughout the fall sessions. **Registration Deadline: Fridays, Jan. 8, 29, Feb. 19 and March 12.**

### Rhythmic Arts Project

**Who:** 6 yr olds to Young Adults  
**Where:** Mayfield Village Civic Center  
**Dates:** Session I-Thursdays, January 21 – February 11  
Session II-Thursdays, February 18 – March 11  
Session III-Thursdays, March 25 – April 15  
**Time:** 6:00 – 6:45 p.m.  
**Cost:** \$42 per session  
**Instructor:** Christopher Stolle  
**Min/Max:** 3/10  
**Details:** Experience empowerment. Christopher Stolle will integrate drums and percussion instruments as creative learning tools to address life skills and enhance the mind, body, and spirit. **Registration Deadline: Thursdays, January 14, February 11, March 18.**

### Basketball Clinics

**Who:** 16 year olds and up  
**Date/Time:** Sunday, January 10, 1 p.m. (Notre Dame)  
Sunday, January 24, 1 p.m. (John Carroll)  
Wednesday, March 10, 6:00 p.m. (Ursuline)  
**Cost:** \$5 per date  
**Details:** Join Varsity Basketball Coaches, Kevin Bille (Notre Dame), Mike Moran (John Carroll), Nelson Schorr (Ursuline), and their varsity players, and learn the fundamentals of basketball through exercises that are meant to be fun and skill building that include passing, shooting and dribbling. **Registration Deadlines: Mon., January 4, Mon., January 18, Mon. March 5.**

### Pizza Bowl

**Who:** Teens to Adults  
**Dates:** Friday, January 22 and March 26  
**Time:** 7:00 p.m. – 9:00 p.m.  
**Location:** Roseland Lanes  
**Cost:** \$11.50 per bowler per date (includes shoes, bowling, cheese pizza, pop and Dixie cup ice cream)  
\$5 per parent/caregiver if eating with the participants  
**Details:** We look forward to seeing everyone at Roseland Lanes (26383 Broadway Ave) in Oakwood (2 miles east of I-271 and Broadway). **Registration Deadline: January 15 and March 19.**

### Night Out at the Movies

**Who:** 18 and Over  
**Date:** Friday, January 29, Friday, March 19  
**Time:** 7:00-9:00 p.m.  
**Location:** Beachwood Community Center, 25325 Fairmount, Beachwood, 44122  
**Cost:** \$5 each date, pay at the door. Cost includes admission, popcorn and beverage each date.  
**Details:** Come watch movies on the big screen! For more information contact Beachwood at 216-292-1970. **Sponsored by Think Computer Foundation and Beachwood Recreation**

### Indoor Water Exercise

**Who:** Ages 10 and up  
**When:** Thursdays, January 14 - February 18  
**Time:** 7:00 – 8:00 p.m.  
**Where:** Mayfield High School Indoor Pool  
**Cost:** \$39 resident or \$43 non-resident  
**Instructor:** Kate Sullivan  
**Details:** This is an opportunity for special needs children to experience success, increase comfort level, exercise and have fun in an aquatic environment. **Registration closes once 6 people sign up.**

### Basic Self Defense and Awareness

**Who:** Ages 13 and over  
**When:** Wednesday, February 3  
**Time:** 6:30 p.m. - 8:00 p.m.  
**Where:** Mayfield Village Civic Center  
**Limit:** 10 participants  
**Fee:** \$15.00  
**Details:** Students will learn proper stances, evasive movements and breaking out of grabs and holds. Learn to be aware of your surroundings and how to react to common street situations. The class will increase your sense of confidence, coordination and flexibility. Instructors: Dan Means and Lynn Forbes. **Deadline to register: Friday, January 29.**

**NEW**

## Superbowl Party

**Who:** Teens -Adults  
**Date:** Sunday, February 7  
**Time:** 5:30 – 9:30 p.m.  
**Location:** Beachwood Community Center, 25325 Fairmount Blvd.  
**Cost:** \$5.00 per participant (pay at the door)  
**Details:** Come watch the game with family and friends. Pizza and pop will be available. Please bring an appetizer or dessert to share! You must RSVP by Thursday, January 29 to Edie Solomon at 216-371-2328 or Judi Greenspan 216-932-1989. **Sponsored by Think Computer Foundation and Beachwood Recreation.**

## Get Active with Games

**Who:** 13 years and up  
**When:** Friday, February 12  
**Time:** 7:00 – 9:00 p.m.  
**Cost:** \$8.00 per person  
**Location:** Team Energetics, 750 Alpha Drive, Highland Hts., 44143  
**Details:** This fun-filled evening will include a combination of turf Nerf Tag, Inflatables, Ball Games, and Motor Skill Developmental Games. Enjoy pizza, chips and pop! Wear athletic shoes and clothing that is easy to move in. Attendees will participate in a combination of the following: **Nerf:** Dart Attack, Dishonorable, Shield Breaker, Witch Doctor, Capture the Flag, Central Flag and Body Snatcher. **Inflatables:** Racing Wall Climber and Slide and Basketball Jump House and Slide. **Plus:** Beanbag Scavenger Hunt, Target Practice, Cones and Ladders and Obstacle Course. **Registration Deadline: February 5.**

**NEW**

## Valentine's Day Dance

**Who:** 18 and Over  
**Date:** Saturday, February 13  
**Time:** 7:00-9:00 p.m.  
**Location:** Hilltop Village (25900 Euclid Avenue, Euclid, 44132)  
**Cost:** \$5-Pre-registration only  
**Details:** Join us for a Valentine's Day themed dance. Celebrate the holiday with us! A DJ will be on hand with karaoke available. Beverages and snacks will be served. **Registration Deadline: Monday, January 4. For more information contact Gary Edler at 216-696-2716 x. 101 or to volunteer contact Maria Wolf at 216-696-2716 x. 109. Register directly with LEAP.**

## Wii Tournament

**Who:** Teens and Up  
**Date/Time:** Friday, February 26 from 7:00 – 9:00 p.m.  
**Location:** Walker Building, 129 West Pioneer Trail, Aurora, 44202  
**Cost:** \$4 per participant  
**Details:** Come join us for a fun night and participate in a Nintendo Wii Tournament. Also play games such as Cornhole and Table Tennis while enjoying snacks, music and hanging out with friends. For more information, please call Aurora Parks and Recreation at 330-562-4333. **Registration Deadline: Wed., February 24.**

## Solon Blue Ribbon Programs

Please call 440-248-5747 ext. 2114 for more information. **Registration Information for all Solon Blue Ribbon Programs:** Register at the Solon Community Center, 35000 Portz Pkwy., Solon, Ohio from 8:00 a.m. to 7:00 p.m. Or mail in the registration form (www.solonrec.org, click the Blue Ribbon tab, print the registration form and follow the instructions provided). Please allow enough time prior to event for mail in registration.

### HOLIDAY PARTY

**Ages:** Teen and adults w/ disabilities ages 12 and over.  
**Day:** Friday Fun Night  
**Dates:** December 18th.  
**Time:** 7:00 p.m. - 9:30 p.m.  
**Location:** Banquet room  
**Fee:** \$10.00  
**Registration:** Now through December 16  
**Limit:** 75  
**Details:** Dance to a DJ and participate in the \$1.00 gift exchange. Please buy a non- gender specific gift for no more than a dollar and wrap it and we will have a grab bag gift exchange. Chili and holiday foods will be served.

### SWIM PARTY

**Ages:** Teens to adults with disabilities ages 12 and over.  
**Day/Date:** Saturday, February 6th  
**Time:** 6:00 p. m. – 7:30 p. m. swim time 7:30 p.m. to 8:00 p.m. food time  
**Location:** Solon Community Center indoor pool and common area  
**Fee:** \$10.00  
**Registration:** Now through February 3rd  
**Details:** Enjoy our 4th annual swim party with our friends from the Lake Metro Parks. Enjoy the pool and a delicious meal.

### FUN FEST

**Ages:** Individuals with disabilities, their families and caregivers.  
**Day/Date:** Saturday, March 6,  
**Time:** 6:30 p.m.-9.00 p.m.  
**Location:** Solon Community Center  
**Fee:** \$3.00 per person advance \$5.00 per person at the door.  
**Registration:** Now through March 6th  
**Details:** It is the 7th year for this fabulously huge party for individuals with special needs, their families and caregivers. Join us as the Solon Community Center transforms into the St. Patricks Day themed FUN FEST-IVAL. Participate in games, air bouncers, bingo, D.J. dancing, information center, food, drink and the other special attractions of the evening. Remember to wear green.

# Clay Classes for Youth, Adult and Families

Registration for all classes is through Mayfield Village Parks and Recreation. All classes are held at Spirit of clay, 828 SOM Center Road, just south of Wilson Mills Road.

**Registration Deadline: one week prior to class unless otherwise noted.**

## Glass Fusing

Glass Fusing is the art of melting glass together using a kiln to produce stunning and beautiful works of art.

### HOLIDAY SNOWMAN DISH

**NEW**

**Who:** Adults  
**Date/Time:** Tuesday, November 17 from 6:00-7:30 p.m.  
Friday, December 11 from 7:00 to 9:00 p.m.  
Friday, December 18 from 7:00 to 9:00 p.m.

**Cost:** \$32 per date

**Limit:** 10 participants

**Details:** Paint a really cool snowman plate!!! Decorate the different snowpeople with whatever colors that you like. Makes a great serving dish for cookies and all those yummy holiday sweets!

### GLASS FUSED ORNAMENTS

**Who:** All ages (children must be accompanied by an adult)  
**When:** Saturday, November 21 from 10:30 - 11:30 a.m.  
Tuesday, November 24 from 6:00 – 7:00 p.m.  
Saturday, December 5 from 10:30 – 11:30 a.m.  
Tuesday, December 8 from 6:00 – 7:00 p.m.  
Thursday, December 17 from 6:00 – 7:00 p.m.

**Cost:** \$30 (includes material, instruction and three ornaments)

**Limit:** 8 participants

### GLASS FUSED CHRISTMAS TREE PLATE

**Who:** Adults  
**Date/Time:** Saturday, November 28 from 10:30 a.m.-12:00 p.m.  
Friday, December 4 from 6:00 - 7:30 p.m.  
Saturday, December 12 from 10:30 a.m. - 12:00 p.m.

**NEW**

**Cost:** \$52 per date

**Limit:** 10 participants

**Detail:** We have taken glass fusing one step further. Join us in creating a wonderful Christmas tree plate. It is a double layer 10 inch glass square with a wonderful colorful tree. A great piece to give as a gift at the holidays or just keep for yourself and serve cookies and goodies for the upcoming holidays.

## Silver Clay

**Who:** Adults 16 and up  
**When:** Tuesday, November 17 from 5:00 - 7:00 p.m.  
Thursday, December 3 from 7:00 - 9:00 p.m.  
Saturday, December 19 from 10:30 a.m.- 12:30 p.m.

**Cost:** \$68 per date

**Details:** Learn techniques for creating jewelry and decorative objects with this magical clay by a certified silver clay instructor. After the clay is fired, you will have a 99.9% silver piece of art.

## Glass Fusing Mini Camp

**Who:** Ages 7 to 12 years  
**Date/Time:** Monday, December 28 from 1:00 - 3:00 p.m.

**Cost:** \$40

**Limit:** 8

**Details:** This project will be a 10 inch glass fused dish. Students will learn the technique of glass fusing and create a wonderful glass serving dish. They will be taught how to cut glass and layer glass pieces to create their design.

## Clay Animal Bank Mini Camp

**Who:** Ages 7 to 14 years  
**Date/Time:** Tuesday, December 29 from 1:00 - 3:00 p.m.

**Cost:** \$40

**Limit:** 8 kids

**Details:** Think about your favorite animal and then think about coming in and making it from a ball of clay. You can make an awesome bank in the likes of your favorite animal. We will help you shape and sculpt this cool masterpiece. This is a two day project, the first day we will make them out of clay and the second day students will come in on there own time and paint their masterpiece

## Stackable Dinnerware Mini Camp

**Who:** Ages 7 to 14 years  
**Date/Time:** Wednesday, December 30 from 1:00 - 3:00 p.m.

**Cost:** \$40

**Limit:** 8 kids

**Details:** This project is made up of three pieces of dinnerware – a plate, bowl and cup. They stack on top of each other and you can paint it to look like yourself. This is a great functional piece of art and fun at the same time.

## Clay Coil Bowl

**NEW**

**Who:** Adults  
**Date/Time:** Friday, January 8 from 7:00 to 9:00 p.m.  
Friday, February 19 from 7:00 to 9:00 p.m.  
Thursday, March 18 from 7:00 to 9:00 p.m.

**Cost:** \$28 per date

**Limit:** 10 participants

**Detail:** Come on in and make an awesome snack bowl out of clay. We will coil the clay and build a large bowl inside a form. Come back in and paint the bowl after it is fired at your convenience.

## Evening Kids Clay Classes

**Who:** 7 – 14 years old  
**Dates:** Session 1: Saturdays, January 9,16,23,30 from 10:30 – 11:30 a.m.  
Session 2: Tuesdays, February 2,9,16,23 from 6:00 – 7:00 p.m.

**Cost:** \$70

**Limit:** 6 students

**Details:** Students work with clay, learning a variety of techniques, slab building, coil pots and pottery wheel throwing. The last week you will paint your masterpieces.

# Youth and Teen Sports & Activities

## 11th Annual Youth Winter Break Excursions

**Monday, December 21:** Bowling at Freeway Lanes of Wickliffe, Lunch at Red Robin Restaurant, then to Regal Cinema Movie Theatre

**Tuesday, December 22:** Great Lakes Science Center for an exhibit on robots, demonstrations and IMAX Movie. Then off to Team Energetics for games

**Wednesday, December 23:** Fun N Stuff for laser tag, putt-putt, roller skating, arcade games and more, followed by swimming at Mayfield High School Pool.

**Monday, December 28:** Force Indoor Fitness Center for games including soccer, kickball, football, dodgeball and more.

**Tuesday, December 29:** United Skates of America for roller skating, arcade games and laser tag. TBD afternoon activity.

**Wednesday, December 30:** TBD morning activity, then Mayfield High School Field House for games then swim at the indoor pool.

**Who:** K-6th Grade  
**Times:** Before Care: 8:00 – 9:00 a.m. (at the Civic Center), \$5/child/day  
Activities/Excursions: 9:00 a.m. – 4:00 p.m.  
After Care: 4:00 – 5:30 p.m. (Civic Center), \$10/day/child  
**Dates:** Sign up for the days that you want Before/After Care and sign up for 1 or all trips.  
**Cost:** \$66/day. All prices include staff, transportation, admission and lunch. Before and After Care are extra.  
**Details:** Parents, are you looking for something for your child can do during the Winter holidays so they don't get bored or so you to get a little extra shopping done? We have the program! Participants will meet at the Mayfield Village Civic Center in the morning and then travel to a variety of locations for an active and fun day. If After Care is needed, participants will come back to the Civic Center. For a registration flyer contact Mayfield Village Recreation at 461-5163 or Mayfield Community Education at 995-7600. Bring a brother, sister or friend and join the fun!  
**Registration Deadline: Friday, December 11. Refund Policy: 50 % refund November 27 – December 3, 25% refund December 4 – 11, no refund after December 11.**

## Start Smart Instructional Basketball

**Who:** 3 - 5 year olds  
**When:** Wednesdays, January 6-February 10  
**Time:** 6:45 – 7:30 p.m.  
**Location:** Center School Gym  
**Cost:** \$62 for new Start Smart Basketball Participants (includes equipment and shirt)  
\$32 for veteran Start Smart Basketball Participants who have shirt & equipment  
**Limit:** 24 participants

**Details:** Join us for six sessions of instructional Start Smart Basketball. Each session will last approximately 45 minutes. Parent and child will work together while participating in a variety of exercises. The focus of the program is to develop skill and have fun while learning the fundamentals of basketball through exercises focusing on dribbling, shooting, passing, and running/agility. **Registration closes once 24 participants sign up.**



## After School Horseback Riding

**Who:** 6 year olds - adults  
**When:** Beginner I, Wednesdays, January 20 – March 10  
Beginner I, Thursdays, January 21 – March 11  
Beginner II, Mondays, January 25 – March 15  
**Time:** 3:30 – 4:30 p.m.  
**Location:** Maypine Equestrian Center (32700 White Road)  
**Cost:** \$245 school district residents,  
\$249 non school district residents  
**Limit:** 6 riders per day.  
**Details:** Mayfield Village and Maypine are again offering after school Beginners I and II riding programs. Beginner I will teach how to walk and trot. Beginner II will work on solidifying position and control at both the walk and the trot and introduce the canter. Participants will need to wear shoes with a small heel, long pants and long hair must be tied back. Helmets provided. Maypine provides an indoor arena for riders and observation area for parents. Check out their website at [www.maypinefarm.com](http://www.maypinefarm.com). **Registration Deadline: Wednesday, January 13.**

## Youth Dodgeball Open Gym

**Who:** 5th - 8th graders  
**When:** Sundays, November 8 - December 13  
**Time:** 5:00 -6:00 p.m.  
**Where:** Mayfield Middle School Gym  
**Cost:** \$35/participant  
**Call Mayfield Heights Recreation for more information at 440-442-2626, ext. 267.**

## Gilmour Academy Learn-to-Skate Program

We offer one of the finest Learn-to-Skate programs available in this area. It's the very best way to have fun learning to ice skate in a safe environment. Our instructors teach simple, easy-to-learn moves using the U.S. Figure Skating Basic Skills Program. Skaters of all ages and skill levels are welcome. Our After School Skating Program offers local students a fun activity combined with the convenience of transportation to the arena. An additional fee of \$12.00 per 8 week session is charged for pick up service. The cost for an eight-week session is \$110.00. Fees include admission to the arena, instruction from our professional staff, skates, and membership to U.S. Figure Skating. Each class is 60 minutes and includes a 40 minute group instruction and 20 minutes of free skate. **PREREGISTRATION IS REQUIRED TO ENSURE ADEQUATE STAFFING.** Contact Alese Cameratta at (440) 449-7487 for more information.

### WEEKEND AND SPECIAL EVENT SKATING AT GILMOUR ACADEMY IS OPEN TO THE COMMUNITY

Our weekly "Friday Night Skate Party" will return beginning October 30, 2009 at 7:00 PM – 8:30 PM. Come skate to your favorite music played by our in-house DJ. Enjoy a family friendly atmosphere during our Saturday 11:30 AM – 1 PM and Sunday 3 PM – 4:30 PM skate sessions for the young and young at heart. Parties and special events can be planned during any of these sessions. Call Josette at (440) 449-7546 to book your party or private rental.

### LEARN TO PLAY HOCKEY AND HOUSE LEAGUE

Gilmour Academy is proud to offer this great program for the beginning hockey player! It has grown every year to become a strong developmental program for the Gilmour Youth Hockey program. Eligible players must have full equipment and basic skating experience. (We offer a low cost equipment rental program.) In addition to skating and hockey drills, the coaches focus on fun. The kids have a blast, while the coaches "sneak in" quality skill development. The program runs through February 27, 2010. Kids can start the program anytime. Call Seth Greenberg at (440) 449-7490 for more information

For more information on any of these programs visit our website at [www.gilmorarena.com](http://www.gilmorarena.com).

## Wildcat Sampler



**Who:** 5th – 8th graders  
**Date:** Friday, February 26  
**Time:** 7:00 p.m. – 10:00 p.m.  
**Where:** Mayfield Middle School  
**Cost:** \$8.00 - pre reg. or \$10 - at door  
**Details:** If you liked Wildcat Teen Halloween this past fall, this event will be very similar! There will be a DJ/karaoke, all of your favorite inflatables, volleyball and basketball/knockout, prize raffle and more. Pizza, pop and chips will be available for an additional cost.

**NEW**

## Making Pizza In the Village At Pizza Roma



**Who:** 3 year olds – 5th graders with parent  
**Dates/Time:** Sundays, 1:00 – 1:45 p.m. or 2:00 – 2:45 p.m.  
 3 - 4 year olds, January 31  
 K – 2nd graders, February 21  
 3rd – 4th graders, February 28  
 5th graders, March 7

**Location:** Pizza Roma (785 SOM Center Road)

**Cost:** \$10

**Min./Max.:** 8/12

**Details:** Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, children can decorate their pizza box. Participants can dine in or take the masterpiece home to share with the family. Brothers and sisters in different grades will be accommodated into the same day/timeslot for your convenience. Each participant will get a \$5.00 gift certificate to use for a future visit. **Registration Deadline: The Wednesday before each date.**

## CHESS makes kids smarter



- Chess program increases:
- Logic and Imagination
  - Self-confidence and Focus
  - Strategic Thinking and Creativity
  - Speed and Clarity of Mind
  - Raises IQ

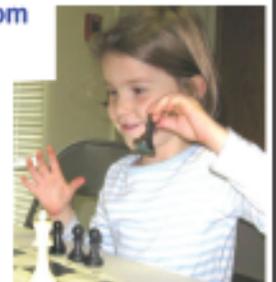
Website: [www.vivacityinc.com/chess](http://www.vivacityinc.com/chess)

E-mail: [chess@vivacityinc.com](mailto:chess@vivacityinc.com)

Telephone: (440) 461-3634

### Vivacity School of Chess

- Instructions • Camps
- Competitions



## Indoor Floor Hockey

**For Students:** 1st and 2nd grade league  
3rd, 4th and 5th grade league

**Orientation Date:** Saturday, January 30th

**League Play:** Saturday, February 6 - March 20

**Time:** 1st and 2nd grade mornings  
3rd, 4th and 5th grade afternoons

**Cost:** \$53

**Details:** Mayfield Area Recreation Council, Inc. (MARC) will again be offering Indoor Floor Hockey. A special walk-in registration will be held on Thursday, January 21st, 6-7 p.m. in the Mayfield Middle School Cafeteria. On Saturday, January 30th a player orientation will be held to meet your coach and teammates, review rules and receive your league schedule.

## Adult Dodgeball League

**Who:** Men and Coed Leagues

**Fall League:** October 25 - December 20

**Winter League:** January 10 - March 7

**Time:** Sunday evenings

**Where:** Mayfield Middle School Gym

**Cost:** \$239/ resident team or \$264/non resident team

**Call Mayfield Heights Recreation for more information at 440-442-2626, ext. 267.**



## SPRING/SUMMER PREVIEW 2010

**Applications for Summer Camp counselors, CIT's, lifeguards, WSI's and other pool positions will be available at the Civic Center on Monday, November 23.**

### MARK YOUR CALENDAR!

**Village residents will be able to reserve Parkview Pool for private use beginning January 4 - February 1. After February 1, pool rentals are open to school district residents and continues for Village residents.**

**Parkview Pool** will be in its 11th season beginning Monday, June 7, 12 Noon. Registration for Village residents will be held at Parkview Pool beginning Tuesday, June 1 and will open to school district residents on June 7. Learn-to-Swim classes will begin June 21.

**Sports 'n More camp** for students entering K-6th grade in the Fall will begin on June 14.

**Teen Adventure Camp** for students going into 7th & 8th grade in the Fall will begin on June 14.

**Junior Camp** for 4 year olds to students entering 3rd grade in the Fall will begin June 22 at Center School.

**The Summer Sizzler Swim Meet** will be on Sunday, July 25.

**A variety of youth softball programs** will be offered ranging from 3 year olds to 18 year olds. Information will be mailed to past participants and flyers will be delivered to the schools.

**21st Annual Debbie Hudacko Memorial  
2 and 5 Mile Runs and  
2 Mile Walk is Sunday, July 11**



# Progressive Fitness Center

## *Progressive Fitness Center for Mayfield Village Residents 16 years and Older*

When purchasing a new membership, it must be done in person at the Civic Center. A photo ID AND utility bill or postmarked piece of mail with resident's name and address must be shown.

When renewing a membership, it must be done in person at the Civic Center. A family member may now renew for another family member-the person purchasing the renewal must show a photo ID.

## Progressive Fitness Center offers

- \* Certified Fitness Staff, to help you reach your fitness goals while instructing proper technique and safety.
- \* Comprehensive cardiovascular, Cybex strength training and free-weight equipment.
- \* Aerobic studios with all necessary equipment provided.
- \* Fully appointed locker rooms which include soaps, shampoos, hair dryers, lockers and saunas.

## Group Fitness Classes

The Progressive Fitness Center offers a comprehensive group fitness program designed to accommodate all fitness levels. The schedule includes a wide variety of classes offered early morning, lunch and evening. The schedule includes Low Impact Aerobics, Step Aerobics, SPINNING, Fitball, Pilates, Sculpting Classes, Flexibility Training, Boot Camp, Yoga and Zumba. Please call the Fitness Center for class descriptions.

## Fitness Program

- Fitness Assessment Test
- Fitness Profile
- Personalized Exercise Program
- Strength Workshop

Details of program offerings are located in the Fitness Center. All programs are included in your membership and are available by appointment.



## Becoming a Member

1. Purchase a 6 or 12 month membership at Mayfield Village Civic Center during regular office hours.
2. Bring a photo I.D. (drivers license, school I.D.) with current address and current utility bill.
3. Bring receipt to the Fitness Center.
4. Complete an enrollment form and schedule a 15-minute orientation.

## Membership Fees

6 Months.....	\$130.00
12 Months.....	\$260.00

## Facility Hours

Monday - Thursday	6:00 a.m. - 8:30 p.m.*
*Unstaffed from	8:00 p.m. - 8:30 p.m.
Friday	6:00 a.m. - 8:00 p.m.
Saturday	7:00 a.m. - 2:00 p.m.*
Sunday	7:00 a.m. - 2:00 p.m.*
*Unstaffed	

The entrance doors of Progressive will be locked on the weekends. To enter the building, you will need to page security using the button just outside the main entrance and inform them that you are a fitness center member.

Fitness Center hours are subject to change. Some holidays have restricted hours. Please check with a staff member or call 440-395-0103 for exact days and times.

## Student Break Membership

The Progressive Fitness Center offers 6 week college break memberships. The cost is \$30 for 6 weeks.

## Progressive Personal Training

The rates have decreased and the process has simplified! The fitness center no longer takes payment directly. Now you can purchase a package here at the civic center and bring your receipt with you to the fitness center. It's advised you complete a Personal Training brochure before purchasing any sessions as a new client to ensure there is trainer availability. The Personal Training brochures are located at the fitness center. Feel free to pick one up next time you're in to workout! The rates are as follows:

30 minute session-\$16

45 minute session-\$24

60 minute session-\$32

Pilates is \$50/hour and \$35/45 minutes

Call the fitness center for more information at 440-395-0103.

# Senior Programs

Coordinated by the Human Services Department

HUMAN SERVICES DEPARTMENT 6621 Wilson Mills Road 44143  
PHONE: (440) 919-2332 FAX: (440) 919-0207

## Ongoing Activities

### Every Monday:

**Games & Puzzles** in the Community Room, 1-4 p.m. Play games such as Mah Jong, Progressive Rummy, or Scrabble, etc. Light refreshments. No charge.

### Every Tuesday & Thursday:

**Cards** in the Community Room, 1-4 p.m. Cost: 50¢. Bridge, pinochle, and hand and foot are currently being played. On Tues., Nov. 3, cards will be played from 2-4 p.m. at Civic Hall at the Civic Center, 6622 Wilson Mills Rd. No cards Thurs. 11/26 and Thurs. 12/24.

### Every Wednesday:

Do you have a penchant for sewing or quilting? Stop in to see what the **ABC Village Quilters** are making. This hard-working group meets every Wednesday from 10:30 a.m. to 1:00 p.m. at the Mayfield Village Community Room. Helping hands are always welcome. Quilts are donated to various charitable organizations. Questions: Call MV Human Services Department at 440.919.2332.

### 1st and 3rd Tuesday of each month at 1 p.m.:

A nurse from Providence Home Health Care will check **blood pressures and do glucose screening** on the 1st Tuesday. Members of the MV Fire Department will check blood pressures on the 3rd Tuesday. This is a free service.

## Senior Speaker Series

Our Senior Speaker Series, informational programs open to all adults ages 50 and over, continues with programs on various Wednesdays. An exciting new series on Memory Fitness began in August. These free programs are held in the Mayfield Village Community Room and last approximately one hour. Refreshments are served. Please contact Mayfield Village Human Services Dept. for more information, to make a reservation, or to request a current schedule with details about these free programs. 440.919.2332.

You are invited to participate in as many or as few of the programs as you wish. Programs begin at 2 p.m.

**Wed., Nov. 18:** Amish Country presented by Jim Bezdek, retired Mayfield Center School teacher. (starts at 1 p.m.)

The following programs are part of the Memory Fitness Series:

**Wed., Dec. 2:** The Big Wide World and Your Brain.

**Wed., Dec. 16:** Eating for Brilliance

**Wed., Jan. 6:** Meditation and a Bigger Perspective

**Wed., Jan. 20:** An Explanation of the science of Neurobics and a review of exercises and daily uses.

**PLEASE NOTE NEW WEATHER CANCELLATION POLICY**  
All activities, classes, and programs scheduled by the Human Services Department will be canceled in the event that Mayfield Schools are closed due to inclement weather.

## Annual Holiday Party & Luncheon



**When:** Saturday, December 19

**Time:** 1-4 p.m. (Doors open at 12:30)

**Cost:** Free—but reservations are required.

**Details:** This is one of the few activities reserved for residents of Mayfield Village, ages 60 and over. Join us for hors d'oeuvres, lunch, entertainment, and door prizes. **Deadline to Register: Friday, December 4.** Call the Human Services Department at 919-2332 with your name, address, and phone number.

## Culinary Classes

with Judith Strauss

**Time:** 9:00 a.m.-11:00 a.m.

**Where:** Mayfield Village Community Room

- **Pies, Tarts, Quiches, and Other Flaky Treats, Thurs., Nov. 19.** Learn how to make a perfect pie, quiche, and tart every time with hints from a baker's daughter.
- **Cookie Dreams, Thurs., Dec. 10.** All new cookie recipes sure to please the cookie monsters in your home! **Bring an apron and a baking sheet**, and be prepared to bake and take home a plateful of cookies.

**DETAILS FOR ALL COOKING CLASSES:** Students will enjoy samples during class and receive recipes to take home. For complete course descriptions of these practical culinary classes or to register, please contact Mayfield Village Human Services Department at 440-919-2332.

**Deadline to Register:** Please register at least one week prior to the class you wish to attend. You can help ensure that the classes you want to take are held as scheduled by registering early! If enrollment is insufficient, classes will be canceled.



Students show off the beautiful grapevine wreaths they made for fall. Students who attend the November 12 class will make a lasting evergreen wreath. Contact MV Human Services for details.

## Create Your Own Greeting Cards



- When:** 1st Thursday of each month  
**Time:** 9 a.m.-12 noon  
**Details:** Michelle will instruct participants in creating unusual and personalized greeting cards.  
**Cost:** \$18  
**Deadline to Register:** The Monday before the class you wish to attend.  
 Class Maximum: 25 students.



### TO REGISTER FOR ACTIVITIES AND PROGRAMS FOR SENIOR ADULTS OFFERED BY THE HUMAN SERVICES DEPARTMENT:

Phone: 440-919-2332. Call MV Human Services Department with your registration and MasterCard, Visa or DiscoverCard payment. (Please be ready to give the course number and your credit card number.)

Fax: 440-919-0207. Fax your registration to us anytime.

In-Person: You may register in person from 8:30 a.m. until 4:30 p.m. Monday-Friday at the MV Human Services Department, 6621 Wilson Mills Road.

Mail: Contact us for a registration form. Mail registration form with your check payable to Mayfield Village to MV Human Services Department, 6621 Wilson Mills Road, Mayfield Village, Ohio, 44143.

## Trips

### SEE BILL W. and DR. BOB at the CLEVELAND PLAYHOUSE

on **Thursday, April 22, 2010**. This is the amazing and often humorous story of the two men who pioneered Alcoholics Anonymous as well as the story of their wives who formed Al Anon. We also anticipate an outing Thursday, April 15, 2010 to see "Blue Hawaii", an extravaganza featuring an Elvis impersonator and Polynesian dancers. This will include lunch at the Croatian Lodge. Please contact us in January for additional details or check the next issue of this publication.

## Computer Classes

In cooperation with the City of Mayfield Heights, Mayfield Village Human Services Department is offering computer training classes taught by Tech Wise instructors. The classes are designed especially for older adults, ages 55 plus. Classes are held Tuesday mornings from 9:00 to 11:00 a.m. at the Mayfield Village Community Room, 6621 Wilson Mills Road. A free class on Computer Terminology will be among the courses offered. For more information and course descriptions, call Donna (Mayfield Village) 440.919.2332 or Eileen (Mayfield Heights) 440.442.2626 x 244.

## Classes in Cooperation with Mayfield Community Education

Mayfield Village Human Services Department offers a variety of Exercise, Fitness, and Line Dancing courses in cooperation with Mayfield Community Education. Contact MV Human Services for a flyer or see the Mayfield City Schools Community Education & Recreation publication for specific details on these and other courses in which you might be interested.



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