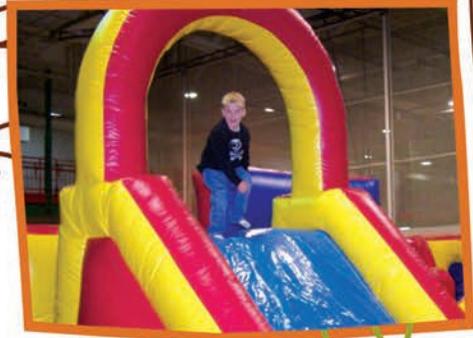


Mayfield Village

Parks and Recreation



Fall 2012

Register by Phone: 440-461-5163
Visit mayfieldvillage.com





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Mayfield Village Parks and Recreation Department Mission Statement:
 Mayfield Village Parks and Recreation Department's mission is to coordinate with members of the Mayfield Village Recreation Board, residents, volunteers, Mayfield Community Education (Mayfield City Schools), MARC and surrounding recreation departments to develop a wide variety of recreation activities and programs for citizens of Mayfield Village and the Mayfield City School District. Through these programs the department will promote a "sense of community", promote health and wellness, and provide a positive learning experience for all participants.



Bruce G. Rinker, Mayor
William Buckholtz, Council President

Mayfield Village Council:
Joanne Cinco **Patsy Mills**
William Marquardt **Dr. Stephan Parker**
Thomas Marrie **Nicholas Delguyd**

William D. Thomas, Director Parks & Recreation
Danielle Echt, Assistant Recreation Director
Sean Supler, Youth/Adult Sports Coordinator

Recreation Board Members:
 Pat Andrzejczyk, Dave Blood, Mike Colacarro, Paula Conte, Stivo DiFranco, Peggy Kerver, Troy Koch, Shelly Kovacevic, Tom Marrie, Mary Murphy, Dave Perout, Lori Sperling, Meg Stifler and Kate Sullivan.

IMPORTANT REMINDERS

- **Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center. (6622 Wilson Mills Rd.) Visit mayfieldvillage.com for flyers and information about the recreation department.**
- Registration for most programs begins once you receive your Fall Parks & Recreation Brochure.
- Pre-registration is required for most programs.
- Most registration can take place through the mail (even with credit card) or walk-in at Mayfield Village Civic Center.
- **Mayfield Village can accept registration over the phone with Visa/MasterCard and Discover during office hours (M-F, 8:30 a.m.-4:30 p.m.). Call 461-5163.**
- Mayfield Village Residents are strongly encouraged to sign up as early as possible for certain high demand programs such as the youth 3-5 year old programs to avoid being closed out of the program.
- **Photographs:** Mayfield Village may take pictures of participants in our programs. We may use these photos in our brochure or for media publicity. By your registration, you grant us permission to use these photos for publicity purposes only.
- **Confirmation/Cancellation -** Mayfield Village does not mail confirmations for class/program enrollments. We will make every attempt to notify you in advance if a class is cancelled, changed or if your registration is received after a program is already full. If enrollment is insufficient for any particular class, the class will be cancelled and fees will be refunded in full. Mayfield Village reserves the right to cancel or combine programs, to change time, day, date or place of meeting and to make revisions to programs.
- **Cancellation/Withdrawal/Refunds -** Participants assume risk of all changes in personal health and affairs. A \$5.00 processing fee will be charged for all refunds involving the Mayfield Village Parks and Recreation Department. A pro-rated fee may also be charged if the program has already begun or if certain enrollment requirements are not met due to your cancellation. Charge refunds will be credited promptly. For check/cash refunds, please allow 2-3 weeks as they are issued through the Finance Department.
- **Late Registration -** In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge \$5 per person per program after the registration deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.
- **Returned Checks for Insufficient Funds -** A \$25 cash fee will be charged for all checks returned for insufficient funds.
- **Liability -** Participants in our activities do so at their own risk, and agree to waive and release any and all claims of personal injury or property damage they may have arising from participation against Mayfield Village, its agents, instructors, or employees. Mayfield Village cannot be responsible for personal property.

Mayfield Village Parks & Recreation Number:
(440) 461-5163
Weather Cancellation/Activities Number:
(440) 954-4114

REGISTRATION HOURS AT CIVIC CENTER

For all Programs Except where noted:
 Monday through Friday. . . 8:30 a.m. - 4:30 p.m.

The Civic Center will be closed on:
 Labor Day: September 3
 Thanksgiving: November 22 and 23

Special Events and Activities

Mayfield Township Historical Society

ICE CREAM SOCIAL

When: Wednesday, September 12, 6:30 – 8:00 p.m.

Location: Wiley Park/Bennett-Van Curen Museum

Details: \$3.00. Ice cream, homemade goodies and tour the museum

HISTORY OF QUILTS

When: Wednesday, October 10, 7:30 p.m.

Location: Mayfield Village Community Room.

Details: Presented by Darlene Lake. Refreshments. Bring a friend.

ELECTION DAY/RAFFLE TICKETS

When: Tuesday, November 6 Election Day

Where: Mayfield Village Community Room

Details: Holiday raffle tickets available during election hours.

VISIT WITH ELEANOR ROOSEVELT

When: Wednesday, November 14, 7:30 p.m.

Where: Mayfield Village Community Room

Details: Portrayed by Linda Laronge. Famous Pie Night. Bring your favorite pie to share. Holiday Raffle for Gift Certificates and other prizes. Bring a friend.

HOLIDAY POTLUCK BUFFET

When: Wednesday, December 12, 6:30 p.m.

Where: Mayfield Village Community Room

Details: Annual buffet for the Mayfield Township Historical Society, Mayfield Village Garden Club, and South Euclid Historical Society. Historical Society Members bring a covered dish for 10 to share. Garden Club Members will provide the appetizers, punch and dessert.

The Mayfield Township Quilters Present 14th Biennial Quilt Show

When: Friday, October 12 and Saturday, October 13, 9:30 a.m. to 6 p.m.

Where: Mayfield Village Civic Center

Details: Quilt displays by Local Quilters and Quilt Shop Vendors. On Saturday, October 13, 1:00 p.m. Caroline Urban will present "Apron Memories". Refreshments will be available. If you have a Quilt you would like to display please contact Nancy 440-442-2212 or Patsy 440-449-4922. Quilts must be registered by September 5.

Mayfield Village Garden Club

The Mayfield Village Garden Club meets the fourth Wednesday of every month (unless otherwise noted) at 7:30 p.m. at the Mayfield Village Community Room.

September 26: Mayor Bruce Rinker will be the guest speaker and his subject matter will be "The Village Green Spaces". He will discuss bike trails, landscaping of the Old Village Hall Site, and the Amphitheatre.

October 24: Speaker TBD

November 28 (fourth Wednesday): Speaker TBD

Want to be a Garden Club member? Please contact Elaine Schramm at (440) 449-1474 to learn how. We hope to see you at future meetings!

'Tis the Season! Believe it or not, the Garden Club members are already preparing for their Annual Mistletoe Market being held on Saturday, December 1, from 9 a.m. to 4 p.m. at the Mayfield Village Civic Center. If you are a craft merchant and are interested in purchasing table space, please contact Patsy Mills at (440) 449-4922.

For more information about the Garden Club, check out our page at www.mayfieldvillage.com and click on "Associations and Organizations."

American Red Cross Community Blood Drives

Location: Mayfield Village Community Room

Time: 2:00 – 7:00 p.m.

Dates: Fridays, September 7 and November 2

Eligibility to be a Donor:

- are at least 17
- weigh at least 110 lbs.
- are in good health (no flu symptoms)
- your last donation was more than 56 days ago
- are not taking antibiotic medication
- Have a photo ID or Red Cross card with you when you donate

Please bring in the names of any medications that are currently being taken. Questions about your eligibility can be answered in advance of the drive by calling the American Red Cross at 1-800-GIVE-LIFE or 1-800-294-3347 #2 and ask for the "Donor Suitability" Department. You can also check out this info on the American Red Cross webpage. Plan on about an hour to go through the entire blood drive. You will feel best if you eat and drink plenty of water before donating. Please bring ID to the blood drive.

Monarch Tagging at the Wetlands

When: Saturday, September 1, 10:30 – 11:30 a.m.
Details: Wear long pants and closed toe shoes as we will be “off trail” in the fields surrounding the wetlands. You may bring your own net or use one provided by us (limited supply). The Monarch that travels through our area in the fall are on their way to Mexico. Tagging these insects help biologist track movement and provide income for the locals. Please park at Parkview Pool and meet by the kiosk.



35th Annual MARC Art Show



Mayfield Area Recreation Council

Co-sponsored with the Mayfield Branch of Cuyahoga County Public Library

Dates: Sunday, September 30th - October 28

Where: Mayfield Regional Library meeting room

Cost: Free and open to the public

Details: The show is open to all adult artists. Entry blanks will be available at the city halls of the four MARC communities, the library or you may call Kathy Maxwell at 440-951-4088. The entry date is Friday, September 28, 3:00 – 5:00 p.m. at the library.

Adult Sports and Activities

Adult Fall Softball

Packets were mailed in early July to all team managers from previous fall seasons. For more information, for a registration packet, or to be added to the mailing list call 461-5163.

COED 18 YEARS AND OVER

Date: Monday and Wednesday nights beginning Monday, August 27 through late October.

Time: 6:30 p.m. - 9:30 p.m.

Location: Parkview Softball Fields

Cost: *\$350/School District Team
*\$400/Non-School District Team
*plus official, scorekeeper & forfeit fees.



MEN'S 18 YEARS AND OVER

Date: Tuesday and Thursday nights beginning Tuesday, August 28 through late October.

Time: 6:30 p.m. - 9:30 p.m.

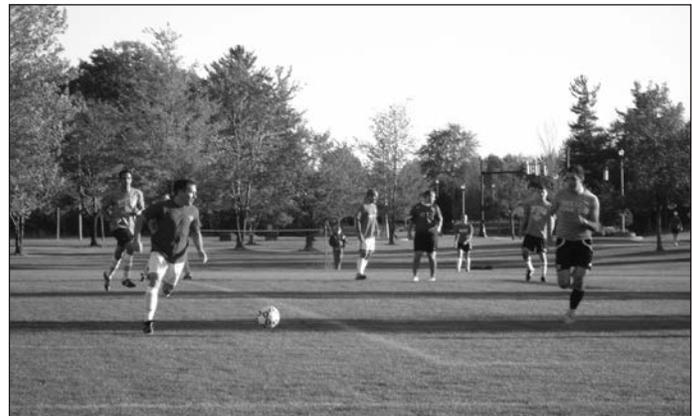
Location: Parkview Softball Fields

Cost: *\$430/School District Team
*\$480/Non-School District Team
*plus official, scorekeeper & forfeit fees.

Adult Fall Coed Soccer



This fall, coed soccer is planned for the dedicated soccer fields just North of Parkview Pool. League play is held on Tuesdays and Thursdays beginning August 7. For more information, for a registration packet, or to be added to the mailing list call 461-5163 for more information.



Adult Sports and Activities (continued)

Fitness Classes at Health 360

(700 Beta Drive, Mayfield Village)

All classes are for 18 years and older

Registration is ongoing...participants can sign up for as many dates they want.

ZUMBA

When: Tuesdays, September 4 – December 18, 6:30 – 7:30 p.m. and/or Thursdays, September 6 – December 20, 5:30 – 6:30 p.m.

Cost: \$5 per date

Details: When participants see a Zumba class in action, they can't wait to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students.

CARDIO KICKBOXING

When: Tuesdays, September 4 – December 18, 5:30 – 6:30 p.m.

Cost: \$10 per date

Details: Cardio Kickboxing is a high intensity full body workout that is a great way to get in shape and stay fit. This cardiovascular workout consists of balance, coordination, kick and punch moves from martial arts. When you participate in a fast paced kickboxing class you will lose weight and burn calories at an incredible rate. Join us and kick your way to a leaner body and a healthier state of mind. All fitness skills welcome and no special gear required.

YOGA

When: Saturdays, September 8 – December 22, 6:15 – 7:15 a.m. or 9:00 – 10:00 a.m.

Cost: \$10 per date

Details: An amazing physical and mental experience. Yoga is so much more than stretching or breathing exercises. Our beginner/intermediate class is focused on strengthening the body and improving your control and focus, and eliminate stress and tension.

MAT PILATES

When: Saturdays, September 8 – December 22, 11:15 a.m. – 12:05 p.m.

Cost: \$10 per date

Details: This class features core based movements, coordinating breathing with exercises. Pilates strengthens and lengthens the body, while building endurance and lean muscle. The exercises concentrate on abs and lower body.

Yoga Classes

NEW

For 18 year olds – Seniors

Held at St. Bartholomew's Church (435 SOM Center, 44143)

Instructor: Betty Rendlesham, Certified Yoga Instructor

FITNESS YOGA

When: Mondays and Thursdays, September 10 – November 15, 6:00 – 7:00 p.m.

Cost: \$90 for 10 classes or \$9 per class drop in

MINI FITNESS YOGA

When: Mondays and Thursdays, November 26 – December 10, 6:00 – 7:00 p.m.

Cost: \$25

DETAILS FOR BOTH FITNESS YOGA CLASSES: Energize your spirit, soothe your mind and revitalize your body. Class is structured around yoga postures, breathing and relaxation techniques designed to lengthen and strengthen the muscles as well as relieve stress and teach relaxation breathing. **Registration Deadline: Friday, Sept. 7 for Monday class and Tuesday, Sept. 11 for Thursday class and Wednesday, Nov. 21 for Mini session.**

CHAIR YOGA

When: Thursdays, September 13 – November 15, 7:15 – 8:15 p.m.

Cost: \$90 for 10 classes or \$9 per class drop in

MINI CHAIR YOGA

When: Thursdays, November 29 – December 13, 7:15 – 8:15 p.m.

Cost: \$25

DETAILS FOR BOTH CHAIR YOGA CLASSES: Refresh and relax your mind, body and spirit while helping your body to gain flexibility and strength. Postures will be gentle and can be adapted to your physical capabilities. Most stretches will be done in a chair. No previous yoga experience is needed. Wear comfortable clothing. **Registration Deadline: Tues., Sept. 11 and Tuesday, Nov. 27 for Mini session.**

The Cleveland Disc Association and the Ultimate Frisbee Leagues

Who: High School, College and Adults of all ages. Beginner and experienced players are welcomed.

Dates/Times: Sundays in September and October

Location: Parkview Soccer Fields and other sites

Cost: \$15 per person per league

Details: Join us for the most popular and fastest growing programs in Northeast Ohio. Both summer and fall leagues are offered for all abilities. Sign up on their website www.cleveland-disc.org. September through October for leagues, pickup games, tournaments and events.

Adult Coed Volleyball Leagues

Days/Dates: Mondays, September 17 – December 3 OR
Wednesday, September 19 – December 19
(except Oct. 31 and Nov. 21)

Times: 7:00pm, 8:00pm, 9:00pm

Location: Wildcat Community Recreation Center
(Formerly Mayfield High School Field House)

Cost: \$265 per team, plus \$10 per team per match for official fees

Details: Teams consist of coed 6's. This is a "BB" level league. The "BB" level player knows where to be on the court at all times when plays are developing. He/She knows where to be when the opponent is hitting. They know the footwork of and how to approach hitting effectively and are consistent with all the skills of bump, set, and spike. **Registration Deadline: Wednesday, September 12.** Register with either Mayfield Heights (440) 442-2626 ext. 267 or Mayfield Village (440) 461-5163 Recreation Departments.

NEW

Move It

Who: Adults

When: Session 1 - Wednesdays, September 12 – October 24
(except Sept. 26)

Session 2 - Wednesdays, October 31 – December 12
(except Nov. 21)

Time: 5:15 – 6:15 p.m.

Where: Mayfield Village Civic Center

Cost: \$66 per session

Instructor: Char Grossman, M.A. RYT-500, NCSP is a Registered Yoga Teacher, Therapeutic Yoga Specialist, and a Nationally Certified School Psychologist. Char instructs independently in hospitals and community centers that integrate holistic solutions for those with medical challenges and special needs.

Details: Movement, awareness, breath, and relaxation are essential tools for promoting good health and well-being. If you are beginning to exercise, experience movement disorders, have physical issues, or just want to join this ease-into-it therapeutic yoga class, register now. This class will unite your mind and body so balance, posture, strength, and range of motion will improve in safe and effective ways.

Registration Deadline: Sept. 7 and October 26.

NEW

Jewelry Making

Who: Adults 18 years and older

When: Mondays, September 24- November 12, 7:30 - 9:30 p.m.

Where: St. Bartholomew's Church (435 SOM Center Rd., Mayfield Village)

Cost: \$70 Supplies are approximately \$30 and will be discussed the first night of class. \$5 fee payable to instructor.

Details: Join Instructor Jim Johnson and learn the basic skills used in the transformation of copper, silver or brass and wire into jewelry. Gain basic knowledge of jewelry making though soldering, buffing, sawing and forming. **Registration Deadline: September 20.**

Adults Only Fly Fishing



Who: 18 years and older

Date: Saturday, September 22

Time: 9:00 a.m. – 12 Noon for fishing/instruction lunch
1:00 – 3:00 p.m. for more fishing. **Rain or shine.**

Location: Deep Spring Trout Club (11069 Chardon Road, Chardon)

Cost: \$80 includes instruction, rod, tackle, lunch and trout fishing

Min/Max: 10/20

Details: With the popularity of our youth class, fly fishing for adults only has been created. Come learn fly fishing from the top fly fishing instructor, George Vosmik, at the most exclusive Trout Club in Northeast Ohio. George's credentials include the Museum of Natural History Trout Club and Board Member, a member of Deep Springs, and a certified fly fishing instructor for 22 years. Deep Spring Trout Club, founded in 1963, has a 2 acre spring fed trout pond with over 2,000 stocked trout. Mr. Vosmik will cover a history of fly fishing, hands on instruction, and demonstration of fly fishing techniques. Participants will have the opportunity to savor the enjoyment of catching their fish then dining on their catch for lunch in the Deep Spring Clubhouse (other food options will also be available). Following lunch, there will be more fishing at the pond. Participants will have a creel pouch to store their catches in throughout the day. If you have your own fly fishing gear, please bring that otherwise the equipment will be supplied. Other optional costs paid that day at the Club. **Note: Check or cash only.** Trout is \$4.50 per pound (live weight), cleaning and packed with ice to take home is \$1.00. **Registration Deadline: Thursday, September 20.**



Women's Self-Defense

Who: Teenage – 50 year old women
When: Thursday, October 4, 7:00 – 8:00 p.m.
Where: Mayfield Village Civic Center
Cost: \$17 per participant
Details: Join instructor Bob Morris and his female assistant as they present a realistic approach to self defense which focuses on self defense tactics and techniques that apply to realistic street situations. The program is designed to educate women about realistic options that will assist them in avoiding, escaping and surviving assaults if they do occur. Bob Morris is Founder and CEO of The Stress Defense Group and is an accomplished instructor in several Martial Art systems and a part time police officer. Wear comfortable clothes for active participation or just come and observe if you wish. **Registration Deadline: Friday, September 28.**

Mat Pilates

Who: Adults of all ages
When: Mondays, October 22 - December 10
(No classes November 5 and 19.)
Time: 7:00-7:50 p.m.
Where: Mayfield Village Community Room
Cost: \$60
Details: You will build strength in your core muscles during this challenging class. Many exercises will focus on your abs, back, and hips. Health benefits of Pilates include improved core stability, posture, balance, flexibility, and prevention and treatment of back pain.
Bring: An exercise mat and light hand weights
(3 lb. weights are best)
Instructor: Daniela Sciannameo

Adult Basketball

Packets will be mailed to all team managers from the previous winter seasons. Anyone wishing to receive a basketball packet should contact the Mayfield Village parks and Recreation Department at 461-5163.

MEN'S 18 AND OVER

Date/Days: League play on Sundays, beginning Nov. 4
Time: 9:30 a.m. - 12 noon
Location: Mayfield Field House
Cost: \$380/School District Team plus official fees
\$400/Non-School District Team plus official fees

Scrapbooking Crop-a-thon



Who: 21 years and older
When: Saturday, October 27 – Sunday, October 28
Time: 9:00 a.m.- 1:00 a.m. – Saturday
10:00 a.m.- 5:00 p.m.–Sunday
Where: Mayfield Village Community Room
Cost: \$37.00 – includes lunch & dinner on Saturday, beverages and snacks
Details: Pack your supplies and join your friends for hours of cropping. Cranberry Cat and Lily Pad Pages will be on site. **Limited seating, so register early. Registration begins September 26.**



Excursions

Casino Trips

All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.



RIVERS CASINO, PITTSBURGH

When: Wednesday, September 12

Time: 8:00 a.m. – 7:00 p.m.

Cost: \$29, voucher TBD

PRESQUE ISLE, ERIE

When: Wednesday, October 10

Time: 8:00 a.m. – 7:00 p.m.

Cost: \$29, voucher TBD

Details for both trips: Participants must be 21 years of age or older. Casinos offer Las Vegas style gambling with an abundant slot machines and table games. Go ahead and temp “Lady Luck”. The charter bus leaves and returns to the City Park Gazebo parking lot on Marsol Road.

One Day Charter Bus Trips

-All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

-All trips leave from the Mayfield Village Civic Center and include transportation aboard a charter bus unless otherwise noted.

-Registration is ongoing until a trip is full unless otherwise noted.

HISTORIC HOMES OF THE WESTERN RESERVE (SUMMIT & STARK COUNTIES, OH)

When: Tuesday, August 28, 7:45 a.m. – 5:45 p.m.

Cost: \$93 per person includes admission to homes and lunch

Details: We begin our tour with a visit to the Hoover Historical Center. The center is the boyhood home of Hoover Company, William H. Hoover. The Victorian-Italianate-style farmhouse is a unique walk down memory lane. Our tour will continue with tour of the Hower House, a Second Empire Italianate structure. This elegant home is filled with unique treasures and furnishings collected by the Hower family. You will complete your historic home tour with a visit to Stan Hywet Hall. The Manor House is one of the finest examples of Tudor Revival architecture in America.

AFRICAN ADVENTURE/THE WILDS (CUMBERLAND, OH)

When: Saturday, September 8, 8:00 a.m. - 6:00 p.m.

Cost: \$104 per person includes the Wilds, special program and lunch

Details: Discover the Wilds, one of the largest and most innovative conservation centers in the world. Board a guided Safari Transport for your extraordinary adventure encountering rhinos, cheetahs, giraffes, and other rare and endangered species living in natural, open-range habitat at this 10,000 acre center. Friendly and knowledgeable guides help you learn about the animals and the important conservation work at the Wilds – advancing conservation through science, education, and personal experience. You will board an open-air Safari vehicle for a premium day-tour experience providing opportunities for wildlife viewing and photography. This tour includes stops at selected destinations, including the new Mid-Sized Carnivore Conservation Center.

THE “WINE-DING” TRAIL (ASHTABULA)

When: Saturday, September 15, 9:00 a.m. – 6:00 p.m.

Cost: \$92 per person includes winery tours and tasting, lunch

Details: Join us for a fun day in Ohio wine country, exploring the beauty, the history and the many wineries of Ashtabula County. We begin our day with a visit of covered bridges! They have sixteen of them. We will stop for picture taking at the Harpersfield Covered Bridge which is 228 feet in length, spanning the Grand River.

OVERNIGHT: OCTOBERFEST (FRANKENMUTH, MI)

When: Saturday, September 22, 7:30 a.m. – Sunday, September 23, 4:30 p.m.

Cost: \$225 per person/twin or \$305 single includes lodging, luggage handling, 1 breakfast and admission to Octoberfest.

Details: Dubbed Michigan’s Little Bavaria, the city is as head-to-toe German as an American city can get, from its cuckoo-clock store to the Harvey Kern Community Pavilion, a scaled-down version of an authentic German beer hall. Frankenmuth Michigan holds a charming festival filled with German spirit and gemuchlicht. The weekend festival features traditional German food, authentic German beer, harvest activities, arts & crafts vendors, wiener dog races and Sunday German Worship Service. While listening to that energetic German music, spectators can dine on German food, including apple smoked pork chops, bratwurst, apple strudel, funnel cakes and more. The music and entertainment begins around noon and ends as late as midnight. The many shops of Frankenmuth including the largest Christmas store, Bronner’s, await your arrival.

Please register early.....At some point a decision must be made whether to cancel a class due to low enrollment. Registering at the last minute may mean that the class has already been cancelled. Please register early to avoid disappointment, class cancellations and late fees.

One Day Charter Bus Trips (continued)

All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

PAGEANT PLAY/RIVERSIDE INN (CAMBRIDGE SPRINGS, PA)

When: Tuesday, October 2, 10:00 a.m. – 5:00 p.m.

Cost: \$90 per person includes 12:00 p.m. show and lunch

Details: The Riverside Inn is everyone's favorite. Join us and the Riverside Inn for an afternoon of excellent food and entertainment as you're invited to watch *Pageant Play*. One of the biggest attractions of the Riverside Inn today is its charm of yesterday. This Cambridge Springs hostelry is situated picturesquely on the banks of French Creek and has been in continuous operation since 1885. It was built at that time to accommodate wealthy patrons during the exciting "mineral water boom" of the late 1800's and early 1900's. *Pageant Play*: Welcome to the hilarious, terrifying and surreal world of child beauty pageants. Pinky Comingfield will do anything to make sure her little angel wins the ultimate title... "Supreme Queen". When Marge, a newcomer to the pageant circuit, shows up and starts grabbing all the glory, Pinky uses some unorthodox methods in order to ensure her little darling is victorious. Glitz, Glamour, Money, Kidnapping!

IKEA SHOPPING AND RIVERS CASINO

When: Friday, October 5, 9:00 a.m. – 9:00 p.m. (bus departs from/returns to Pepper Pike Learning Center)

Cost: \$39 per person includes transportation plus \$15 slot/\$5 food voucher for casino

Details: Join us as we head to Pittsburgh for a shopping excursion to the famous IKEA store before trying our luck at Rivers Casino. You'll love the selection at IKEA, everything from kitchen gadgets to complete kitchens, plus plants, holiday decorations, furniture and more. Then we're off to Rivers Casino for slots and gaming. Must be 21 years or older. Last day to register or for refunds is September 20!

DELUXE HENRY FORD MUSEUM AND GREENFIELD VILLAGE (DEARBORN, MI)

When: Saturday, October 6, 7:30 a.m. – 7:30 p.m.

Cost: \$114 per person includes admissions to the Henry Ford Museum and Greenfield Village, all day ride pass includes train ride, carriage ride, model T ride, omnibus and carousel ride (as many times as you like), lunch

Details: Spend a fall day exploring one of America's treasures. You will visit Greenfield Village and rekindle your imagination where the sights, sounds and sensations of America's past are recreated. There are 81 acres of American discoveries. The village is filled with remarkable historic structures, people, and celebration of American life. Your visit will be complete with a stop at America's greatest historical attraction – The Henry Ford Museum. 12 acres of discovery await you. Great for a grandparents outing!

FALL FOLIAGE CRUISE ON THE ALLEGHENY RIVER (PITTSBURGH, PA)

When: Saturday, October 13, 7:00 a.m. – 7:00 p.m.

Cost: \$110 per person includes 5 hour cruise on Allegheny River, live entertainment, lunch

Details: We have a special fall cruise planned for you on the Gateway Clipper. Take a scenic cruise on the Allegheny River while enjoying the lovely fall colors. There will be lunch and a show-stopping revue, live musical entertainment. Make your plans to sail with us on a voyage of color, beauty, and fun! This is a five-hour cruise, beginning and ending at the Pittsburgh Marina.

OVERNIGHT: COLONIAL WILLIAMSBURG (VA)

When: Monday, October 8, 7:00 a.m. – Thursday, October 11, 7:00 p.m.

Cost: \$703 per person/twin or \$913 single includes 3 nights' lodging at the Woodlands Williamsburg, luggage handling, taxes, 6 meal -3 continental breakfasts, 1 lunch, 2 dinners, admissions include: Deluxe Freedom Pass into Colonial Williamsburg, Jamestown, Shenandoah Museum

Details: Colonial Williamsburg is the world's leading living history museum – the restored 18th century capital of Britain's largest, wealthiest and most populous outpost in the New World. In Colonial Williamsburg's 301-acre historic area stand some 500 restored, reconstructed and historically furnished public buildings, homes, stores and taverns. Costumed interpreters tell the stories of the men and women of the 18th century city – black, white and Native American, slave, indentured and free – and the challenges they faced. In this historic place, they help the future learn from the past. Your admission pass entitles you to complete access to explore Colonial Williamsburg's recreated and restored buildings, sites and exhibits. Engage a working carpenter in a discussion about period house construction methods, stop in at the apothecary to learn about 18th century remedies, explore the Governor's Palace and Gardens...at every turn, meet historical interpreters and character actors who will regale them with the expertise of scholars and the flair of performers. Visit Colonial Williamsburg and step back more than 220 years to the eve of the American Revolution. Additional highlights include the Capitol, DeWitt Wallace Decorative Arts Museum, Abby Aldrich Rockefeller Folk Art Center, Bassett Hall. Your tour also includes historic Jamestown & Shenandoah Museum.

OVERNIGHT: BELTERRA RESORT & CASINO-RISING SUN (IN)

When: Tuesday, November 6, 7:00 a.m. – Wednesday, November 7, 6:30 p.m.

Cost: \$106 per person/twin or \$140 single includes lodging, luggage handling, 2 meals-breakfast/dinner

Details: The Rising Sun Resort is a spacious and beautiful 300-acre resort with a 200-room hotel that overlooks the tranquil river and an 18-hole golf course. Other facilities comprise of gift shop and complete health club with indoor swimming pool and outdoor terrace buffet restaurant, sports bar and VIP Lounge. Take it farther with nearly 1,300 of the newest and hottest slots around plus a wide variety of your favorite table games. We have no doubt that you'll find the game you're looking for. All of this and more is easily accessible through the convenience of dockside gaming.

KRIS KRINGLE CHRISTMAS (LISBON & CANTON, OH)

When: Saturday, November 10, 7:30 a.m. – 7:30 p.m.

Cost: \$130 per person includes admissions to the Stone House, Bye's Hardware, musical production "Holiday Happenings", Chriskindl Mart, lunch at the Spread Eagle Tavern

Details: Start celebrating the 2012 holiday season early. Our day will begin with a visit to the Stone House and Bye's Hardware Store. You will feel the spirit of Christmas as you tour the 1800's Old Stone House. A stop at Bye's Hardware store, a unique old fashion hardware store, stocked with all kinds of odds and ends of an era gone by. We will then enjoy the musical production "Holiday Happenings". It's a holiday tradition that features a variety show that features a cast of hundreds. End your day with a shopping at the Chriskindl Mart in Canton. A premier arts and craft show. Lunch will be at the historic Spread Eagle Tavern.

OVERNIGHT: AMERICAN GIRL EXPERIENCE (CHICAGO, IL)

When: Saturday, November 17, 8:30 a.m.
– Sunday, November 18, 9:00 p.m.

Cost: \$269 per person twin/twin-child rate \$160, 2 adults is \$240 per person/twin, (no twin rate because child is second person) includes lodging, luggage handling, American Girl Place, lunch for you and your doll at the American Girl Café.

Details: Join us for a holiday treat for your daughter or grand daughter to Chicago & visit the American Girl Place. You will find shops featuring all of their characters—from historical favorites to My American Girl® dolls to our current Girl of the Year—plus Bitty Baby and the Bitty Twins. Add to the fun by exploring outfits, accessories, and furniture that help make every doll's world complete. Then browse our bookstore with titles that open up girls' imaginations. And don't miss Avenue AG, featuring specialty shops like Creativi-Tees for designing matching doll and girl T-shirts, plus more fun stops filled with adorable accessories, inspirational posters, treats to eat, and other surprises.

CHRISTMAS AT TARA AND GROVE CITY OUTLETS (SHARON, PA)

When: Saturday, November 24, 8:00 a.m. – 8:30 p.m.

Cost: \$85 per person includes admission to Tara and the Buhl Mansion, shopping at Daffins & the Grove City Outlets, lunch at Tara

Details: Get into the holiday spirit and join us for a delightful holiday tour including the right mix of shopping, historic mansions, and good food. Our shopping consists of stops at the Grove City Outlets & Daffin's Candies (world's largest candy store and home of the magnificent Chocolate Kingdom). Our mansion tours will be at The Buhl Mansion and Tara. The Buhl Mansion is a beautifully restored Victorian home turned into a bed and breakfast. It also serves as a living gallery, displaying a wide variety of American traditional decorative arts. Tara is a beautiful recreation of the famous plantation in "Gone With The Wind". It is a Greek, revival style antebellum mansion built in 1854. This wonderful depiction of majestic beauty has been filled with antiques and memorabilia of days gone by. Lunch will be served in the mansion. Both homes will be decorated for the holiday.

Adaptive Recreation

Through the efforts of Mayfield Communities and the Adaptive Recreation committee, the following opportunities for individuals with physical, sensory or developmental disabilities are being offered. For more information/flyers for adaptive recreation programs, please visit www.mayfieldvillage.com, www.leapinfo.org, www.solonrec.org and www.orangerec.com.

For all programs, an aid or assistant (which can be parent/caregiver) **MUST BE PRESENT** for one on one assistance for any participant who has difficulty following simple instruction, needs individual physical patterning or needs constant guidance.

The programs listed below are not only for persons with disabilities, they are for everyone. The success of these programs depends upon participants of all abilities. Teen and adult volunteers are encouraged to help out with the following programs.

In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge an additional \$5 per participant if signing up after the deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.

Pizza Bowl

Who: 13 years and older

When: Fridays, September 7, October 26,
November 16, 7:00 - 9:00 p.m.

Where: Roseland Lanes (26382 Broadway Avenue, Oakwood Village)

Cost: \$12 per bowler per date (includes shoes, bowling, cheese pizza, pop and Dixie cup ice cream)

Registration Deadline: one week before the program.

Everybody Dance Now

Who: 8 - 22 year olds

Dates: Session 1: Fridays, September 7 – 21

Session 2: Fridays, September 28 – October 12

Session 3: Fridays, October 19 – November 2

Session 4: Fridays, November 9 – November 30 (except Nov 23)

Time: 5:00 – 6:00 p.m.

Cost: \$50/session or \$18/class

Instructor: Tracy Pattison

Location: School of Verlezza Dance/The Inspired Body,
First Unitarian Church of Cleveland (21600 Shaker
Blvd. Shaker Heights)

Min/Max: 3/10

Details: Tracy Pattison has worked with class founders and former Artistic Directors of [Cleveland Ballet] Dancing Wheels, Sabatino Verlezza and Barbara Allegra Verlezza since 1998, and continues the inclusive and programmatically accessible method of teaching dance which they developed for people of all abilities and levels. Since 1994, this particular approach has been used in movement classes and workshops for very diverse groups: ages (children through older adults), career focus (dance enthusiasts through professional dancers), 'sit-down' and 'stand-up' dancers (wheelchair users and non-wheelchair users) and those with varying sensory, physical, learning, and/or developmental disabilities. The class structure will include a circle warm up, simple patterns moving across the floor, improvisation, rehearsing a dance and a cool down. Tracy, as a Dance Professional, incorporates her keen eye as a Pilates Instructor and Massage Therapist to this method, facilitating safe, healthy, functional movement within the artistic framework. Students should wear comfortable clothing for a movement class. On the final class of the last session, parents will be invited to observe an "informal showing" of the students' accomplishments during the fall.
Registration Deadline: Sept. 4, 21, Oct. 12 and Nov. 2.

Adaptive Recreation (continued)

Fall Kickball

Who: 13 years and older
When: Sundays, September 9 – 23, 1:00 – 2:00 p.m.
Where: Parkview Softball Fields
Cost: \$12
Coordinator: Regan Family
Details: We will divide into teams and play a game each Sunday. Everyone can play. **Registration Deadline: September 5.**

Bocce League

NEW

Who: 13 years and older
When: Sundays, September 9 – October 14, 5:00 - 6:30 p.m.
Where: Mayfield Heights Covered Bocce Courts
Cost: \$25
Min./Max.: 12/40 (pre-registration required)
Details: Teams will be picked weekly. Come out and enjoy the fall evenings and discuss the Browns game, win or lose, while playing bocce under the Mayfield Heights Bocce Pavilion. **Registration Deadline: August 31.**

Fitness to Wellness to FUN!

Who: 13 years and older
When: Session 1: Mondays, Sept. 10 – Oct. 22 (except Sept. 17) and/or Wednesdays, Sept. 12 – Oct. 24 (except Sept. 26)
Session 2: Mondays, Mondays, Oct. 29 – Dec. 17 and/or Wednesdays, Nov. 7 – Dec. 19 (except Nov. 21)
Time: 7:00 – 8:00 p.m.
Cost: Session 1: \$48 for either day or \$86.40 for both days
Session 2: \$64 for Mondays or \$48 for Wednesdays or \$100.80 for both days
Min./Max.: 8/10 participants
Where: Health 360, 700 Beta Dr., Mayfield Village, 44143
Details: Join us for this energetic, fast paced stimulating hour designed to get you up and moving while having fun. The class will include a combination of obstacle courses, strength training, agility drills, endurance training, motor skill reaction drills, and developmental exercises. Participants will enjoy a great workout in a great atmosphere. Wear athletic shoes and clothing that is easy to move in. **Reg. Deadline: Sept. 6 & Oct. 25.**

Yoga Reach

Who: Teens and older
When: Session 1-Tuesdays, September 11 – October 23 (no class Sept. 25)
Session 2-Tuesdays, October 30 – December 4
Time: 4:50 – 5:50 p.m. 13-24 year olds
6:00 – 7:00 p.m. 25 year olds and older
Where: Mayfield Village Civic Center
Cost: \$64/participant per session or \$5 off if registering for both sessions at once.
Instructor: Char Grossman, M.A. RYT-500, NCSP is a Registered Yoga Teacher, Therapeutic Yoga Specialist, and a Nationally Certified School Psychologist. Char instructs independently in hospitals and community centers that integrate holistic solutions for those with medical challenges and special needs.
Details: YogaReach, a therapeutic, educational program provides an integrated system of yoga poses designed to promote the individual's unification of mind and body. This program benefits those with and without special needs. Students develop strength, flexibility, breath awareness, balance, stress management techniques, concentration skills, self-esteem and a healthy inner self. Wear comfortable clothes and bring a mat. **Registration Deadline: Sept. 7 & Oct. 26.**

Music, Drum and Movement

Who: 6 – 24 year olds
When: Thursdays, **Session 1:** September 13 – October 4
Session 2: October 11 – November 1
Session 3: November 8 – December 6 (except Nov. 22)
Time: 6:00 – 6:45 p.m.
Where: Mayfield Village Civic Center
Cost: \$44 per session
Min/Max: 5/15
Details: Have fun with music with instructor, Ray Brown!! Learn to play percussion instruments with others while building your own confidence. Singing and drumming brings smiles to everyone. Experience the musical circus with Ray every Thursday!
Registration Deadlines: Sept. 7, Oct. 5, & Nov. 2.

Indoor Water Exercise

Who: Ages 10 and older
When: Session 1 - Thursdays, October 4 – October 25
Session 2 – Thursdays, November 1 – November 29 (Except Nov. 22)
Time: 6:30 – 7:30 p.m.
Where: Wildcat Community Recreation Center (formerly Mayfield High School Indoor Pool)
Cost: \$20 per person
Max: 10 participants
Details: Join instructor Kate Sullivan for an opportunity for special needs participants to experience success, increase comfort level, exercise and have fun in an aquatic environment.
Registration Deadline: The Friday before each session.

Please register early..... At some point a decision must be made whether to cancel a class due to low enrollment. Registering at the last minute may mean that the class has already been cancelled. Please register early to avoid disappointment, class cancellations and late fees.

Adaptive Recreation (continued)

Fishing for All

Who: Families or Individuals with parent or caregiver
When: Saturday, September 15, 1:00 – 3:00 p.m.
Where: Timberlake Park, Root Rd., Bainbridge 44023
Cost: \$8 per person
Min /Max: 10 / 25



Details: Join Cleveland Metroparks Institute of the Great Outdoors for an accessible fishing adventure. Both adults and children can enjoy a day of fishing and learning new skills. Learn basic casting skills and fishing knots while trying to catch some fish. Fishing equipment and bait provided. Fishing license required for participants 16 years and older. **Registration Deadline: September 7.**

Zumba Dance

Who: 13 years and older
When: Thursdays, September 20 – October 25, 4:00 – 4:45 p.m.
Cost: \$36
Location: Health 360 (700 Beta Dr., Mayfield Village)
Min./Max.: 6/15

Details: Join a high energy, upbeat fitness and dance party. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students. **Registration Deadline: September 17.**

Game Nights

Who: All ages
When: Fridays, September 21, October 19, November 9, December 7, 6:00 – 8:00 p.m.
Where: Wildcat Community Recreation Center (formerly Mayfield High School Field House)
Cost: \$8.00/participant per date pre registered or \$9.00/participant per date at the door

Details: Come join a fun night and hang out with friends. Participants can play a variety of board games, play volleyball, basketball, ping pong, learn organized dances and enjoy pizza and pop. **Pre-Registration Deadlines: The Wednesday before each date.**

Goodtime III and Science Center

NEW

Who: All ages
When: Saturday, September 22, 10:15 a.m. – 5:00 p.m.
Cost: \$40 per participant includes transportation and admissions
Min./Max.: 40/54

Details: The charter bus leaves from and returns to the Mayfield Village Civic Center and travels to the Goodtime III for a scenic ride on Lake Erie. We will then walk next door to the Science Center. Bring a bagged lunch and a drink will be supplied or purchase food items on board the Good Time III. **Registration Deadline: Sept. 7.**



Bocce Night

NEW

Who: 13 years and older
When: Friday, September 28, 6:00 - 8:00 p.m.
Where: Mayfield Heights City Park-Covered Bocce Courts
Cost: \$8.00 (Pre-registration required, no walk-ins)
Min./Max.: 12/ 40
Details: We will pick up teams and play bocce under the lighted Mayfield Heights Bocce Pavilion. Food and drink will be provided. **Registration Deadline: September 21.**

Fall Hike at North Chagrin

Who: Families or Individuals with parent or caregiver
When: Saturday, September 29, 1:00 – 3:00 p.m.
Where: North Chagrin Nature Center
Cost: \$8 per person
Min./Max.: 10/60
Details: This program is designed to get families and friends outside and enjoying the beauty of a Northeast Ohio Fall. Join Cleveland Metroparks Institute of the Great Outdoors to explore one of the jewels of the Emerald Necklace. Enjoy an easy nature appreciation outing along an accessible path where you'll have an opportunity to learn tree identification and other outdoor tips. **Registration Deadline: September 21**



Adaptive Recreation (continued)

Dance Party

Who: All ages
When: Mondays, October 1 – November 5, 6:00 – 7:00 p.m.
Where: Pepper Pike Learning Center, Room 41
Cost: \$69
Details: Do you love to dance? If so, learn the current party dances such as the Cupid Shuffle and Limbo, as well as traditional folk dances from around the world. The instructor is Diane Klein, music educator. For more information visit www.orangerec.com or call (216) 831-8601, ext. 5408.

Broadway Buddies Adaptive Musical Theatre Program

Who: 12 – 20 year olds
When: Sundays, October 7 – November 11, 1:00 - 2:00 p.m.
Where: Pepper Pike Learning Center
Cost: \$100 per participant
Details: High school students from Stagecrafters' Cabaret Troupe professional staff will work side by side with teens with special needs. Together we will share enthusiasm for song and dance. Students will learn music and choreography to upbeat contemporary show tunes. This adaptive program is geared to unite all passionate students in a collaborative environment. Choreography will be adapted to individual needs. Performance held on the last day of class for family and friends. Director, Claire Connelly, assisted by Moreland Hills - Special Ed Para Professional, Jenny Barrett. This program is endorsed by Orange Parents Education Network (O.P.E.N.) Stagecrafters is a program of Orange Community Education & Recreation. Contact Stagecrafters Coordinator, Wendy Scott-Koeth at (216) 831-8601 ext. 5102. Enrollment limited. **Registration through Orange Community Ed. only.**

Basic Home Safety- The Do's and Don'ts

Who: 15 years and older
When: Wednesday, October 10, 6:30 – 8:00 p.m.
Where: CEVEC Home (6532 White Road, Mayfield Village)
Instructor: Jennifer Rose and Peggy Bonitati
Cost: \$15
Max: 6 participants
Details: Learn about basic home safety, and what to do to keep yourself safe at home. Participants will learn about safety practices both in and out of the house. Participants will be involved in hands on demonstrations of how to identify basic home safety concerns, and what action steps can be taken to correct the concerns. Emphasis will be placed on kitchen safety, electrical safety and bathroom safety. **Registration Deadline: October 5.**

Basketball Clinics

Who: 13 year olds and older
When: Sunday, October 21, 1:00-2:00 p.m. (John Carroll)
Sunday, November 4, 1:00 – 2:00 p.m. (Notre Dame)
Thursday, December 6, 6:30 – 7:30 p.m. (Ursuline)
Cost: \$5 per date
Details: Join Varsity Basketball Coaches, Mike Moran (John Carroll), Kevin Bille (Notre Dame), Bill Shannon (Ursuline) and their varsity players, and learn the fundamentals of basketball through exercises that are meant to be fun and skill building that include passing, shooting and dribbling. **Registration Deadlines: Oct. 18, Nov. 1, Dec. 4.**

Lake Metroparks Boo Bash

Who: 13 years and older
When: Sunday, October 28, 1:00 – 4:00 p.m.
Where: Painesville Township Park Community Center
Cost: \$5
Details: This dance is so much fun it's frightening! Prizes awarded for the most creative costumes. Concession stand will be open and C.R. Entertainment will provide recorded music. Pre-register at 440-358-7274 or pay at the door.

Learn about Woodworking –Build a Bird Feeder

Who: All ages
When: Wednesdays, November 7, 6:30 – 8:30 p.m.
Where: Orange High School Woodshop (lower level of school)
Cost: \$15 plus \$10 materials fee payable to instructor (instructor fee to be paid on first day of class)
Details: Learn about woodworking with professional woodworker, Kurt Klimko. Use hand tools as you build a cedar bird feeder. The birds will love visiting your backyard for winter treats! Makes a great gift for bird-watchers! For more information visit www.orangerec.com or call (216) 831-8601, ext. 5408.

Solon Blue Ribbon Programming

The mission of the Solon Blue Ribbon Program is to provide high quality recreation and leisure activities for persons with disabilities, enabling each to enhance his or her personal potential by sharing in the emotional, social and physical benefits fostered by community based activities. Blue Ribbon programs are open to non-Solon residents as well as resident. You can mail in registration forms through the website: www.solonrec.org, click the "Blue Ribbon Programming" tab, print the registration form and follow the instructions provided. Please allow enough time prior to the event for mail in registration. Call 440-248-5747 for more information.

Making Pizza in the Village at Pizza Roma

Who: 13 years and older
When: **Saturday, November 3,**
 1:00 – 1:45 p.m.
 Teens – 24 year old,
 2:00 – 2:45 p.m. 25 years and older
Saturday, November 10, 1:00 – 1:45 p.m.
 25 years and older,
 2:00 – 2:45 p.m. Teens – 24 year old



Where: Pizza Roma (785 SOM Center Rd., Mayfield Village)
Cost: \$12

Min./Max.: 8/12 participants

Details: Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, participant can decorate their pizza box.
Registration Deadline: Nov. 1 & 8.



Personalized – Adaptive Yoga Therapy **NEW**

Who: This class invites any age individual with special needs, physical challenges such as, Movement Disorders, Parkinson's Disease, MS, Stroke, TBI recovery, Depression, and others who desire safe and effective daily functioning.
When: A convenient time for you and the instructor, one hour.
Where: Mayfield Village Civic Center or different location if needed.
Cost: \$65 per session. Register for 3 sessions cost = \$180. (\$15 savings)

Instructor: Char Grossman, M.A., RYT-500, NCSP is a Registered Yoga Teacher, Therapeutic Yoga Specialist, and a Nationally Certified School Psychologist. Char instructs independently in hospitals and community centers that integrate holistic solutions for those with medical challenges and special needs.

Details: Adaptive Yoga Therapy is a self-empowering process, where the participant, with the support of the yoga therapist, shares methods to increase mental and physical strength, flexibility, balance, posture, and range of motion. Practices integrate breath work, poses, mindfulness, stress management, and relaxation. Call for contact information: Mayfield Village Parks & Recreation at 440- 461-5163.

Youth and Teen Sports & Activities

Village Kickers Soccer

Who: 3 – 5 year olds
Date: Saturdays, August 18 – September 15
Time: 9:30 – 10:15 a.m.
Where: Parkview Soccer Fields
Cost: \$60-for all equipment (jersey, shorts, socks with built in shin guards and soccer ball)
 \$30-for returning Kickers participants who have equipment
Limit: 30 participants
Details: This 5 week program will focus on the basic skills of kicking, dribbling, trapping and throw-ins. Parents will work with child doing various exercises/drills. **Registration Begins: July 10.**



Mini Cats Football

Who: 3 – 5 year olds and 5 - 7 year olds
Where: Mayfield Heights City Park
Dates/Times: Saturdays, August 18– September 22
 9:00 – 9:45 a.m. for 3 – 5 year olds
 10:00 – 10:45 a.m. for 5 – 7 year olds
 *if enrollment is insufficient per age group, they will combine into one time slot but ages will still be separated
Cost: 40-if just football, tshirt, tee are needed
 \$30-if just shirt is needed
 \$25-has equipment and shirt
Limit: 30 participants per time slot
Details: Parent and child will work together participating in various exercises. The focus is to develop skills and have fun while learning the fundamentals of football through exercises in throwing, catching, kicking/punting and agility. **Registration begins Tuesday, July 10.**



Programs with Party Couture

- Classes are with Instructor Whitney Neidus, Founder of Party Couture at 805 Village Trails in Gates Mills. Unless otherwise noted.
- Visit www.partycouture.com for more information



YOUNG CHEF'S COOKING ADVENTURES CLASSES

Who: 5 years and older
When: Fridays, 5:30 – 7:30 p.m., **August 24:** Mi Amore Pizza, **September 21:** Falling into Fall, **October 19:** Taco Night, **November 9:** Gobble Gobble, **December 14:** Holiday Classics
Cost: \$25 per date
Min./Max: 5/18

Details: A delicious choice!! With this "Date Night Out" class for children, parents are able to drop their children off and head to their favorite dinner spot! Spend the evening making and then eating, some fantastic and fun recipes!! Young chefs will have the opportunity to cook and have fun in the kitchen. Children will be introduced to cooking vocabulary and techniques, tools and utensils, basic dinner etiquette, nutrition, safety, kitchen math and new foods! They'll even be able to take home the days recipes and cook the family dinner!! This class was developed to inspire, excite and feed the curiosity of your growing chef! Come dressed for mess!
Registration Deadline: The Wednesday before each class

GINGERBREAD HOUSE MAKING WORKSHOPS

Who: 6 years and older
When: Tuesday, December 4, 5:00 – 6:30 p.m. OR Wednesday, December 12, 5:00 – 6:30 p.m. (location for December 12 only: Mayfield Village Civic Center)
Min/ Max: 5/18

Cost: \$25 per class
Details: Nothing makes a more impressive centerpiece during the holidays than a homemade gingerbread house! Come learn the tricks of the trade on how to make the perfect gingerbread house. Party Couture provides everything including: a cardboard base for the house, a wide variety of candy, smocks and directions for making your own icing and preserving your masterpiece. You will be amazed at how easy it really is to make your one-of-a-kind gingerbread house!
Registration Deadline: The Friday before each class.

TIE DYE MANIA WORKSHOP!

Who: 6 years and older
When: Friday, October 12 (NEOTA Day), 1:00 – 4:00 p.m.
Min/Max: 5/20
Cost: \$35

Details: School's out and its time to have a ball! Parents: Drop your children off for some music, art and movement fun. Great for all ages, boys and girls! Spend the afternoon painting one of a kind art projects, decorating sugar cookies, exploring authentic instruments, burning some energy with gross motor activities, making beaded bracelets and necklaces and much much more!!
Registration Deadline: October 5.

NFL – Pepsi Punt, Pass and Kick Competition

Who: Separate divisions for boys/girls ages 6 – 7, 8 – 9, 10 – 11, 12 – 13, 14 – 15. Age is based on child's age as of December 31, 2012
When: Saturday, September 8, Time TBD
Details: Come join us at the grand opening of the Wildcat Stadium. Top finisher of the local competition in each age division move on to the sectionals competition. Exact location and date will be announced. Look for flyers that will be distributed to all schools in late August or early September.

Gilmour Academy

Learn-to-Skate Program

We offer one of the finest Learn-to-Skate programs available anywhere and it is the very best way to have fun learning to ice skate in a safe environment. Our instructors teach their student simple, easy-to-learn moves from the U.S. Figure Skating Basic Skills Program. Skaters of all ages and skill levels welcome. Our After School Program offers local students a fun activity combined with the convenience of transportation. The weekend classes are open to the young and young at heart. The cost for an eight-week session is \$120.00 and include admission to the arena, instruction from our professional staff and skates. Each 60-minute session includes a group lesson and free skate time. Classes are held Monday, Wednesday, Friday and Saturday. Classes begin Monday, September 10. Pre-registration is required to ensure adequate staffing. Contact Alease Cameratta at (440) 449-7487 for registration information.

Weekend and Special Event Skating – Open to the Community

Saturdays 11:30 a.m. – 1:00 p.m. and Sundays 3:00 p.m. – 4:30 p.m. offer a family friendly activity, party or special event. Call Josette at (440) 449-7546

Learn to Play Hockey

Gilmour is proud to offer this great program for the beginning hockey player! It has grown every year to become a strong developmental program for the Gilmour Youth Hockey program. Eligible players must have full equipment and basic skating experience. In addition to skating and hockey drills, the coaches focus on fun. Call Mike McNeill at (440) 449-7490 for more information.

Mayfield Soccer Club

Who: Boys and Girls in K – 8th Grade
When: Saturday afternoons beginning in September
Cost: \$60 all participants, \$40 each additional child, \$15 current travel players. Register by August 10 for \$10 discount!
Walk-in Registration: At the Mayfield Village Civic Center (Civic Hall): Saturdays, August 18 & 25, 9:00 a.m. – 12 Noon Thursdays, August 23 & 30, 6:00- 8:00 p.m.
Details: The objective to this league is to teach some basic soccer fundamentals, good sportsmanship and how to have fun. Shinguards are required, soccer cleats are optional yet highly recommended. Practice will usually be once a week and games on Saturday afternoon. **Registration Deadline: August 30, after August 30 late fees apply if space is still available.** Visit mayfieldsoccer.com for more information or contact Michael Horvat at mhorvatphotography@att.net.

Back by
Popular Demand

Running Wildcats Youth Running Club

Who: 2nd – 6th Graders in the Mayfield School District
When: Mondays and Wednesdays, September 10 – October 24, 5:45 – 6:45 p.m. (no class Sept. 17 and 26)
Where: Parkview Pool Pavilion/Fields
Cost: \$65 - includes t-shirt for each participant
Limit: 60 participants
Coach: Michele Fortuna, Former Asst. Mayfield High School Coach
Details: Track, Cross Country = Running – something everyone can do and excel at! Running is something you can do anytime, anywhere without a court, a pool, a ball, or a team! This program is designed to introduce the sport of running to Mayfield School District students in grades 2nd thru 6th, in a non-competitive environment. All classes will start with a warm-up, group runs and end with stretching and cool-down. You'll learn more about how to run, pacing, racing, and in general how to be more physically fit. Class will take place rain or shine, so please dress for the outside. Bring a water bottle. **Registration Deadline: September 6.**

Little Racquets™

Who: 3-5 year olds
Dates: Mondays, Session 1: September 10 – October 15 (except Sept. 17)
Session 2: October 29 – December 3 (except Nov. 26)
Time: 10:00 – 10:35 a.m.
Location: Mayfield Village Civic Center
Min/Max: 8/12
Fee: \$82 per session
Instructor: Little Racquets Certified Instructor
Details: Mayfield Village is offering a unique way for kids to enhance their physical and emotional abilities, and have a blast at the same time. It is called Little Racquets--a certified tennis program for children (3-5 years) that emphasizes fun rather than competition. Using miniature nets, foam balls, balls with "tails", and junior-sized racquets, the activities include imaginative obstacle courses, agility ladder relay races, abc forehand and backhand, small-net tennis, jail, tennis baseball and forehand, backhand and volley progression drills. Little Racquets is available as a class only program. For more information go to www.littleracquets.com. **Registration Deadline: September 4 and October 22**



where kids learn tennis... and have a ball!

Center School After School Sports Programs

NEW

Who: 1st – 5th graders at Center School
When: Tuesdays, September 11 – October 16, 2:45 – 4:00 p.m.
Students are released in front of gym after school and will be escorted to the fields behind Center School. Pick up at 4:00 p.m. will be at the school fields or the Mayfield Village Community Room if raining. **Rain or shine.**
Fee: \$40 per participant for non-champion participants at Center School and \$30 per participant of Champion Participant at Center School
Details: Join your friends for some after school fun! We'll play a variety of sports and camp games. Children in grades 1 – 5 will have a blast, get some great exercise and learn about sports in a fun and relaxed environment. **Registration Deadline: Tuesday, September 4.**

Fly Fishing at Deep Spring Trout Club

Who: 5th – 9th graders with at least 1 parent
Date: Saturday, September 15 (**rain or shine**)
Time: 9:00 a.m. – 12 Noon for fishing, break for lunch, 1:00 – 3:00 p.m. for more fishing!
Where: Deep Spring Trout Club (11069 Chardon Road, Chardon)
Cost: \$80 students, includes instruction, rod, tackle, lunch, and trout fishing
\$35 parent, includes lunch and afternoon fishing session with child. **Note: If parent fishes all day, cost is \$80.**

Minimum 10/Maximum 20 Students.

Details: Come learn fly fishing from the top fly fishing instructor, George Vosmik, at the most exclusive Trout Club in Northeast Ohio. George's credentials include the Museum of Natural History Trout Club and Board Member, a member of Deep Springs, and a certified fly fishing instructor for 22 years. Deep Spring Trout Club, founded in 1963, has a 2 acre spring fed trout pond with over 2,000 stocked trout. Mr. Vosmik will cover a history of fly fishing (for parent and child), hands on instruction (for the student), and demonstration of fly fishing techniques. Students will have the opportunity to savor the enjoyment of catching their fish then dining on their catch for lunch in the Deep Spring Clubhouse (other food options will also be available). Following lunch, parents and students may spend the afternoon fishing together at the pond. Students will have a creel pouch to store their catches in throughout the day. If you have your own fly fishing gear, please bring that otherwise the equipment will be supplied. Other optional costs paid that day at the Club. **Check or Cash only.** Trout is \$4.50 per pound (live weight), cleaning and packed with ice to take home is \$1.00. **Registration Deadline: Wednesday, September 12.** (See page 5 for adult class only.)

10th Annual Mayfield Volleyball Association (MVA)

Who: 4th – 6th Grade Girls
When: Sundays, September 16, 23 and 30, 12:30 – 2:30 p.m.
Where: Wildcat Community Recreation Center (formerly Mayfield High School Field House)
Cost: \$39 School District Resident or \$44 Non-School District Resident
Details: Mayfield's Varsity Head Coaches, Rosella and Greg Glodkowski, and players, will work with participants on basic skills, rules, and teamwork. Teams will be formed. Each player will get a shirt. A tournament will be held with refreshments to conclude the program. Be sure to wear tennis shoes and bring water to all days the MVA meets. **Registration Deadline: September 10.**



Communities in Motion Classes

There is a \$5.00 discount for siblings registering at same time or a \$5.00 discount if a participant is signing up for multiple sessions at same time. The registration deadline is one week before the session begins. Signing up after the deadline will incur a \$5.00 late fee.

MOVE AND GROOVE WITH ME

Who: 1 – 3 year olds with parent
Cost: \$49.00 per session
When/Where: **Mondays,** 10:00 - 10:30 a.m. at Mayfield Village Community Room
Session 1: September 17 – October 22
Session 2: November 5 – December 10
Saturdays, 9:00 – 9:30 a.m. at Beachwood Community Center.
Session 1: September 15 – October 20
Session 2: November 3 – December 15 (except November 10)

Details: With a soundtrack of familiar and fun songs, your preschooler will delight in the repetition of dancing and tumbling each week. Activities promote the development of coordination, strength, flexibility, and spatial awareness. The instructor will work individually w/ each child (and accompanying adult) throughout the class.

BITTY BALLET

Who: 2 – 3 year olds
Cost: \$49.00 per session
When/Where: Mondays, 10:30 - 11:00 a.m. at Mayfield Village Community Room
Session 1: September 17 – October 22
Session 2: November 5 – December 10

Details: This class is designed for the tiny ballerina and her parent or caregiver. The class is full of fun songs and will give your little princess exposure to ballet without the structure of Princess Ballet. Your ballerina can enjoy the class dressed in her favorite ballet outfit.

LITTLE HIP HOP & TUMBLE

Who: 3 – 5 year olds
Cost: \$59.00 per session
When/Where: Mondays, 11:00 – 11:45 a.m. at Mayfield Village Community Room
Session 1: September 17 – October 22
Session 2: November 5 – December 10

Details: Children will perform hip hop moves to upbeat “kid friendly” music and enjoy games and activities while learning beginner through intermediate level tumbling skills. This class promotes the development of coordination, strength, flexibility, balance, and spatial awareness. Each session will end with a performance for family and friends.



HIP HOP AND CHEER

Who: 5 – 9 year olds
Cost: \$59.00 per session
When: Wednesdays, 5:00 – 5:45 p.m. at Beachwood Community Center
Session 1: September 12 – October 24 (except Sept. 26)
Session 2: November 7 – December 19 (except Nov. 21)

Details: Come join in the fun as we do hip hop dance moves to upbeat kid friendly music as well as fun cheerleading cheers, chants, jumps and moves. Children will enjoy fun games and activities as well.

PRINCESS BALLET

Who: 3 – 5 year olds
Cost: \$49.00 per session
When: Saturdays, 9:30 – 10:00 a.m. at Beachwood Community Center
Session 1: September 15 – October 20
Session 2: November 3 – December 15 (except November 10)

Details: Your preschooler will dance to her favorite princess songs during this fun ballet movement class. The instructor will teach a new routine each session. Students will learn basic ballet terminology and positions as well as hopping, skipping, and galloping. These exercises assist in the development of coordination, flexibility, and balance. Students will hold a performance for family and friends at the end of each session. Your princess can wear any leotard and ballet slippers.

JUST TUMBLE

Who: 5 – 9 year olds
Cost: \$59.00 per session
When/Where: Saturdays, 10:00 – 10:45 a.m. at Beachwood Community Center
Session 1: September 15 – October 20
Session 2: November 3 – December 15 (except November 10)

Details: This class will consist of conditioning skills as well as beginner through intermediate tumbling movements such as forward and backward rolls, handstands and cartwheels. This type of class is beneficial because the skills worked on assist the development of coordination, strength, flexibility, balance and spatial awareness. Students will learn a new tumbling routine choreographed to music each session and continue to work on progressing tumbling skills. Performance at the end of each session for family and friends. This class is co-ed.

Young Rembrandts Drawing Enrichment Classes for K – 5th Graders

LANDER STUDENTS

Where: Temple Israel Ner Tamid (next door to Lander Elementary)

When: Session 1: Tuesdays, September 18- October 30
(except Sept. 25), 2:35 -3:35 p.m.

Session 2: Tuesdays, Nov. 13- Dec. 18, 2:35 – 3:35 p.m.

MILLRIDGE STUDENTS

Where: Temple Israel Ner Tamid (next door to Lander Elementary)

When: Session 1: Tuesdays, September 18- October 30
(except Sept. 25), 4:00 – 5:00 p.m.

Session 2: Tuesdays, Nov. 13- Dec. 18, 4:00 – 5:00 p.m.

CENTER STUDENTS

Where: Mayfield Village Community Room (next door to Center School)

When: Session 1: Wednesdays, September 19 – October 31
(except Sept. 26), 2:35 – 3:35 p.m.

Session 2: Wednesdays, November 7 – December 19
(except Nov. 21), 2:35 – 3:35 p.m.

Details for All Classes

Cost \$75 per session

Registration Deadlines: Session 1, Sept. 13 and Session 2, Nov. 2

Session 1: Drawing- Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing - a teaching tool from which the majority of learners prefer and ALL learners benefit! Our program works because it's not only hands-on and visual...it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else, they put their minds to.

Session 2: Cartooning-For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits!

After School Bowling

Who: Mayfield Middle School 6th & 7th graders

When: Thursdays, September 20 - October 18

Time: 3:00 pm – 5:30 pm

Location: Freeway Lanes of Wickliffe

Cost: \$85 (includes transportation, bowling, shoes & ball) OR
\$95 (includes above items plus pizza/pop each week)

Min/Max: 35/45

Details: A Freeway Lanes bus will pick up participants and chaperone to and from Mayfield School to Freeway Lanes of Wickliffe. Students meet directly after school in cafeteria #2 at 3:00 pm then bowl for 1.5 hours at the bowling alley. Parents must pick up by 5:30 pm sharp at the Middle School.

Registration Deadline: Thursday, September 13

NEW

Horseback Riding

Who: 6 year olds - adults

When: Mondays for Beginner II,
October 1 – November 19, 5:00 – 6:00 p.m.
Wednesdays for Beginner I, Oct. 3 – Dec. 5
(except Oct. 31 & Nov. 21), 5:00 – 6:00 p.m.
Thursdays for Beginner I, October 4 –
November 29 (except Nov. 22), 4:00 – 5:00 p.m.

Location: Maypine Equestrian Center

Cost: \$249

Details: Beginner I will teach how to walk and trot. Beginner II will work on solidifying position and control at both the walk and the trot and introduce the canter. Participants will need to wear shoes with a small heel, long pants and long hair must be tied back. Helmets provided. Maypine provides an indoor arena for riders and observation area for parents. Check out their website at www.maypinefarm.com. **Registration Deadline: A week before class begins.**

**Adult Only classes are offered on Sundays
October 7 – November 25, 1:00 – 2:00 p.m., \$249.**

14th Season

MBA

(Mayfield Basketball Association)

Held at Wildcat Community Recreation Center (formerly Mayfield High School Field House)

LEAGUE BREAKDOWN

LBJ – (contact Mayfield Heights at 440-442-2626 x. 267)

K-1st grade, 2nd-3rd grade

MBA – (contact Mayfield Village at 440-461-5163)

3rd-4th grade (Boys League), 5th-8th grade (Girls League)

5th-6th grade (Boys League), 7th-8th grade (Boys League)

SEASON BREAKDOWN (PRACTICES/GAMES)

Registration Begins September 17

LBJ Leagues: Mid-November until March

Girls' 5th-8th grade league: Late October until Mid-December

Boys Leagues: Mid-November until March

MBA ASSESSMENTS

In order to balance all MBA teams, volunteer coaches assess all players' abilities for a fun and competitive league. Location: Wildcat Community Recreation Center (formerly Mayfield High School Field House)

Girls League: Saturday, October 20, 12:30 – 2:00 p.m.

Boys Leagues: Saturday, November 10, 3:00 – 6:00 p.m. OR
Tuesday, November 13, 7:00 – 9:00 p.m.

MBA COACHES ORIENTATION

Who: For all parent/adult volunteers who will coach in the MBA.

When: Girls League – Tuesday, October 16, 7:15 – 8:30 pm.

Boys League - Wednesday, November 7, 7:15 – 8:30 p.m.

Location: Mayfield Village Civic Center

Details: Dinner will be served. This meeting will prepare the coaches for the upcoming season. League rules, guidelines and procedures, and player assessments will be discussed. If interested in volunteering as a coach, please call Sean Supler at 440-461-0237.

Biddy Instructional Basketball Program

Varsity Basketball Coaches will again be offering this program in preparation of the MBA program.

Who: Boys and girls in 4th, 5th and 6th grade

Dates: Saturdays, October 6, 13, 20 and 27

Times: 9:30 a.m. - 11:30 a.m.

Where: Mayfield High School Gym

Details: Interested players will register through the varsity basketball coaches. Look for information flyers and registration forms at school. The Biddy Instructional Basketball Program is **not required for the MBA but encouraged for instructional skill and development.** For further information contact coach Tony Ware at 995-6877.

Wildcat Teen Halloween

Who: 6th - 8th graders

Where: Wildcat Community Recreation Center (Formerly High School Field House)

When: Thursday, October 11, 7:00 - 10:00 p.m.

Cost: \$8 presale or \$10 at the door for admission
\$.50 for game, food, or raffle ticket

Details: Students can enjoy games, raffle prizes, DJ and karaoke, pizza, pop and chips.

Youth Halloween Party

Date: Saturday, October 20

Time: 1:30 p.m. - 3:00 p.m.

Location: Mayfield Village Community Room

Cost: \$4.00/child

Details: Mayfield Village children and grand-children, newborn to 5th grade are invited to attend a Halloween Party in costume to enjoy games and refreshments.



CHESS makes kids smarter



**Registration is OPEN
for the 2012/13**

www.vivacityinc.com/chess
chess@vivacityinc.com
(440) 940-6455

Chess program increases:

- ✓ Logic and Imagination
- ✓ Self-confidence and Focus
- ✓ Strategic Thinking and Creativity
- ✓ Speed and Clarity of Mind
- ✓ Raises IQ

14th Annual Halloween Window Painting Contest



Mayfield Village invites all 6th - 8th grade students in the Mayfield School District to participate in the 14th annual Window Painting Contest. Come join your classmates as you decorate local merchants' windows with Halloween designs. A color drawing must be submitted to the student's art teacher in order to determine if all criteria is met before window painting begins. Informational flyers will be passed out in Mayfield Schools in September. Students who participate will have the opportunity to receive prizes/certificates for being a top finisher. For more information call 461-5163.

Neighborhood Trick-or-Treating

Date: Wednesday, October 31

Time: 6:00 p.m. - 8:30 p.m.

Location: Throughout the Village

TIPS FOR TRICK-OR-TREATING

- 1) Please put your porch light on if passing out treats.
- 2) Trick-or-Treat only at homes with porch lights on.
- 3) Parents should accompany their children.

Making Pizza In the Village At Pizza Roma

Who: 3 year olds - 5th graders with parent

When: Saturdays, 1:00 - 1:45 p.m. or 2:00 - 2:45 p.m.

3 - 4 year olds, November 17

K - 2nd graders, December 1

3rd - 4th graders, December 8

5th graders, December 15

Where: Pizza Roma

Cost: \$12

Min./Max.: 8/12

Details: Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, children can decorate their pizza box. Participants can dine in or take the masterpiece home to share with the family. **Brothers and sisters in different grades will be accommodated into the same day/timeslot for your convenience. Registration Deadline: The Wednesday before each date.**



Wildcat Community Recreation Center

(formerly Mayfield High School Pool and Field House)

General Information

The Wildcat Community Recreation Center will be offering programs located at the indoor pool which will include Lap Swim, Public Swimming, Youth Learn-to-Swim and Aquatic Programs.

LAP SWIM AND PUBLIC SWIMMING TIMES WILL BE OFFERED:

Beginning Monday, October 1.

Daytime: Mon/Tue/Wed/Thur/Fri. 6:00 – 7:15 a.m.
and 12:20 – 1:10 p.m.
Wed. 12:45 – 1:30 p.m.

Evening: Mon/Tue/Wed/Thur. 7:00 – 9:00 p.m.

Weekend: Saturday 1:00 – 5:00 p.m.
Sunday 3:00 – 5:00 p.m.

Please refer to the bulletin board in the lobby or call Mayfield Heights at 440-442-2626 ext. 267 or Mayfield Village at 440-461-5163 or visit our website, www.mayfieldheights.org, for a complete schedule. **Please note:** There will be exception dates due to school holidays and varsity swim meets.

Pool Memberships: School District Residents may purchase a membership to participate in the public swim times or to receive a discount on Aquacize classes.

Cost: \$20.00 - per month.

Daily Pool Admission: \$5.00 per day for School District Residents, with proper proof, may only be used for daily Lap Swim and Public Swimming.

AQUATIC PASSES/PROGRAMS REGISTRATION INFORMATION

- All registration must be done in person
- Registration can take place at Mayfield Heights City Hall or Mayfield Village Civic Center, Monday – Friday, 8:30 a.m. – 4:30 p.m.
- **Tuesday, September 4 – School District resident only** registration begins
- **Monday, September 10** - Non School District resident begins and School District resident registration continues
- School District residents must bring a photo ID (i.e. driver's license) and current utility bill with the name matching the photo id. The utility bill must show address. Birth certificates for all minor children must also be shown when registering.



Aquatic Classes With Instructor Kathi Busher

AQUACIZE

For adults 18 and older. Exercising in water is beneficial and easy for everyone to do! All exercises are done in the water to improve flexibility while conditioning and toning the entire body. **You do not need to know how to swim.** Monthly pool membership passes can be purchased for reduce Aquacize class rates.

Session 1: Monday or Wednesday (or both), September 24 – November 7 (6 weeks), **Monday 12:15 – 1:10 p.m., Wednesday 12:40 – 1:30 p.m. Tuesday or Thursday** (or both), October 2 – November 8 (6 weeks), **7:00 – 8:00 p.m.**

Registration Deadline: September 20.

Session 1 Cost:

With pool membership (school district resident only)

One Day Rate: \$15 Two Day Rate: \$30

Adult School District Resident

One Day Rate: \$30 Two Day Rate: \$60

Non School District Resident

One Day Rate: \$36 Two Day Rate: \$72

Session 2: Monday or Wednesday (or both), November 5 – December 12 (6 weeks), **Monday 12:15 – 1:10 p.m., Wednesday 12:40 – 1:30 p.m. Tuesdays or Thursday** (or both), November 13 – December 20 (6 weeks), 7:00 – 8:00 p.m. (except Nov. 22 and 27)

Registration Deadline: November 1

Session 2 Cost:

Monday or Wednesday Rate (6 weeks)

With Pool Membership (school district resident only)

One Day Rate: \$15 Two Day Rate: \$30

Adult School District Resident

One Day Rate: \$30 Two Day Rate: \$60

Non School District Resident

One Day Rate: \$36 Two Day Rate: \$72

Tuesday or Thursday Rate (5 weeks)

With Pool Membership (school district resident only)

One Day Rate: \$10 Two Day Rate: \$20

Adult School District Resident

One Day Rate: \$25 Two Day Rate: \$50

Non School District Resident

One Day Rate: \$30 Two Day Rate: \$60

SPLISH SPLASH

Who: 6 mos. – 5 year olds

When: **Tuesday or Thursday (or both) 6:15 – 7:00 p.m.**

Session 1: October 2 – October 23 (4 weeks)

Session 2: November 1 - November 29

(Thursday Only), (except Nov. 22), (4 weeks)

Registration Deadlines: Sept. 27 and Oct. 25

Cost:

School District Residents

One Day Rate: \$32 Two Day Rate: \$64

Non School District Residents

One Day Rate: \$36 Two Day Rate: \$72

Details: This program is not designed to teach children to swim but to be comfortable in and around water so they will be ready to swim. Pool diapers required. Child must be accompanied by adult in water. Limited to 16 children.

Youth Learn to Swim Program

The Learn to Swim program is based on American Red Cross standards and instructors are certified through the American Red Cross. Read the requirements and skills taught before signing up. All students will be tested the first day of the previous class completed.

Fall Session: Saturday, October 6 – December 15. (Except Nov. 24) All classes offered at 10:00 a.m., 10:45 a.m., 11:30 a.m., 12:15 p.m.

Cost for lessons: \$50 for school district resident (10 weeks), \$60 for non school resident

- If you are unsure of what level your child should be registered in the youth Learn to Swim, please come in person to the indoor pool on **Saturday, September 29 between 10:00 – 11:30 a.m.** and we will have an instructor available for testing.
- For levels with less than 3 students times may change. We will notify you of any changes before classes begin.

For more information about any of the programs call Mayfield Heights Recreation at 442-2626 ext. 267 or Mayfield Village Recreation at 461-5163.

LEVELS	REQUIREMENTS	DESCRIPTION
Parent & Child Aquatics	6 Months - 3 years	Designed to orient young children to the water. Adult must accompany child in water for all ages in this class.
Preschool Aquatics	Designed for children who do not have previous experience in a structured class setting or being away from their parents/guardians in the water. Ages 4-5 yrs.	Children will work on basic swimming skills to become comfortable in the water. Skills will be learned through play and incidental learning to encourage a fun and enjoyable experience in the water.
Level 1	Must be at least 4 years old. Class taught in shallow area.	Students are introduced to basic water skills. Students learn buoyancy with support and breath control. They begin with the basics of front and back crawl and general water safety.
Level 2	Must be able to enter chest deep water unassisted, move 5 yards, bob 3 times and exit water. Must be able to glide on front and back for three seconds in 3.5 feet.	Helps students to become more independent in the water while learning rhythmic breathing, buoyancy, treading water, coordination of arms and legs and general water safety rules.
Level 3	Must be able to enter chest deep water, float for five seconds, roll to back float, return to standing, then back float for five seconds, roll to front and return to standing. Push off and swim 5 body lengths each on front and back using combination of arms and legs	Students build on level 2 skills with more coordination to combine arms and legs for front and back crawl. Intro to butterfly kick and kneeling or sitting dives. General safety rules and diving rules also discussed.
Level 4	Must be able to jump into diving well and swim front crawl across to opposite corner with rhythmic breathing, tread water or float for 30 seconds and return to original corner by swimming elementary back stroke.	Students learn swimming distances while improving front and back crawl and changing directions. Students learn breaststroke, butterfly, elementary backstroke and the sidestroke kick. Diving progresses to the compact or stride position. Additional diving rules discussed.
Level 5	Must be able to do feet first entry into 5 feet front crawl 1 length of pool, float or scull on back for 1 min, then elementary backstroke for 1 length. 15 yards of breaststroke and back crawl for 15 yards	Students refine their strokes and build endurance in all strokes learned while working on flip turns. Diving advances to shallow dives as well as tuck and pike surface dives. Treading water is improved and survival swimming is taught.
Level 6	Perform a shallow dive into deep water, 2 lengths front crawl, turn around and swim, elementary backstroke for 2 lengths. 1 length breaststroke and 1 length of back crawl.	Refines the strokes so students swim with ease, efficiency, power and smoothness over great distances. Prepares students to participate in more advanced classes.

Progressive Fitness Center

Progressive Fitness Center for Mayfield Village Residents 16 years and Older

When purchasing a new membership, it must be done in person at the Civic Center. A photo ID AND utility bill or postmarked piece of mail with resident's name and address must be shown. All memberships are subject to the approval of Progressive.

When renewing a membership, it must be done in person at the Civic Center. A family member may now renew for another family member-the person purchasing the renewal must show a photo ID. All memberships are subject to the approval of Progressive.

Progressive Fitness Center offers

- * Certified Fitness Staff, to help you reach your fitness goals while instructing proper technique and safety.
- * Comprehensive cardiovascular, Cybex strength training and free-weight equipment.
- * Aerobic studios with all necessary equipment provided.
- * Fully appointed locker rooms which include soaps, shampoos, hair dryers, lockers and saunas.

Group Fitness Classes

The Progressive Fitness Center offers a comprehensive group fitness program designed to accommodate all fitness levels. The schedule includes a wide variety of classes offered early morning, lunch and evening. The schedule includes Low Impact Aerobics, Step Aerobics, SPINNING, Fitball, Pilates, Sculpting Classes, Flexibility Training, Boot Camp, Yoga and Zumba. Please call the Fitness Center for class descriptions.

Fitness Program

- Fitness Assessment Test
- Fitness Profile
- Personalized Exercise Program
- Strength Workshop

Details of program offerings are located in the Fitness Center. All programs are included in your membership and are available by appointment.

Personal Training/Pilates Reformer

Personal Training provides an individualized approach to assess, educate and motivate you to reach your health and fitness goals. The fitness center offers traditional personal training. Thirty, forty-five and sixty minute rates as well as multiple package discounts are available. Call the Fitness Center at 395-0103 for details and registration information.

Becoming a Member

1. Purchase a 6 or 12 month membership at Mayfield Village Civic Center during regular office hours.
2. Bring a photo I.D. (drivers license, school I.D.) with current address and current utility bill.
3. Bring receipt to the Fitness Center.
4. Complete an enrollment form and schedule a 15-minute orientation.

Membership Fees

6 Months.....	\$130.00
12 Months.....	\$260.00

Facility Hours

Monday - Thursday	6:00 a.m. - 8:30 p.m.*
*Unstaffed from	8:00 p.m. - 8:30 p.m.
Friday	6:00 a.m. - 8:00 p.m.
Saturday	7:00 a.m. - 6:00 p.m.*
Sunday	7:00 a.m. - 4:00 p.m.*
*Unstaffed	

The entrance doors of Progressive will be locked on the weekends. To enter the building, you will need to page security using the button just outside the main entrance and inform them that you are a fitness center member.

Fitness Center hours are subject to change. Some holidays have restricted hours. Please check with a staff member or call 440-395-0103 for exact days and times.

Fall College Student Membership

Membership will be available to college students beginning September 3 – November 30. For a 6 week membership during this time period, the cost is \$30.

Progressive Personal Training

The rates have decreased and the process has simplified! The fitness center no longer takes payment directly. Now you can purchase a package here at the Civic Center and bring your receipt with you to the fitness center. It's advised you complete a Personal Training brochure before purchasing any sessions as a new client to ensure there is trainer availability. The Personal Training brochures are located at the fitness center. Feel free to pick one up next time you're in to workout! The rates are as follows:

30 minute session-\$16

45 minute session-\$24

60 minute session-\$32

Call the fitness center for more information at 440-395-0103.

Senior Programs

Coordinated by the Senior Services Department

SENIOR SERVICES DEPARTMENT
PHONE: (440) 919-2332

6621 Wilson Mills Road 44143
FAX: (440) 919-0207

Ongoing Activities

Every Monday: 1-4 p.m. Games.

Every Tuesday & Thursday: 1-4 p.m. Cards

Every Wednesday: 10:30 a.m. - 1:00 p.m. ABC Village Quilters

1st and 3rd Tuesday of each month at 1 p.m.:
Blood Pressure Checks.

Contact us for more information about these activities.

Watercolor Classes

SPECIAL EXHIBIT: Stop by the Civic Center between 9 a.m. and 4 p.m. Monday-Friday October 2-29 to see a special display of student's watercolor pictures.

Free Demo: August 28, 10 a.m. - 12 noon. Call 440-919-2332 to reserve your space.

Fall Classes: Tuesday Classes: Sept. 4-25; Oct. 2-23;
Oct. 30-Nov. 27 (No class Nov. 6)
Thursday Classes: Sept. 6-27; Oct. 4-25;
Nov. 1-29 (No class Nov. 22)

Time: 9:00 a.m.-noon

Where: Mayfield Village Community Room

Instructor: Florence Smith, award-winning artist

Cost: Mayfield School District Residents,
\$35 per 4/week series
Non-Mayfield School District Residents, \$40
per 4/week series
\$3 material fee paid to instructor for each
4-week series

Materials list: Available upon registration

Details: No drawing skills necessary! You may uncover a hidden talent as you learn a variety of tips and techniques from award-winning watercolor instructor Flo Smith. At the end of each 4-week series, you will have created three watercolor paintings suitable for framing! Class sizes are limited, so register early. Registration begins on August 27 for Mayfield School District Residents and for all others August 28.

Zumba Gold

When: Thursdays September 6 - October 4

Time: 4:05-4:35 p.m.

Instructor: Staff of Fun with Fitness

Cost: \$15/5-week session

Details: Get moving to some upbeat music with a salsa, mambo flare with other senior friends during this fun fitness class, designed for all fitness levels. You'll leave feeling full of energy. No experience necessary!

Out to Lunch

NEW

When: Friday, September 14, 2012, 11:30 a.m.

Details: Meet us at Maggiano's at Beachwood Mall for a fine dining experience. All food is made daily from scratch. This restaurant is the top Maggiano's in the country, winning out 44 other Maggiano's restaurants. If you choose one of their classic pasta dinners, you get one meal to dine in and one to take home. If you do not drive, please contact us. Lunch is on your own; separate checks will be provided.

Deadline to Register: Please register by Tuesday, September 11.

Tai Chi Fan Workout for Fitness and Balance for 50+

What: Learn simple techniques that will improve your balance and give you new strength and vitality.

Instructor: Arline Bognar, Certified to teach Qi Gong for Health.

When: Wednesdays, 1-2 p.m.

New 6-week session: August 29-October 3,
October 10-November 14, November 21-December 26

Where: Mayfield Village Community Room

Cost: 6-week session/\$30, Occasional drop-in, \$8 per session

Bereavement Support Group

What: 9-week bereavement support group in conjunction with Crossroads Hospice

Where: Mayfield Village Community Room

Cost: Free

Details: Nine-week commitment to attend and complete assignments.

When: Monday, Sept. 24 - Dec. 10

No class: 10/22, 11/5, 11/19

Time: 5:45-6:45 p.m.

AARP Safe Driving Class

Learn new driving laws and handy safety tips. No driving involved in class. Some insurance companies offer discounted premiums to those who complete this class.

When: Friday, October 5

Time: 12:30-4:30 p.m.

Where: Mayfield Village Community Room, 6621 Wilson Mills Rd.

Cost: AARP Members/\$12.00, Non-members/\$14.00.
(Checks are payable to AARP.)

Details: Feel free to bring a sandwich. Beverages will be provided.

Deadline to Register: October 4 or when the class is filled.

Lunch n' Movie

When: Wednesday, October 17:
Movie: *The Best Exotic Marigold Hotel*. **NEW**
Lunch: Smoked Turkey Wrap Sandwich with Spinach Salad.
Wednesday, November 28:
Movie: *The Avengers*.
Lunch: Tuna Melts with Blue Cheese Cole Slaw.
Wednesday, December 12:
Movie: *Mirror, Mirror*.
Lunch: Mushroom and Spinach Quiche with Tomato Soup.
All movies are subject to change, based on availability.
Time: Lunch is served at 12:15 p.m., doors open at 11:45 a.m. Movie begins at 1:00 p.m.
Where: Mayfield Village Civic Center (Civic Hall for Lunch and Reserve Hall for the movie.)
Cost: \$5 per person payable at the door
Deadline to Register: No later than the Wednesday prior to each luncheon date. Cancellations required no later than the Monday prior to each luncheon date. Call the Community Partnership on Aging at 216-650-4029 to make reservations.

Fall Game Day

Cornhole, Bowling, Ping Pong and Magnaggia

When: Friday, October 19
Time: 1:00-3:00 p.m.
Cost: Free
Details: Play Cornhole, Wii Bowling, Ping Pong and Magnaggia. Please call the Senior Services Department by Wednesday, October 17 to register at 440-919-2332.

"Hollywood Short Films of the Depression Era"

When: Wednesday, November 7
Time: 1:00-3:00 p.m. **NEW**
Where: Mayfield Village Reserve Hall
Cost: Free
Deadline to Register: Monday, November 5. Call the Community Partnership on Aging at 216-650-4029 to make your reservation.

Getting Started with Interior Decorating

When: Friday, November 9
Time: 1 p.m. **NEW**
Cost: Free
Details: This is suitable for new students as well as those who attended a similar program in April. Learn tips for gathering ideas, organizing and implementing them. We will also learn strategies for keeping your home organized and decluttered. Please call 440-919-2332 to reserve your space. This program is sponsored by S&S Benefits.

Trips

Contact Mayfield Village at 440-919-2332 to register for The Wilds, Amish Country and Christmas at the Reeves Home.

THE WILDS

When: Friday, September 28
Time: 8:30 a.m.-6:30 p.m.
Cost: \$64 includes hot lunch
Details: We will have lunch, then board an enclosed Safari Transport vehicle and knowledgeable guides will take us through the Wilds' open-range animal areas where we'll see Rhinos, Giraffes, and many other rare and endangered animals.

AMISH COUNTRY

When: Friday, October 12
Time: 8:45 a.m.-6:00 p.m.
Cost: \$45 includes family style hot lunch
Details: We will visit the many shops at Walnut Creek Foods, Heini's Cheese, and Lehman's Hardware. We will have lunch at the Carlisle Inn with food from Der Dutchman Restaurant.

CANADIAN THEATRE ADVENTURE

When: Wednesday-Friday, September 26-28
Where: Ontario, Canada
Cost: \$495 (double room)
Details: The Shaw Festival and the Stratford Festival are the theatre jewels of Ontario, Canada. We will enjoy Ragtime in Niagara-on-the-Lake and 42nd Street at the Festival Theatre in scenic Stratford, both well known for excellent shows in their beautiful settings. First-night accommodations in Niagara Falls are in Clifton Hill at the Comfort Inn; afterward to the Stone Willow Inn where we'll also enjoy a pre-show dinner. Friday brings free time in Niagara-on-the-Lake before departing for home and a stop at the Ft. Erie Duty Free Shop! Passport required. Check with the Community Partnership on Aging office at 440-473-5138 to see if there's still room!

THE LAKE ERIE WINE TRAIL

When: Friday, October 26
Cost: \$68 includes stops at 4 wineries with tastings and a catered buffet
Details: Travel with us to some of the finest wineries along The Lake Erie Wine Trail, in the western Lake Erie Basin. This scenic \$68 package includes stops at four wineries with tastings and a catered buffet. We'll also make a stop at a Farmers' Market to pick out some seasonal favorites. Call the Community Partnership on Aging at 440-473-5138 for reservation information.

CHRISTMAS AT THE REEVES HOME

When: Wednesday, December 5
Time: 10:30 a.m.-4:00 p.m. **NEW**
Cost: \$49
Details: Join us for a trip to the J.E. Reeves Victorian Home and Carriage House Museum. During the holidays all 17 rooms of the Reeves home are tastefully decorated in the spirit of the season. Every year the decorations are different. The theme for Christmas 2012 is "Please Come Home for Christmas." We will have a complete family-style lunch at Dutch Valley Restaurant before our tour.

Wildcat Community Recreation Center

(formerly Mayfield High School Pool and Field House)

AQUACIZE Class with Instructor Kathi Busher

For adults 18 and older. Exercising in water is beneficial and easy for everyone to do! All exercises are done in the water to improve flexibility while conditioning and toning the entire body. You do not need to know how to swim. Monthly pool membership passes can be purchased for reduce Aquacize class rates.

Session 1: Monday or Wednesday (or both), September 24 – November 7 (6 weeks), **Monday 12:15 – 1:10 p.m., Wednesday 12:40 – 1:30 p.m. Tuesday or Thursday** (or both), October 2 – November 8 (6 weeks), **7:00 – 8:00 p.m.** Pool membership can be used for lap and public swims. Cost is \$20 per month or \$5 drop in rate. **Registration Deadline: September 20.**

Session 2: Monday or Wednesday (or both), November 5 – December 12 (6 weeks), **Monday 12:15 – 1:10 p.m., Wednesday 12:40 – 1:30 p.m. Tuesdays or Thursday** (or both), November 13 – December 20 (6 weeks), 7:00 – 8:00 p.m. (except Nov. 22 and 27) **Registration Deadline: November 1**

See Aquacize on page 19 for program cost and more information.

Wii Bowling

NEW

When: Various Fridays: 1:00-3:00 p.m.
9/21, 10/5, 10/26, 11/2, 11/9, 11/16, 12/7, 12/21, 12/28.

Where: Civic Hall

Cost: Free

Details: Join us for open bowling on various Fridays at the Civic Center beginning September 21.

Deadline to Register: Please call us by the Wednesday prior to make a reservation to secure your space on the team.

Foot Clinic

NEW

When: Fridays 10/12, 11/16, 12/14

Time: 1:00-3:00 p.m.*

Where: M.V. Community Room

Cost: \$20 (Medicare generally covers cost for diabetics)

Doctor: Dr. Kelly R. Whaley, Diabetic and Geriatric Specialist practicing for 15 years in Northeast Ohio

Details: *Call 440-919-2332 to make an appointment for diabetic and routine foot care such as toenail cutting, treatment of corns and calluses, and removing ingrown toenails.

Leaf Raking Assistance

Who: Mayfield Village residents at least 65 years old
What: If you need assistance raking your leaves, enter our leaf-raking drawing.

Details: Drawing will be held October 1st. Contact Mayfield Village Human Services Department (440-919-2332) with your name, address, and phone number.

Deadline: September 28. We will contact the winners by phone the week of October 1st.

Senior Snow Removal Program

Who: Residents of Mayfield Village. To qualify, the primary Village resident must be at least 65 years of age on or before December 31, 2012.

What: Mayfield Village will provide assistance to qualifying residents toward snow removal on one property.

Details: Look for a letter (distributed by bulk mail) in late August with the details about the 2012-13 senior snow removal assistance program.

Classes in Cooperation with Communities in Motion

FITNESS FOR YOU

When: Mondays, Wednesdays, and Fridays, 8:45-9:30 a.m.
Session 1: September 17-October 26
Session 2: November 5-December 21
No class Friday, November 23.

Where: Mayfield Village Community Room

Cost: \$49 (3 times per week; 6-week session)

\$39 (2 times per week; 6-week session)

Drop-in: \$4 per class

Free Demo: Fri. Sept. 14, 8:45-9:30 a.m.

Details: You deserve it! You need it! Relax your mind and body with this light aerobic workout including warm-up, aerobics, stretching, strengthening and cool down. Escape the chaos of life with this fun aerobic workout concluding with breathing exercises to calm and relax the mind and body to prepare your body to cope with the rest of your busy day! Please bring 3-5 lb weights, a resistant band, and water to class.

GOOD TIME DANCIN'

When: Fridays, 10:00-11:30 a.m.

Session 1: September 21-October 26

Session 2: November 5-December 21 (No class Fri. Nov. 23)

Where: Mayfield Village Community Room

Cost: \$30 (6-week session); Drop-in: \$5 per class

Free Demo: Fri. Sept. 14, 10:00-11:30 a.m.

Details: Love to Dance? Want to have some fun while burning a few calories? Dancing improves memory, and helps to keep you physically fit. Come learn current, oldies, country, and contemporary dances such as Good Time, Canadian Stomp, Country Walkin', and much more.

TO REGISTER FOR ACTIVITIES AND PROGRAMS FOR SENIOR ADULTS OFFERED BY THE HUMAN SERVICES DEPARTMENT:

Phone: 440-919-2332. Call MV Senior Services Department with your registration and MasterCard, Visa or DiscoverCard payment. (Please be ready to give the course number and your credit card number.)

Fax: 440-919-0207. Fax your registration to us anytime.

In-Person: You may register in person from 8:30 a.m. until 4:30 p.m. Monday-Friday at the MV Senior Services Department, 6621 Wilson Mills Road.

Mail: Contact us for a registration form. Mail registration form with your check payable to Mayfield Village to MV Senior Services Department, 6622 Wilson Mills Road, Mayfield Village, Ohio, 44143.

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