



Fall Winter

COMMUNITY RECREATION GUIDE 2019-20

MAYFIELD VILLAGE	
PARKVIEW RECREATION	
POOL PAVILION	THE GROVE
PLAYGROUND	SOCCER
GREENWAY	VOLLEYBALL

VILLAGE OF GATES MILLS

Town Hall

1470 CHAGRIN RIVER ROAD

• FOUNDED 1826 •

POLICE DEPARTMENT

CITY OF HIGHLAND HEIGHTS
The City with Pride & Honor

City Hall

City Administration
Building Department
Finance Department

Mayor Chuck Brunello, Jr.

GATES MILLS HIGHLAND HEIGHTS MAYFIELD HEIGHTS MAYFIELD VILLAGE



Are You Tired of Slow or Clogged Drains?

J.R. SBROCCO PLUMBING

Residential | Commercial | Industrial

- Fire Sprinkler Systems
- Basement Waterproofing
- High Pressure Water Jetting
- Sewer Inspections & Cleaning



- Back-flow Installation & Testing
- Hot Water & Steam Heating Systems
- Gas, Water & Sewer Line Repair & Install
- D.O.T. Certified for Gas Leak Repair & Install

440.278.4151 | www.sbroccoplumbing.com

Licensed. Bonded. Insured.

PARKER & STREEM ORTHODONTICS



440-442-4800

Call to schedule your complimentary examination

Stephan H. Parker, DDS, MSD

Mindy J. Stroom, DMD, MS 

Creating Beautiful Smiles for Children and Adults

Mayfield Village Office
6519 Wilson Mills Road 440.442.4800

 **invisalign**[®]
The Clear Alternative to Braces

www.ParkerStroomBraces.com



As the Summer is complete and school is in session, Wildcat Sport & Fitness has an abundance of new programs, fitness classes that are ready to fulfill your family's recreation needs. Wildcat Sport & Fitness would like to thank their members for making this possible. The community is what drives Wildcat Sport & Fitness. The school district communities of Gates Mills, Highland Heights, Mayfield Heights, Mayfield Village and the Mayfield City School District have worked diligently to create recreational programs and additional facility space for you and your family.

This publication includes programs and special events from all the communities. As a participating school district resident, you will have the opportunity to purchase individual, senior (65+), and family memberships and have access to the indoor track, indoor pool, and weight and cardio equipment. We have created a variety of programs to keep you and your family members active and involved throughout the year. Yes, there will be something for everyone—preschool, youth, teens, adult and seniors – at Wildcat Sport & Fitness.

We look forward to seeing you at one of our programs or at Wildcat Sport & Fitness Facility. If you have any questions about the facility or programs, please call Wildcat Sport & Fitness at (440) 995-6840.

Sincerely,
Recreation Staff

Mayfield City School Board

Dr. Keith W. Kelly, Superintendent
Susan Groszek, President
Ronald Fornaro Jr., Vice President
Al Hess
George J. Hughes
James Teresi

Gates Mills

Mayor Karen E. Schneider
Mary Reynolds, Council President
Jay Chip AuWerter
Lawrence Frankel
Nancy Sogg
Sandra Turner
Ann Whitney
Ed Welsh

1470 Chagrin River Road, Gates Mills
(440) 423-4405
www.gatesmillsvillage.com

Mayfield Heights

Mayor Anthony DiCicco
Donna Finney, Council President
Michael Ballistrea
Robert DeJohn
Don Manno
Susan Sabetta
Diane Snider
Gayle Teresi

6154 Mayfield Road, Mayfield Heights
(440) 442-2627
www.mayfieldheights.org

Wildcat Sport & Fitness

6116 Wilson Mills Road, Mayfield Village
www.mayfieldcityschools.org
(440) 995-6840

Highland Heights

Mayor Chuck Brunello
Cathy S. Murphy, Council President
Ann M. D'Amico
Frank DiLalla
Edwin V. Hargate
Leo R. Lombardo
Robert Mastrangelo
Lisa Marie Stickan

5827 Highland Road, Highland Heights
(440) 461-2440
www.highlandheights.com

Mayfield Village

Mayor Brenda T. Bodnar
Joseph Saponaro, Council President
William Marquardt
Allen Meyers
Patsy Mills
Dr. Stephan Parker
Stephen Schutt
George Williams

6622 Wilson Mills Road, Mayfield Village
(440) 461-5163
www.mayfieldvillage.com

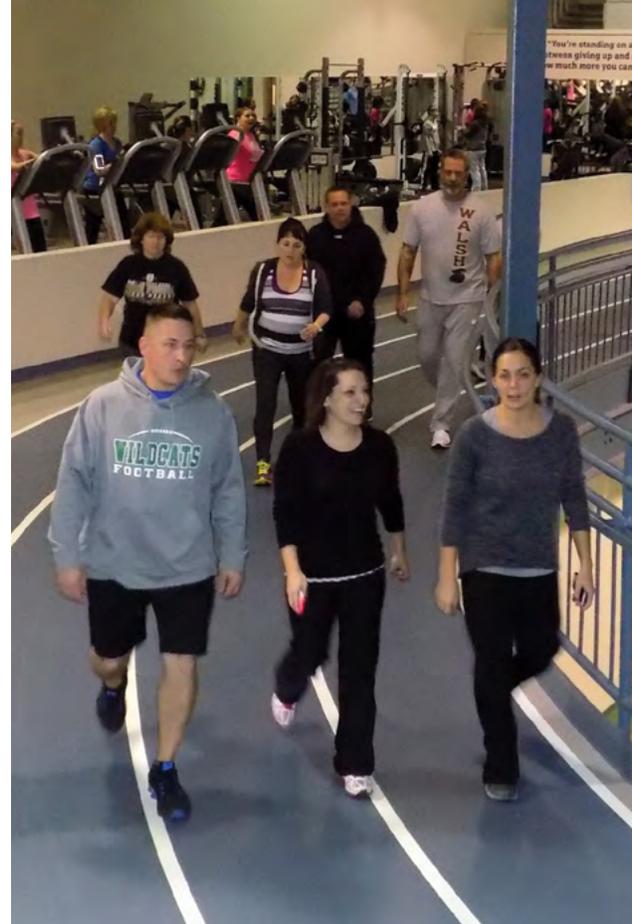


Table of Contents:

Wildcat Sport & Fitness 2

Youth Sports 9

Village of Gates Mills &
Gates Mills Library 11

City of Mayfield Heights..... 13

Mayfield Village..... 16

A Few Key Notes

- Please be sure to check your child's school web site for specific recreation program flyers.
- Complete details of programs, procedures and guidelines are sometimes omitted from program brochures because of limited space.
- Errors in days, times, registration requirements, and fees may occur as well. We apologize for any errors and will try to inform you of changes as quickly as possible. Thank you for your patience.
- While many participants are inclined to wait until the last minute to sign-up for programs, please note that programs are canceled due to low enrollment. Most programs and events have minimum enrollment numbers so to avoid them being canceled, be sure to sign-up as early as possible.



HOURS of OPERATION

Hours will be posted on the bulletin board near the front desk and online at www.mayfieldschools.org

Pool Hours

Monday – Friday	5:30 A–2:30 P 6:00 P–9:00 P
Saturday	10:00 A–1:00 P (swim lessons and 18+ lap swim) 1:00 P–5:30 P
Sunday	10:00 A–5:30 P

Court Hours

Monday-Friday	5:30 A–2:30 P 6:15 P–9:30 P
Saturday	12:15 P–6:00 P
Sunday	6:00 A–6:00 P

Cardio/Track Hours

Monday – Friday	5:30 A–9:30 P
Saturday	6:00 A–6:00 P
Sunday	8:00 A–6:00 P

*Hours will vary per season and are subject to change without notice.

Want to stay in the Know for Wildcat Sport & Fitness?

There are two ways to stay in touch with what’s going on at WSF (including weather closing):

Like us on Facebook @ Wildcat Sport & Fitness
OR

Get Text or Email Updates

Receive text or e-mail updates for Wildcat Sport & Fitness by following the steps detailed below:

- Log onto <http://www.rainedout.com/>
- In middle box, search for ‘Wildcat Sport & Fitness’.
- Under Preferred Results, Click ‘Wildcat Sport & Fitness’.
- Follow the 3 steps. Make sure that you check the box that agrees to terms.
- A validation code will be sent via text or email.
- Enter that validation code into box in step 2.
- Once you get to step 3, select all categories you wish to receive alerts.
- You can sign up for alerts for: Cycling, Membership, Lap Swimmers

Children under 13 years old MUST be with a responsible adult 18 years or older at all times unless they are enrolled in an organized program.

FACILITY HIGHLIGHTS

Weight and Cardio Room: Located on the second floor, the Weight and Cardio room consists of over 1,800 square feet of exercise space with a mix of cardio and strength equipment to accommodate a wide-range of participant needs. The area features equipment that includes both free weights and weight machines. Cardio equipment includes treadmills, ellipticals, stationary bikes all with personal viewing screens to watch TV or listen to music.

Indoor Track: The 4-lane indoor track is located on the second floor and loops above the 3 gym courts and includes areas for warm-up and cool-down. The track is completely level, and measures 1/10 of a mile per lap on the outer 2 lanes, and 1/11 of a mile on the 2 inner lanes.

Cycling room: Located on the second floor.

Group Fitness Room: Located on the first floor, this is the primary space for yoga and other large group workouts.

Gyms: Get active, make new friends, show off your skills or develop new ones by joining a recreational program or attending open gym. Choose from various programs or leagues that are offered in a safe, recreational environment.

The facility has 3 courts that can be divided according to needs. Gym space will be available to members and also Recreation Department programs.

Pool: Cool off and rejuvenate with some lap swimming and enjoy our 25 yard, 6 lane competition pool with large instructional area. There is also a separate diving well with two 1 meter boards. We offer a variety of classes for all skill levels and interests, from youth and private swim lessons to adult Aquacise and Deep Water exercise classes.

Hours will be posted on the bulletin board near the front desk and online at www.mayfieldcityschools.org



FOR MORE INFORMATION

*Next to each program, we have indicated where payment will be made to. MH (Mayfield Heights), MV (Mayfield Village), WSF (Wildcat Sport & Fitness). Please make checks, or other means of payment to that organization. Thank you.

MEMBERSHIPS

- Memberships are only available for purchase by Mayfield School District Residents.
 - Proof of residency is required as outlined. Any falsification of information will result in forfeiture of membership fees and revoked membership.
 - Membership allows use of general facilities when available, including basketball courts, indoor pool and indoor track. Classes, programs, clinics, or special events will require additional fees and registration. The Wildcat Sport & Fitness staff reserves the right to schedule facilities/areas as deemed necessary. Certain facilities/areas may be closed due to school academic/athletic events as well as regular or emergency maintenance.
- Individual (Ages 7 - 64) \$32/yr.
 Family \$105/yr.
 Senior Citizen Individual (Ages 65+) \$12/yr.
 Daily Rate (SDR Only) \$5/day
 A parent must purchase a pass for anyone between the ages of 7 - 17 years old, 6 and under free with adult.

MEMBERSHIP ID CARD/CHECK-IN PROCESS

- All members ages 7 and older will have their picture taken for a Wildcat Sport & Fitness ID card. Pictures will be retaken on a regular basis as determined by the staff.
- All members will be required to swipe their Wildcat Sport & Fitness ID card at the front desk upon arrival.
- Members must bring their ID each time or there will be a \$1.00 charge. • A \$5.00 replacement fee will be charged for each lost ID card.

SPECIAL EVENTS

GIRLS ON THE RUN

The Girls on the Run Northeast Ohio 5k is the culmination of 10 weeks of training for over 800 3rd-8th grade girls and is open to the public. The program combines training for a 5k (3.1 miles) noncompetitive running event with healthy living education. The curriculum empowers girls with a greater sense of self-awareness, a sense of achievement and a foundation in team building, as well as a commitment to enhancing their communities, all of which help them become, strong, contented and self-confident women. Registration opens online on September 10, 2019. The 5k is managed by: VERTICAL RUNNER. For more information please visit www.gotnrnortheastohio.org or call 234-206-0786.

Su 11/10 8:00 A

 Mayfield High School



WILDCAT TEEN NIGHT OUT

MH/MV

For 6th - 8th Grade Mayfield Middle School Students. Admission includes games and food. Additional money needed for raffle. Look for flyers in your MMS Friday folder handouts. Cost: \$18 presale, \$20 at door

Th 10/10 6:00 P - 9:00 P

 Mayfield Middle School



AQUATIC PROGRAMS

2019-2020 SWIM LESSONS

Wildcat Sport & Fitness offers American Red Cross Swimming and Water Safety lessons for all ages and abilities. All lessons are taught by American Red Cross trained water safety instructors and life-guards. Lessons emphasize skill development in conjunction with water safety. Skill assessments are available. Lessons are held on Saturday Mornings. Cost: SDR - \$42 for session, NSDR \$52 for session. Visit the website for session details under Aquatics.

Fall 1 S 9/7-10/12
SDR Registration opens August 21
NDR Registration opens August 28

Fall 2 S 10/19-11/23
SDR Registration opens October 12
NDR Registration opens October 15

Winter 1 S 1/4-2/8
SDR Registration opens November 23
NDR Registration opens December 7

Winter 2 S 2/15-3/21
SDR Registration opens February 8
NDR Registration opens February 11

Spring Mini S 3/28-5/9 (No class 4/11)
SDR Registration opens March 21
NDR Registration opens March 24

DEEP WATER EXERCISE

18+ years. Using a floatation device this is a great no impact cardiovascular and total body workout. A workout for all ages, men and women. Instructors will lead this class in the diving well. Participants need to be comfortable in deep water. 10 classes. Cost: \$50 SDR/\$60 NSD

M/W/F 11:00 A–12:00 P
T/Th 7:00 P–8:00 P

PRIVATE SWIM LESSONS

Private lessons are 30 minute in length. Semi and Private lessons are available. All instructors are American Red Cross Water Safety Instructors. Days and Times are based on Instructor availability.

	Individual Lesson	Package of 3 Lessons	Package of 6 Lessons
Private Lessons 30 Minute Lessons 1 Participant	\$30.00 SDR \$35.00 NDR	\$85.00 SDR \$100.00 NDR	\$160.00 SDR \$190.00 NDR
Semi Private Lessons 30 Minute Lessons 2 Participants	\$45.00 SDR \$50.00 NDR	\$125.00 SDR \$140.00 NDR	\$225.00 SDR \$255.00 NDR

WILDCAT AQUATIC INSTITUTE

Wildcat Sport and Fitness will be offering American Red Cross Aquatic training for the following certifications:

Lifeguard Training, ages 15+ years December 7, 8, 14, 15 10am-4pm
\$150 Resident/\$175 Non Resident December 26,27,28 9am-4pm
March 7,8,14,15 10am-4pm
March 24,25,26 9am-4pm
May 2, 3, 9,10 10am-4pm

Water Safety Instructor, ages 16+ years October 5, 6, 12 ,13 10am-4pm
\$200 Resident \$225 Non Resident April 18,19,25,26 10am-4pm
(includes books and materials) June 1,2,3,4 10am-4pm

Lifeguard Instructor, ages 17+ years December 26, 27, 28 9am -4pm
\$200 Resident \$225 Non Resident March 7,8,14,15 10am-4pm
(includes books and materials)

For class requirements, schedule and fees please contact Annemarie Finch afinch@mayfieldschools.org

DEEP WATER RUNNING

18+ years. This high intensity interval non-impact workout will improve strength and cardio respiratory endurance. Participants will use floatation belts allowing for a no impact workout. Instructors will lead this class in the diving well. Participants need to be comfortable in deep water. 10 classes. Cost: \$50 SDR/\$60 NSD

M/W/F 10:30 A–11:00 A
T/Th 6:30 P–7:00 P

AQUACISE WITH KATHI BUSCHER

Aquacise is a great form of exercise for all ages and abilities to maintain flexibility, range of motion and muscle strength. Classes are conducted in the shallow end or with floatation provide. No Swimming skills required. Class time 1 hour. 10 classes. Cost: \$50 SDR/\$60 NSD

T/Th 11:45 A–12:45 P
W 7:00 P–8:00 P

ADULT & SENIOR PROGRAMS

CYCLING

WSF

Why Cycle/Spin? Maybe it's because you'll burn an average of 500 calories per 45-minute ride. Or maybe it's because regardless of your fitness level, you'll get a heart pounding yet low-impact workout while maintaining the ability to go at your own pace. Classes will begin September 30th. Please check with the front desk. Open to Members and Residents of the School District only.

Member: Drop In \$6.00 **Resident Non –member: \$7.00**
Member: 6 Punch Pass* \$30 **Resident Non – member: \$34**
Member: 12 Punch Pass* \$57 **Resident Non –member: \$65**
Member: 24 Punch Pass* \$108 **Resident Non –member: \$124**

*Passes are good for all group cycling classes. Expire one year from date of purchase. Riders must be at least 4'11". Min 3/Max 11 per class. Bring a water bottle & towel.



BODY SCULPTING

WSF

Body Sculpting is designed to build and sculpt muscles, strengthen your core, and improve your strength and flexibility – all while burning fat and calories by firing up your metabolism. Cost: \$40/4 weeks per session.

T/Th 5-6 P Begins 8/20

FITNESS EQUIPMENT DEMONSTRATIONS

Free for members only. Would you like to learn how to properly use our new weight or cardio equipment? This hands on small class will demonstrate how all the equipment works and allow for hands on learning. Members 13-15 years old are required to complete an orientation prior to use of equipment. Any individual 12 and under may not use the weight or cardio equipment. Class will last approximately 30 minutes.

PERSONAL TRAINING

WSF

Wildcat Sport & Fitness is offering personal training to all members! For more information on personal training, stop by the front desk for information on our personal trainers and their rates.

MONDAY YOGA, 7 - 8 P

WSF

Are you looking to try yoga? Whether you're a beginner or would like to deepen your existing practice. Gain physical awareness of your body, strength training, flexibility and deep breathe awareness. If so, take some time for yourself to grow, reflect, relax and have fun. \$50 for the 6 week series. \$10 drop in

Fall 1: 9/30-11/4 Winter 1: 1/9-2/13
 Fall 2: 11/11/12/16 Winter 2: 2/27-4/3

WEDNESDAY MEDITATION YOGA, 7 - 9 P

\$50 for the 6 week series.\$10 drop in All levels are welcome. Experience gentle yoga stretching followed by a guided meditation practice. Learn science based benefits of Yoga & Mindfulness Meditation with attention to breathing and movement.Comfortable clothing. Yoga mat required.

Fall 1: 9/18 - 10/23 Winter 1: 1/8 - 2/12
 Fall 2: 11/6 - 12/18 (no class 11/27) Winter 2: 2/26 - 4/1

THURSDAY YOGA, 7 - 8 P

All levels are welcome. Experience the physical benefits of Yoga, such as increased flexibility, strength and balance. Experience the mental benefits of yoga, such as increased stress reduction and relaxation. Comfortable clothing. Yoga mat required. Cost: \$60 for session, \$10 drop in.

Fall 1: 9/19 - 10/24 Winter 1: 1/9- 2/13
 Fall 2: 11/7 - 12/19 (No class 11/28) Winter 2: 2/27 - 4/2



CONDITIONING TRAINING CLASS WITH JUSTIN

WSF

This workout will combine strength and body weight movements with circuit and interval training. Cost: Adults: \$50 for 6 classes, Students: \$40 for 6 classes, Drop-in fee: \$10

Summer:	8/25 – 9/29	Su	9:00 A – 10:00 A
Fall 1:	10/6 – 11/10	Su	9:00 A – 10:00 A
Fall 2:	11/17 – 12/22	Su	9:00 A – 10:00 A
Winter 1:	1/5 – 2/9	Su	9:00 A – 10:00 A
Winter 2:	2/16 – 3/22	Su	9:00 A – 10:00 A



Tai Chi is great for beginners and experienced practitioners alike. With movements from Yang Style 108 and Qigong (Chee-Gong) you will learn how this art form is not only good for self-defense but for relaxation, balance, core and lower body strength. Other health benefits include enhanced mental capacity, improved balance, reduced blood pressure and arthritis pain.

TAI CHI FOR HEALTH WSF

(Intermediate, please contact instructor before registering for this class)

Cost: \$100 for 6 week session, \$15.00 drop in

Fall 1:	10/1-11/7	T/TH	6:30-7:30 P
Fall 2:	11/12-12/19	T/TH	6:30-7:30 P
	(No class 11/28)		
Winter 1:	1/7-2/13	T/TH	6:30-7:30 P
Winter 2:	2/25-4/2	T/TH	6:30-7:30 P

TAI CHI FOR MARTIAL ARTS WSF

Cost: \$100 for 6 week session, \$15.00 drop in

Fall 1:	10/2-11/8	T/Th	7:30-8:30 P
Fall 2:	11/12-12/19	T/Th	7:30-8:30 P
	(No class 11/28)		
Winter 1:	1/7-2/13	T/Th	7:30-8:30 P
Winter 2:	2/25-4/2	T/Th	7:30-8:30 P

TAI CHI AND QIGONG - FOR SENIORS

Cost: \$75 for 6 week session, \$15.00 drop in

Fall 1:	10/1-11/7	T/Th	10:00 A-11:00 A
Fall 2:	11/12-12/19	T/Th	10:00 A-11:00 A
	(No class 11/28)		
Winter 1:	1/7-2/13	T/Th	10:00 A-11:00 A
Winter 2:	2/25-4/2	T/Th	10:00 A-11:00 A

ALL CLASS PASS

The All Class Pass will allow the participant access to any of the classes held by Green Dragon Tai Chi during the current session, without having to pay any additional drop in fees.

\$150

QIGONG CLASS

WSF

Qi or Chi is the word for energy or life force. Gong is a skill developed over time. In Qigong class we learn techniques to cultivate our life energy through deep breathing techniques, mental exercises and gentle body movements. These techniques have the added benefit of connecting one to nature becoming grounded, centered and focused. We take an in depth look into the 8 section Brocade and several other Qigong sets. Great for healing, this ancient Chinese practice is also great for stress reduction, vitality and longevity.

\$100 for session or \$25 drop in

Fall 1:	10/5-11/9	S	11:00 A - 1:00 P
Fall 2:	11/16-12/28	S	1:00 P - 3:00 P
Winter 1:	1/11-2/15	S	1:00 P - 3:00 P
Winter 2:	2/29-4/4	S	11:00 A - 1:00 P

CHEN TAIJI SELF DEFENSE WSF

Certified Instructor Chris Burnett will use various techniques to effectively teach students the confidence and means to defend themselves and others from potential threats. Age, strength and skill level do not matter these techniques can be learned by anyone! Cost: \$100 for 6 week session. \$25 drop in.

Fall 1:	10/5-11/9	S	9:00 A-11:00 A
Fall 2:	11/16-12/21	S	11:00 A-1:00 P
Winter 1:	1/11-2/15	S	11:00 A-1:00 P
Winter 2:	2/29-4/4	S	9:00 A-11:00 A

Indoor Bocce!



WSF will now be offering indoor Bocce during the day. For those of you who already play, why stop in the winter months? For those of you who have never played, come learn a great social sport that can be played by people of all ages.

T/Th from 11:30-2:00

We will offer free Try it sessions on T/ TH October 15, 17, 22, 24 for you to check it out.

Session 1: Open play October 29 to Dec 19. Cost \$45, \$60 Non Res.

Session 2: Jan 7 - Feb 27. Cost \$48, \$63 Non Res.

Session 3: March 3-April 16. Cost \$42, \$57 Non Res.

\$5 drop in based on availability

Pickleball

ADULT / SENIOR PICKLEBALL

Pickleball is the fastest growing sport in the USA with over 2 million people currently playing. It is a cross between tennis, badminton and ping pong played on a court. Our established program provides you with opportunities to socialize, exercise and to be competitive. Pickleball will start in October (weather permitting).

Cost: Mayfield School District Residents: \$20/month or \$30 for 12 punches or Drop in \$5
Non-School District Residents: \$40/month or \$40 for 12 punches
Pre-registration is required.

M W F 8:30-noon
T/TH 8:30 - 11:00

PICKLEBALL FREE "TRY IT"

Pickleball is the fastest growing sport in the country, and the game has taken hold in Mayfield. We will be holding a few free "Try It" classes to introduce you to the game.

We will provide the paddles and balls, explain the rules, go over some basic strategies, and get you started playing actual games. All you need are comfortable clothes and tennis shoes. Please pre-register.

W September 25 and October 2 6:15-8:15p Free

PICKLEBALL 101 LESSONS

Join us for group lessons of Pickleball 101. Get to know the fastest growing sport in the U.S. You will learn the basics, techniques, rules and have fun at the same time! Bring comfortable shoes and clothes. We will supply the balls and paddles. Max of 20.

\$25/residents \$35/non-residents

W October 16, 23. November 6 and 13. 6:15-8:15p

PICKLEBALL LESSONS

Learn to play the fastest growing sport in the USA. Lessons offered for Beginners and Advanced Beginners. Times are arranged between you and the instructor's availability. Private, Semi-Private and small group lessons available. Please call for availability.

Cost: Private One Hour Lesson \$30.00
Semi Private One Hour Lesson \$50.00/per person
Three People One Hour Lesson \$63.00/per person
Four People One Hour Lesson \$72.00/per person

THURSDAY NIGHT PICKLEBALL

Get guaranteed playing time this indoor season on Thursday night on our three indoor courts. Courts may be separated by skill level if necessary in this COED setting.

Residents may begin to register on August 21 Non Residents may begin to register on September 27. Max of 16. Thursday night League.

Session 1: Th 10/3 - 12/19 7:15 - 9:15 P
Cost : \$30/Res \$50/Non-Res (no play 10/31 and 11/28)

Session 2: Th 1/2 - 4/2 8:30 - 10:30 P
Cost: \$42/Res \$70/Non-Res

FRIDAY NIGHT ADVANCED PICKLEBALL

Get guaranteed playing time this indoor season on Friday night on our three indoor courts for advanced players. Courts may be separated by skills level if necessary in this COED setting.

Residents may begin to register on September 16. Non Residents may begin to register on October 14. Max of 18.

Session 1: F 11/1 - 12/27
Cost: \$27/Res \$45/Non-Res

Session 2: F 1/3 - 4/3
Cost: \$42/Res \$70/Non- Res

PICKLEBALL BEFORE WORK

Get your day started right, and join us for Pickleball before work. Starting Tuesday, October 29th.

Monday and Fridays, 6a-7:30a
*(this could be extended to 8:30 - subject to gym schedule).

Wednesdays, 6a-8:30a

Cost: All 3 days per week for the month, \$20/res \$40/non-res
Just Wednesdays \$10/res \$20/non-res

Non Resident Registration begins Sept 23.

SUNDAY MORNING PICKLEBALL

Get guaranteed playing time this indoor season on Sunday Morning on our three indoor courts. Courts may be separated by skill level if necessary in this COED setting. Residents may begin to register on August 21. Non Residents may begin to register on October 28. Max of 18.

Sunday mornings, 8-10 A, Session 1: 10/20 - 12/22 \$30/Res \$50/Non-Res
Session 2: 1/5 - 4/5 \$42/Res \$70/Non-Res

Sunday afternoons, 12-2p 10/20 - 12/22 \$30/Res \$50/Non-Res



Dance to Evolve WSF

for more information please contact Dance to EvOLe at info@danceto evolve.com

9/9-10/21	M	\$108
10/28-12/16	M	\$124
1/13-2/17	M	\$93
2/24-4/6	M	\$108
4/13-6/1	M	\$108

(No class Memorial Day)

Tiny Movers Tap/Ballet (Ages 3-4)

Ages 2 - young 3

A combination dance class of tap and ballet with tumbling and dance games for kids, this energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality and rhythm to reach class goals in fun, creative ways. Classes start with tap and then transition into ballet each week. This is the first “big girls and boys” class as parents watch from the outside room. Class is designed to be progressive, continuing session to session.

4:00 P-4:55 P



Star Shiners Tap/Ballet (Ages 4.5-6)

Keep your Star Shiner moving in this ballet and tap class for boys and girls. This progressive class introduces curriculum goals through fun movement allowing dancer to be challenged while expressing themselves. Students develop dance, listening and coordination skills, including an emphasis on ballet terminology, technique AND FUN!

5:00 P-5:55 P



YOUTH PROGRAMS

KIDS KUNG FU

WSF

Join us on Wednesdays for Kids Kung Fu Class with Sifu Chris Burnett. Using techniques from Shoalin Five animals, Bak Mei Kung Fu and Combat Tai Chi students will learn awareness, avoidance and conflict resolution. Build a solid foundation in self-defense with stances and footwork. Learn the basics of blocking, striking, take-downs and joint manipulation. This class will build inner strength, self-confidence and provide tools for stress relief and focus. Ages 5 through 17

Fee: \$70.00 for 6 week sessions or \$15.00 Drop in fee.

Fall 1:	10/2-11/6	W	7:30 P-8:30 P
Fall 2:	11/13-12/18	W	7:30 P-8:30 P
Winter 1:	1/8-2/12	W	7:30 P-8:30 P
Winter 2:	2/26-4/1	W	7:30 P-8:30 P

KIDS YOGA

Engages kids with a fun opportunity to learn yoga poses and benefit from relaxation in a non-competitive environment.

Cost: \$50 per session or \$10 drop in.

Fall 1:	11/5 - 12/17	T	7:00 P - 8 P
	(No Class 11/26)		
Winter 1:	1/7 - 2/11	T	7:00 P - 8 P
Winter 2:	2/25 - 3/31	T	7:00 P - 8 P

YOUTH CHEERLEADING

WSF

Let's get ready for more of the Mayfield basketball season and learn many of the cheers that the varsity cheerleaders will be performing at games. This will be a fun time for all, and to make it even more special, each cheerleader will be given their own holiday-themed cheerleading bow to wear! The holiday dance performance will be on Saturday December 21st, 6pm at the JV basketball game in Mayfield High School Gym. Cheerleaders will attend for free but families and friends will need to pay in cash to be admitted into the basketball game.

Cost: \$50.00 per session

Winter 1:	11/9 - 12/14	S	10:15 A - 11:00 A
	(no class 11/30)		



YOUTH SPORTS

SPORTS CORNER

Athletic Leagues listed here are community based organizations that serve the Mayfield City School District Residents. Please use the contact information below to receive additional information about the league or sport.

Gilmour Youth Hockey League

Website: www.gilmourarena.com/gilmouricearenahome.aspx
Contact: Mike Chiellino 440-473-8000 x 7202
Email: chiellinom@gilmour.org

Hurricanes Swim Team Highland Heights

Website: www.hhhurricanes.org
Contact: Tammy Coffey at cyberkidz@sbcglobal.net
Karrie Fairman at karriekovar@hotmail.com

Mayfield Soccer Club

Website: www.mayfieldsoccer.com
Email: info@mayfieldsoccer.com

Mayfield Wrestling Club

Website: www.mayfieldwrestling.org
Contact: Tony Khas at 440-449-5039
Email: mayfieldwrestling@gmail.com

Highland Heights Girls Softball

Website: www.highlandhts.com
Contact: Paul Kinczel 440-461-2440 ext. 235
Email: pkinczel@yahoo.com

Highland Heights Boys Baseball

Website: www.highlandhts.com
Contact: John Bondra
Email: jbdoc2@aol.com

Mayfield Boys Baseball League

Website: www.mayfieldbaseball.com
Contact: Randy Stovsky 440-463-6811
Email: randylstovsky@yahoo.com

Wildcat Youth Football Club

Website: www.mayfieldwyfc.org
Football Contact: Jason Tirabassi 216-235-0342
Email: jtirabassi@hotmail.com

Cheerleading Contact:

Contact: Michelle Marino 440-240-4571
Email: bellamom2@hotmail.com

Great Lakes Sailfish Swimming

Website: www.greatlakessailfish.com
Email: glsswimming@gmail.com

WLBJ BASKETBALL

Our Women's Lil' Biddy Jumpers is an exciting program for girls in grades 2-4 that will look to emphasize the basic fundamentals of the game while introducing game competition. Team and group practices will take place prior to games. All teams will have a practice during the week during the



game portion of the schedule. Game day sessions are approximately one hour. All games will be held at Wildcat Sport & Fitness. Cost is \$70. Call MH Rec at 442-2627 for more information.

Practices: Nov 2, 9, 16 (Group Practices)
Nov 30, Dec 7, 14 (Team Practices)
All Practice Times will be TBD
All Practices will be held at the Wildcat Sport & Fitness

Games: Will be held on Sundays with start times ranging from 12:15 P-5:30 P starting 1/5

LBJ BASKETBALL

Lil' Biddy Jumpers is an exciting program for girls and boys that emphasizes the basic fundamentals of the game while introducing game competition. 2 Divisions- K-1 & 2-3. Game day session is approximately one hour. All games will be held at Wildcat Sport & Fitness. Teams in the 2-3 division will have practice times after the first of the year. Cost is \$70. Call MH Rec at 442-2627 for more information.

Practices: Nov 2, 9, 16 (Group Practices)
Nov 30, Dec 7, 14 (Team Practices)
All Practice Times will be TBD
All Practices will be held at the Wildcat Sport & Fitness

Games: Will be held on Sundays with start times ranging from 11:15 A-5:30 P starting 1/5

MH

MBA

(MAYFIELD BASKETBALL ASSOCIATION)

MV

The MBA is entering the 21st season for Boys and Girls Rec Basketball. If interested in becoming a Volunteer Coach, contact Sean Supler at the number below!

Boys: 3rd-4th Grade, 5th-6th Grade and 7th-8th Grade

Girls: 4th-6th Grade

Registration Starts: 9/17 Cost: \$82

League Runs (Practices/Games): 12/2-3/7

For more information/registration flyer, contact Sean Supler at 440.461.5163

PLAYERS BASKETBALL

MH/MV

For 3 - 5 year olds. Cost is \$40 if basketball and shirt needed (includes basketball and shirt), \$30 if just shirt needed (has basketball from previous year), and \$25 for returning participants. Limit is 30 participants. Parent and child work together each week participating in a variety of activities. The focus of the program is to develop skill and have fun while learning the fundamentals of dribbling, shooting, passing, and running/agility.
Registration Begins December 2

Evening Session: W 6:15 P - 7:00 P 1/8 - 2/5

CLEVELAND RIVER HOUNDS BASEBALL CAMP

The Cleveland River Hounds Baseball Organization is proud to announce their first instructional clinic. As a travel program managed and coached by college baseball players, we are excited to extend our reach to other players in our local community. All between the ages of 9-15 are welcome! This camp will serve as a fundraiser for our organization. Cost: \$50. Ages: 9-15.

To sign-up, Contact Jack Hollinshead at CLERiverHounds@gmail.com OR (440) 476-1446.

MAYFIELD VOLLEYBALL LEAGUE

MV

For Girls 3rd-4th and 5th-6th Grade.

Varsity Coach Rosella Glodkowski and her staff to work on skill development, rules and team fundamentals. After 3 practice dates, finish with a tournament against surrounding communities. Practices will be held at Mayfield High School Main Gym, Tournament location is TBD. Deadline: 10/17

S 1:00-3:30 P 10/19-11/9 \$45 SD/\$50 NSD



FALL LEAGUES-FLOOR HOCKEY

WSF

League play begins Saturday, October 26.

3rd-5th grade: 12:00 P-4:00 P at Center School

6th-8th grade: 9:00 A-12:00 P at Mayfield Middle School

For 3rd-5th grade and 6th-8th grade. Cost is \$74

WINTER LEAGUES-FLOOR HOCKEY

WSF

Saturdays

1st-2nd grade: League play begins January 25, times 9:00 A-12 P, Center School

3rd-5th grade: League play begins January 25, times 12 P-4:00 P, Center School

8th-12th grade: League play begins January 11, 1 P-3:00 P, Mayfield Middle School

For 1st-2nd grade, 3rd-5th grade, and 8th-12th grade. Cost is \$74.

Call Phil Weinberg at 461-7344 for more information

SPRING TRAINING

MH

This program will work on developing the fundamentals of baseball & softball (throwing, fielding, hitting, and base running). For 5-6, 7-8, 9-10, 11-12 year olds. For more information on times and days call the Mayfield Heights Recreation Department at 440-442-2627, in February.

T/TH 3/10 - 3/26 \$40

BIRTHDAY PARTIES

Wildcat Sport & Fitness is pleased to offer school district residents the opportunity to host a birthday party at our facility. Packages are available on Friday's 6:30 - 8:30 p.m., Saturdays and Sundays 3-5 p.m. and include an hour of activity in the pool or field house (based on availability) and an hour in our multipurpose room for cake and presents.

***Party Packages:** District Resident - \$170.00

*If you require more than 20 participating guests for your party there is a \$5.00 per person charge that must be paid 24 hours in advance of your scheduled party. All parties require a \$50.00 security deposit. Both the security deposit and rental fee are due at signing of the contract.

For more details please contact Patrick Schneider at 440-995-6842 or email at Pschneider@mayfieldschools.org

There will be exception dates due to school holidays and swim meets. For complete schedules or more information please call 440.995.6840

Village of Gates Mills

GATES MILLS LIBRARY 440.423.4808

ARTIST RECEPTIONS

TH	6:30-8:00 P
9/5	David Croasdaile (acrylic paintings)
11/7	Robert Kovatich (photographs)
1/9	Bryan Zima (paintings)

Children Programs

AMERICAN GIRL TEA

THURSDAYS, 7:00-8:30. Features an artist in the branch every two months during library hours. A free artist reception with light refreshments is held for the artists.

9/6	Charles Caito (photography)
11/1	Geoff Simpson (landscape watercolors/soft pastels)



WHOOO'S READY FOR SCHOOL? KINDERGARTEN READINESS

Help your preschooler make the transition into their first year of school by building self-awareness skills and establishing positive routines. Explore hands-on activity stations together with a focus on different skills each month.

M	4:00-5:00 P
9/16	Alphabet
10/7	Colors
11/18	Counting
12/9	Celebrating Togetherness
1/20	Shapes
2/3	All About Me

BOOK SALES will be held the weekend of October 18 and January 24. Contact the library for more details.

AUTUMN CRAFT

Children in grades K-5 are encouraged to come for a story and make a craft at the Gates Mills Branch Library. We will be creating an Autumn Glow Jar using decoupage. Wear clothes that can get messy.

T	4:30-5:30 P	10/22
---	-------------	-------

MARVELOUS METALS

Children in grades 3-5 can participate in hands on activities. Be prepared to get messy. Led by a volunteer from the American Chemical Society. Families are invited to stay and watch.

S	3:00-4:00 P	10/26
---	-------------	-------

GINGERBREAD CRAFT

Children in grades K-5 will hear a story about the gingerbread man and make a bracelet or necklace that can be brought home.

M	4:00-5:00 P	12/16
---	-------------	-------

DR. SEUSS DAY

Hear a Dr. Seuss story and make a shape to go along with it.

M	4:00-5:00 P	3/2
---	-------------	-----

ART-COLOR

Explore how colors combine and contrast in art using a variety of tools, materials and techniques at hands-on activity stations.

M	4:00-5:00 P	11/4
---	-------------	------

ART-LINE

Explore how lines are used in art to create shapes and express ideas while trying a variety of tools and techniques at hands-on activity stations.

M	4:00-5:00 P	1/12
---	-------------	------

ART-COLLAGAGE

Explore, discover and create amazing works of art just by putting things together in new ways. This program empowers children to express themselves and try out their own new ideas.

M	4:00-5:00 P	2/17
---	-------------	------

FAMILY STORYTIME

A program of rhymes, songs, fingerplays and stories for children not yet in Kindergarten.

T	3:30-4:00 P
TR	10:00-10:30 A

TEEN PROGRAMS

ART EXPERIMENTS

Teens are welcomed to experiment with various types of art and artistic media. All materials provided, but feel free to bring in your own art or art supplies to show off.

W 4:00-5:00 P 9/18, 11/6, 12/11

MINI-COMIC CREATION

Don't you hate how your favorite comic books are too big to fit in your pocket? If you like to write, draw, or read then come create mini pocket-sized comics of your very own.

TR 7:00-8:30 P 9/19

TECHIE TEENS

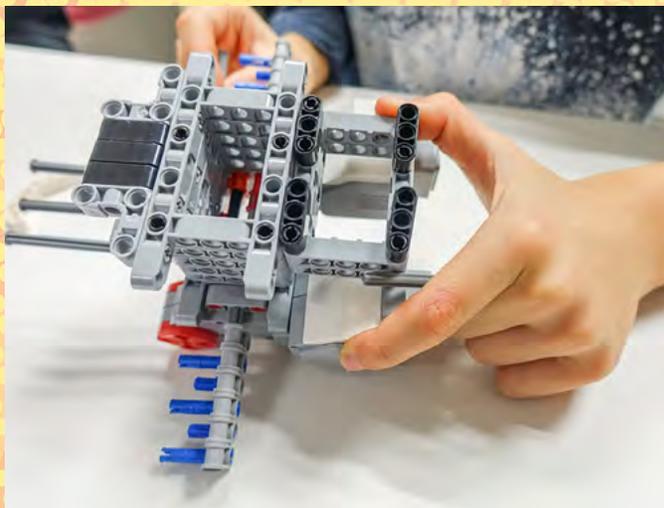
Have fun exploring a different technology each month. The range of topics could include coding, computer applications, robotics, circuit, etc...

W 4:00-5:00 P 9/25, 10/30, 11/12, 12/18

LEGO ROBOT MONSTER BATTLE

Build and program LEGO MINDSTORM EV3 robots to compete in the ultimate mecha-monster battle.

TR 7:00-8:30 P 10/24



3D PRINTSGIVING

Come help design the ultimate "Printsgiving" feast using 3D Design software and a 3D printer. Recreate your favorite food or use your imagination to design something new, fantastic or alien!

TR 7:00-8:30 P 11/21

UGLY HOLIDAY SHIRT

Use screen printing and iron on vinyl to customize your very own Ugly Holiday Shirt.

TR 7:00-8:30 P 12/12

Adult Programs

CLEVELAND ORCHESTRA RECORDED CONCERT PREVIEW

Cleveland Orchestra's Dr. Rose Breckenridge previews the upcoming Cleveland Orchestra Fall season at Severance Hall. The focus will be on the concert with Mahler's dramatic Fifth Symphony.

W 7:00-8:00 P 9/18

GENEALOGY MEETUP

Come to the Gates Mills Branch Library to work on your family tree with other genealogy researchers. Use library resources, get research help, and share stories with others.

S 3:00-4:30 P 9/21

SKETCHBOOK CLUB: WATERCOLOR

Use your sketchbook to practice mixing and blending with watercolors. Watercolor paints and brushes will be provided by the Friends of the Gates Mills Library. Bring your sketchbook and pencils.

M 2:00-3:30 P 9/30

SKETCHBOOK CLUB: MEDITATIVE

Find calm with paper and pen. Bring your sketchbook and fine point pen or marker for a session of relaxing.

M 2:00-3:30 P 10/28

SKETCHBOOK CLUB: ISLAMIC

Find calm with paper and pen. Bring your sketchbook and fine point pen or marker for a session of relaxing.

M 2:00-3:30 P 10/28

CROSS KEYS, CARPET BAG AND PEN

Kathryn Popio visits to talk about her book, Cross Keys, Carpet Bag and Pen: Letters depicting three Ohio families during the Civil War. Hear three different stories with three different outcomes. There will be books available for purchase and signing.

S 10:00-11:00 A 10/19

MAPLE LEAF ROUTE VOL. 2

All Aboard the Maple Leaf Route Vol.2, The Critical Edition is a detailed look inside the interurban railway with new information. Local author Dan Rager will discuss his new book including recent discoveries in Gates Mills Village. Books will be available for purchase and signing.

W 7:00-8:30 P 10/23

BOOK DISCUSSIONS

This group will meet to discuss the book assigned each month; contact the library for a schedule.

City of Mayfield Heights

SPECIAL EVENTS



BROWNS TAILGATE PARTY

Join us at City Park for a fun family tailgate party and catch the Monday night game on the big screen. Bring your tailgate supplies and set up around the screen to cheer on your favorite team in The CLE! Pregame music, Cornhole, Bocce, play on our lined football fields, food trucks and more!

M 9/16 5:00 P Free

CHILDREN PARTIES



Children's parties are intended and geared for 3-9 yrs. Advance ticket purchase only. No tickets sold at door. Same price for child/adult. Tickets are available in the Recreation Department only. Times are TBA.

Halloween Bash

S 10/26 \$7, Tickets on sale on 9/3

Santa Breakfast

S 12/7 \$7, Tickets on sale on 11/4

 Ross DeJohn Community Center

MAYFIELD HEIGHTS RESIDENT ADVISORY COMMITTEE

The events below are brought to you by the Mayfield Heights Resident Advisory Committee which is a volunteer group that assists the Mayors Office.

TAILGATE PARTY



Join us to tailgate and watch some football with your friends and neighbors. More information to come, watch the Advisory Committee's FaceBook page and the City's website in the coming weeks.

Su 10/27 3:30 P

HOLIDAY LIGHTING CEREMONY

Join us the Sunday before Thanksgiving to help kick off the holiday season. Events will include lighting up City Hall, light refreshments, activities for the family and a special visit from Santa.

Su 11/24 6:00 P

 MH Fire Department Bays



MURDER MYSTERY

A fun evening of intrigue as we discover the “Who-dunnit” of the night. Vegas “Hit” Parade Bobby Slick is a nightclub singer and ladies’ man, who is accused of murdering a casino owner on the Vegas Strip. Bobby can really sing but the word is out, will he “sing” to the cops?! He puts himself and his palsies at risk as he and Detective Elton Browning struggle to find out who pulled “the job”. Some of the best music of Sinatra’s Vegas and a seance are included in this total entertainment. “Entertainment Provided by Floriano Productions”. Dinner is included and will be Lasagna, salad, bread, dessert and beverages. Cash bar available. Registration deadline September 27. Cost: \$30

S 10/5 6:00 P

 Ross DeJohn Community Center



TASTE OF ITALY DINNER

An all you can eat pasta dinner fund raiser for the City of Mayfield Heights Parks and Recreation. Magnificent dinner, open bar, desert table and appetizers. Prizes will be raffled off. Adults 21 and older only. \$30

S 2/22 6:30 P

 Ross DeJohn Community Center



Class begins with a social session to find out if the participants have any health injuries and/or their level of yoga skills. The class atmosphere allows participants to enjoy the health benefits of yoga while working-out in a fun, relaxing and friendly environment. Registration deadline is one week prior to session start date. Min 8 needed per session to run. Class time is one hour.

Fall 1	Th	8/22 - 10/17	5:45 P	\$54
Fall 2	Th	11/7 - 12/19 (No class 11/28)	5:45 P	\$36
Winter 1	Th	1/9-3/5	5:45 P	\$54
Spring 1	Th	3/12-5/14 (No class 4/9)	5:45 P	\$54

 Ross DeJohn Community Center

Young at Heart

COMEDY PARTY

Last year’s Halloween Party was such a hit we are coming back this October with a new and exciting Comedy Party. Join us for an afternoon of laughter. Watch for more details soon.

EVENING PICKLEBALL

Are you looking to join the fastest growing sport in the USA? Do you still work and can’t join the Pickleball program during the day? Then we have program for you!

Call us for more information on options we have for evening outdoor play in Mayfield Heights or see page 7 for indoor play at Wildcat Sport & Fitness.



SENIOR ACTIVITIES

ADULT AFTERNOON OUT

We offer a themed program mixing good times, good friends, good food and great entertainment. All lunches are 2 hours and will be held at the Ross DeJohn Community Center (unless otherwise noted). All lunches are \$10. To register, call the Parks and Recreation Department at 440.442.2627.

Octo-break-fast

Menu: Choice of Strata -Spinach & Mushroom or Sausage & Ham, Hash Brown, Fruit, coffee & water.

Entertainment: Malt Shoppe Memories

T 10/9 12:00 P

Sponsored by:



Fall Fest

Menu: Turkey, sides, dessert and beverage.

Entertainment: Just N Time Duo

T 11/12 12:00 P

Sponsored by:



Holiday Fest Dinner

Menu: Lemon Chicken, Cavatelli, Salad, dessert, coffee & water.

Entertainment: TBA

T 12/10 12:00 P

Sponsored by:



Pot of Gold

Menu: All the taste of Slyman's, freshly made in our Community Center kitchen!

Corned beef sandwich with swiss cheese, pickle, Irish potatoes, dessert and coffee.

Entertainment TBA

M 3/16/20 12:00 P

Sponsored by:



SILVER SOCIAL DANCES

Put on your dancing shoes and join us for our next two Dinner Dances. All dances are held at the Ross DeJohn Community Center 6 - 8:30 pm. Contact 440-442-2627 for more information or to register.

9/14 - Menu- Lemon Chicken, Pasta Alfredo, salad, dessert, coffee & water

Band: Stepin Out

11/16 - Menu - Lasagna, salad, dessert, coffee & water

Band: TBA

\$10 per person with advance registration.



FITNESS AND LIFESTYLE CLASSES



AARP/United Health Care offers Fitness and Lifestyle Classes to Seniors. Classes include, Balance and Stability, Chair Yoga, Barre, Dance, Strength, and Core Classes, plus many others and Lifestyle classes to help educate you on healthy habits to lead your best life. Classes are open to AARP/United Health Care Members, and any Senior in the Community who would like to join. There is no charge to the participants for these classes, and you can register at the door. For more information please contact Deanna Horvath at M 216.659.7480 or deanna.horvath@plusone.com

Th 10/3- 12/19 10:00 - 11:00 A

Ross DeJohn Community Center



Mayfield Village

SPECIAL EVENTS & COMMUNITY CLUBS

MAYFIELD TOWNSHIP HISTORICAL SOCIETY

We are training tour guides, curators and librarians. If you would like to share your expertise with others, please call us at 440-461-0055 and leave your contact information. Retirees welcome! Consider supporting us by becoming a member. Presentations are free.

Ice Cream Social and Historical House Tour. Tour is \$3.00 donation with homemade cookies/ice cream.

W 6:30-8:00 P 9/11 Bennett-VanCuren Historical House

Unionville Tavern: Its history and how the restoration is proceeding.

W 7:00 P 10/9 Community Room

Women in History: Sally Hemmings...Thomas Jefferson's other family. Pie night and gift card raffle drawing.

W 7:00 P 11/13

Community Room



Holiday Luncheon and Chinese Auction. Catered luncheon; please RSVP.

W 12:00-2:00 P 12/11 Civic Center

January no meeting. \$10 single, \$20 family, \$25 contributing, \$50 business, \$500 lifetime

Clare Boothe Luce-her story. Bring a dozen cookies to share.

W 7:00 P 2/12 Community Room

Eleanor Roosevelt part 2. Her life with Franklin and their remarkable journey together.

W 7:00 P 3/11 Community Room

MAYFIELD VILLAGE GARDEN CLUB

New members and guests are welcome to all meetings. For information: Betty Jo 440.442.7322. Presentations are free.

Dr. Seuss, Through the Eyes of the Artist presented by Felicia Slademan, Artist Biography Lecturer.

W 7:00 P 9/25 Community Room

Nurseries in Lake County presented by Mark Gilson from the Lake County Historical Society.

W 7:00 P 10/23 Community Room

Village Craft Market. For information: Helen 440.833.0275.

S 9:00 A-4:00 P 11/9 Civic Center

Amazing Fall Plants presented by Cynthia Druckenrod, former Vice President of the Cleveland Botanical Gardens.

W 7:00 P 11/20 Community Room



MAYFIELD WOMEN'S CLUB

Guests are welcome! For information: Sally 440.461.2445

Cleveland Stadium Landmarks by Greg Deegan. Collection of school supplies for less fortunate children.

M 7:00 P 9/16 Community Room

Greeting Cards for Rehab Centers. Members will be creating for local centers to use.

M 7:00 P 10/21 Community Room

Women's Accessories Auction. Members to donate their accessories, jewelry, etc. for auction.

M 7:00 P 11/18 Community Room

Collected Donations: How Donations are Distributed. Presented by Bernie Welsh.

M 7:00 P 1/20 Community Room

Please help local individuals in need of warm outerwear this winter.

Mayfield Village will have a Mitten Tree located inside the Civic Center beginning in early December. Please come in and decorate the tree with new mittens, scarves, hats, etc. The Women's Club will collect the items after the holidays and bring them to a local organization to distribute to those in need.



Limited space available for most events

HOLIDAY EVENTS

HALLOWEEN WINDOW PAINTING CONTEST

Open to 6th-8th graders attending Mayfield Middle School, St. Francis or St. Paschal. Participants turn in a colored drawing to their art teacher. The Recreation Department will pick ones that will paint on storefront windows. More information available in mid-September. Windows will be painted just prior to Halloween. A limited number of windows will be available.



TREE LIGHTING

Come on out to the center of the Village and enjoy holiday songs performed by the Center School Choir. The trees near the gazebo will be lit for the annual display. The Parks Committee will serve donuts and hot cocoa (while supplies last).

Su 7:00-8:00 P 12/1 Free

Gazebo/Community Room

MENORAH LIGHTING

Join the Village as it lights the first Hanukkah candle. The group will gather near the Menorah at 7 p.m. snow or shine. Refreshments will be available in the Community Room after the lighting.

Su 7:00-8:00 P 12/22 Free

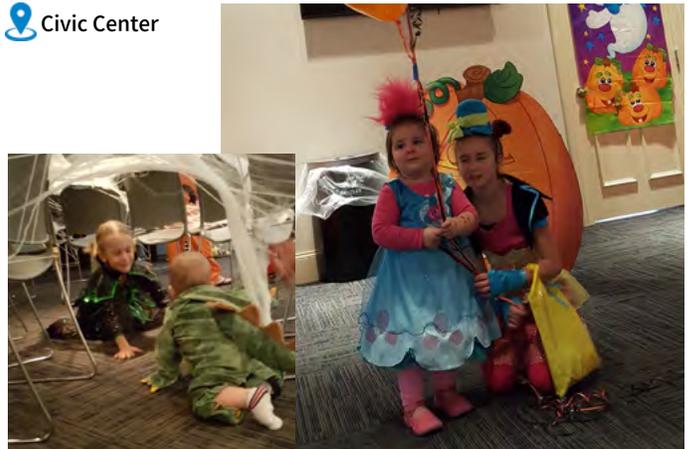
Gazebo/Community Room

KIDS HALLOWEEN PARTY

Children and grandchildren of Mayfield Village residents only are invited to join the Mayfield Village Recreation Board Members, family and friends at this fun event. Kids can wear costumes. Games and refreshments! Pre-Reg only: 9/18-10/18 through Recreation Department.

S 11:00 A-2:30 P 10/26 \$4/child

Civic Center



SANTA RIDE & PARTY

Santa and elves visit the residents of Mayfield Village starting at 9:30 a.m. Schedule available in Fall/Winter VOV and mayfieldvillage.com. Visit Santa at the party; Village residents/family only. Pre-Reg only for party: 11/6-12/3.

S 1:30-3:00 P 12/7 Free

Civic Center



WINTER BREAK CONCERT SERIES IN RESERVE HALL

Take a break from the cold, and get out of the house to hear some great free entertainment!

Chardon Polka Band-Polka 6:30-7:30 P 2/13/2019

Kevin Sutton-Folk, Irish & More 6:30-7:30 P 2/20/2019

Justo Saborit-Latin Jazz 6:30-7:30 P 2/27/2019

Cleveland Institute of Music 6:30-7:30 P 3/5/2019

Civic Center-Reserve Hall

SPECIAL INTERESTS & ADULT PROGRAMS/SPORTS

ADULT TENNIS INSTRUCTION: USA 1,2,3

This adult class is for beginners and advanced beginners who want to learn tennis or improve their skills. Class will meet two times a week for 6 total sessions.

T/Th 10:00-11:00 A or 7:00-8:00 P 9/3-9/19 \$60

 Parkview Tennis Courts

FALL ADULT COED SAND VOLLEYBALL LEAGUE

Join us for Coed 6's on our brand-new sand volleyball courts! For more information or to register your team, contact Sean Supler at 440.461.5163.

S 9:30/10:30 A 9/7-10/12 \$100/team

 Parkview Volleyball Courts

FALL ADULT BOCCE LEAGUES

For more information or to register your team, contact Sean Supler at 440.461.5163.

LADIES NIGHT

M 6:00-9:00 P 9/9-10/14 \$80/team/4 players

MENS LEAGUE

W 6:00-9:00 P 9/11-10/16 \$80/team/4 players

COED LEAGUE - 2 males/ 2 females

Th 6:00-9:00 P 9/12-10/17 \$80/team/4 players

 Parkview Bocce Courts

METAL JEWELRY MAKING

(18 yrs.+)Using traditional jewelry making methods, learn to design, saw, file, shape and solder silver, copper and/or brass into your own creation. No experience necessary and work at your own pace. Supplies on your own range \$30-\$50. \$5 instructor fee payable on first day.

T 7:00-9:00 P 9/10-10/29 \$95

 Civic Center

ADVENTURES IN ASTRONOMY

(Adults and families with children ages 8 and older) Geauga Metroparks Observatory Park is known for its lack of light pollution. A Naturalist will lead a presentation before heading out to view the incredible stars. Meet at the Pepper Pike Learning Center for pizza at 5:30 and board the bus by 6:00 p.m. to head to the park in Montville Township. If it's cloudy there will be a planetarium presentation inside. Registration Deadline: 9/13.

F 5:30-10:00 P 9/20 \$20/person

 Montville Township

OHIO BOATING EDUCATION COURSE

If you were born on or after January 1, 1982 Ohio law requires that you complete an approved boating safety education course to operate any powered watercraft greater than 10 horsepower. This 8-hour class designed by ODNR Division of Watercraft covers the fundamentals of safe boating. Reg. Deadline: 9/13 & 10/11. 18 yrs. and under free. 18 yrs.+ \$25



S 8:00 A-5:00 P 9/21 or 10/19

 Civic Center

TAI CHI FOR HEALTH

(18 yrs+) This Tai Chi Class is great for beginners and experienced practitioners alike. Learn why this multi-faceted art form is not only good for self-defense but is also good for relaxation, balance, core and lower body strength. In this class you will learn the movements of the Yang Style 108 Tai Chi form as well as Energy building exercises known as Qigong (Chee-Gong). Registration Deadline: the Friday before. \$70 per session. \$15.00 drop in.

W 6:00-7:00 P 10/2-11/6 Fall 1

W 6:00-7:00 P 11/13-12/18 Fall 2

W 6:00-7:00 P 1/8-2/12 Winter 1

W 6:00-7:00 P 2/26-4/1 Winter 2

 Civic Center

MEDITATION/MINDFULNESS

Learn different approaches of meditation as well as techniques to stay focused and mindful. Important tools in this fast paced world where we are constantly bombarded by information and stimulus. Meditation not only sharpens the mind but is also a great stress reliever.

T/Th 5:30-6:00 P 9/3-10/10 \$18

T/Th 5:30-6:00 P 10/15-11/21 \$18

MEN'S 18 & OVER ADULT BASKETBALL LEAGUE

Su 9:30/10:30 A 11/3-3/8 \$400/team plus officials fees

 Wildcat Sport & Fitness

SCRAPBOOKING CROP-A-THON

Bring your supplies and enjoy the weekend cropping with fellow scrapbooking enthusiasts. Stores on-site include Lily Pad Pages and Fun Stampers Journey. Lunch, dinner, beverages and snacks provided. Registration begins online 9/28 & 1/25. www.mayfieldvillage.com/recreation. Space is limited and fills fast!

Fall 11/16 & 11/17 \$50
S 9:00 A-Midnight Su 10:00 A-5:00 P

Winter 3/14 & 3/15 \$50
S 9:00 A-Midnight Su 10:00 A-5:00 P

 Community Room

PERFORMANCES AT PLAYHOUSE SQUARE

JERSEY BOYS

They were just four guys from Jersey until they sang their very first note. While their harmonies were perfect on stage, off stage it was a very different story; a story that has made them an international sensation all over again. Go behind the music and inside the story of Frankie Valli and The Four Seasons in the Tony and Grammy Award®-winning true-life musical phenomenon, JERSEY BOYS. From the streets of New Jersey to the Rock and Roll Hall of Fame, this is the musical that's just too good to be true. Registration Deadline: 12/18 (may sell out sooner).

S 1:30 P 1/25 \$68, \$51, \$30 Connor Palace

BLUE MAN GROUP

The Blue Men return with a new touring show-BLUE MAN GROUP SPEECHLESS TOUR. If you like normal, think again because SPEECHLESS is full of joy, art, music, and hilarious absurdity. Come and experience a new blue. Registration Deadline: 3/10 (may sell out sooner).



S 1:30 P 4/18 \$59, \$35, \$20, \$15 Connor Palace

YOUTH PROGRAMS

WILDCAT YOUTH RUNNING CLUB

with instructors from Rookie Sports

Coach Fortuna has taught this program over the years but will be taking the Fall season off. New instructors will step in and work with 2nd-6th graders living in the Mayfield School District. Track and Cross Country = running. Something everyone can excel at and it can be done nearly anywhere! The program includes warm-up, group runs, stretching and cool down. This program is instructional in nature and instructors place an emphasis on learning proper fundamentals in a fun, encouraging way. If there are cancellations due to weather, all attempts will be made for make-ups but please note weather plays huge factor the later the program goes. Rookie Sports instructors all have background in physical education, youth sports coaching, elementary education or are in college studying relative course material. All participants receive a t-shirt if registering before the deadline. Reg. Deadline: 8/21.

T/Th 5:45-6:45 P 8/27-10/10 \$66

Parkview Pavilion Area



MAYFIELD VOLLEYBALL LEAGUE

For Girls 3rd-4th and 5th-6th Grade. Join Varsity Coach Rosella Glodkowski and her staff to work on skill development, rules and team fundamentals. After 3 practice dates, finish with a tournament against surrounding communities. Practices will be held at Mayfield High School Main Gym, Tournament location is TBD. Deadline: 10/17.

S 1:00-3:30 P 10/19-11/9 \$45 SD/\$50 NSD

PAINTING WITH ARTFULLY MINE

(5 yrs+) No experience needed and opened to all abilities! Clear, step by step instruction allows you to put your own spin on a pre-selected fall or winter design. Supplies are provided including an apron. Paint on a canvas with acrylic paints. Anyone ages 5-10 years must be accompanied by an adult. Registration Deadline: 8/28, 1/2.

S Noon 9/7 \$35
S Noon 1/11 \$35

Civic Center

COMMUNITIES IN MOTION

Move and Groove. 1-3 yrs. 10:00-10:30 AM. Dancing/tumbling.

Bitty Ballet. 2-3 yrs. 10:30-11:00 AM. Exposure to ballet with less structure.

Little Hip Hop & Tumble: 3-5 yrs. 3-5 yrs. 11:00-11:30 AM. Hip hop moves with kid friendly music. Beginner through intermediate tumbling skills.

F	9/13-10/4	Fall 1	\$39
F	10/18-11/8	Fall 2	\$39
F	11/15-12/13	Fall 3	\$39
	(except 11/29)		
F	1/17-2/7	Winter 1	\$39
F	2/14-3/6	Winter 2	\$39

*\$5 off if registering siblings or multiple session at once

Civic Center



Visit www.communitiesinmotioncleveland.com/ for other classes in surrounding communities including Beachwood and Mentor.

ROOKIE SPORTS CLUB CORNER

T-BALL (3-4 yrs.)

This is a great introduction to the game of baseball for young children. Using age appropriate activities, players will be introduced to fundamentals of baseball in an atmosphere that is supportive and fun. Each week the program will include an instructional portion that introduces players to batting, base running, fielding, throwing, and catching. A modified game will also be played each week. Parent participation is strongly encouraged to allow the program to run smoother. Each child receives a t-shirt and baseball hat. Children should bring their own glove. Min/Max: 10/48.

S 10:30-11:30 A 9/7-10/12 \$70

 Parkview Softball Field

COACH PITCH BASEBALL (5-6 yrs.)

Coach-pitch baseball for beginning baseball players! The instructional portion of the program utilizes developmentally appropriate drills with modifications and/or progressions designed to help every child improve their baseball skills despite their current abilities. Skills taught will include batting, fielding, throwing, and catching. The program will also include a modified, non-competitive game each week. As weeks progress, new aspects of the game/game scenarios will be added to allow children to learn within the context of the game. Children will be able to use a Tee during the game if they are having difficulty hitting a pitched ball. Parent participation is welcomed in this program. All Coaches will emphasize the importance of great sportsmanship and create an encouraging atmosphere that helps players build self-esteem. Each child receives a t-shirt and baseball hat. Children should bring their own glove. Min/Max: 10/48.

S 11:30 A-12:30 P 9/7-10/12 \$70

 Parkview Softball Field

PARENT/TODDLER SPORTS CLASS (2-3 yrs.)

Children will be introduced to a variety of sports in this fun parent/toddler sports class. Sports include soccer, basketball, hockey, track & field, and football! Children will work with their parents during the class while the coaches lead fun learning games each week. Developmentally appropriate games and instruction will be utilized to ensure young children have a positive experience playing sports and being physically active! Min/Max: 6/20.

Su 2:00-2:45 P 11/10-12/29 \$70

 Wildcat Sport & Fitness

MULTI SPORTS (4-6 yrs.)

Children will have the opportunity to learn new sports in this fun multi-sports class! Each week will focus on a different sport including soccer, basketball, hockey, track & field, and football! Coaches will lead age appropriate activities each week that will help young athletes learn the fundamentals of each sport. Additionally, participants will engage in fun running games during the class. Young children will have a blast playing a new sport each week while simultaneously enjoying being physically active! Min/Max: 6/20.

Su 3:00-4:00 P 11/10-12/29 \$70

 Wildcat Sport & Fitness

PRESCHOOL WORKSHOP SERIES FOR 3-5 YEAR OLDS

Music FUNdamentals

Kids will enjoy learning about instruments, rhythm and count. The parks and recreation staff will be on hand to assist Ray Brown as he works with participants. Ray is well known in the area because of his amazing musical abilities. He can play a variety of instruments and has taught many programs for local communities. Sign your little one(s) up for this class for hands on FUN with a dynamic way to learn more about the world of music.

Th 9:00-9:45 A 9/19-10/10 \$35 Civic Center

MESSY ART & SCIENCE

All the fun of making a mess but no cleanup required by parents! Materials and tools will be used to explore colors, shapes and texture. There will be experiments, observations and problem solving. This session offers the opportunity for self-expression, creativity and curiosity. Come to class in clothes that can get messy!

Th 9:00-9:45 A 10/17-11/7 \$35 Civic Center

SIMPLE STEM

In this hands-on STEM based series, kids will love finding out how things work as they begin learning about Science, Technology, Engineering, and Math concepts with age appropriate projects & experiments each week.

Th 9:00-9:45 A 1/16-2/6 \$35 Civic Center

TOT GYM

An energetic class filled with running, jumping and a whole array of games! This is a learning through movement class focused on developing large motor skills, socialization and fun! Kids will gain independence as they move themselves through various activities plus there will be some teamwork exercises as well!

Th 9:00-9:45 A 2/13-3/5 \$35 Civic Center

Music FUNdamentals 2

Kids will enjoy learning about instruments, rhythm and count. The parks and recreation staff will be on hand to assist Ray Brown as he works with participants. Ray is well known in the area because of his amazing musical abilities. He can play a variety of instruments and has taught many programs for local communities. Sign your little one(s) up for this class for hands on FUN with a dynamic way to learn more about the world of music.

Th 9:00-9:45 A 3/12-4/2 \$35 Civic Center

MAKING PIZZA AT PIZZA ROMA

Press the dough, add sauce and choose your favorite toppings before you put your own pizza in the oven! Decorate the box while it's baking and then enjoy your masterpiece at Pizza Roma or take it home. Reg. Deadline: the Wednesday before.

S 1:00-1:45 P 11/9 3-4 yrs. \$12

S 1:00-1:45 P 11/16 K-5th gr. \$12

S 1:00-1:45 P 1/18 3-4 yrs. \$12

S 1:00-1:45 P 1/25 K-5th gr. \$12

ADAPTED RECREATION

Activities designed especially for individuals with physical, sensory or developmental disabilities. People of all abilities are welcome to attend. Participants who are not capable of participating independently must be accompanied by parent or caretaker. In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.

FITNESS TO WELLNESS TO FUN at HEALTH 360

(13 years+) Enjoy obstacle courses and movements to help with strength, agility and motor reaction and skill development. Sign up for Mon or Wed or both. \$55/session/day or \$95/both days/session.

M/W	6:30-7:30 P	8/26-10/16 (except 9/2, 9/4, 9/30, 10/9)	Fall 1
M/W	6:30-7:30 P	10/28-12/4	Fall 2
M/W	6:30-7:30 P	12/9-1/29 (except weeks of 12/23 & 12/30)	Winter 1
M/W	6:30-7:30 P	2/3-3/11	Winter 2

BASKETBALL WITH LEAP

(18 yrs+) Join Jayme and LeRoy from LEAP as they work on the fundamentals of basketball each week. This is a non-competitive program where everybody gets the chance to learn and build skill. The registration deadline is one week before the session. Limited to 5 participants! Held at Wildcat Sport & Fitness. \$31 per session.

T	6:30-8:00 P	9/3-10/8	Fall 1
T	6:30-8:00 P	10/22-12/10	Fall 2
T	6:30-8:00 P	1/7-2/11	Winter 1
T	6:30-8:00 P	2/25-3/31	Winter 2

AEROBICS: LINE DANCING

(18 yrs+) Exercise is an important part of a healthy lifestyle. Aerobic exercise strengthens your heart and lungs, improves circulation, lowers blood pressure, and increases the amount of energy you have throughout the day. It also promotes deeper sleep and boosts mood. Incorporate fitness components into a full body workout while learning new line dances. Registration Deadline: 8/28. Space is limited.

Th	6:00-6:45 P or 7:00-7:45 P	9/5-10/10 (except 9/26)	\$20
----	----------------------------	----------------------------	------

 Civic Center

INDOOR WATER EXERCISE

(10 yrs+) This is an opportunity to experience success, increase comfort level, exercise and have fun in an aquatic environment. Kate Sullivan will be teaching class again! \$20 per session.

Th	6:30-7:30 P	9/5/19-3/19/20, 3 week sessions (some exception dates may apply)
----	-------------	---

PAINTING WITH ARTFULLY MINE

(5 yrs+) No experience needed and opened to all abilities! Clear, step by step instruction allows you to put your own spin on a pre-selected fall or winter design. Supplies are provided including an apron. Paint on a canvas with acrylic paints. Anyone ages 5-10 years must be accompanied by an adult. Registration Deadline: 8/28, 1/2.

S	Noon	9/7	\$35
S	Noon	1/11	\$35

 Wildcat Sport & Fitness

WALKING CLUB

(18 yrs+) Walking is proven to be one of the best forms of exercise. As a safe and low impact activity, walking improves cardiovascular health, strengthens bones, and can even boost your mood.

M	6:00-7:00 P	9/9-10/7	Fall 1	\$12
---	-------------	----------	--------	------

 Euclid Creek Reservation

M	6:00-7:00 P	10/21-12/9	Fall 2	\$12
---	-------------	------------	--------	------

 Beachwood Mall

YOGA REACH EMBRACE ABILITIES

(13 yrs+) Embrace Abilities teaches an integrated system of adaptive poses, breath work, daily function skills, movement exercises, meditation practices, and facilitates ongoing discussions. Focus on what you can achieve and qualified instructors will help reinforce an optimistic approach! \$64/session \$5 off if registering for two sessions at once.

T	4:45-5:45 P	9/10-10/22 (except 10/8)	Fall 1
T	4:45-5:45 P	10/29-12/10 (except 11/5)	Fall 2
T	4:45-5:45 P	1/7-2/11	Winter 1
T	4:45-5:45 P	2/18-3/24	Winter 2

 Civic Center

RHYTHM & SONG WITH RAY BROWN

(10 yrs+) An exciting music, movement, and rhythm class! Ray Brown will integrate and assimilate rhythm into participants lives as they learn rhythmical patterns, develop new skills with various instruments, explore movement and dance while singing songs and play games based upon music. Learn, create, discover and explore music, movement, rhythm and notes. Parents and caregivers will need to participate if one on one assistance is needed for participant. Maximum number of participants per session is 10.

T	6:00-6:45 P	9/10-10/22 (except 10/8)	Fall 1	\$54
T	6:00-6:45 P	10/29-12/10 (except 11/5)	Fall 2	\$54
T	6:00-6:45 P	1/7-2/11	Winter 1	\$54
T	6:00-6:45 P	2/18-3/24	Winter 2	\$54

 Civic Center

GAME NIGHTS

(All ages) Basketball, coloring, board games, volleyball, dancing, food and friends! Feel free to bring your own basketball, game or activity. Pre-registration deadline is Wednesday before.

F	6:00-8:00 P	Dates TBD	\$5 pre-reg/date \$6 at door/per date
---	-------------	-----------	--

 Mayfield Middle School

Tickets are available for performances at Playhouse Square (see page 19). Please email decht@mayfieldvillage.com if interested in receiving more information.

PIZZA BOWLS

(13 yrs+) 2 hours of bowling, shoe rental, a slice of pizza, a small soda and a cup of ice cream awaits you during this program. Bowlers will be 4-6 per lane. Space is limited. Registration Deadline: one week before; space is limited.

S 1:00-3:00 P 9/14, 11/16* \$16
*more dates to be scheduled in 2020

 Game of Wickliffe

GOODTIME III

Cruise on the Cuyahoga River and Lake Erie aboard Cleveland's largest sight-seeing vessel. Witness the fast changing panorama of Cleveland's skyline and the exciting Flats area as you learn about many sights and little known historical facts about our All-American city. Transportation on your own. Boarding begins at 11:30 a.m. Parking along Pier at 825 E. 9th Street or in surrounding lots, streets. Some may be pay. Food items can be purchased on board, no outside food allowed. Registration Deadline: September 19.

S 12:00-2:00 P 9/28 \$15

MAKE A MOBILE

(8 yrs+) Join Instructor Kurt Klimko. Learn basic woodworking techniques using hand tools to sand, drill, and put together a mobile to hang in your room or to give as a gift. Paint your mobile parts at home in your choice of colors to make it uniquely yours. A \$10 materials fee is payable to the instructor at class. Students must be accompanied by a parent or caregiver. Registration Deadline: 9/20. Instructor: Kurt Klimko

S 12:30-2:30 P 9/28 \$35

 Orange High School Wood Shop

FALL HIKE, FIRE BUILDING, & S'MORES WITH CLEVELAND METROPARKS OUTDOOR RECREATION

(13 years+ with caregiver) Take an easy hike along an accessible path before learning how to build a fire. Reward your fire building skills with the sweetness of chocolate, marshmallows, and graham crackers as you make the perfect s'more. Registration Deadline: 9/20. Limited Space!

S 5:00-7:00 P 9/28 \$12

 North Chagrin Reservation

LEAP'S HALLOWEEN PARTY & DANCE

(13 yrs+) Dress in your best Halloween costume and dance the night away. Awards will be given out for the weirdest, funniest, scariest, most creative, and best overall costumes. Dinner and beverages will be served. Registration Deadline: 10/12.

F 7:00-9:00 P 10/18 \$15

 Hilton Garden Inn Mayfield Village

BASKETBALL CLINICS

(10 yrs+) Local college coaches and players teach the fundamentals of basketball. Activities help build individual skill and also include fun drills incorporating team work. Pre-registration required. Registration Deadline: Wednesday before each clinic. Sundays, 1:00-2:00 P, dates, cost, location TBD.

MOVIE NIGHTS

All ages. Come watch a movie on a drop down projection screen. Enjoy snacks and beverages while you watch a movie. Pre-registration only. Registration Deadlines: Wednesday before each date as long as space available.

F 6:15 P Dates TBD \$5 per date

 Mayfield Village Civic Center

BOXING BUDDIES

(15 yrs+) Veteran Blue Ribbon coach and advocate Sandy Ellis will teach the basics of boxing and a little self defense. It is non-contact. You will learn how to throw a punch, a jab, a right hand, uppercuts and hooks using special coaching mitts as targets. Most of all, boxing will build your self-confidence and it is FUN!!! Boxing can be learned while sitting or standing. Anyone is welcome to register (friends, family, caregivers). Space is limited! Registration Deadline: 10/1.

S 1:00-2:00 P 10/26-11/30 \$24

 Solon Community Center

AEROBICS: DANCE JAM

(18 yrs+) Exercise is an important part of a healthy lifestyle. Aerobic exercise strengthens your heart and lungs, improves circulation, lowers blood pressure, and increases the amount of energy you have throughout the day. It also promotes deeper sleep and boosts mood. Incorporate fitness components into a full body workout to the beat of your favorite music. Registration Deadline: 10/23. Space is limited.

Th 6:00-7:00 P 10/31-12/5 \$20
(except 11/28)

 Civic Center

MAKING PIZZA AT PIZZA ROMA

All ages. Grace VanNess will help you to press the dough, add the sauce and desired toppings, place it in the oven and...enjoy! You will have your very own personally created pizza to enjoy in the store or take home. Registration Deadlines: 10/29 & 2/11.

S 1:00-1:45 P 11/2 \$12
S 1:00-1:45 P 2/15 \$12

KARAOKE & DINNER

(16 yrs+) Come on out and sing a song or just enjoy the talents of other karaoke singers. Dinner will be served at 6:00 P. Registration Deadline: 11/7.

F 6:00-9:00 P 11/22 \$13

 Solon Community Center

LEAP'S HOLIDAY PARTY & DANCE

(13 yrs+) Wear an ugly sweater if you have one; not required. Dress code is casual. Dinner and beverages will be served. Registration Deadline: 11/29.

F 7:00-9:00 P 12/13 \$15

 Hilton Garden Inn Mayfield Village

SENIOR PROGRAMS

NEW! HOMECOMING DANCE/PARTY FOR SENIORS 60+ OF ANY COMMUNITY

Light refreshments and 50s, 60s, and Doo Wop music! Bring a copy of a photo of you at a teen dance for our photo board. Deadline to Register: 10/3.

F 1:30-3:30 P 10/25 Free

 Community Room

SENIOR FAIR FOR MAYFIELD VILLAGE RESIDENTS & THEIR CHILDREN/GRANDCHILDREN

Meet department representatives and see what the Village has to offer. Hors d'oeuvres and beverages.

Th 5:00-7:00 P 9/26 Free

HOLIDAY PARTY FOR MAYFIELD VILLAGE RESIDENTS AGES 60+ *AND A GUEST

(*NOTE: GUEST CAN BE FROM ANY COMMUNITY.)

MV Community Room. Doors open at 11:30 a.m. Hors d'oeuvres, lunch, and entertainment. Free. RSVP by 12/3.

F 12:00-3:00 P 12/13

 Community Room

AARP DRIVER SAFETY CLASS

Learn new laws in effect. At MV Civic Center. Cost: \$15/AARP Members; \$20/All others. Deadline to Register: 10/22.

W 12:00-4:00 P 10/24

FOOT CLINICS WITH DR. KELLY WHALEY

Cost: \$25. Fridays 9/13, 9/27, 10/18, 11/8, 11/22, 12/13, 12/20. At MV Civic Center except 11/8 which is at Community Room. Contact us for 2020 dates.

LUNCH N' MOVIE WITH COMMUNITY PARTNERSHIP ON AGING

Lunches: \$5 per person. Reservations REQUIRED by calling 216-650-4029 no later than the 3:00 PM on Wednesday prior to the lunch. Call for details.

W 12:00 P 9/11, 10/2, 11/13, 12/4.

 Civic Center

LUNCH & MOVIE AT GOVERNOR'S VILLAGE

Lunch: \$5.00. Deadline to Register: One week prior to lunch & movie: 440-919-2332. Call for details and 2020 dates.

W 12:30 P 9/18, 10/16, 11/20, 12/18

 Governor's Village

WATERCOLOR CLASSES

September to December 2019--Thursdays. Instructors Flo Smith and Mary Williams. January to June 2020--Tuesdays 1/7-1/28; 2/4-2/25; 3/3-3/24. Instructor: Kathy Oravec. Cost: Mayfield School District Residents: \$35 per 4/week series, Non-Mayfield School District Residents: \$40/per 4/week series + \$4 material fee paid to the instructor for each 4-week series. New students: contact us for the materials and paint list.

9:00 A-12:00 P 9/5-9/26, 10/3-10/24, 10/31-11/21

 Community Room

ONE-STROKE & ACRYLIC PAINTING CLASSES

\$28 per class plus a \$3-4 surface fee payable to instructor. Contact MV Senior Services for descriptions of the projects. Deadline to Register: 1 wk. prior to class date. Instructor: Barbara Brastoff.

W 2:00-4:00 P 9/11 Fall Project (Sunflowers)
W 2:00-4:00 P 11/6 Winter Project (Snowman)

 Community Room

BALANCE & CHAIR YOGA

At Community Room. The focus will be on improving your balance, flexibility, and strength. Cost: \$42/6-wk. session. Instructor: Lois Wiesbrook. Deadline to Register: One week prior to the session for which you are registering. Contact us for 2020 dates.

W 2:00-3:00 P Fall Sess. 1 9/4-10/9
Fall Sess. 2 10/16-11/20

 Community Room

BEREAVEMENT SUPPORT GROUP

Denise of Crossroads Hospice helps persons work through the grief process connected with losses through death, job loss, divorce, moves, and other life-changing challenges. Free. Contact us for 2020 dates.

M 10:00-11:00 A 9/9-10/28

 Community Room

BRAINERSIZE CLASSES

Exercises for your brain. These classes are facilitated by Governor's Village. Free. Register a week prior to the class you want to attend. No class in December. Contact us for 2020 dates.

M 1:00-2:00 P 9/30, 10/28, 11/25

 Community Room

6TH ANNUAL MAYFIELD ART SHOW

Sponsored by Mayfield Village, the Mayfield Branch of the Cuyahoga County Library, and Friends of the Mayfield Branch Library. Pictures will be on display Sunday, October 13 through Sunday, October 20, 2019, at the Mayfield Branch Library during regular Library hours—440-473-0350. Free and open to the public. Entry forms available at the library and the Mayfield School District city halls. Or, call MV Senior Services for an application: 440-919-2332. Artists' entries accepted at Mayfield Branch Library: Friday, October 11—3:00-5:00 p.m. For more information: Art Director Kathy Maxwell: 440-381-5293.

 Mayfield Branch Library, 500 SOM Center Road, MV

SPECIAL PROGRAMS

"Did you know Memory Loss is Preventable?" facilitated by Dr. Nate Bergman, Chief Scientific Wellness Officer, Kemper Cognitive Wellness. This program is for anyone, at any age who is interested in improving cognitive and overall health and wellness. Light refreshments. Deadline to register: 10/25.

W 6:30-7:30 P 10/30

 Reserve Hall at MV Civic Center

Contact us at 440.919.2332 if you are interested in fall Bocce or Pickle Ball (daytime) for Seniors.

TRIPS

Trip Preview Program

Join us for a light lunch and a preview of the 2020 trips at the community room. Limited to the first 100 people who RSVP by 1/8. (440-919-2332)

M 12-2 P 1/20/20 Free

“A Christmas Special Trip” Tours of The Christmas Story House (made famous by the movie) and Stan Hywet Mansion with lunch on your own at Don’s Lighthouse. (\$55) Deadline to Register: 10/28.

W 8:00 A-6:00 P 12/4/19 \$55

High Tea at Miss Molly’s Tea Room Enjoy high tea and shopping in a charming--yet elegant--setting. Deadline to Register: 1/29 unless sold out sooner.

W Time TBA 3/18/20 TBA

Franklin Park Conservatory The glass enclosed gardens are filled with exotic plant life from around the world, water features, and seasonal floral displays. See the special exhibit with 23 Dale Chihuly glass art pieces. Lunch is included.

W Time TBA 3/25/20 TBA

LUNCH & LEARN PROGRAMS - ENJOY A LIGHT LUNCH AND LISTEN TO A SPECIAL PROGRAM:

“Arthritis Q & A” presented/sponsored by Mayfield NovaCare Rehabilitation. Learn the differences between osteoarthritis and rheumatoid arthritis, meet a local physical therapist, and see if your walker or cane is properly adjusted. Deadline to Register: 8/28.

F 12 noon 9/6 Free

“Name that Tune” presented/sponsored by The Greens & The Fountains. Join us for this fun musical program. Deadline to Register: 10/7.

W 12 noon 10/16 Free

“The How’s and Why’s of Advance Funeral Planning” presented/sponsored by DeJohn Funeral Home. You can give your family an amazing gift by learning the importance of being prepared. Bring your questions! Deadline to Register: 10/28.

W 12 noon 11/6 Free

“Stroke—Get the Facts” presented by Melissa Richardson, RN, MSN, Stroke Coordinator, of Cleveland Clinic. Deadline to Register 11/11.

W 12 noon 11/20 Free

 Civic Center

Call **440.919.2332** for more information on Senior programs.

PROGRESSIVE FITNESS CENTER

For Mayfield Village Residents 16 years and older. All memberships are subject to the approval of Progressive.

MEMBERSHIP

- New membership must be done in person at the Civic Center. A photo ID and postmarked piece of mail with name and address must be shown. Renewals must also be done at the Civic Center.
- 6 months/12 months: \$130/\$260
- College Student: 3 months/\$65
- Bring your receipt to Fitness Center, complete enrollment form, schedule 15 minute Orientation

OFFERINGS

- Certified Exercise Specialists on hand to provide professional instruction and supervision.
- Life Fitness, Matrix, and Precor cardio equipment, Life Fitness Strength and free weights.
- Group Fitness, functional training & mind/body studios. New: TRX Commercial Bridge & Boxing Rig.
- Locker rooms, showers, and amenities.

GROUP FITNESS CLASSES

Exercise classes for all fitness levels, led by certified Group Fitness Instructors. Classes that are included in membership: Yoga, Pilates, Boot Camp, Strength, ViPR, Zumba®, WERQ®, PiYo®, Spinning® Crunch-Free Core Conditioning, Fit Start, and more.

CUSTOMIZED EXERCISE PLAN

A Certified Exercise Specialist will design a Customized Exercise Plan for any member age 18 or older at no additional cost. It includes a Fitness Assessment and Profile, a thirty-minute instructional session, and an optional follow-up appointment.

FACILITY HOURS

M-Th 5:30 A- 8:30 P (unstaffed 6:30-8:30 P)

F 5:30 A-8:30 P

S 7:00 A-6:00 P (unstaffed)

Su 7:00 A-4:00 P (unstaffed)

The entrance doors are locked on weekends. Page security using the button just outside the main entrance. Fitness Center hours subject to change; some restricted holiday hours. Call 440.395.0103 for exact days/times.

PERSONAL TRAINING

Must be current member. Complete a Personal Training Questionnaire to get started. Pay at the Civic Center after training appointment is scheduled.

- 30-minute session: \$18, 45-minute session: \$27, 60-minutes session: \$36.
- Studio Training (Small Group Training):\$100. All sessions are 10 weeks in length and include a complimentary bonus class.

Contact the Fitness Center at 440.395.0103 or fitness@progressive.com for more information.



GARY ANN
HAIR STUDIO & SPA

6693 Wilson Mills Road
Mayfield Village, Ohio 44040
440-442-8686
www.garyann.com



Noreen Londregan
School of Dance

BALLET * TAP * JAZZ * HIP HOP
LYRICAL * CONTEMPORARY TERRIFIC 2'S
PRESCHOOL COMBO * ADULT CLASSES

FALL SESSION BEGINS SEPT. 3

750 Beta Drive Mayfield Village, Ohio
440.449.0240
www.noreendancer.com



Life is better when you're laughing! Stop by and tour our remarkable Assisted Living & Memory Care residence.



**GOVERNOR'S
VILLAGE**
A Randall Residence

440-449-8788
280 N. Commons Blvd, Mayfield Village, OH
randallresidence.com/gvillage

MAYFIELD CITY SCHOOL DISTRICT
1101 S.O.M. Center Road
Mayfield Heights, Ohio 44124

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
CLEVELAND, OH
PERMIT #3824



THE POWER OF
FITNESS AND
PHYSICAL THERAPY
COMBINED!

AMENITIES:

- ◆ 12,000 SF fitness center and physical therapy clinic
- ◆ Degreed & Certified Personal Trainers who work in conjunction with physical therapy
- ◆ Physical therapy for everyone that **KEEPS** you in shape after your rehab ends
- ◆ Gym memberships
- ◆ Group Classes

MAYFIELD VILLAGE'S **BEST-KEPT SECRET** SINCE 2010!

216-920-1110
700 BETA DRIVE, MAYFIELD VLG.
WWW.H360G.COM

ITS TIME TO
BECOME YOUR
BEST SELF!