

# Mayfield Village

Parks and Recreation

# Spring Summer 2019



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For updated information on what's going on in Mayfield Village, follow us on Facebook  
 And sign up for E-mail Blast notifications at [contactus@mayfieldvillage.com](mailto:contactus@mayfieldvillage.com)



Village of Mayfield



Seated (L-R): Danielle Echt, Patti Fioritto, Terrie Haycox, Mary Alice Chandramouli, Patsy Mills, Dona Kless, Peggy Kerver.  
 Standing (L-R): Mary Murphy, Al Meyers, Debbie Thomas, Dave Perout, Elizabeth Tarkowsky, Ashley Kless, Sean Supler, Shane McAviney, Derek McDowell, Laura Prcela, Aaron Caunter, Kate Sullivan.  
 Not Pictured: Pat Andrzejczyk, Mary Ann Brastoff, Sara Calo, Diane Catalano, Steve Jerome, Troy Koch, Ron Lew, Dr. Stephan Parker, Elliot Ross, Pam Schutt, Steve Schutt, Mary Singer, Meg Stifler, Nona Stella and Phil Stella.

**Brenda T. Bodnar, Mayor**  
**Joseph Saponaro, Council President**

## MAYFIELD VILLAGE COUNCIL

**William Marquardt**  
**Al Meyers**  
**Patsy Mills**  
**Dr. Stephan Parker**  
**Steve Schutt**  
**George Williams**

**Shane E. McAviney, Director Parks & Recreation**  
**Danielle Echt, Assistant Recreation Director**  
**Sean Supler, Program & Facilities Manager**  
**Donna Heath, Senior Program Coordinator**

# IMPORTANT INFORMATION

**Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center**

6622 Wilson Mills Road  
 440.461.5163

[www.mayfieldvillage.com/recreation](http://www.mayfieldvillage.com/recreation)

Office Hours: M-F, 8:30 A-4:30 P



[Mayfield.village.parks.recreation](https://www.facebook.com/mayfield.village.parks.recreation)

**Photographs:** Mayfield Village may take pictures of participants in programs and the photos may be used for marketing purposes. Your registration grants permission to use these photos for publicity purposes.

**Cancellations/Refunds:** A \$10 processing fee will be charged for all refunds. A pro-rated fee may also be charged if a program has already begun or if certain enrollment requirements are not met due to your cancellation. All refunds will be in the form of a check and require at least 3 weeks to process.

**Returned Checks for Insufficient Funds:** A \$25 cash fee will be charged for all checks returned for insufficient funds.

### Parkview Pool

425 North Commons Blvd.  
 440.446.1688

[Parkviewpool@mayfieldvillage.com](mailto:Parkviewpool@mayfieldvillage.com)  
 (can be reached beginning May 13)

### Parkview Soccer Fields & Sand Volleyball Courts

300 North Commons Blvd.

### Parkview Complex

(softball, tennis, bocce)  
 470 SOM Center Road

### Mayfield Village Community Room

6621 Wilson Mills Road

### Mayfield Village Civic Center

6622 Wilson Mills Road  
 440.461.2210

# SPECIAL EVENTS & CONCERTS

## EASTER PARTY & EGG HUNT

Children and grandchildren of Mayfield Village residents only. Newborns-11 year olds. Pictures with the bunny, refreshments, craft and egg hunt. Pre-Reg only: 3/5-4/3 through Recreation Department.

S 10:30 A-12:00 P 4/13 \$4/child

 Civic Center

## MOTHER'S DAY PANCAKE BREAKFAST & PLANT SALE

Enjoy sausage, yogurt, refreshments and all you can eat pancakes. Dine-in only! Entertainment includes a harpist and balloon twister. Tickets can be purchased in advance at the Civic Center 4/16-5/10. If paying at door, cash or check only. Child (5-11) \$5, Adult (13-61) \$9, Senior (62+) \$7. Garden Club Plant Sale during breakfast.

Su 8:30 A-1:00 P 5/12

 Service Department

## MEMORIAL DAY CELEBRATION

Join the community in remembering all who perished while serving in the country's armed forces. Mayfield Village and the Disabled American Veterans help lead the ceremony of honoring our veterans of all wars. Music, speeches, Color Guard and all service flags will be honored. Refreshments available after the ceremony.

Su 1:00 P 5/26 Free

 Whitehaven Memorial Park

## SUMMER KICK OFF POOL PARTY

Join us at Parkview Pool for this free day for Mayfield Village residents. In addition to a great day of swimming, there will be music, entertainment, food (while supplies last) and games for the whole family. Call 440.461.5163 to pre-register.

S 12:00-5:00 P 6/1 (raindate 6/2) Free

 Parkview Pool

## COMMUNITY SHRED DAY

For Mayfield Village Residents.

Shred-It will shred on site (limit 5 boxes per household)

S 9:00 A-12:00 P 5/18 Civic Center

## MAYFIELD VILLAGE FAMILY CRUISE NIGHT

The best car show in Northeast Ohio is back again along with the awesome Family Fun Zone. The family activities and entertainment will include animals, bounce house, face painting and more! Classic cars will be able to park in the lots at the center of town while cars older than 1992 are able to cruise up and down Wilson Mills. All fresco dining available at local restaurants. Entertainment will be provided throughout the evening. If you want to enjoy tunes from the 60's, stop by the plaza parking lot for some Ricky and The Rockets. If 70's and 80's is your choice, check out Custard Pie rocking the classics at Austin's Steakhouse. The Gazebo will be the headquarters for a variety of family fun activities, at 7:30 p.m. local Motown favorites, Motor City Gold, will be taking the stage.

Cruise Night is free of charge and any donations collected during the cruise will go to Hillcrest Meals on Wheels. Bring your family and friends and enjoy an incredible event right here in Mayfield Village. Park on Beta Drive or Mount Vernon Square and look for the trolley stops-free of charge sponsored by Hilton Garden Inn Mayfield Village/700 Beta Banquet Conference Center. The trolley takes riders to the heart of Cruise Night near the Gazebo (rain date June 9, 3:30-7:30 P).

S 5:00-9:00 P 6/8 Free

## SWEET & SAVORY 60 MILE RELAY AND HOPS FOR HUNGER

**BENEFITING THE DEBBIE HUDACKO SCHOLARSHIP FUND**

The Sweet and Savory 60 Mile Relay is 6-person running relay race that traces the outer "necklace" of the Cleveland Metropolitan Parks and benefits the Mayfield Memorial Scholarship in Honor of Debbie Hudacko and the Greater Cleveland Food Bank. The post-race event, the Hops 4 Hunger beer tasting will start at 5:00 p.m. at the Grove Amphitheater. The event will feature more than 20 local breweries and distributors, live music by Billy Morris and Sunset Strip, and over a half dozen on-site food trucks! The event will also include a Food Drive to help the hungry in Northeast Ohio; please bring a few cans of food to donate! Come on out to run or to help cheer the runners to the finish line ... or simply to have a beer, enjoy some great music and to help the Food Bank!

To Register or for more information about the S&S60 Mile Relay: [www.greatlakesracetiming.com/ss60.html](http://www.greatlakesracetiming.com/ss60.html)

To Register or for more information about the Hops4Hunger Beer Tasting: [www.greatlakesracetiming.com/hops-for-hunger.html](http://www.greatlakesracetiming.com/hops-for-hunger.html)

S 5:00 P 6/15

 The Grove

## WEDNESDAY LUNCH SERIES 12:00-2:00 P

26-Jun	Malt Shop Memories	50's and 60's Doo Wop
10-Jul	Nick Puin Jazz Band	Some Classic Jazz
24-Jul	Steve Jochum	A True Variety Show
7-Aug	Classics	50's & 60's
21-Aug	Frank and Dean Show	The Rat Pack Duo

 The Gazebo/Community Room

## INTERNATIONAL DAY OF YOGA

On June 21, the International Day of Yoga is an official observance day established by the United Nations in December of 2014. The purpose of this day is to promote Yoga as a way to not only increase physical activity but as a way to balance physical health and mental health. Yoga improves fitness, helps to alleviate stress and teaches us how to breathe correctly. This day is also a day to think about making healthier choices in your life.

F 6:00-8:00 P 6/21 Free

 The Gazebo/Community Room

## THURSDAY NIGHT AFTER-WORK SERIES 6:30-8:30 P

27-Jun	Evil Ways	A Tribute to Santana
18-Jul	Rumors	The Best of Fleetwood Mac
1-Aug	Diamond Project	The Neil Diamond Experience
15-Aug	Sunset Strip	The Best of the 80's and More...
29-Aug	Forecast	A Night of Jazz Fusion
12-Sep	Twist	A Motown Show and More...

Concessions available through Piccolo Italian Restaurant

 The Gazebo/Community Room

## FOURTH OF JULY CELEBRATION

Parkview Pool will host activities from 12:00-4:00 p.m. Music at The Grove will begin at 5:00 p.m. and runs through the evening until Fireworks at 10:00 p.m. A variety of concession providers will also be on-site. Cars can park in the pool parking lot, the softball parking lot, or the lots at Progressive. Lolly the Trolley will shuttle participants to and from their cars in the Progressive lot. Rain date June 30 for fireworks only.

Attraxion 5:00-7:30 P

Cleveland Jazz Orchestra 8:00-10:00 P

S 12:00-10:00 P 6/29 Pool-free for Village residents, regular admission for others, Fireworks-Free

 Parkview Pool/The Grove

## CLEVELAND METROPARKS OUTDOOR EDUCATION CAMPOUTS



**Squire's Castle Family Campout:** June 28, 6:00 P - June 29, 11:00 A and/or August 3, 6:00 P-August 4, 11:00 A Hiking, campfires and more. Held at North Chagrin Reservation

**Paddlesports Campout:** July 12, 6:00 P-July 13. Paddling skills sessions at night and paddling sessions in the morning (try canoeing, kayaking and stand-up paddleboarding).

Visit [clevelandmetroparks.com/or](http://clevelandmetroparks.com/or) for more information and to register.

## FREE COMMUNITY COOKOUT FOR VILLAGE RESIDENTS SEE PAGE 11

## MARKET DAY

Come on out to The Grove for a day full of creativity, delicious food and entertainment! The Grove once again will be having a craft fair flea market to raise money for the Mayfield Memorial Scholarship Honoring Debbie Hudacko. There will be handmade goods, antiques, direct sales and a variety of food trucks. Bring money for raffle tickets for baskets full of items from the vendors! Free parking is available at the pool and nearby at Progressive. The **TALENT SHOWCASE** starts at 2:00 p.m. and the **FAMILY FUN AND FOOD TRUCKS** follows. It is a full day of activity that you won't want to miss! The events this day are weather permitting.

S 10:00 A-3:00 P 8/24 \$1.00 admission

 The Grove

## TALENT SHOWCASE

(All ages) Are you looking to show off a talent? Maybe you want to try something new and are thinking about stepping into the spotlight for a few minutes? The Talent Showcase provides a great venue and crowd to share your skills! Acts can include multiple people or an individual. This special event is open to everyone so even if you aren't performing, bring a blanket or chair and support our local talent. This day at The Grove is going to be packed full of activity with Market Day (think craft fair/flea market) 10:00 a.m.-3:00 p.m., food trucks, and entertainment after the Talent Showcase.

S 2:00 P 8/24 Free

 The Grove

## FAMILY FUN AND FOOD TRUCKS & THE GROVE

With the success of last summer's event, Mayfield Village is bringing it back to Summer 2019! Entertainment will begin at 2:00 pm with the Community Talent Showcase followed by an evening full of family fun! Activities, food, games and entertainment throughout the evening. Follow us on Facebook for updates.

Market Day	10:00 A-3:00 P
Community Talent Showcase	2:00-5:00 P
Mad Mountain Juggle	5:30-5:45 P
Marissa the Reptile Girl	6:15-7:30 P
Magician	8:00-8:45 P
Airbrush Artist	5:30-8:30 P
DJ & Balloon Artist	5:00-9:00 P

S 10:00 A-4:00 P 8/24 Free

 The Grove



## The Grove 2019 Entertainment

### FRIDAY'S TRIBUTE TO MUSIC 7:00-10:00 P

(unless noted)

3-Jul	Parrots of the Caribbean	The Grove Kick Off Party with Jimmy Buffet
12-Jul	Grunge DNA-6 P GreenR DayZ-8 P	The Best of the 90's Green Day Tribute
19-Jul	Bon Journey PA	Journey
26-Jul	Out of Eden	Eagles
2-Aug	Post Road	Today's Country
9-Aug	Runaway-Jovi Group	New York's Premier Bon Jovi Experience
16-Aug	Beautiful People	Dean Ford presents Prince
23-Aug	Ten Band	Pearl Jam Tribute
30-Aug	ZYGRT	Zep, Yes, Genesis, Rush, Toto
6-Sept	Disco Inferno	Disco and funk

### SATURDAY'S ARTS & ENTERTAINMENT

7:00-9:00 P (UNLESS NOTED)

29-June	Attraxxion	80's 90's and Today...5-7 P
29-June	Cleveland Jazz Orchestra	Patriot Salute through Jazz followed by Fireworks! 8-11 P
7-July (Su)	Shakespeare/play	Henry V
13-Jul	Carlos Jones	Reggae
20-Jul	McCartney Project	Beatles & Wings - Senior Appreciation Night
27-Jul	Local Band Showcase 2019	Local & original
3-Aug	Jersey Beats	Frankie Valli and the Four Seasons
10-Aug	Chance Band	Chicago and More
17-Aug	Terry Lee Goffee	The True Johnny Cash Experience
24-Aug	Family Fun and Food Trucks	Magician, Reptile Show, Juggling, Face painting and more!
31-Aug	Darkside of The Moon	Pink Floyd with lasers (8:00-10:00 P)

## SUMMER CAMPS

### MAYFIELD VILLAGE SUMMER CAMP

(K-6th graders in Fall 2019) Themed days, field trips, entertainment/activities, swimming at Parkview Pool twice a week, and end of session cookouts or pizza parties! This is an outdoor camp at Parkview Softball Pavilion but the Mayfield Village Civic Center will be used on inclement weather days. Campers will be within walking distance to Parkview Pool, the playground, ballfields and future volleyball courts, tennis courts and bocce courts. Optional: sign your child up for 9:00 a.m. swim lessons during the week at Parkview Pool and camp staff will coordinate walking your child back to camp after lessons (drop off for lessons on your own). You must sign up at the pool during regular pool registration hours for swim lessons; regular lesson fees apply. Please note if there is a field trip on the day of your child's lessons, refunds will not be given for missing lessons or field trips. Space is limited to 60 campers per session. Camp **will** fill quickly; don't miss out!

<b>Session 1:</b> June 3-14	<b>Regular Camp Hours:</b> 9:00 A-3:00 P
<b>Session 2:</b> June 17-28	<b>Before Camp Care:</b> 7:30-9:00 A (\$5)
<b>Session 3:</b> July 1-12	<b>After Camp Care:</b> 3:00-5:30 P (\$7)
(except July 4)	
<b>Session 4:</b> July 15-26	

**Per Session Price:** \$235 Mayfield School District Resident  
\$260 Non Mayfield School District Resident

#### Available Discounts:

**Sibling Discount:** \$20 off additional child (only applied once per additional child)

**4 Session Discount:** \$25 off total, applied once per family. Must sign up for all 4 sessions at once.



### BOATING AND WATER ADVENTURE CAMP

(5th-7th Graders) Come learn about boating, water safety, and introduction to Stand Up Paddleboarding (SUP) and Kayaking. Campers will acquire their Ohio Boating Education Certificate while understanding the importance of being safe on the water. Throughout the 2-week camp, they'll be taught basic paddling skills and perform on water training at Punderson State Park. The last day of camp, the participants will spend the day on Lake Erie boating, and those who pass the Ohio Boating Education Course will get to operate the boat! 6 min/10 max campers required.

M-F 8:30-4:30 P 6/3-6/14 \$395

 Civic Center

## TEEN ADVENTURE CAMP

(7th & 8th graders in Fall 2019) Field trips 4-5 times a week include: Cedar Point, Clay's Park, White Water Rafting in PA., hiking in the Metroparks, Swings-N-Things and more. Camp is held at Wildcat Sport & Fitness and is limited to 50 campers per session.

**Session 1:** 6/10-6/21  
**Session 2:** 6/24-7/5 (except 7/4)  
**Session 3:** 7/8-7/19

**Times:** 8:30 A-3:00 P

	6 Wks	4 Wks	2 Wks
<b>School Dist. Res</b>	\$890	\$695	\$380
<b>Addtl. Child in Family</b>	\$865	\$660	\$365
<b>Non-Resident</b>	\$965	\$735	\$400
<b>Addtl. Child in Family</b>	\$940	\$700	\$385

### Refund Policy

50% refund of total camp until April 12  
 No refunds after April 12

## CLEVELAND SELECT SOCCER CAMPS

(5-15 yrs) Cleveland Select Soccer Camps are directed for player's development through learning the game of soccer via small-sided games for girls and boys. All coaches have a National License. Players will have fun while learning about the game. Summer camp schedule posted at [Clevelandselect.com](http://Clevelandselect.com). For more information contact Dani Giulvezan at 216.926.3769 or email [dani@clevelandselect.com](mailto:dani@clevelandselect.com). Pricing and online registration is available [www.clevelandselect.com](http://www.clevelandselect.com). Camps are also run at locations outside of Mayfield Village; information on website.

M-F 9:00 A-3:00 P 6/3-6/7

 Parkview Soccer Fields

## ENGLISH SOCCER ACADEMY SOCCER CAMP

(6-14 yrs) The English Soccer Academy will be conducting another fun-filled week of technical training, organized and run by Sean McNamara (Coach Mac), U.S.S.F. 'A' Licensed Coach. The coaches will be working on foot-skills, shooting, dribbling, heading, tackling, running with the ball, scrimmaging, racing with Kipper Mac, ice-lollies and competing against the coaches. At only \$125 per camper you will be hard-pressed to find better value anywhere else; it's the soccer camp deal of the summer! The camp sells out quickly so sign up early! Participants may register online at [www.cleveland-cobras.com](http://www.cleveland-cobras.com) or contact Coach Mac directly at 440.376.4893, for information email [seanthecobra@sbcglobal.net](mailto:seanthecobra@sbcglobal.net).



M-F 9:30 A-12:30 P 6/10-6/14 \$125

 Mayfield High School Stadium/Twin Fields

## CHALLENGER SPORTS BRITISH SOCCER CAMP

Mayfield Village Parks and Recreation is pleased to partner with Challenger Sports British Soccer Camp again. This the most popular soccer camp in the country based upon one of the most innovative approaches to coaching youth soccer in the US and Canada. Their experienced International staff studies the game at all levels and will help players improve their core techniques and become more confident on the ball. With programs for each age, this soccer curriculum includes a variety of foot skills, technical drills, tactical practices, freestyle soccer, small-sided games and coached scrimmages. World Cup style games are held each day where campers compete for their adopted country and are encouraged to learn about different customs and cultures, and our core values of respect, responsibility, integrity, sportsmanship and leadership. Camp will include a free soccer ball, T-shirt, poster and certificate. For camp information direct questions to [jpelzer@challengersports.com](mailto:jpelzer@challengersports.com) or call 513.407.6755. Registration and information available at [challengersports.com](http://challengersports.com).

M-F times vary 7/22-7/26 cost varies

 Parkview Soccer Fields

# YOUTH PROGRAMS & SPORTS

## CREATIVE ART TIME FOR 3-5 YEAR OLDS

This class explores their artistic expression. Using different mediums, children will manipulate simple supplies to create original artwork all on their own. A first step towards self-discovery and independence, children will learn color recognition and simple art techniques to help their imagination grow

T 9:00-10:00 A 3/21-4/11 \$30

 Civic Center

## ART WORKSHOP FOR MOTHER'S DAY BY AMBE ART STUDIOS

Make Mother's Day memorable by painting beautiful art on a canvas with your child. Create memories through the wonderful art that you and your child will share. Min 6 participant pairs. Supplies included. **Registration Deadline: May 3.**

F 5:30-7:30 P 5/10 \$35 per pair (\$10 addtl. child)

 Civic Center

## KIDS COOKING WITH JUDI STRAUSS

(6-11 yrs.) Most classes have recipes and plenty of ideas to go home with. Each class is \$24 and must be paid in advance. A \$6.00 supply fee will be paid at class directly to Judi. The registration deadline is one week before class.

F 3:30-5:30 P 3/22  
Crazy for Chocolate (basics of working with chocolate to baked treats)

F 3:30-5:30 P 4/26  
Cookie Baking (rolled cookies to no-bake treats)

F 3:30-5:30 P 5/17  
Ice Scream: You Scream (frozen goodies, sundae toppings and more!)

 Civic Center

## COMMUNITIES IN MOTION FOR BOYS AND GIRLS

**Move and Groove:** 1-3 yrs. 10:00-10:30 A. Dancing/tumbling.  
**Bitty Ballet:** 2-3 yrs. 10:30-11:00 A. Exposure to ballet with less structure.

**Little Hip Hop & Tumble:** 3-5 yrs. 11:00-11:30 A. Hip hop moves with kid friendly music. Beginner through intermediate tumbling skills.

M	3/25-4/15	Spring 1	\$39
M	4/29-5/20	Spring 2	\$39
M	6/3-6/24	Summer	\$39

\*\$5 off if registering siblings or multiple session at once

Visit [www.communitiesinmotioncleveland.com/](http://www.communitiesinmotioncleveland.com/) for other classes in surrounding communities including Beachwood and Mentor

### NEW! Friday Nights in Motion Dance Party

Join Instructor Miss Leah on Fridays, 5:15-6:15 P and experience the joy of movement, song and dance. \$10 for one date or \$15 for two (must register for both at once). Registration Deadlines: 3/1, 3/29, 5/3.

**3/8** (4-8 yrs) Motion of the Ocean. Songs about the ocean/water. Think Little Mermaid and Moana (but not limited to just these).

**4/5** (2-4 yrs) Animals in Motion. Including but not limited to: The Wiggles, Zootopia, My Little Pony, Lion King. Siblings welcome for fee.

**5/10** Family Dance Party. Get the whole family moving! Retro songs, basic line dances-classic songs featured in Despicable Me, Trolls, and other popular movies.

 Civic Center

## MAYFIELD GIRLS VOLLEYBALL LEAGUE

(3rd-4th gr & 5th-6th gr.) Led by Varsity Coach Rosella Glodkowski and her staff, participants will have hands on instructions to teach the basics of serving, setting, passing, court positions, rule, and much more. After 3 weeks of practices, girls will have 3 weeks of games against Orange and Hathaway Brown.

S 1:00-2:15 P 4/6-5/11 \$65

 Mayfield High School

## KIDS YOGA

(4-10 yrs) Kids yoga is an opportunity for children to build the foundation for a healthy and fit lifestyle in a fun, non-competitive environment. Yoga helps children build confidence, strength, flexibility, and improve concentration. Yoga teaches body awareness as children explore various yoga poses and sequences. This class will focus on relaxation techniques, fun games, simple breathing, meditation and partner poses. Instructor Shanna Brown is a Registered 500 Hour Yoga Teacher with Yoga Alliance since 2016 and she is KAY (Kidding Around Yoga) Teacher certified. Shanna's effusive and effervescent smile reflects the energy and passion she feels for teaching. Bring a yoga mat. Minimum of 4 participants. Register by 3/29.

S 10:30-11:30 A 4/6-5/4 Spring 1 \$40  
(except 4/20)

S 10:30-11:30 A 5/11-6/1 Spring 2 \$40

 Civic Center

## WILDCAT YOUTH RUNNING CLUB

(2nd-6th gr. in Mayfield School District) Track, Cross Country = running. Something everyone can excel at and can be done anywhere. Includes warm-up, group runs, stretching and cool down.

M/Th 5:45-6:45 P 4/8-5/23 \$66  
(except 4/22)

 Mayfield High School Track

## VILLAGE PUTTERS



(5-7 & 8-9 yrs) Children and parents will work together with coaches to learn golf skills such as driving, putting, chipping and pitching. There will be play on the course each week as well. Participants are asked to bring their own clubs. Shirt provided. **Registration begins: March 12.**

Th 6:15-7:00 P (5-7 yr) 4/25-5/23 \$37

Th 7:15-8:00 P (8-9 yr) 4/25-5/23 \$37

 Manakiki Golf Course

## LITTLE SLUGGERS

(3-5 yrs) Children and parents work together with coaches doing various exercises to develop skills in catching, throwing and hitting. After 2 weeks of practices, teams will play each other and work on running the bases after hitting, and where to throw the ball in the field. **Registration begins March 12.**

Th 6:15/7:00 P 5/2-5/30 Session 1 \$40/\$35  
 Th 6:15/7:00 P 6/6-7/11 Session 2 \$40/\$35/\$30

 Parkview Softball Fields



## VILLAGE KICKERS SOCCER

(3-5 yrs) Children and parents will work together on learning the basic skills including passing, dribbling, and shooting. **Registration begins: Spring Session March 12, Fall Session June 25.**

S 9:30-10:15 A 5/4-6/1 Spring Session \$30/\$60  
 S 9:30-10:15 A 8/10-9/14 Fall Session \$30/\$60

 Parkview Soccer Fields



## GIRLS SAND VOLLEYBALL LEAGUES

4 teams of 7 are formed to create a fun and competitive league. An organizational meeting will be held on Saturday, May 11, 1:00pm at the Mayfield Village Civic Center to form the teams, and discuss schedules and rules for both leagues.

Su 10:00 A-12:00 P 6/2-7/14 (5th-8th Gr, Fall 2019) \$42  
 Su 12:00-2:00 P 6/2-7/14 (9th-12th Gr, Fall 2019) \$42

 Parkview Volleyball Courts

## PRESCHOOL POOL PARTY

The zero-depth entry portion of the pool will be open just for 3-5 year olds with at least one parent beginning at 10:00 a.m. There will be music, a few games/activities (in & out of the water) and lunch for this group. Lunch will be served from 11:00 a.m.-Noon. Lifeguards will be present but parent must stay with child. Pre-register with the Parks and Recreation Department.

F 10:00 A-2:00 P 7/26 \$5 per child

## MAYFIELD SOCCER CLUB RECREATIONAL LEAGUE SPRING 2019

For boys & girls in K-8th grade (K-1st and 2nd-3rd grades have separate boys and girls teams, 4th-5th and 6th-8th grades are co-ed). The objective is to teach some basic soccer fundamentals, good sportsmanship and how to have fun. Shinguards and soccer cleats are required. The season will start at the beginning of April and will end at the end of May. Individual team practice will usually be once a week. Games are on Saturdays. Coaches at all grades needed; coaches' children are given a full registration fee waiver. Referees, 7th grade and up, are also needed and are paid \$13 per game. Visit [mayfield-soccer.com](http://mayfield-soccer.com) for more information and to register or contact Stephen Bokovitz at: [sbok9@sbcglobal.net](mailto:sbok9@sbcglobal.net) if you have questions about the league. All registration will be done online at [mayfieldsoccer.com](http://mayfieldsoccer.com). Registration fees are as follows: \$65 all participants, \$45 each additional child, current travel players \$20. Registration opens February 1st and will close March 18th.

# TENNIS PROGRAMS AT PARKVIEW RECREATION COMPLEX

6 Lessons per session listed below:

Session 1	6/17-7/3	M & W	OR	6/18-7/5	T & Th
Session 2	7/8-7/24	M & W	OR	7/9-7/25	T & Th
Session 3	7/29-8/14	M & W	OR	7/30-8/15	T & Th

## TENNIS TOTS (4-5 YEAR OLD)

Introduces kids to the basic tennis skills through a series of activities. Games are adapted to developing ball striking, spacing and timing the ball. Through repetition good habits are developed and the players begin to trust newly acquired skills. Pre-Rally/Red Ball Curriculum

8:15-9:00 A \$65/session

## SUPERSTARS (6-7 YEARS OLD)

Introduces kids to games that help develop their basic skills so they can have fun while learning to play tennis. The use of little nets and racquets are used to introduce kids to the Red and Orange ball Quick Start System of playing tennis. They will learn tracking skills to further develop their ball striking. Groundstroke and volley skills will be the focus of instructors.

9:00-10:00 A \$65/session

## LEVEL 1 (8-9 YEARS OLD)

This course will review all the basic movements to afford each student a solid foundation of tennis skills. By introducing players to rallying on a 60' tennis court, it will show them movement techniques needed to enjoy the game. Red and Orange balls will be used to help work on control and consistency. Our method of challenging students through repetition will develop good technique while placing high priority on teaching each player the stroke pattern needed to execute the newly developed skills. Basic groundstrokes, volleys, lobbing, serving, and overheads will be focus of instructors.

10:00-11:00 A \$65/session

## DROP IN ADULT TENNIS LEAGUE

What is the Adult Drop-In League? It is an informal, friendly tennis league. One must have a minimum advanced beginner skill level to qualify. The League will be formatted to have players play two ½ hour singles matches and a ½ doubles match. League maximum 8. Bring your own tennis racquet.

M 6:00-8:30 P 7/8-7/29 \$30 for 4-weeks

M 6:00-8:30 P 8/5-8/26 \$30 for 4-weeks

## LEVEL 2 (10-12 YEARS OLD)

This course will lead you to the path of continued improvement. Our priorities will be to make solid contact, get ball over the net, hit inside the lines, and direct ball away from opponent. Students must have desire to improve and show willingness to work hard. Green and Yellow balls will be used to instruct this age group.

11:00-12:00 P \$65/session

## LEVEL 3 (13-16 YEARS OLD)

In this course, student's progression of development continues. Proper technique, consistency, depth, accuracy, and power will be coached. Each player will reach a self-realization for what tools need to be improved so they can continue to reach their potential.

12:00-1:00 P \$65/session

## LEVEL 4 (14-18 YEARS OLD)

Advocated for high school players who want to improve. The goal will be to get the player more confident and help reach their peak performance. Ball striking, mobility, and anticipation will be further developed.

F 1:00-3:00 P 6/15-7/26 (except 7/5) \$20/week \$100/ full session

## ADULT INSTRUCTION: USA 1,2,3

This adult class is for beginners and advanced beginners who want to learn tennis or improve their skills. 6:30pm class will be for players wanting to learn how to play tennis, while the 7:30pm class is for skill development.

Th 6:30/7:30 P 6/6-6/27 \$60

Th 6:30/7:30 P 7/11-8/1 \$60

# BOATING PROGRAMS

## OHIO BOATING EDUCATION COURSE

If you were born on or after January 1, 1982 Ohio law requires that you complete an approved boating safety education course to operate any powered watercraft greater than 10 horsepower. This 8-hour class designed by ODNR Division of Watercraft covers the fundamentals of safe boating: state-required equipment, watercraft laws, navigation rules of the road, basic safety and risk management and aids to navigation.

Time for all classes: 8:00 A-4:00 P

S	03/23	18 and under	Free	18+	\$25.00
S	04/20	18 and under	Free	18+	\$25.00
S	05/18	18 and under	Free	18+	\$25.00
S	08/10	18 and under	Free	18+	\$25.00

 Civic Center



May 18-May 24, 2019



# ROOKIE SPORTS CLUB CORNER

## BASKETBALL: LITTLE ROOKIES (PRE-K & K) AND ROOKIES (1ST & 2ND GRADE)

These programs provide children with a fun and educational first basketball experience! Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. Each week players participate in developmentally appropriate instruction and modified, recreational game play. All equipment is provided. All children will receive a t-shirt.

S 2:30-3:30 P (Little Rookies) 4/6-5/18 \$70 per participant  
(No class 4/20)

S 3:30-4:30 P (Rookies) 4/6-5/18 \$70 per participant  
(No class 4/20)

 Wildcat Sport & Fitness

## SOCCER: LITTLE ROOKIES (AGES 3-4) AND ROOKIES (AGES 5-6)

Rookie Sports Club leads an age appropriate program that utilizes fun games and activities to teach the fundamentals to beginning soccer players. Coaches focus on teaching the basics of dribbling, passing, scoring, and the concept of game play. Rookie Sports Club will provide soccer balls. Every participant will receive a t-shirt.

S 10:00-11:00 A (Little Rookies) 6/15-7/27 \$65 per participant  
(No Class 7/6)

S 11:00 A-12:00 P (Rookies) 6/15-7/27 \$65 per participant  
(No Class 7/6)

 Parkview Soccer Fields

## SAND VOLLEYBALL: LITTLE ROOKIES (AGES 6-8) AND ROOKIES (AGES 9-11)

Have a great time learning and playing the sport of Volleyball!! Throughout the program, players will learn a wide variety of skills including passing, setting, serving, blocking, and more. Older players will also work on spiking. Each class will include small sided, modified games that help players learn spacing on the volleyball court, communication with teammates, and moving to the ball. Rookie Sports Club will provide all equipment. Every participant will receive a t-shirt.

S 12:15-1:15 P (Little Rookies) 6/15-7/27 \$65 per participant  
(No Class 7/6)

S 1:15-2:15 P (Rookies) 6/15-7/27 \$65 per participant  
(No Class 7/6)

 Parkview Sand Volleyball Courts

## JUNIOR NINJA CAMP (AGES 3-5)

Children will have a blast in the Rookie Sports Club Junior Ninja Camp! Throughout the week campers will engage in exciting, active, Ninja-themed games, receive special ninja training by racing through different obstacle courses and will complete ninja crafts! Come out and learn how to be just like a ninja this summer!

M-F 9:30 A-12:00 P Week 1: 6/3 - 6/7 \$75/week

M-F 9:30A - 12:00 P Week 2: 7/15-7/19 \$75/week

 Parkview Soccer Fields

## BASKETBALL: LITTLE ROOKIES (PRE-K & K) AND ROOKIES (1ST & 2ND GRADE)

Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by utilizing fun terminology and engaging activities. All equipment is provided. All children will receive a t-shirt.

F 5:30-6:30 P (Little Rookies) 6/21-8/2 \$70 per participant  
(No 7/5)

F 6:30-7:30 P (Rookies) 6/21-8/2 \$70 per participant  
(No 7/5)

 Wildcat Sport & Fitness

## JUNIOR MULTI-SPORTS CAMP (AGES 3-5)

Each day will focus on a different sport including soccer, basketball, football, hockey, t-ball and more! Campers will engage in age appropriate activities each day that will help them learn the fundamentals and rules of each specific sport. The Junior Multi-Sports Camp is a highly active camp designed for younger children to have a great time being physically active while simultaneously learning about different sports.

M-F 9:30 A-12:00 P Week 1: 7/29-8/2 \$75/week

M-F 9:30 A-12:00 P Week 2: 8/5-8/9 \$75/week

 Parkview Soccer Fields



## MULTI-SPORTS CAMP K-6 (ENTERING FALL 2019)

Each day campers will engage in different sports and various exciting activities. Sports will include soccer, basketball, football, baseball, hockey, and more! Children will also engage in recreational, non-competitive scrimmages and tournaments throughout the week. In the afternoons, campers will play traditional camp games such as capture the flag, kickball, etc. Additionally, children will also have the opportunity to swim on certain afternoons!

M-F 9:00 A-3:00 P Week 1: 7/29-8/2 \$130/week

M-F 9:00 A-3:00 P Week 2: 8/5-8/9 \$130/week

 Parkview Soccer Fields

# Parkview Pool

Parkview Pool will open for the season on Saturday, May 25. Parkview Pool offers a variety of programs for toddlers through Seniors. The facility is outstanding with lanes for lap swimming, learn to swim programs, open swim and other aquatic programs. The facility also includes a separate diving well (12'8" deep), a corkscrew waterslide, a 0-42" depth play area with a variety of water toys, a concession stand, men's and women's locker rooms and shade structures. A pavilion and playground are located right next to Parkview Pool.

**REGISTRATION FOR ALL POOL PASSES AND AQUATIC PROGRAMS ARE HELD AT PARKVIEW POOL:  
(unless otherwise noted)**

**440.446.1688**

[parkviewpool@mayfieldvillage.com](mailto:parkviewpool@mayfieldvillage.com)  
beginning May 13

## OPEN SWIM/ADULT LAP SWIM

M-F 12:00-8:00 P/6:30 A-8:00 P  
S 12:00-7:00 P/9:00 A-7:00 P  
Su 12:00-7:00 P/10:00 A-7:00P

Note: 2-3 lanes for lap swimming will always be available.

## PRE-REGISTRATION

All registration for Parkview Pool passes and programs takes place at Parkview Pool unless otherwise noted.

Mayfield Village Residents/Progressive Employees  
M-W 4:00-7:00 P 5/13-5/15

Mayfield School District Residents (Mayfield Village, Gates Mills, HighlandHts., Mayfield Hts.)

Th 4:00-7:00 P 5/16  
F 4:00-6:00 P 5/17

Open Registration

S 10:00 A-12:00 P 5/18  
M 10:00 A-12:00 P 5/20  
T-W 11:00 A-6:00 P 5/21-5/22

## FEES AND ADMISSION

All Mayfield Village residents and School District residents must have a photo I.D. (i.e. drivers license) and a current utility bill which is needed to show proof of residency. For each school age child getting a pass, Mayfield Village requires a report card showing the student's name and address. Progressive employees must bring their Progressive employee identification card or current pay stub.

## SEASON POOL PASSES

### For Mayfield Village Residents/Progressive Employees:

	Before 7/10	Beginning 7/10
Preschoolers (5 years & younger)	free	free
Students (K-12)	\$52	\$27
Adults (includes Progressive employee)	\$62	\$32
Family (includes Progressive families)	\$153	\$80
Seniors (60 yrs. & older)	\$38	\$20

### For Mayfield School District Residents:

(Gates Mills, Highland Hts. and Mayfield Hts.)

	Before 7/10	Beginning 7/10
Preschoolers (5 yrs. & younger)	free	free
Students (K - 12)	\$70	\$38
Adult	\$130	\$68
Family	\$275	\$148
Senior (60 yrs. & older)	\$62	\$34
Non School District Family	\$345	\$173

(child must attend St. Francis, St. Paschal or Gilmour-proof required)

There will be a \$2.00 charge for each I.D. card payable at time of registration. Lost ID or Pool Pass replacement fee is \$5.00. Passholder must present pass or be charged \$1.00. For each school age child getting a pass, Mayfield Village requires a report card showing the student's name and address.

## GENERAL ADMISSION

(All Day Admission Without Pool Pass)

School District Student .....	\$5.00
Senior (60 yr. & older) School District .....	\$6.00
Mayfield Village Resident (18 yr. & older) .....	\$7.00
School District Resident (18 yr. & older) .....	\$9.00
Non School District resident.....	\$15.00

## GUEST PASSES

Only Parkview season pass holders or Mayfield Village residents may purchase guest admissions. Management reserves the right to limit the number of guests.

Student (K-12)	\$5.00
Adults	\$7.00

## POOL RENTAL

Mayfield Village Parks and Recreation is accepting reservations for after hour rental of Parkview Pool for Mayfield Village and School District residents. Thursdays and Fridays (groups 50 or below), 8:30-10:30 p.m., Saturdays and Sundays 7:30-10:30 p.m. Contact 440.461.5163 or [decht@mayfieldvillage.com](mailto:decht@mayfieldvillage.com) for more information or to make a reservation. **Please note that The Grove shares a parking lot so there may be limited parking during pool and pavilion rentals.**

## IMPORTANT DATES/SPECIAL EVENT SWIMS

5/25	12:00 P	Pool opens for Season
6/1	12:00 P	Community Kick Off Party
6/8	6:00 P	Cruise Night pool closes early
6/29	12:00-6:00 P	July 4th activities. Free to Mayfield Village Residents
7/4	10:00 A-6:00 P	Lap Swim
7/4	12:00-6:00 P	Open Swim
7/26	10:00 A-2:00 P	Preschool Pool Party
8/10	12:00 P	Community Cookout
8/11	7:00 P	Last day of regular hours (After 8/11 only open abbreviated hours on weekends)
8/25	7:00 P	Pool Closes for Season

## LIFEGUARD TRAINING

Parkview Pool will be offering an American Red Cross Certified Lifeguard program for students 15 years and older. Some prerequisites for students include: must be able to swim 300 yards continuously and retrieve a 10-pound object from the bottom of the pool.

### Pretest

Th 6:00 P 5/30

### Classes

M-F 8:00 A-4:00 P 6/3-6/7 Residents: \$175  
Non-residents: \$200

## FREE COMMUNITY KICK OFF PARTY 2019

Join us at Parkview Pool for this free day for Mayfield Village residents. In addition to a great day of swimming, there will be music, entertainment, food (while supplies last) and games for the whole family. Call 440.461.5163 to pre-register.

S 12:00-5:00 P 6/1 (rain date 6/2)

## DEEP WATER EXERCISE CHALLENGE FOR ADULTS

Need a fun, different type of conditioning? This class is for you! If needed, a floatation belt may be used. A great way to work your cardiovascular system without injuring any joints. A workout good for adults of all ages, both men and women. Class will take place in the diving well. Note: All participants will receive a punch card for this class. The card will be punched at the front desk prior to each class. \$4 per class: 10 class punch card (\$40).

M/W/F 11:15 A-12:15 P 6/3-8/9

M/W 6:00-7:00 P 6/3-8/7

## AQUACIZE

Exercising in water is beneficial and easy for everyone to do! Great for adults and seniors. All exercises are done in the water to improve flexibility while conditioning and toning the entire body. You don't need to know how to swim. All participants will receive a punch card for this class; it will be punched at the front desk prior to each class.

T/Th	11:15 A-12:00 P	6/4-8/8	\$4 per class: 10 class punch card (\$40)
M/W	6:45-7:45 P	6/3-8/7	\$4 per class: 10 class punch card (\$40)

## INTRODUCTION TO PADDLE BOARDING AT PARKVIEW POOL

This intro course is designed as a short program emphasizing entry-level canoeing, kayaking, and stand-up paddling skills. Register through the Parks and Recreation Department.

F	9:00-11:00 A	6/21	Kids (6 yrs+ with parent)	\$10
F	9:00-11:00 A	7/12	Adults (15 yrs+)	\$10
F	9:00-11:00 A	8/9	Adults (15 yrs+)	\$10

## SPLASH SPORT CARDIO (DEEP WATER) AT PARKVIEW POOL

This challenging class includes high intensity, non-impact athletic drills to improve strength and cardio respiratory endurance. Must be comfortable in deep water.

### Session 1

T/Th 11:45 A-12:15 P 6/11-6/27 Free

### Session 2

T/Th 11:45 A-12:15 P 7/9-7/25 Free

## PRESCHOOL POOL PARTY

The zero-depth entry portion of the pool will be open just for 3-5 year olds with at least one parent beginning at 10:00 a.m. There will be music, a few games/activities (in & out of the water) and lunch for this group. Lunch will be served from 11:00 a.m.-Noon. Lifeguards will be present but parent must stay with child. Pre-register with the Parks and Recreation Department.

F 10:00 A-2:00 P 7/26 \$5 per child

## FREE COMMUNITY COOKOUT FOR VILLAGE RESIDENTS

What a better way to end the summer than a Community Cookout at Parkview Pool. Join us to celebrate another a great pool season. Free food (while supplies last), games, music and activities. This is an event not to be missed! Call 440.461.5163 to pre-register.

S 12:00-5:00 P 8/10 (rain date 8/11) Free



# JUST ADD WATER

The Swim, Snorkel, Scuba Center  
36200 Euclid Ave., Willoughby

Parkview Pool in cooperation with Just Add Water will be offering a variety of SCUBA programs. Listed below are 4 programs to fit all ages. All registration will be handled by Just Add Water. For more information call them at 440.942.7575.

## TRY DIVING (10 YEARS TO ADULTS)

Have you ever wondered what it is like to breathe underwater? All you need is a bathing suit and a towel and you can give it a try and see how easy and awesome Scuba really is! What will I do? Try Diving with experienced instructors by your side. How long will it take? First a class orientation and equipment fitting will be at 6:00 p.m. at Just Add Water, and then we head to the pool for some fun.

W	7:00-9:00 P	6/19, 7/10, 7/31	\$49.00
		((\$20 can go towards Scuba License)	

## KIDS SCUBA CAMP (10-14 YEARS OLD)

Learning to scuba dive is a life changing experience! One that enables young people to embrace discovery and exploration in a whole new way. Your first breaths underwater, the feeling of total weightlessness as you embark into a foreign world, and the wonder you experience, enables you to be part of something powerful that transforms your life! Campers will complete academic and in-water training, allowing them to be eligible for Open Water dives and become certified divers. Campers will learn about safety, equipment, the physics of diving and about the ocean and its life that lies beneath the surface. Diving is a natural gateway to conservation and we will learn how to protect our underwater world. Tuition includes Open Water Manual, Logbook, Dive Tables and all scuba equipment including mask, fins and snorkel. (Price includes all materials and equipment.)

Session 1			
M-F	9:00-3:00 P	7/8-7/12	\$525

Session 2			
M-F	9:00-3:00 P	7/29-8/2	\$525

## OPEN WATER SCUBA (MINIMUM AGE IS 10 YEARS)

Are you ready for the adventure of a lifetime? Then take the plunge and become a certified Open Water Diver. This is the first step in the certification process. You will attend academic and in-water training sessions. This course is designed to provide you and a buddy with all the knowledge and skills necessary to safely visit the underwater world on your own! The class will prepare you for the final step in becoming a certified Open Water Diver – Four Open Water Training Dives. These dives can be completed locally over the summer months or on your vacation to an exotic destination. So, go ahead, take the plunge, and give yourself the gift of unforgettable memories and experiences with family and friends!

\$385.00 (Includes all digital materials and scuba equipment except for mask, fins and snorkel)

### Session 1

W	6:00-9:00 P	6/12, 6/19, 6/26	Just Add Water
Su	9:00 A-12:00 P	6/16, 6/23, 6/30	Parkview Pool

### Session 2

W	6:00-9:00 P	7/10, 7/17, 7/24	Just Add Water
Su	9:00 A-12:00 P	7/14, 7/21, 7/28	Parkview Pool

## SCUBA RANGERS (8-12 YEARS OLD)

Does your child love the water? Do they dream of being a fish or a dolphin? We have their next grand adventure just waiting for them! Scuba Rangers is a great way to introduce kids 8+ to the basics of safe, fun scuba. Our program is designed for young divers who are looking for action-packed fun in a pool! An Instructor will guide the kids through 5 different "Aquamissions" designed to teach them the building blocks of scuba while learning about our ocean and how to protect it. Tuition includes logbook, activity workbook, underwater pictures of the new divers, graduation certificate and all scuba equipment including mask, fins and snorkel. Just Add Water has scuba equipment that is sized specifically for children. (Price includes all materials and equipment.)

### Session 1

M-F	9:00-11:30 A	7/8-7/12	\$285
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### Session 2

M-F	9:00-11:30 A	7/29-8/2	\$285
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## LEARN TO SWIM

The Learn to Swim Program is based on American Red Cross Standards and instructors are certified through the American Red Cross. **Read the requirements and skills taught before signing up. All students will be tested the first day.** Fridays might be used as makeup class.

### Session 1

**Monday-Thursday: June 10-June 27**  
**Monday/Wednesday: June 10-July 24 (No Class week of July 2)**  
**Tuesday/Thursday: June 11-July 25 (No Class week of July 2)**  
**Saturday: June 15-August 3**

### Session 2

**Monday-Thursday: July 8-25**

\$30 - Village Resident with pool pass \$35 - Village Resident without pool pass  
 \$45 - School District Resident with pool pass \$50 - School District Resident without pool pass  
 Non school district resident: \$60

## SWIM LESSONS SCHEDULE

		Mon.- Thurs.		Mon./Wed.	Tues./Thurs.	Saturday	
Parent/Tot			11:15 AM	(Wed only) 11:15 AM	11:15 AM		10:00 AM
Under 4			11:15 AM	11:15 AM	11:15 AM		10:45 AM
Level 1		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 2		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 3		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 4		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 5		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 6A		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Level 6B		9:00 AM	9:45 AM	10:30 AM	10:30 AM	10:00 AM	10:45 AM
Adult/Teen					6:00 PM	10:00 AM	

## YOUTH SWIM LESSON INFORMATION

### Parent/Tot

Class will acquaint child with basic water adjustment and include parent training on water safety. Note: Class taught in 3 ft. area.

### Under 4 Foot and 4 Years Old

The class teaches basic water adjustment for more advanced preschoolers & prepares for level 1 classes. Students progress at own rate. Students are introduced to basic water skills and learn buoyancy.

### Level 1

Students are introduced to basic water skills. Students learn buoyancy with support and breath control. They begin with the basics of front and back crawl & general water safety rules.

### Level 2

Helps students to become more independent in the water while learning rhythmic breathing, buoyancy, treading water, coordination of arms and legs and general water safety rules.

### Level 3

Students build on level 2 skills with more coordination to combine arms and legs for front and back crawl. Intro to butterfly kick and kneeling or sitting dives.

### Level 4

Students learn swimming distances while improving front and back crawl and changing directions. Students learn

breaststroke, butterfly, elementary backstroke, and the sidestroke kick. Diving progresses to the compact or stride position. Additional diving rules discussed.

### Level 5

Students refine their strokes and build endurance in all strokes learned while working on flip turns. Diving advances to shallow dives as well as tuck and pike surface dives. Treading water is improved and survival swimming is taught.

### Level 6 A

Refine the strokes so students swim with ease, efficiency, power and smoothness over greater distances. Prepares students to participate in more advanced classes.

### Level 6 B

Looking for a fun way to keep your fitness level at top form, learn some new strokes, turns, diving, basic lifesaving and more.

### Adult/Teen

Designed to aid in the development and improvement of strokes of the non-swimmers as well as the swimmer. Whether you are fearful of the water, need to learn how to do various strokes, or simply wish to become more efficient in swimming laps, this class is for you.

**Session 1:** 6/25-7/13  
 Tuesday 6:00-7:00 P  
 Saturday 10:00-11:00 A

**Session 2:** 7/16-8/3  
 Tuesday 6:00-7:00 P  
 Saturday 10:00-11:00 A

# Adaptive Recreation

Activities designed for individuals with physical, sensory or developmental disabilities. The programs listed below are open to everyone. In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.

## GAME NIGHTS

(All ages) Something for everyone: basketball, coloring, dancing, games, volleyball, ping-pong, food and friends. Pre-registration deadline is the Wednesday before each date. \$5/pre-reg, \$6/door.

F 6:00-8:00 P 3/8, 4/5, 5/10

 Mayfield Middle School

## FITNESS TO WELLNESS TO FUN AT HEALTH 360

(13 yrs+) Fitness and Fun; that's what it's all about! Exercises and movements to help with strength, agility and motor reaction and skill development. Exercises are broken up into small segments so you won't be bored! Sign up for Mon or Wed or both. \$49/session/day or \$88/both days/session.

M/W 6:30-7:30 P 3/11-4/17 Spring 1

M/W 6:30-7:30 P 4/22-6/3 (except 5/27) Spring 2

## SPRING DANCE

(13 yrs. +) Come celebrate the end of winter and the beginning of Spring! Everyone is encouraged to dress in Spring colors for this popular dance/social. Chicken fingers, steamed broccoli, mac & cheese, a cookie for dessert and beverages will be provided. Sponsored by LEAP. Registration Deadline: March 13.

F 7:00-9:00 P 3/22 \$15

 Hilton Garden Inn

## BASKETBALL CLINIC

(10 yrs+) Join John Carroll coaches and players as you work on the fundamentals of basketball while having fun in their gym. Activities help build individual skill and also include fun drills incorporating team work. Registration Deadline: March 18.

Su 1:00-2:00 P 3/24 \$5

 John Carroll

## YOGAREACH EMBRACE ABILITIES

(13 yrs+) Embrace Abilities teaches an integrated system of adaptive poses, breath work, daily function skills, movement exercises, meditation practices, and facilitates ongoing conversations. Students focus on what they can achieve; an optimistic approach is reinforced. Meet new friends and have fun. Wear comfortable clothes. Bring a mat. \$64/session \$5 off if registering for two sessions at once. Registration Deadline: Friday before each session begins.

T 4:45-5:45 P 4/2-5/7 Spring 1

T 4:45-5:45 P 5/14-6/18 Spring 2

T 4:45-5:45 P 6/25-7/30 Summer

 Civic Center

## MAKE A HUMMINGBIRD FEEDER

(12 yrs+) Learn basic woodworking techniques using hand tools to glue, sand, drill, and put together a feeder for hummingbirds. A \$20 materials fee is payable to the instructor. Participants must be accompanied by a parent or caregiver. Instructor Kurt Klimko looks forward to working with the class on this project this Spring!

S 12:30-2:30 P 4/6 \$30

 Orange High School-Woodshop

## WALKING CLUB WITH LEAP

(18 yrs+) Come on out and get some exercise and enjoy the scenery.

M 6:00-7:00 P 4/8-5/20 Session 1 \$12

T 6:00-7:00 P 6/4-7/9 Session 2 \$10

M 6:00-7:00 P 7/22-8/26 Session 3 \$12

 Cleveland Metroparks Euclid Creek Reservation-Highland Shelter.

## INDOOR BOCCE WITH LEAP

(18 yrs+) Bocce Ball has been around for ages. It's a great way to spend time in the company of others. Develop your strategy and test your skills in friendly competition. Registration Deadline: April 3.

T 6:00-7:30 P 4/9-5/21 \$35

 Rollhouse of Wickliffe

## SPRING OUTSIDE FUN

(18 yrs+) Come get in shape for the spring playing different sports and fun games together. Registration Deadline: April 7.

W 6:00-7:00 P 4/10-5/22 \$12

 Mayfield Middle School Field

## MOVIE NIGHTS

(All ages) Come watch a movie on a drop down projection screen. Movie will start approximately at 6:15 p.m. Enjoy snacks and beverages while you watch a movie. Registration Deadline: one week before as long as space still available. No registration at the door.

F 6:00 P 4/12, 6/14, 8/9 \$5 pre-reg only

 Civic Center

## BOXING BUDDIES

(14 yrs+) Have you ever wondered what it's like to put on a pair of boxing gloves and learn boxing basics?! Now is your chance! Veteran Blue Ribbon coach and advocate Sandy Ellis will be bringing boxing to you! You will learn the basics of boxing and a little self defense, which will help you to find the true boxer in you! It is non-contact. You will never punch anyone and no one will ever punch you. You will learn how to throw a punch, a jab, a right hand, uppercuts and hooks using special coaching mitts as targets. Most of all, boxing will build your self-confidence and it is FUN!!! Boxing can be learned while sitting or standing. Anyone is welcome to register (friends, family, caregivers). Space is limited! Registration Deadline: March 27.

S 1:00-2:00 P 4/13-5/18 \$25

 Solon Community Center

## SOCCKER STARS

(13 yrs+) Beginners can develop skills and enjoy learning about the game in a non-competitive environment. Coaches will work on kicking, trapping, throw-ins and end each night with a short game with players. Everyone receives a shirt. Shinguards are encouraged but not necessary. Min/Max: 6/14

M 5:30-7:00 P 5/6-6/3 \$30

 Parkview Soccer Fields

## PIZZA BOWLS

(13 yrs+) 2 hours of bowling, shoe rental, a slice of pizza, small soda and a cup of ice cream. Bowlers will be 4-6 per lane. Registration Deadlines: 5/2, 6/29, 9/6.

S 1:00-3:00 P 5/11, 7/13, 9/14 \$16/date

 Rollhouse of Wickliffe

## KICKBALL LEAGUE

(13 yrs+) A fun game everyone can play! Anyone who needs one-on-one assistance/constant guidance is required to have a family member/caregiver play with them. Registration Deadline: May 25.

M 6:30-7:30 P 6/3-7/8 \$15

 Parkview Softball Field

## INDOOR WATER EXERCISE

(10 yrs+) An opportunity to experience success, increase comfort level, exercise and have fun in an indoor pool. Instructor: Kate Sullivan.

Th 6:30-7:30 P 3/7-5/23 \$20/session  
(3 week sessions)

 Wildcat Sport & Fitness

## AQUACIZE

(10 yrs+) Experience success, increase comfort level, exercise & have fun in a pool. Reg. Deadline: June 7.

Th 6:15-7:00 P 6/13-7/18 \$30  
(except 7/4)

 Parkview Pool

## OUTDOOR POOL PARTY

(All ages) Come enjoy a great time in the water at one of the area's most popular pool. The pool offers a 0-42" depth play area, slide and diving well. Our group will have the pavilion reserved right next to the pool and will begin serving food at Noon. Participants are asked to bring a side dish or dessert, no chips please. We will provide hot dogs, sides, chips, beverages and some dessert. Parent/caregiver must remain at the pool if participant needs one on one assistance. Registration Deadline: June 28. No registration at the door.

S 12:00-4:00 P 7/6 \$10 pre-reg only

 Parkview Pool

## LEARN HOW TO CANOE & KAYAK

(All ages) Wondering what it's like to get on the water in a canoe or kayak? Come learn and observe or if you want, take a turn in a canoe or kayak and practice some skills. We will be in the safety of shallow waters, there will be staff in the water, and all participating will wear a life vest. Helmets may be required. All equipment provided. Registration Deadline: July 31.

S 10:00-11:30 P 8/10 Free

 Parkview Pool



## SAND VOLLEYBALL

(13 yrs+) Dig your toes into the sand and get ready to help get the ball over the net. This is a fun activity with very little competition. Anyone who needs one-one assistance/constant guidance is required to have a family member/caregiver play with them. Registration Deadline: May 25.

W 6:30-7:15 P 6/5-7/10 \$15

 Wiley Park

## PICNIC & GAMES

(16 yrs+) It's a summertime picnic with fried chicken and all the trimmings. It's a great way to spend a summer evening with friends, food and fun! Volleyball and cornhole on-site too! Registration Deadline: May 31

F 6:00-8:00 P 6/14 \$11

 Solon Community Park Pavilion

## KARAOKE & DANCE WITH SOLON BLUE RIBBON

(All ages) Come sing, dance, and hang out. Our amazing DJ, Denise Formica, will be serving up the best jams in town, while we experience the awesome talents of our karaoke singers. A full dinner will be served. Registration Deadline: July 5.

F 6:00-9:00 P 7/19 \$13 pre-reg only

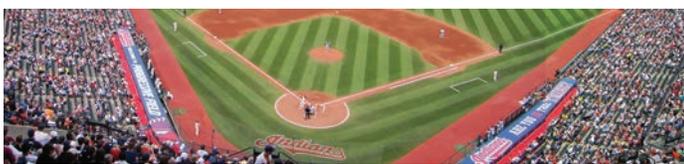
 Solon Community Center

## SOFTBALL LEAGUE WITH LEAP

(13 yrs+) Everyone will have a chance to hit the ball and play in the field. All players will receive a shirt and hat. Bring your own bat and glove if you have them. Equipment is provided with a limited supply of gloves. Registration Deadline: July 19.

Th 6:00-7:30 P 7/25-8/29 \$35

 Parkview Softball Field



## CLEVELAND INDIANS GAME

(All ages) Come see the Indians take on the Los Angeles Angels. Seats are in the Family Deck or Upper Deck. Registration Deadline: June 28.

S 7:10 P 8/3 \$24 or \$33

## OUTDOOR LIVING SKILLS CAMPOUT

(Families/Individuals 13 years & over with parent/caregiver). Cleveland Metroparks Outdoor Recreation is proud to offer this overnight campout, which is designed to teach you basic Outdoor Living Skills including Leave No Trace, setting up a campsite, building a fire, and more. Enjoy the simple life by camping under the stars and roasting marshmallows over a campfire. No special equipment is required, please bring your own camping equipment if you have it. Dress in layers and be prepared for the weather. Packing suggestions, as well as directions, will be supplied once it gets closer to this event. Min./Max.: 5/11. Participant and caregiver are free; siblings must pay. Registration Deadline: August 9.

F-S 5:00 P-11:00 A 8/16-8/17 \$70

 South Chagrin Reservation, Look About Lodge



## TALENT SHOWCASE

(All ages) Do you have a talent or special skill you would like to share? Come to Mayfield Village and showcase your abilities. Acts can include multiple people or an individual. Everyone is invited to sit in the audience and enjoy the show even if not performing. Bring a blanket or chair. Come early for Market Day (10:00 a.m.-3:00 p.m.) and browse local merchants selling a variety of items. Food trucks will be on site selling their popular menu items. Stick around after the Talent Show to enjoy an evening of entertainment complete with a magician, reptile show and bands.

S 2:00 P 8/24 Free

 The Grove

## LAKE COUNTY CAPTAINS GAME

(Open to all) Watch the Captains take on the Great Lakes Loons. Come early and enjoy a buffet before the game. Your ticket includes food/beverage and the game. After a great baseball game, stick around for a phenomenal fireworks show! Registration Deadline: July 31.

S 7:00 P 8/31 \$21/ticket

 Classic Park

# MAYFIELD VILLAGE SENIOR PROGRAMS: 440.919.2332

## ANNIVERSARY PARTY FOR MAYFIELD VILLAGE RESIDENTS AGES 60+

MV Community Room. Doors open at 11:30 a.m. Hors d'oeuvres, lunch, and entertainment. RSVP by 5/8.

F 12:00-3:00 P 5/17 Free

## SENIOR PICNIC FOR MAYFIELD VILLAGE RESIDENTS AGES 60+

An old-fashioned picnic barbecue at Parkview Pool Pavilion. You may also swim if you wish. RSVP by 7/19. Free. (Lunch served at noon.)

W 12:00-3:00 P 7/31 Free

## SENIOR FAIR – FOR MV SENIOR RESIDENTS

Bring your family to this informational event with heavy hors d'oeuvres in the Community Room. (Representatives from Village Departments will be there to provide valuable information.)

Th 5:00-7:00 P 9/26

## AARP SAFE DRIVING PROGRAM

Refresh your driving skills and learn new rules. (No driving involved; classroom only.) Deadline to Register: 9/16.

W 12:00-4:00 P 9/25 \$15 AARP Members \$20 all others

## FOOT CLINICS WITH DR. KELLY WHALEY

Call MV Senior Services to make an appointment for diabetic and routine foot care such as toenail cutting, treatment of corns and calluses, and removing ingrown toenails. Cash or check payable to Dr. Kelly Whaley. \$25

F 1:00-3:00 P 4/5, 4/12, 5/10, 5/24, 6/14, 6/28, 7/12, 7/26, 8/9, 8/23.

 Civic Center

## LUNCH N' MOVIE WITH COMMUNITY PARTNERSHIP ON AGING

Lunches: \$5 per person. Reservations REQUIRED by calling 216.650.4029 no later than the 3:00 PM on Wednesday prior to the lunch. Doors open at 11:30; lunch is served at 12:00 and movie starts at 1:00 p.m. At the MV Civic Center. Movies are held in the beautiful and comfortable auditorium. Movie-only reservations welcome. Contact us for other dates.

W 12:00 P 4/10, 5/8, 6/12, 7/10, 8/14

## LUNCH & MOVIE AT GOVERNOR'S VILLAGE

Lunch: \$5.00. Deadline to Register: One week prior to lunch & movie: 440-919-2332. Various Wednesdays. Contact us for menus and movie titles.

W 12:30 P 4/17, 5/15, 6/19, 7/17, 8/21

## LUNCH & LEARN PROGRAMS

Deadline to register: one week prior to the program. Free.

Enjoy lunch and a special program: "A Lifetime at Sea" sponsored by Dignity Memorial-DiCicco and Sons Funeral Home.

F 12:00 P 3/1

Enjoy lunch and fun for this "Name That Tune" program sponsored by The Greens & The Fountains.

W 12:00 P 4/24

Enjoy lunch and a special program with information about "Leading a Brain Healthy Lifestyle" sponsored by Kemper House.

W 12:00 P 5/1

Enjoy lunch and a special program: "Your Life, Your Legacy" sponsored by Dignity Memorial-DiCicco & Sons Funeral Home.

F 12:00 P 5/3

## WATERCOLOR CLASSES—THURSDAYS

At MV Community Room. Instructor: Florence Smith. Cost: Mayfield School District Residents: \$35 per 4/week series, Non-Mayfield School District Residents: \$40/per 4/week series + \$4 material fee paid to the instructor for each 4-week series. New students: contact us for the materials and paint list.

Th 9:00 A-12:00 P 4/4-4/25; 5/2-5/23; 5/30-6/20

## ONE-STROKE & ACRYLIC PAINTING CLASSES

\$28 per class plus a \$3-4 surface fee payable to instructor. At MV Community Room. Deadline to Register: 1 wk. prior to class date. Instructor: Barbara Brastoff.

W 2:00-4:00 P 3/27 Spring Project (Paint daisies and butterflies on a wooden plaque)  
W 2:00-4:00 P 5/8 Early Summer Project (Paint white lilies and leaves on canvas)  
W 2:00-4:00 P 6/12 Late Summer Project (Palm tree on canvas)  
W 2:00-4:00 P 9/11 Fall Project (Sunflowers on canvas)  
W 2:00-4:00 P 11/6 Winter Project (Snowman on canvas)

## COOKING & BAKING CLASSES

Instructor: Judi Strauss (as seen on New Day Cleveland.) At MV Community Room. Cost: \$20 per class plus a food fee of \$8-10 payable to instructor. Deadline to Register: The Monday prior to the class date. Contact us for course description. 3/21: "Pasta Sauces." 4/4: "Chocolate Lovers Only"; 4/11: "Vegetarian Cooking"; 5/9: Cooking with Tortillas"; 5/23: "Salad"; 6/6: "Fruits of Summer"; 6/13: "Marvelous Mushrooms".

7:00-9:00 P Various Thursdays

## NEW! PICKLEBALL FOR SENIORS AT THE PARKVIEW RECREATION COMPLEX—SUMMER/FALL 2019

Come to the new Intergenerational Park at 425 S.O.M. Center Road (near the Parkview Softball Complex) to play Pickleball. New and experienced players welcome. Call MV Senior Services to register. We will be forming several teams by 6/1. Free.

M 9:00-11:00 A Dates TBD Free

## NEW! BOCCE FOR SENIORS

At the new Intergenerational Park at 425 S.O.M. Center Road (near the Parkview Softball Complex) New and experienced players welcome. We will be forming several teams by 6/1. Call MV Senior Services to register. Free.

W 10:00-11:30 A Dates TBD Free

## BALANCE & CHAIR YOGA

At Community Room. (\$42/6-wk. session) Chair, standing, and wall poses are used—no need to get on the floor. The focus will be on improving your balance, flexibility, and strength. Contact us for dates.

W 2:00-3:00 P

## CHRONIC PAIN MANAGEMENT CLASS

Sponsored by Fairhill Partners. Deadline to Register: 6/11.

T 9:00-11:00 A 6/18-7/23 Free

## BEREAVEMENT SUPPORT GROUP

Denise of Crossroads Hospice helps persons work through the grief process connected with losses through death, job loss, divorce, moves, and other life-changing challenges. At MV Community Room. Free. Please register by 4/15.

M 10:00-11:00 A 4/22-6/17 (No class 5/27)

## MEDITATION

Chera from Kemper House will lead this relaxing class. At MV Community Room. Free. You may attend one, two, or three classes. Please register 1 wk. prior to class date. Free.

Tu 10:00-11:00 A 3/12, 3/19, & 3/26

## BRAINERCIZE (EXERCISES FOR YOUR BRAIN)

Do exercises for your brain with Beverly Fertel of Governor's Village. At MV Community Room. Attend one or more days. Please register 1 wk. prior to class date. Free.

M 1:00-2:00 P 3/25, 4/29, 5/20, 6/24, 7/29

## FREE CONCERTS AT MAYFIELD VILLAGE GAZEBO

12:00-2:00 P Various Wednesdays

6/26: Malt Shop Memories

7/10: Nick Puin

7/24: Steve Jochum

8/7: Classics

8/21: Frank & Dean Tribute Band

## TECH TOOL LEARNING DAY

High students will help you with your questions about your cell phone or tablet. Call Donna at 440-919-2332 to register. 4/10 or 4/15, 3:00-4:30 p.m. Community Room

## TRIPS: ALL TRIPS DEPART FROM AND RETURN TO THE COMMUNITY ROOM

All trips depart from and return to the Community Room except the Historic Trifecta

**Historic Trifecta.** Tours of Lake County History Center and Bennett VanCuren House & Lunch on our own at the historic Rider's Inn. (\$28) Deadline to Register: 3/6. Note: This trip leaves from and returns to the Bennett VanCuren Historic Home by Wiley Park, 610 SOM Center Road. (\$28)

W 9:30 A-3 P 4/17

**Hartville Hardware, Kitchen, Chocolate & Shopping.** We will make our own special candy bar at Chocolate Creations, shop, and have lunch on our own at Hartville Kitchen. There will be shopping at the Hartville Market-Place & Flea Market, and the new South Side Market. (\$53) Deadline to Register: 4/29.

F 9:00 A-6:00 P 5/31

**South Pacific at Ohio Light Opera.** (\$83) Deadline to register: 5/15

W 11:30 A-6:30 P 6/19

**Merry-Go-Round & Milan Museums in Sandusky.** The Milan Museum has 7 exhibit buildings & a gift shop. See about 70 carousel horses and take a ride on a carousel at the Merry-Go-Round Museum in Sandusky. Lunch on your own at the Tin Goose Diner. (\$45) Deadline to Register: 6/10.

W 8:00 A-5:30 P 7/17

# SPECIAL INTERESTS & COMMUNITY CLUBS

## TAI CHI FOR HEALTH

This Tai Chi Class is great for beginners and experienced practitioners alike. Learn why this multi-faceted art form is not only good for self-defense but is also good for relaxation, balance, core and lower body strength. In this class, you will learn the movements of the Yang Style 108 Tai Chi form, as well as Energy building exercises, known as Qigong (Chee-Gong). Tai Chi is known to loosen stiff joints, stretch the muscles and open the mind.

W	6:00-7:00 P	2/27-4/3	\$70-6 week session \$15 drop in
W	6:00-7:00 P	4/10-5/15	\$70-6 week session \$15 drop in

 Civic Center

## ADULT YOGA

(16 yrs +) Yoga helps build the foundation for a healthy lifestyle by calming the mind and strengthening the body. This class focuses on building strength, flexibility, balance and improves concentration through yoga poses and yoga sequences. You will learn about breath control, meditation and proper alignment. All levels welcome and please bring a mat. Instructor Shanna Brown is a Registered 500 Hour Yoga Teacher with Yoga Alliance since 2016 and she is KAY (Kidding Around Yoga) Teacher certified. Shanna has personally experienced the transformative benefits of mindfulness, yoga, and relaxation, which she shares with her students.

S	9:00-10:00 A	4/6-5/4 (except 4/20)	Spring 1	\$40
S	9:00-10:00 A	5/11-6/1	Spring 2	\$40
S	9:00-10:00 A	6/8-6/29	Summer 1	\$40
S	9:00-10:00 A	7/6-7/27	Summer 2	\$40

 Civic Center (Spring), The Grove (Summer)

## METAL JEWELRY MAKING

(18 yrs +) Using traditional jewelry making methods, learn to design, saw, file, shape and solder silver, copper and/or brass into your own creation. No experience necessary and work at your own pace. Supplies on your own are approximately \$30-\$50. \$5 instructor fee payable on the first day.

T	7:00-9:00 P	4/16-6/4	\$95
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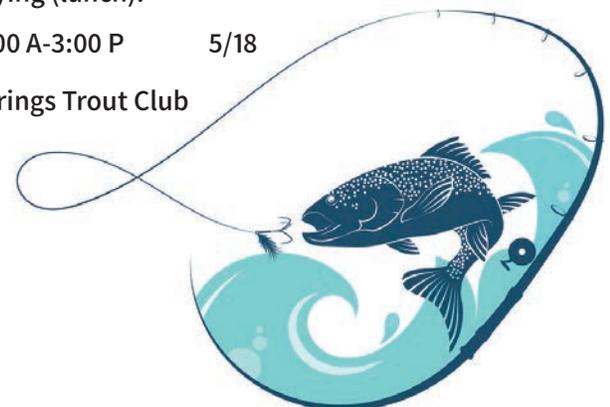
 Civic Center

## FLY FISHING

Learn how to fly fish on a 2-acre spring fed trout pond. Instruction is provided first and then the fishing begins. Participants can eat what they catch for lunch or enjoy other options at the Clubhouse. More fishing after lunch. All equipment provided. 10-17 year olds can attend with a parent accompanying them. Registration Deadline: May 10. \$90 for participant, \$40 parent accompanying (lunch).

S	9:00 A-3:00 P	5/18
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 Deep Springs Trout Club





FAMILY  
YOGA

(3-12 year olds with at least one participating adult) Family Yoga strengthens family connections, brings peace to our busy schedules, and benefits our health and well-being in a fun way. Caregivers and children both participate. This class focuses on relaxation techniques, engaging games, partner poses, simple breathing, mindfulness activities, and a relaxing family savasana. Please bring a yoga mat. No experience required. Don't miss out on this opportunity for fun family bonding! Instructor Shanna Brown is a Registered 500 Hour Yoga Teacher with Yoga Alliance since 2016 and she is KAY (Kidding Around Yoga) Teacher certified. Shanna has personally experienced the transformative benefits of mindfulness, yoga, and relaxation, which she shares with her students.

S	10:30-11:30 A	6/8-6/29	Summer 1	\$40
S	10:30-11:30 A	7/6-7/27	Summer 2	\$40

 The Grove



## COLUMBUS ARTS FESTIVAL & HOLLYWOOD CASINO

240 artists, fabulous food and entertainment first and then off to the Hollywood Casino! Must be 21 years or older to enter the casino. Last day for registrations or for refunds is May 17.

F 8:45 A-9:30 P 6/7 \$50

Board bus at Pepper Pike Learning Center



## PITTSBURGH'S THREE RIVERS ARTS FESTIVAL/RIVERS CASINO

See more than 300 artists and craftsman at the festival. Then head off to the casino for slots and gaming or visit the Carnegie Science Center which is a short walk from the main entrance of the casino. \$15 slot play and \$5 for food at Rivers Casino, and deluxe motor coach transportation. (Casino bonuses subject to change without notice.) Must be 21 years or older to enter the casino. Last day for registrations or for refunds is May 17.

F 8:45 A-9:30 P 6/14 \$50

Board bus at Pepper Pike Learning Center



## MAYFIELD TOWNSHIP HISTORICAL SOCIETY

Come and help us celebrate the Township's 200th anniversary. In 1819 Mayfield Township was formed and later, in the 1920's, the 4 communities of Gates Mills, Highland Heights, Mayfield Heights and Mayfield Village broke off into separate towns. Look for more information coming in 2019 about interviewing the residents who have lived in these communities the longest so they can share their memories. We will make a time capsule and tell you how you can add to it, and there will be other celebrations. Meetings are open to everyone; you don't have to be a member and you can bring a friend. Refreshments served. Volunteers always welcome; call 440.461.0055.

The story of the Edmund Fitzgerald  
W 2:00 P 3/13

The History of Money  
W 7:00 P 4/10

Women Spies from Revolutionary War to the World Wars  
W 7:00 P 5/8

Community Room

## MAYFIELD VILLAGE GARDEN CLUB

Membership available. Info: Betty Jo 440.442.7322

Pots with Panche-Explore Container Planting Presented by Ann Cicarella, Landscape Design LLC.  
W 1:00 P 3/27 Civic Center

Meet the Scholarship winners from the Gates Mills Environmental Education Center  
W 7:00 P 4/24 Community Room

Arbor Day Ceremony  
F 9:30 A 4/26 First Responders Memorial Trailhead

Mother's Day Plant Sale & Pancake Breakfast  
Su 8:30A-1:00 P 5/12 Service Department

Annual Installation Dinner for Members  
W Time TBD 5/22

Day trips to different horticultural places vary during summer months. Contact Betty Jo for more information.

## MAYFIELD WOMEN'S CLUB

Information about Membership; call Diane 440.413.8312

Election of Officers & Planning of International Potluck & Chinese Raffle  
M 7:00 P 3/18 Community Room

Ways & Means Fundraiser  
M 6:00 P 4/8 Civic Center

Send in the Clowns presented by Carol Lucas. Lives and legacies of world's most memorable comedic entertainers.  
M 7:00 P 5/20 Community Room

Installation of Officers  
S 11:30 A 6/1 Pine Ridge Country Club

Annual Flag Retirement Services. Tattered flags are collected at the Civic Center (collection box near Heinen's) all year.  
F 7:00 P 6/14 First Responders Memorial Trailhead

# ADULT SPORTS

For all adult sports leagues: Registration and information packets will be sent to returning teams from 2018. New teams can contact the Recreation Department for details.

All 3 Softball Leagues offered below will begin play in early May! Pick the league that best fits your needs and ability.

\*Team Registration Fees listed do not include cost of umpires and scorekeepers.

## MEN'S 50 & OVER SOFTBALL LEAGUE

M/W 6:30-9:30 P 5/6-8/28 \*\$510

 Parkview Softball Fields

## MEN'S 18 & OVER SOFTBALL LEAGUE

T/Th 6:30-10:30 P 4/30-9/12 \*\$510

 Parkview Softball Fields

## COED 18 & OVER SOFTBALL LEAGUE

F 6:30-9:30 P 5/3-8/16 \*\$450

 Parkview Softball Fields

\*This is entry fee only. Additional money will be paid at game for officials and scorekeeping.

## COED ADULT BOCCE LEAGUE

Bocce will be played at our brand new courts at Parkview! We'll now have 4 courts for league play. Teams consist of 4 players so grab a couple of friends and join this fun and laid-back league!

Th 6:00-9:00 P 5/30-8/15 \$65

 Parkview Bocce Courts

## COED 18 & OVER SPRING/SUMMER SOCCER LEAGUE

The soccer league will be divided into a Spring/Summer League and a separate Fall League. \*Registration Entrance Fee listed only includes the Spring/Summer League. Fall League information will be sent out in June. Referees will be paid at the game.

T/Th 6:15/7:30 P 4/16-7/18 \*\$275

 Parkview Soccer Fields

# PROGRESSIVE FITNESS CENTER

*For Mayfield Village Residents 16 years and older. All memberships are subject to the approval of Progressive.*

## MEMBERSHIP

- New membership must be done in person at the Civic Center. A photo ID and piece of mail with name and address must be shown. Renewals are also done at Civic Center.
- 6 months/12 months: \$130/\$260
- College Student: 3 months/\$65
- Bring your receipt to the Fitness Center, complete enrollment form, schedule 15 minute orientation.

## OFFERINGS

- Certified Exercise Specialists on hand to provide professional instruction and supervision.
- Life Fitness, Matrix, and Precor cardio equipment, Life Fitness Strength and free weights.
- Group Fitness, functional training, and mind/body studios. New: TRX Commercial Bridge & Boxing Rig.
- Locker rooms, showers, and amenities.

## GROUP FITNESS CLASSES

Exercise classes for all fitness levels, led by certified Group Fitness Instructors. Classes that are included in membership: Yoga, Pilates, Boot Camp, Strength, ViPR, Zumba®, WERQ®, PiYo®, Spinning® Crunch-Free Core Conditioning, Basics, and more.

## CUSTOMIZED EXERCISE PLAN

A Certified Exercise Specialist will design a Customized Exercise Plan for any member age 18 or older at no additional cost. It includes a Fitness Assessment and Profile, a thirty-minute instructional session, and an optional follow-up appointment.

## FACILITY HOURS

M-Th	5:30 A-8:30 P (unstaffed 8:00-8:30 P)
Friday	5:30 A-8:00 P
Saturday	7:00 A- 6:00 P (unstaffed)
Sunday	7:00 A- 4:00 P (unstaffed)

The entrance doors are locked on the weekends. Page security using the button just outside the main entrance. Fitness Center hours are subject to change. Some holidays have restricted hours. Call 440.395.0103 for exact days and times.

## PROGRESSIVE PERSONAL TRAINING

Must be current member. Complete a Personal Training Questionnaire at the Fitness Center to get started. Payments are made at the Civic Center once your training appointment is scheduled.  
30-minute session: \$18, 45-minutes session: \$27, 60-minutes session: \$36.  
Studio Training (Small Group Training): \$100. All sessions are 10 weeks in length and include a complimentary bonus class.

Contact the Fitness Center at 440.395.0103 or [fitness@progressive.com](mailto:fitness@progressive.com) for more information

# GATES MILLS LIBRARY

www.cuyahogalibrary.org/Branches/Gates-Mills.aspx  
440.423.4808

## Gates Mills Art Receptions: 7:00-8:30 P

The Friends of the Gates Mills Branch Library features an artist in the branch every two months during library hours. A free artist reception with light refreshments is held for the artists.

Th 3/7 Kate Brown (Paintings)  
Th 5/2 Dennis Mastrangelo

## Tuesday Book Discussions: 7:00-8:00 P

3/12: The Bomb Maker by Thomas Perry, 4/9: The Imposter by Javier Cercas, 5/14: The Temptation to be Happy by Lorenzo Marone, 6/11: Dragon Teeth by Michael Chrichton

## Wednesday Book Discussions: 7:30-8:30 P

3/13: Sing Unburied Sing by Jesmyn Ward, 4/10: Killer of the Flower Moon by David Grann, 5/8: Evicted by Matthew Desmond

## Thursday Book Discussions: 7:00-8:00 P

6/6: Harbor Me by Francesca Hornak, 7/18: Hey Kidd by Jarrett Krosoczka

## Friends Book Sale 4/12, 4/14, 7/19, 7/21

Registration is requested for the following free programs:

### Whoo's Ready for School? Kindergarten Readiness: All About Me

Children ages 4-5 with a caregiver are welcome as we help your preschooler make the transition into their first year of school. Explore hands-on activity stations together

M 7:00-8:00P 3/4, 4/8

### Play, Learn and Grow

Your child can play with age appropriate toys while you visit with a specialist to get answers about your child's growth.

F 10:00-11:00 A 3/8, 4/5

### Herb: Spice Up Your Garden

Join local author, Judi Strauss, for a discussion of herbs and the multitude of their uses, including ornamental, culinary, fragrances and dyes.

S 10:00-11:00 A 3/9

### Art Play! Collage

Discover and create amazing works of art just by putting things together in new ways.

M 4:00-5:00 P 3/11

### Learn Libby

Adults are welcomed to come learn how to download ebooks and audiobooks to all your devices with the Libby app.

F 10:00-11:00 A 3/15

### Sketchbook Club-Old Photographs

Come draw in your sketchbook from an old photograph. You may bring your own photo or use one provided.

M 2:00-3:00 P 3/25

### Cleveland Orchestra Recorded Concert Preview

Cleveland Orchestra's Dr. Rose Breckenridge previews the upcoming Cleveland Orchestra Spring Concerts.

W 7:00-8:00 P 4/3

### Jr. Builders

(K-5th gr) Play with Legos to learn to build a variety of objects.

M 4:00-5:00 P 4/15

### Car Capital of the World

Join the Western Reserve Historical Society for a look at the 20th century autos and discover a treasure of Cleveland made vehicles.

W 7:00-8:00 P 4/24

### Sketchbook Club - Old Photographs

Learn ways to draw landscapes and scenes with sketchbook exercises.

M 2:00-3:30 P 4/29

### Intro to Raspberry Pi

Learn how to use the Raspberry Pi, a programmable mini-computer.

S 2:00-4:00 P 5/11

### Travel Photography

Learn from published photographer Judith Khaner the 5-key steps to capture memorable images from your travels using personal camera devices.

W 7:00-8:30 P 5/22

### Sketchbook Club-Drawing Outdoors

We will take our sketchbooks outside and draw 2-3 scenes.

M 2:00-3:30 P 5/27

### Author Dave Lange

Dave Lange, award-winning Chagrin Valley Times editor, will discuss his memoir *Virginitly Lost in Vietnam*. It's a memoir of his youth in Cuyahoga Falls, his enlistment with the navy in Vietnam, and his drifting life upon return before he re-entered Kent State and earned a journalism degree. It is a no-holds-barred look at his life against the political backdrop of the Vietnam era, primarily from the 1960s through 1971.

Th 7:00-8:30 P 5/30

Family Storytime: Tuesday afternoons and Thursday mornings. Registration not required.

## GATES MILLS COMMUNITY EVENTS

### Plant Sale & Vintage Boutique

Free admission.

Presented by the Gates Mills Garden Club

Stop by the Plant Sale to begin preparing your home garden for a beautiful summer. Shop your choice of annuals, perennials, shrubs, and houseplants; all lovingly grown by Gates Mills gardeners. Also, browse a wide range of whimsical, unusual, and utilitarian gardening and flower arranging items for sale. For more information, visit [www.thegatesmillsgardenclub.com](http://www.thegatesmillsgardenclub.com)

S 8:00 A-2:00P 5/25 Esquire's Cottage

### "Through the Garden Gate" Garden Tour

Presented by the Gates Mills Garden Club

Don't miss this unique opportunity to tour private, exclusive gardens in Gates Mills; rain or shine! Your ticket will admit you to view the gardens on both Friday and Saturday. Various Garden Tour ticket options are available, including lunch at the Chagrin Valley Hunt Club and/or mini-coach transportation to the gardens, but tickets must be purchased in advance. Admission-only tickets purchased in advance are discounted. Admission-only tickets can also be purchased at the door either day. At the conclusion of the Tour, browse through vendor displays featuring a wide variety of gardening related items for sale. You'll be inspired to make your home garden the best it's ever been! For complete Garden Tour information, visit [www.thegatesmillsgardenclub.com](http://www.thegatesmillsgardenclub.com)

F & S 10:00 A-4:00 P 6/21-6/22 Esquire's Cottage



Gates Mills Players, Inc.

## LIVE ON STAGE CLASSIC RADIO THEATER

A PERFORMANCE EVENT

# "THE THIN MAN"

Directed by Susan Wasserman  
March 8, 9, 10, 2019  
At The Gates Mills  
Community House  
Friday/Saturday - 7:30 PM  
Sunday - 2:00 PM



Tickets On Sale January 15, 2019  
[gatesmillsplayers.com](http://gatesmillsplayers.com)  
Special Group Sales - Call 440-973-6569





## FACILITY HIGHLIGHTS

**Weight and Cardio Room:** Located on the second floor, the Weight and Cardio area consists over 1,800 square feet exercise space with a mix of cardio and strength equipment to accommodate a wide-range of participants needs.

**Indoor Track:** The 4-lane indoor track is located on the second floor and loops above the 3 Gym courts and includes areas for warm-up and cool-down. The track measures 1/10 of a mile per lap on the outer 2 lanes, and 1/11 of a mile on the 2 inner lanes.

**Cycling Room:** Located on the second floor.

**Group Fitness Room:** Located on the first floor, this is the primary space for yoga, and other group workouts.

**Gyms:** Get active, make new friends, show off your skills or develop new ones by joining a recreational program or attending open gym. Choose from various programs or leagues that are offered in a safe, recreational environment.

The facility has 3 courts that can be divided according to needs. Gym space will be available to members and also Recreation Department programs.

**Pool:** Cool off and rejuvenate with some lap swimming and enjoy our 25 yard, 6 lane competition pool with large instructional area. There is also a separate diving well with two 1 meter boards. We offer a variety of classes for all skill levels and interests, from preschool, youth and private swim lessons to adult Aquacise and Deep Water exercise classes.

## SPORTS CORNER

Athletic Leagues listed here are community based organizations that serve the Mayfield City School District Residents. Please use the contact information below to receive additional information about the league or sport.

Gilmour Youth Hockey League  
Website: [www.gilmourarena.com/gilmouricearena-home.aspx](http://www.gilmourarena.com/gilmouricearena-home.aspx)  
Contact: Mike Chiellino 440.449.7493  
Director of Youth Hockey [chiellinom@gilmour.org](mailto:chiellinom@gilmour.org)

Hurricanes Swim Team Highland Heights  
Website: [hthurricanes.org](http://hthurricanes.org)  
Contact: Tammy Coffey [cyberkidz@sbcglobal.net](mailto:cyberkidz@sbcglobal.net) or  
Karrie Fairman at [karriekovar@hotmail.com](mailto:karriekovar@hotmail.com)

Highland Heights Girls Softball  
Website: [www.highlandhts.com](http://www.highlandhts.com)  
Contact: Paul Kinczel  
Email: [pkinczel@yahoo.com](mailto:pkinczel@yahoo.com)

Highland Heights Boys Baseball  
Website: [www.highlandhts.com](http://www.highlandhts.com)  
Contact: John Bondra  
Email: [jbdoc2@aol.com](mailto:jbdoc2@aol.com)

Highland Heights T-Ball  
Contact: David Ianiro  
Email: [Coachi1212@aol.com](mailto:Coachi1212@aol.com)

Mayfield Boys Baseball League  
Website: [www.mayfieldbaseball.com](http://www.mayfieldbaseball.com)  
Contact: Randy Stovsky 440.463.6811  
Email: [randylstovsky@yahoo.com](mailto:randylstovsky@yahoo.com)

Mayfield Soccer Club  
Website: [www.mayfieldsoccer.com](http://www.mayfieldsoccer.com)  
Contact: Bob Gephart 216.904.0895  
Email: [info@mayfieldsoccer.com](mailto:info@mayfieldsoccer.com)

Great Lakes Sailfish Swimming  
Website: [teamunify.com](http://teamunify.com)  
Contact: "Contact Us" on [greatlakessailfish.com](http://greatlakessailfish.com)  
Email: go to "Contact Us" on [greatlakessailfish.com](http://greatlakessailfish.com)

Mayfield Wrestling Club  
Website: [www.mayfieldwrestling.org](http://www.mayfieldwrestling.org)  
Contact: Tony Khas 440.449.5039  
Email: [mayfieldwrestling@gmail.com](mailto:mayfieldwrestling@gmail.com)

Wildcat Youth Football Club  
Website: [www.mayfieldwyfc.org](http://www.mayfieldwyfc.org)  
Football Contact: Eddie Barch 440.821.1591  
Email: [Secretary@mayfieldwyfc.org](mailto:Secretary@mayfieldwyfc.org)

Cheerleading  
Contact: Meghan Clancy 216.970.7905  
Email: [Cheer@mayfieldwyfc.org](mailto:Cheer@mayfieldwyfc.org)



## POOL HOURS

Monday-Friday	5:30 A-2:30 P, 6:00-9:00 P
Saturday	10:00 A-1:00 P (swim lessons/18+ lap swim), 1:00-5:30 P
Sunday	10:00 A-5:30 P

## CARDIO/TRACK HOURS

Monday-Friday	5:30 A-9:30 P
Saturday	8:00 A-8:00 P
Sunday	8:00 A-6:00 P

## COURTS

Monday-Friday	5:30 A-2:30 P, 6:15-9:30 P
Saturday	12:15-8:00 P
Sunday	8:00 A-6:00 P

\*Hours will vary per season and are subject to change without notice.

## FOR MORE INFORMATION

Wildcat Sport & Fitness Front Desk: 440.995.6840

## FITNESS EQUIPMENT DEMONSTRATIONS

Free for members only. Would you like to learn how to properly use our new weight or cardio equipment? This hands-on small class will demonstrate how all the equipment works and allow for hands-on learning. Members 13-16 years of age are required to complete an orientation prior to use of equipment. Any individual 12 and under may not use the weight or cardio equipment. Class will last approximately 30 minutes.

## MEMBERSHIPS

- Memberships are only available for purchase by Mayfield School District Residents.
- Proof of residency is required as outlined below. Any falsification of information will result in forfeiture of membership fees and revoked membership.
- Membership allows use of general facilities when available...including basketball courts, indoor pool and indoor track. Classes, programs, clinics, or special events will require additional fees and registration. The Wildcat Sport & Fitness staff reserves the right to schedule facilities/ areas as deemed necessary. Certain facilities/areas may be closed due to school academic/athletic events as well as regular or emergency maintenance.

Individual (Ages 7-64)	\$32/yr
Family	\$105/yr
Senior Citizen Individual	\$12/yr
Daily Rate (SDR Only)	\$5/day

A resident parent must purchase a pass for anyone between the ages of 7-17 years old, 6 and under free with adult.

## PURCHASING MEMBERSHIP/RENEWAL AND DAY PASS

- Memberships are for a 12-month period
- Initial membership purchase must be in person with photo ID that shows a current address in Gates Mills, Highland Heights, Mayfield Heights or Mayfield Village.
- For renewal of membership bring ID
- Memberships can be purchased or renewed at Wildcat Sport & Fitness from open to one half hour before close.
- A day pass can be purchased by district residents at the Wildcat Sport & Fitness Desk. If younger than 18 years, a parent must show proof of residency and ID for themselves and child's birth certificate or report card. The proper paperwork must be filled out. This paperwork will be updated every six months. After the initial day pass purchase and paperwork, the child may attend the facility by themselves as long as they are 13 years and older.
- Anyone 12 years and younger must be accompanied by an adult member or a paid day pass adult visitor.

## MEMBERSHIP ID CARD/CHECK-IN PROCESS

- All members ages 7 and older will have their picture taken for a Wildcat Sport & Fitness ID card. Pictures will be retaken on a regular basis determined by the staff.
- All members will be required to swipe their Wildcat Sport & Fitness ID card at the front desk upon arrival.
- Members must bring their ID each time or there will be a \$1.00 charge.
- A \$5.00 replacement fee will be charged for each lost ID card.

# AQUATICS

## SPRING YOUTH LEARN-TO-SWIM PROGRAM

American Red Cross Swimming and Water Safety lessons for all ages/abilities. Taught by American Red Cross trained water safety instructors/lifeguards. Emphasis on skill development/water safety. Skill assessments available. Lessons held on Saturday mornings.

S 3/30-5/11 \$42 for SDR/\$52 NSDR  
SDR Registration opens Saturday, March 23  
NDR registration opens Saturday, March 30

## NEW! FITNESS SWIMMING

If you currently can swim 50 yards (2 lengths of the pool) and want to increase your distance/improve your stroke, then this 6 week course is for you. Participants are asked to complete 2 additional workouts on their own during the week.

S 8:00-9:00 A 6/8-7/13 \$42 SDR/\$52 NSDR

## SUMMER ADULT LEARN TO SWIM PROGRAM AGES 18 YEARS AND OLDER

Wildcat Sport and Fitness offers American Red Cross Swimming and Water Safety lessons. Lessons are taught by American Red Cross Trained Water Safety Instructors. Lessons emphasize skill development in conjunction with water safety.

Adult Level 1  
9:00am to 9:45am 6/8-7/13 \$42 SDR/\$52 NSDR

Adult Level 2  
9:00am to 9:45am 6/8-7/13 \$42 SDR/\$52 NSDR

## DEEP WATER EXERCISE

Need a fun different type of conditioning? Using a floatation device, this is a great no impact cardio and total body workout for all ages. Annemarie Finch will lead this class in the diving well. Participants need to be comfortable in deep water. Classes will end May 23rd inside and resume outdoors at Parkview Pool in Mayfield Village Tuesday, May 28th.

M/W/F 11:00 A-12:00 P \$50 SDR/\$60 NSD (10 Classes)

T/Th 7:00-8:00 P \$50 SDR/\$60 NSD (10 Classes)

## PRIVATE SWIM LESSONS

Private lessons are 30 minute in length. Semi and Private lessons are available. All instructors are American Red Cross Water Safety Instructors. Days and Times are based on Instructor availability.

	Individual Lesson	Package of 3 Lessons	Package of 6 Lessons
Private Lessons:	\$30 SDR, \$35 NSD	\$85 SDR, \$100 NSD	\$160 SDR, \$190 NSD
Semi Private Lessons Rates: (2 or more students)	\$45 SDR, \$50	\$125 SDR, \$140 NSD	\$225 SDR, \$255 NSD

## DEEPWATER RUNNING

This high intensity interval non-impact workout will improve strength and cardio respiratory endurance. Participants will use floatation belts allowing for a no impact workout. Participants must be comfortable in deep water. Classes will end May 22nd inside and resume outdoors at Parkview Pool in Mayfield Village Wednesday, May 29th.

M/W/F 10:30-11:00 A \$50 SDR/\$60 NSD (10 Classes)

T/Th 6:30-7:00 P

## AQUACISE WITH KATHI

Aquacise is a great form of exercise for all ages and abilities to maintain flexibility, range of motion and muscle strength. Classes are conducted in the shallow end or with floatation provided. No Swimming skills required. Classes will end May 23th inside and resume outdoors to Parkview Pool in Mayfield Village Tuesday, May 28th.

T/Th 11:45 A-12:45 P \$50 SDR/\$60 NSD (10 Classes)

W 7:00-8:00 P

## WILDCAT AQUATIC INSTITUTE

Wildcat Sport and Fitness will be offering American Red Cross aquatic certification trainings. These are the blended learning course. Participants are required to register and complete assignments online prior to the first class. Failure to complete the online portions will result in course failure. Online access will be provided to participants registered by the deadlines below:

## LIFEGUARD CERTIFICATION TRAINING

(register for March or April)

S & Su 11:30 A-5:00 P March Class: 3/2, 3/3, 3/9, 3/10  
Reg. Deadline: 2/25

S & Su 11:30 A-5:00 P April Class: 4/6, 4/7, 4/13, 4/14  
Reg. Deadline: 3/25

Cost Per Session: \$150 Resident w/ proof or \$175 NSDR

## WATER SAFETY INSTRUCTOR TRAINING

Learn how to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program including Parent and Child Aquatics, Preschool Aquatics, Learn-to-Swim, Adult Swim, Private Lessons, Water Safety Courses (including Safety Training for Swim Coaches\*) and Water Safety Presentations. Additional online assignments will be required throughout the course. The course is designed to be taught in approximately 30 hours, 15 minutes (including the precourse). Online time is seven hours and class time is 24 hours. Participants must attend all classes, no make-ups available. Register by 4/19.

S 10:00 A-4:00 P 4/27, 5/4

Su 10:00 A-4:00 P 5/4, 5/5

Cost Per Session: \$150 SDR w/ proof or \$175 NSDR

# YOUTH PROGRAMS

## Dance to Evolve



### TINY MOVERS TAP/BALLET

(3-4.5 yrs) A combination dance class of tap and ballet with dance games. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun creative ways. This is the first 'big girls and boys' class as parents drop off or watch from outside of the room. \*If you are not staying nearby during class, don't forget to sign-in your dancer with the teacher in case of an emergency.

M	4:00-4:55 P	3/4-4/15	\$105
M	4:00-4:55 P	4/22-6/10	\$120

### STAR SHINERS TAP/ BALLET

(4.5-6 yrs) Keep your Star Shiner moving in this tap and ballet combination class for boys and girls. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique as they work towards the annual spring recital. Once a month the class will get switched up with a jazz dance day! \*If you are not staying nearby during class, don't forget to sign-in your dancer with the teacher in case of an emergency.

M	5:00-5:55 P	3/4-4/15	\$105
M	5:00-5:55 P	4/22-6/10	\$120



### NEW! DANCE CAMP: THE ROYALTY OF FAIRYLAND AGES 3-6

A camp for dancing princes and princesses in an enchanted land far, far away. Have a ball in the dance class, a royal tea party for snack time, art projects suited for a prince and princess, a fairyland skit, and fun dancing games. Your prince or princess can let their imagination dance free within this magical camp. The 11:30 AM Friday mini-show is for families, allowing these princes and princesses to show off their dancing, acting, and art creations that they've completed.

M - F	9:00 A-12:00 P	7/15-7/19	\$145
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### MAYFIELD WILDCAT YOUTH VOLLEYBALL

Come learn basic and advanced fundamentals for indoor volleyball taught by Mayfield Head Coach Rosella Glodkowski and Assistant Coaches. Each session will start with learning fundamentals followed by game play. Participants will receive shirts if registered by April 3. Bring water bottles and athletic shoes.

M	6:00-7:15 P	4/8-5/13	\$80 Res, \$90 Non Res
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# ADULT AND SENIOR PROGRAMS

## CYCLING

Why Cycle? Maybe it's because you'll burn an average of 500 calories per 40-minute bike ride. Maybe it's because regardless of your fitness level, you'll get a heart pounding yet low impact workout while maintaining the agility to go at your own pace. Open to Members and Residents of the School District only. Riders must be at least 4'11". Bring a water bottle, towel for you and heart monitor (optional).

M/W	6:00-6:45 P
M	7:00-7:45 P
S	9:00-9:45 A

	Member	Non-Member
Drop In	\$6	\$7
6 Punch Pass	\$30	\$34
12 Punch Pass	\$57	\$65
24 Punch Pass	\$108	\$124

Buy in bulk and save. \*Passes are good for all group cycling classes. Expires one year from date of purchase. Min 3/Max 11 per class.

## CONDITIONING CLASS WITH JUSTIN

Start your week off right with a conditioning class designed to improve your body composition, and get you fit and healthy! Workouts will combine strength and body weight movements in both circuit and interval based training formats, and have you looking, feeling, and moving better. We will also address common postural issues, build relative strength, and develop muscle tone and balance.

Su 9:00-10:00 A 4/7-5/19 (No class 4/28) Spring  
\$50 for 6 classes Students: \$40 for 6 classes Drop-in fee: \$10

Su 9:00-10:00 A 6/2-7/7 Summer  
\$50 for 6 classes Students: \$40 for 6 classes Drop-in fee: \$10

## BODY SCULPTING

Register now for this results-oriented strength fitness class. Using a set of 3-5 lb dumbbells, Body Sculpting is designed to build and sculpt muscles, strengthen your core, and improve your strength and flexibility-all while burning fat and calories by firing up your metabolism, and helping you to lose weight and inches. \$40 per session.

T/Th	5:00-6:00 P	3/26-4/18 (No Class: 4/2)
T/Th	5:00-6:00 P	4/25-5/21
T/Th	5:00-6:00 P	5/23-6/18
T/Th	5:00-6:00 P	6/20-7/18 (No Class: 7/4)
T/Th	5:00-6:00 P	7/23-8/15
T/Th	5:00-6:00 P	8/20-9/12 (No Class: 9/17)
T/Th	5:00-6:00 P	9/19-10/15
T/Th	5:00-6:00 P	10/17-11/12 (No Class: 11/14)



# ADULT SPORTS

### PERSONAL TRAINING

Wildcat Sport & Fitness is offering personal training to all members! For more information on personal training, stop by the front desk for information on our personal trainers and their rates.

### PICKLEBALL

Pickleball is a simple paddle game played using a special perforated, slow moving ball over a tennis type net on a badminton-sized court. Pickleball is for all ages and ability levels. This program is designed for adults. On May 20, the program moves outside to Mayfield Heights Tennis Courts.

M-F	8:30 A-11:00 P	
Mayfield School District Residents:		\$20/month \$30/ 12 punches
Mayfield School District Residents:		Drop in \$5/class
Non-School District Residents:		Drop in \$5/class

### PICKLEBALL LESSONS

Learn to play the fastest growing sport in the USA. Lessons offered for beginners and advanced beginners. Times are arranged between you and instructor's availability.

-Private one hour lesson	\$30
-Semi Private one hour lesson	\$25/per person
-Three people one hour lesson	\$21/per person
-Four people one hour lesson	\$18/per person

### PICKLEBALL MIXED DOUBLES TOURNAMENT

Check-in/warm-up begins at 8:00 A. Tournament begins promptly at 9:00 A. The 4th annual mixed doubles tournament is geared for players who are 50+ years who are rated between 2.0-3.5. 8 indoor courts available. A pool play format will be used with a maximum of 16 teams. Registration accepted on a first come, first served basis. Registration deadline is 9:00 P, Wednesday, April 24. Registration accepted by phone, mail or walk-in at WSF front desk 440.995.6840.

S	9:00 A-1:00 P	4/27	\$20 per team
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### PICKLEBALL SAMPLER

Join our instructor(s) and try the fastest growing sport in the country. Bring comfortable clothes and tennis shoes. We will have balls and paddles for you to use to get you started! Pickleball started as a backyard family picnic game so bring the family! This session is open to anyone age 12 (with an adult) and up.

Su	1:00-3:00 P	3/31	Free
W	6:15-8:15 P	4/3	Free

# VARSITY SPORTS CAMPS

For the camps listed here, please register with Mayfield Heights by calling: 440.442.2627. Please make checks payable to Mayfield Heights.

## MAYFIELD SPEED, POWER AND AGILITY CAMP

6th-12th grade boys and girls (Fall of 2019) Speed, power and agility have become important facets in enhancing an athlete's performance. We are holding an intense four-week camp designed for athletes age 12-18 to increase all components of athletic ability including foot speed and quickness, strength/power, vertical jump. The camp is being run by Mike Pinto & Larry Pinto.

M,W,Th 9:00-11:00 A 6/3-6/27 \$185 or \$60 per week.

## MAYFIELD SUMMER VOLLEYBALL CAMP

4th - 8th grade girls (in Fall 2019) Mayfield Varsity Coaches Rosella and assistants, will work with participants on basic and challenging skills to accommodate all levels of play. Athletes will learn the rules of the games and teamwork. Each player will get a shirt if registered by May 24th. Be sure to wear tennis shoes and bring water.

M-F 9:30-11:00 A 6/3-6/7 \$65 for SDR. \$75 NSDR

## MAYFIELD WILDCAT FOOTBALL CAMP

Boys grade 7 - 12 (Fall 2019) Join Mayfield Varsity Football Coaching staff for their annual football camp. The camp will provide instruction in the Wildcat potent spread offense that set many school records in its first year of implementation, the Wildcat's swarming defense, and impact special teams. All players are encouraged to attend.

M-W 7:00-10:00 A 6/3-6/5 10th-12th gr.  
(Varsity camp) \$65

M-W 8:00-10:00 A 7/22-7/24 7th-9th gr.

## MAYFIELD FUNDAMENTAL BASKETBALL CAMP

3rd-9th grade boys (Fall of 2019) Varsity Boys Coach Bob Pasci and assistants will work with your son. Emphasis on the camp is placed upon the fundamentals of basketball and fun which includes skill development, team building, and the enjoyment of competition!

M-Th 9:00 A-12:00 P 6/3-6/6 \$75

## LADY WILDCATS SKILLS CAMP

The Mayfield Varsity Girls Basketball Head Coach Ryan Looman and staff will instruct the proper techniques and drills to help develop your daughter's basketball game. Improvement on ball handling, proper stances, passing and shooting will be the goal. This camp will challenge those who've been playing while making sure the beginners have fun learning the game!

T-Th 9:00 A-12:00 P 6/11-6/13 \$65

## STROKE CLINIC FOR THE NOVICE COMPETITIVE SWIMMER

The Stroke Clinic will be taught by the Mayfield Varsity Head Coach, Rick Balcam. This competitive stroke clinic is designed to improve stroke efficiency, starts and turns. Swimmers will focus on one stroke a day with in-water drills and video analysis. Swimmers will explore how their body is to move through the water in the most efficient way. Please arrive 15 minutes before start time. This Clinic is limited to 30 participants.

M - Th 12:00 P - 1:30 P \$80

Session 1: June 17-20

Session 2: July 15-18

On going training: June 11, 18, 25 July 9, 16, and 23.

## STROKE CLINIC FOR THE EXPERIENCED COMPETITIVE SWIMMER

Competitive swimmers with 3+ years of swim team experience. This stroke clinic is designed for individuals who have a passion for swimming with a purpose. Advanced stroke drills will be implemented into each session. The Stroke Clinic will be taught by the Mayfield Varsity Head Coach, Rick Balcam. This competitive stroke clinic is designed to improve stroke efficiency, starts and turns on a higher level of competitive swimming. Swimmers will start each day with a video analysis of the stroke to be studied. Please arrive 15 minutes before start time. This Clinic is limited to 16 participants.

M-Th 12:00-1:30 P \$75

Session 1: June 17-20

Session 2: July 15-18

On going training: June 11, 18, 25 July 9, 16, and 23.

## Birthday Parties

Wildcat Sport & Fitness is pleased to offer school district residents the opportunity to host a birthday party at our facility. Packages are available on Fridays 6:30-8:30 P, Saturdays and Sundays 1:00-3:00 P and include an hour of activity in the pool or field house (based on availability) and an hour in our multipurpose room for cake and presents. \*Party Packages: District Resident-\$170.00 \*If you require more than 20 participating guests for your party there is a \$5.00 per person charge that must be paid 24 hours in advance of your scheduled party. All parties require a \$50.00 security deposit. Both the security deposit and rental fee are due at signing of the contract. For more details please contact Wildcat Sport & Fitness at 440.995.6840 or email at [Pschneider@mayfieldschools.org](mailto:Pschneider@mayfieldschools.org).



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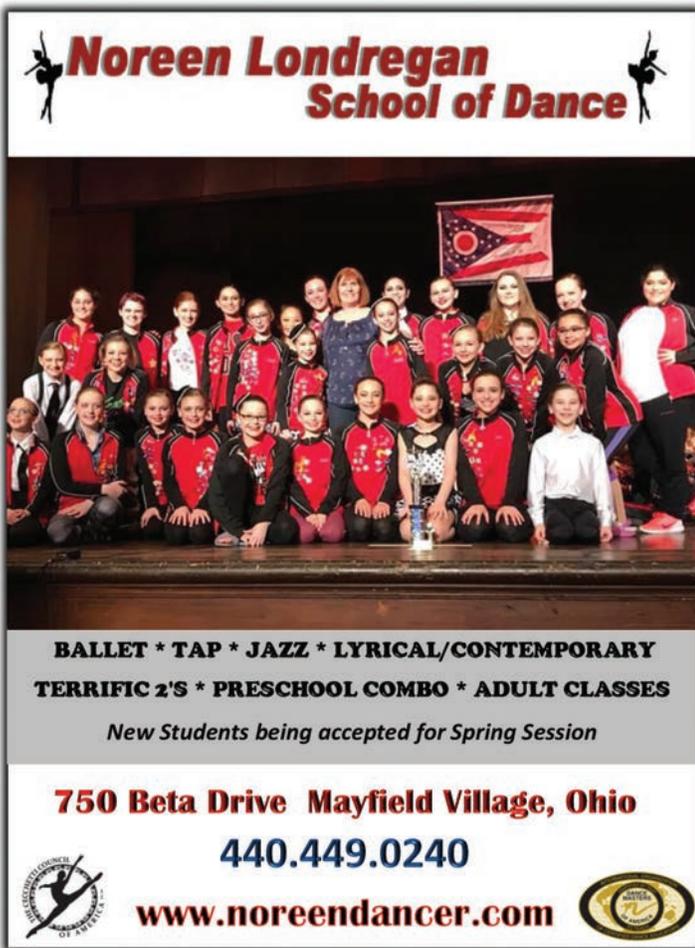
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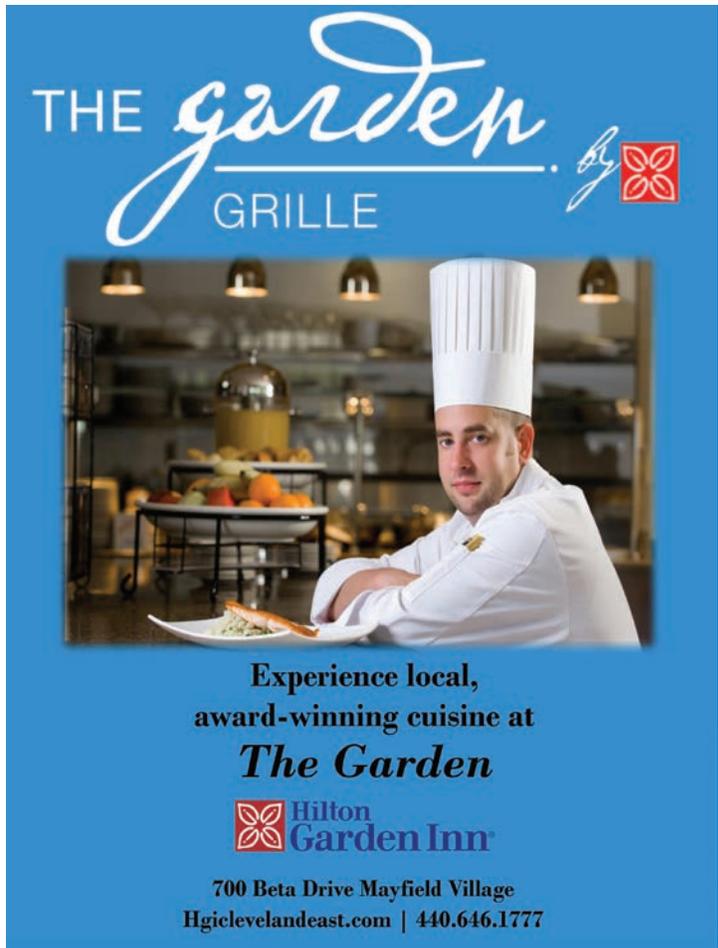
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*New Students being accepted for Spring Session*

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**440.449.0240**  
**www.noreendancer.com**





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