

# Mayfield Village

Parks and Recreation



Winter  
2011-12

Register by Phone: 440-461-5163  
Visit [mayfieldvillage.com](http://mayfieldvillage.com)





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# Table of Contents

Special Events and Activities . . . . .	2
Adaptive Recreation . . . . .	4
Excursions and Ski Trips . . . . .	8
Youth and Teen Sports and Activities . . . . .	9
Progressive Fitness Center for Mayfield Village Residents . . . . .	14
Senior Programs . . . . .	15

**Mayfield Village Parks and Recreation Department Mission Statement:**  
Mayfield Village Parks and Recreation Department's mission is to coordinate with members of the Mayfield Village Recreation Board, residents, volunteers, Mayfield City Schools, MARC and surrounding recreation departments to develop a wide variety of recreation activities and programs for citizens of Mayfield Village and the Mayfield City School District. Through these programs the department will promote a "sense of community", promote health and wellness, and provide a positive learning experience for all participants.



**Bruce G. Rinker, Mayor**  
**William Buckholtz, Council President**

**Mayfield Village Council:**  
**Joanne Cinco**                      **Patsy Mills**  
**William Marquardt**        **Dr. Stephan Parker**  
**Thomas Marrie**                **Joseph Saponaro**

**William D. Thomas, Director Parks & Recreation**  
**Danielle Echt, Assistant Recreation Director**  
**Sean Supler, Youth/Adult Sports Coordinator**

**Recreation Board Members:**  
Pat Andrzejczyk, David Blood, Mike Colacarro, Stivo DiFranco, Peggy Kerver, Troy Koch, Shelly Kovacevic, Tom Marrie, Mary Murphy, Dave Perout, Meg Stifler and Kate Sullivan.

## IMPORTANT REMINDERS

- **Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center. (6622 Wilson Mills Rd.) Visit [mayfieldvillage.com](http://mayfieldvillage.com) for flyers and information about the recreation department.**
- Registration for most programs begins once you receive your Winter Parks & Recreation Brochure.
- Pre-registration is required for most programs.
- Most registration can take place through the mail (even with credit card) or walk-in at Mayfield Village Civic Center.
- **Mayfield Village can accept registration over the phone with Visa/MasterCard and Discover during office hours (M-F, 8:30 a.m.-4:30 p.m.). Call 461-5163.**
- Mayfield Village Residents are strongly encouraged to sign up as early as possible for certain high demand programs such as the youth 3 to 5 year programs to avoid being closed out of the program.
- **Photographs:** Mayfield Village may take pictures of participants in our programs. We may use these photos in our brochure or for media publicity. By your registration, you grant us permission to use these photos for publicity purposes only.
- **Confirmation/Cancellation** - Mayfield Village does not mail confirmations for class/program enrollments. We will make every attempt to notify you in advance if a class is cancelled, changed or if your registration is received after a program is already full. If enrollment is insufficient for any particular class, the class will be cancelled and fees will be refunded in full. Mayfield Village reserves the right to cancel or combine programs, to change time, day, date or place of meeting and to make revisions to programs.
- **Cancellation/Withdrawal/Refunds** - Participants assume risk of all changes in personal health and affairs. A \$5.00 processing fee will be charged for all refunds involving the Mayfield Village Parks and Recreation Department. A pro-rated fee may also be charged if the program has already begun or if certain enrollment requirements are not met due to your cancellation. Charge refunds will be credited promptly. For check/cash refunds, please allow 3 weeks as they are issued through the Finance Department.
- **Late Registration** - In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge \$5 per person per program after the registration deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.
- **Returned Checks for Insufficient Funds** - A \$25 cash fee will be charged for all checks returned for insufficient funds.
- **Liability** - Participants in our activities do so at their own risk, and agree to waive and release any and all claims of personal injury or property damage they may have arising from participation against Mayfield Village, its agents, instructors, or employees. Mayfield Village cannot be responsible for personal property.

**Mayfield Village Parks & Recreation Number:**

**(440) 461-5163**

**Weather Cancellation/Activities Number:**

**(440) 954-4114**

### REGISTRATION HOURS AT CIVIC CENTER

**For all programs except where noted:**  
Monday – Friday, 8:30 a.m. – 4:30 p.m.

**The Civic Center will be closed on:**

Thanksgiving: November 24 and 25

Holiday Break: December 23, 26 and January 2

# Special Events and Activities

Mayfield Village Parks and Recreation Department, Mayfield Township Historical Society and Mayfield Village Garden Club will offer a variety of Special Events and Activities throughout the Winter. Listed in calendar order are traditional favorites plus new ones. We look forward to seeing you at these Winter events.

## Mayfield Village Garden Club

The Mayfield Village Garden Club meets the fourth Wednesday of every month (unless otherwise noted) at 7:30 p.m. at the Mayfield Village Community Room, 6621 Wilson Mills Road (unless otherwise noted). The winter meeting dates are listed below:

- November 16: (third Wednesday of the month)**  
“Decorating for the Holidays” presented by Chris Gilson of Gilson Nursery and President of State Garden Club of Ohio
- January 25: (1:00 p.m.)** “Gardening with Wildlife” Workshop: Making a Toad Abode presented by Mindy Murdock of the Cleveland Metroparks
- February 22: (1:00 p.m.)** “Soups” presented by Judith Strauss a Mayfield City Schools’ Adult Education Instructor
- March 21:** “Wildflower Folklore” presented by Stacey Allen, a Naturalist from Garfield Nature Center

Do you like getting your hands in the soil? Do you want to learn more about what’s growing and living in your flowerbeds? If so, now’s your opportunity to join the Mayfield Village Garden Club! Call Elaine Schramm at (440) 449-1474 to join! **For more information about the Garden Club, check out our page at [www.mayfieldvillage.com](http://www.mayfieldvillage.com) and click on “Associations and Organizations.”**

**MISTLETOE MARKET - Saturday, December 3, 9:00 a.m. to 4:00 p.m. – ‘Tis the Season!** Join us for the annual craft show, the Mistletoe Market at the Village Civic Center, 6622 Wilson Mills Road. The show provides an opportunity to purchase holiday gifts from more than 35 exclusive artisans who craft handmade items. The club will also sell holiday wreaths, arrangements and baked goods. Proceeds from the Mistletoe Market benefit the Mayfield Village Horticultural Students’ Scholarship Program.

**ONE-STOP SHOPPING WITH GIFTS FOR THE ENTIRE FAMILY!** We hope to see you there. Free cookies provided. Admission is \$2.00. Any questions regarding the Mistletoe Market, contact Helen Keating at (440) 833-0275.

## Historical Society

Meetings are at 7:30 p.m. at the Mayfield Village Community Room unless otherwise noted.

- November 9:** Amish Culture Presented by James Bezdek. Pie Night (bring your favorite pie to share). Turkey Raffle.
- December 14:** Christmas Pot-Luck Buffet. Historical Society and Garden Club Members. Bring a covered dish big enough to share for 10-12 people. Mayfield Village Community Room at 6:30 p.m. For additional information contact Al Muhle at 440-461-0055
- February 8:** “Early Auto History in the Western Reserve” presented by Bill Takacs.
- March 14:** “Wade and his Chapel” presented by Kathy Kerrick. Cookie Night (bring your favorite cookie to share)

## Annual Santa Ride & Party

- Date:** Saturday, December 3  
**Time:** 10:30 a.m. - 1:30 p.m. - Santa rides through the Village distributing popcorn balls.  
1:30-3:00 p.m. - Party at Mayfield Village Community Room  
**Cost:** For Mayfield Village Residents - free of charge  
**Details:** At the party children will have pictures taken with Santa and gifts distributed by his elves. Refreshments will be available. Children can participate in making a winter craft.

## Annual Christmas Tree Lighting Ceremony

- Date:** Sunday, December 4  
**Time:** 7:00 p.m.  
**Location:** Mayfield Village Gazebo  
**Cost:** Free  
**Details:** Open to all. Come celebrate the holiday season with Santa Claus and listen to holiday music. Refreshments of coffee, hot chocolate and donuts will be available. Santa’s annual popcorn ball distribution to children will also take place and of course, our tree lighting ceremony with Mayor Rinker. Please bring your canned goods and drop off at the Police Department for our food drive.

## Menorah Lighting Ceremony

- When:** Tuesday, December 20  
**Time:** 7:00 p.m. - 8:00 p.m.  
**Where:** Mayfield Village Gazebo and then to the Community Room  
**Details:** Please join us as we light the First Hanukkah candle. We will gather near the Menorah at 7:00 p.m., snow or shine! Refreshments will be at the Community Room after the Menorah Lighting.

## Prepare for Valentines Day with Wine & Food Pairings

- Who:** 21 years and older  
**Date:** Tuesday, February 7  
**Time:** 6:30 – 8:00 p.m.  
**Location:** Sur la Table and Trader Joe’s  
**Cost:** \$29 (plus \$5 fee payable to instructor)  
**Details:** What could be sweeter than joining your friends at Sur la Table at Eton Chagrin Boulevard where you will sample five wines paired with five different courses with a Valentines Day theme. Following the wine & food sampling, you will have a guided tour of Trader Joe’s, located next door to Sur la Table. The instructor is Chris Shaw, Trader Joe’s resident wine expert.  
**Registration Deadline: February 1.**

**NEW**

## Introduction to Fly Fishing

**Who:** Children 10 years and older – adults  
**When:** Tuesday, November 29  
**Time:** 7:00 – 9:00 p.m.  
**Where:** Mayfield Village Civic Center  
**Min./Max.:** 4/25  
**Cost:** \$17  
**Details:** Learn why fly fishing is one of the fastest growing outdoor sports in the world. Find out why young, old and mid-life folks get hooked for life by this exciting pursuit. We will cover equipment, where to fish, techniques, and the joys of making your own deceivers (flies) to catch simple fish. Come find out what you are missing. **Registration Deadline: Wednesday, November 23.**

## The Art of Deception A Family of Fly Tying Classes for Beginners

**LET'S GET STARTED: Nymphs, The Beginning:**  
**Who:** Children 10 years to adult, **under 18 must be accompanied by an adult**  
**When:** Thursday, December 1, Monday, December 5 and Thursday, December 8  
**Time:** 6:30 – 9:30 p.m.  
**Where:** Mayfield Village Civic Center  
**Min./Max.:** 4/8  
**Cost:** \$52 per participant and a \$10 material fee payable to instructor at first class. **Students will need to bring additional supplies. A list will be available upon registration.**  
**Instructor:** George Vosmik, a leading Fly Fishing expert with over 22 years experience  
**Details:** Learn to tie your own flies. Students will create over a dozen nymphs during the 3 classes. You will be able to catch fish on your own creations from these classes, or you may wish to look at them and participate in a Renaissance art -The Art of Deception – for your own pleasure. Come tie and decide how you'll use the deceivers you produce. **Registration Deadline: Monday, November 28.**



## The Art of Deception The New Wet Flies-Building New Skills

**Who:** Children 10 years to adults, **under 18 years must be accompanied by an adult**  
**When:** Tuesday, December 13, Thursday, December 15, Tuesday, December 20  
**Time:** 6:30 – 9:30 p.m.  
**Where:** Mayfield Village Civic Center  
**Min./Max.:** 4/8  
**Cost:** \$52 plus \$10 material fee payable to George Vosmik on the first day  
**Details:** Learn to tie the “living, moving” New Wet Flies, including natural, flymphs and fuzzy nymphs, not the stiff, whirling classic wet flies. They catch all the picky trout, panfish and bass when the “Drys” are refused! Classes of three hours each make up the course in which streamers are also created to imitate baitfish. **Registration Deadline: Thursday, December 8.**

## Singing Angels

### “Helping Hands & Singing Hearts Concert”

**Date:** Saturday, December 17  
**Time:** 7:00 p.m.  
**Location:** Mayfield Village Civic Center - Reserve Hall  
**Cost:** Mayfield Village Residents: \$11 adult, \$9 child/senior, Non Mayfield Village Residents: \$12 adult, \$10 child/senior

**Details:** Come hear the world renowned Singing Angels. Tickets are on sale beginning November 14 at the Mayfield Village Civic Center (during office hours) until December 16. Tickets can be purchased (if still available) on the night of the concert starting at 6:00 p.m. in the ticket office by Reserve Hall (cash and checks only). Doors open for the concert with first come first serve seating at 6:35 p.m. Please bring a canned food/non perishable food item for the annual food drive.

## American Red Cross Community Blood Drives

**Location:** Mayfield Village Community Room  
**Time:** 2:00 – 7:00 p.m.  
**Dates:** **Fridays, January 6, March 9, May 11**  
**Eligibility to be a Donor:** In general, you are eligible to be a donor if you:  

- are at least 17
- weigh at least 110 lbs.
- are in good health (no flu symptoms)
- your last donation was more than 56 days ago
- are not taking antibiotic medication
- Have a photo ID or Red Cross card with you when you donate.

Please bring in the names of any medications that are currently being taken. Please bring I.D. with you as well. We can answer questions about your eligibility in advance of the drive by calling the American Red Cross at 1-800-GIVE-LIFE or 1-800-294-3347 #2 and ask for the “Donor Suitability” Department. You can also check out this info on our webpage. Plan on about an hour to go through the entire blood drive. You feel best if you eat and drink plenty of water before donating. Please bring ID to the blood drive.

## Planning Your Own Murder Mystery for a Dinner Party

**Who:** Adults  
**Date:** Thursday, March 1  
**Time:** 7:30 – 9:00 p.m.  
**Where:** Mayfield Village Civic Center  
**Min./Max.:** 5/15  
**Cost:** \$12 per person  
**Details:** A class to teach you how your dinner party can get away with murder! The originator and former host of Murder Mystery Events in Ohio will give you all the details so that you can put on your own murder mystery party. Your dinner guests will not only be the suspects, but they will spend an exciting evening trying to solve the crime. **Registration Deadline: February 23.**

**NEW**

## Special Events and Activities (continued)

### 2011 ANNUAL HOLIDAY COLLECTION



New Mittens, Scarves, Hats... for the Mitten Tree located in the Civic Center. Please come in and decorate the tree with your items to help keep kids and adults warm this winter. Donations will go to the Rosemary Center in Cleveland.



Canned goods & non-perishable food items will also be collected at the Civic Center and Police Department.

These items will be brought to one of the local hunger centers to help make the holidays happier for those in need.



**\*\*Whatever you can do to help local individuals is greatly appreciated.\*\***  
Thank you in advance for your generosity.

### Back by Popular Demand! Scrapbooking Crop-a-thon

- Who:** 21 and up  
**When:** Saturday, February 18- Sunday, February 19  
**Time:** 9:00 a.m.- 1:00 a.m. – Saturday  
10:00 a.m.- 5:00 p.m.–Sunday  
**Where:** Mayfield Village Community Room  
**Cost:** \$35 – includes snacks, beverages, and lunch/dinner on Saturday  
**Details:** Pack your supplies and join in for hours of cropping. Encourage your scrapbooking friends to join you for a weekend of fun. For your convenience, **Cranberry Cat and Lily Pad Pages will be on site!! Limited seating, so register early. Registration begins Wednesday, January 4.**

## Adaptive Recreation

Through the efforts of Mayfield Communities and Mayfield Schools, the Adaptive Recreation committee is offering opportunities for individuals with physical, sensory or developmental disabilities. For program cancellations due to weather, call the hotline at (440) 954-4114. **For more information, flyers for adaptive recreation programs, please visit [www.leapinfo.org](http://www.leapinfo.org), [www.solonrec.org/Ribbon.htm](http://www.solonrec.org/Ribbon.htm) and [mayfieldvillage.com](http://mayfieldvillage.com)**

**For all programs, an aid or assistant (which can be parent/caregiver) MUST BE PRESENT for one on one assistance for any participant who has difficulty following simple instruction, needs individual physical patterning or needs constant guidance.**

**The programs listed below are not only for persons with disabilities, they are for everyone. The success of these programs depends upon participants of all abilities. Teen and adult volunteers are encouraged to help out with the following programs.**

### Game Nights at Mayfield Middle School

- Who:** All ages  
**When:** Fridays, November 11, December 2, January 13, February 17, March 9, April 27  
**Time:** 6:00 – 8:00 p.m.  
**Where:** Mayfield Middle School Cafeteria/Gym  
**Cost:** \$8.00/participant per date pre registered or \$9.00/participant per date at the door \$5.00 per parent/caregiver if eating with the participants, must register in advance  
**Details:** Come join a fun night and hang out with friends. Participants can play a variety of board games, play volleyball, bowling, basketball, ping pong, learn organized dances and enjoy pizza, chips and pop. **Pre-Registration Deadlines: The Wednesday before each event date.**

**In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge an additional \$5 per participant if signing up after the deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.**

### Quantum LEAP Thanksgiving Dance

- Who:** 18 years and older  
**Date:** Saturday, November 19  
**Time:** 7:00 p.m. – 9:00 p.m.  
**Location:** John Carroll University Lombardo Student Center (20700 North Park Blvd, University Heights)  
**Cost:** \$5 includes karaoke, food and refreshments  
**Registration Deadline – Friday, November 11.**

**NEW**

## Adaptive Recreation (continued)

### Holiday Party, Gift Exchange – Potluck Dinner

**Who:** Teen to Adults  
**When:** Friday, December 9  
**Time:** 6:00 – 9:00 p.m.  
**Location:** Beachwood Community Center, 25325 Fairmount Blvd.  
**Cost:** \$7.00 per person (paid at the door)  
**Details:** Please bring a main course, appetizer or dessert. Also, please bring a gift that is worth \$5 for our gift exchange. This gift should be appropriate for a girl or boy. Please RSVP to Judi Greenspan at 216-932-1989 or email [jgreenspan@keenepromotions.com](mailto:jgreenspan@keenepromotions.com).  
**Sponsored by High Five Club, Think Computer Foundation & Beachwood Recreation.**

### Basketball Clinics

**Who:** 16 year olds and up  
**Date/Time:** Sunday, January 8, 1:00 – 2:00 p.m. (Notre Dame)  
Sunday, February 5, 1:00 – 2:00 p.m. (John Carroll)  
Wednesday, March 7, 6:00 – 7:00 p.m. (Ursuline)  
**Cost:** \$5 per date  
**Details:** Join Varsity Basketball Coaches, Mike Moran (John Carroll), Kevin Bille (Notre Dame), Nelson Schorr (Ursuline), and their varsity players, and learn the fundamentals of basketball through exercises that are meant to be fun and skill building that include passing, shooting and dribbling. **Registration Deadlines: Wednesdays, January 4, February 1 and February 29.**

### Fitness to Wellness to FUN!

**Who:** 13 years and up  
**When:** **Session 1:** Mondays, Jan. 9 – Feb. 13 and/or Wednesdays, Jan. 11 – Feb. 15 (6 weeks)  
**Session 2:** Mondays, Feb. 20 – March 19 and/or Wednesdays, Feb. 22 – March 21 (5 weeks)  
**Time:** 6:30 – 7:30 p.m.  
**Cost:** \$48 either day Session 1 or \$40 either day Session 2, or \$86.40 Session 1 or \$72.00 Session 2 for both days per session (a 10% savings).  
**Min./Max.:** 8/10 participants  
**Location:** Health 360, 700 Beta Drive, Mayfield  
**Details:** Join us for this energetic, fast paced stimulating hour designed to get you up and moving while having fun. The class will include a unique combination of obstacle courses, strength training, agility drills, endurance training, motor skill reaction drills, and developmental exercises. Participants will enjoy a great workout in a great atmosphere. Wear athletic shoes and clothing that is easy to move in. **Registration Deadline: Thursdays, January 5 or February 16. Note: Parent of caregiver can pay \$12 per month to use facility when class is held (Monday or Wednesday from 6:30 – 7:30 p.m.). If interested, see front desk at Health 360.**

### Ice Skating

**Who:** All ages  
**Date/Time:** Mondays, 5:00 – 5:30 p.m.  
Session 3: January 9 - February 6 (No class Jan. 6)  
Session 4: February 13 - March 12 (No class Feb. 20)  
**Where:** Cleveland Heights Ice Rink (South Rink)  
**Cost:** \$25.00 per session or \$5.00 walk-on fee per class (includes skate rental).  
**Details:** Ice professionals and volunteers assist all skaters, regardless of ability. **Participants must have an adult remain in the rink area to assist if needed.** Volunteers welcomed! For more information call (216) 691-7434 and leave a message for Karin Faletic. **All registration for this program will go through Cleveland Heights.**

### Yoga Reach

**Who:** Teens to Adults  
**When:** **Session 1-**Tuesdays, January 10 -February 21 (7 weeks)  
**Session 2-**Tuesdays, February 28 – April 10 (7 weeks)  
**Time:** 4:45 – 5:45 p.m. Teens to Young Adults  
6:00 – 7:00 p.m. Adults  
**Where:** Mayfield Village Civic Center  
**Cost:** \$64/participant/session or \$5 off if registering for both sessions.  
**Instructor:** Char Grossman, M.A., NCSP, CYT, RYT-500, Therapeutic Yoga Specialist and School Psychologist  
**Details:** A therapeutic, educational program provides an integrated system of yoga poses designed to promote the individual's unification of mind and body. This program benefits those with and without special needs. Students develop strength, flexibility, breath awareness, balance, stress management techniques, concentration skills, self-esteem and a healthy inner self. Wear comfortable clothes and bring a mat. **Reg. Deadline: Jan. 6 & Feb. 24.**

### Indoor Water Exercise

**Who:** Ages 10 and up  
**When:** Thursdays, January 12 – February 16  
**Cost:** \$39 resident/\$43 non resident (6 dates)  
**Where:** Mayfield High School Indoor Pool  
**Time:** 6:30 – 7:30 p.m.  
**Instructor:** Kate Sullivan  
**Details:** This is an opportunity for special needs participants to experience success, increase comfort level, exercise and have fun in an aquatic environment. **Registration closes once 10 people sign up.**

# Adaptive Recreation (continued)



## Everybody Dance Now

**Who:** 8-22 year olds  
**Dates:** Session 1 – Fridays, January 13 - 27  
Session 2 – Fridays, February 3 - 17  
Session 3 – Fridays, February 24 – March 9  
Session 4– Fridays, March 16 – March 30

**Time:** 5:00 – 6:00 p.m.  
**Cost:** \$50/session or \$18/class  
**Min/Max:** 3/10

**Location:** School of Verlezza Dance, First Unitarian Church of Cleveland (21600 Shaker Blvd. Shaker Heights, 44122)

**Details:** As Artistic Directors of VERLEZZA DANCE, Sabatino Verlezza and Barbara Allegra Verlezza have been working in an integrative setting for many years. They developed an inclusive and programmatically accessible method of teaching dance to people of all abilities and levels. This particular approach has been used in movement classes and workshops for very diverse groups: ages (children through older adults), career focus (dance enthusiasts through professional dancers), 'sit-down' and 'stand-up' dancers (wheelchair users and non-wheelchair users) and those with varying sensory, physical, learning, and/or developmental disabilities. The class structure will include a 15 minute circle warm up, followed by simple patterns moving across the floor, improvisation, rehearsing a dance and a warm down. Students should wear appropriate comfortable clothing for a movement class. On March 30, parents will see an "informal showing" of what students have learned throughout the winter sessions. **Registration Deadline: Fridays, Jan. 6, 27 and Feb. 17 and Mar. 9.**

## NEW Learn to Snowshoe

**Who:** Families or Individuals with parent or caregiver

**Date/Time:** Sunday, January 15, or Saturday, February 4 from 1:00 – 3:00 p.m.

**Min/Max:** 10/20

**Cost:** \$15 per person

**Locations:** Jan. 15 - Rivergrove Picnic Area – Chestnut room North Chagrin Reservation  
Feb. 4 – Look About Lodge, Solon. South Chagrin Reservation. Make up date: Saturday, February 18.

**Details:** Learn how easy it is to snowshoe with the Institute of the Great Outdoors. We will spend time outside on a snowshoe course set up for the day then warm up with activities and hot chocolate indoors. No special boots are required for snowshoeing, but waterproof footwear is suggested. Dress in layers to keep warm outside. **Directions will be supplied once registered. Registration Deadline: Jan. 11 and Feb. 1.**



## Music, Drum and Movement

**Who:** 6 – 24 year olds  
**When:** Session 1-Thursdays, January 19 – February 9  
Session 2- Thursdays, February 16 – March 8  
Session 3- Thursdays, March 15 – April 5  
**Time:** 6:00 – 6:45 p.m.  
**Cost:** \$44 per session  
**Instructor:** Ray Brown  
**Min/Max:** 5/15  
**Location:** Mayfield Village Civic Center  
**Details:** Have fun with music!! Learn to play percussion instruments with others while building your own confidence. Singing and drumming brings smiles to everyone. Experience the musical circus with Ray every Thursday! **Registration Deadlines: Fridays, January 13, February 10, March 9.**

## Night Out at the Movies

**Who:** 18 and Over  
**Date:** Friday, January 20 and March 2  
**Time:** 7:00-10:00 p.m.  
**Location:** Beachwood Community Center, 25325 Fairmount  
**Cost:** \$5 each date. Registration in advance required!  
Cost includes admission, popcorn and beverage each date.  
**Details:** Come watch movies on the big screen! Cost includes admission, popcorn and beverage. For more information contact Beachwood at 216-292-1970. **Sponsored by LEAP and Beachwood Recreation.**

## Pizza Bowl

**Who:** Teens to Adults  
**Dates:** Friday, January 27, February 24 and March 16,  
**Time:** 7:00 p.m. - 9:00 p.m. (Fridays),  
**Location:** Roseland Lanes (26383 Broadway Ave, in Oakwood, 2 mi. east of I-271 & Broadway)  
**Cost:** \$12 per bowler per date(includes shoes, bowling, cheese pizza, pop and Dixie cup ice cream) \$ 5 per parent/caregiver if eating with the participants, must register in advance  
**Registration Deadline: January 25, February 8 and March 14.**

## Wii/Cornhole Night

**When:** Friday, March 2  
**Time:** 6:00 – 8:00 p.m.  
**Location:** Ross DeJohn Community Center (6306 Marsol Rd. Mayfield Heights)  
**Cost:** \$7.00 per participant and \$5.00 per parent/caregiver if eating (No registration at the door!)  
**Details:** Enjoy Wii, Cornhole, board games, and dinner with your friends. Dinner will be sub sandwiches, chips and pop or water. Choices of subs: Ham, Turkey, Italian and Veggie. **Registration Deadline: Friday, February 24.**

## Adaptive Recreation (continued)

### Super Bowl Party

**Who:** Teens –Adults  
**Date:** Sunday, February 5  
**Time:** 5:30 – 9:30 p.m.  
**Location:** Beachwood Community Center,  
25325 Fairmount Blvd.  
**Cost:** \$5.00 per participant (pay at the door)  
**Details:** Come watch the game with family and friends. Pizza and pop will be available. Please bring an appetizer or dessert to share. **No chips or dip please! You must RSVP by Thursday, January 26 to Judi Greenspan** 216-932-1989 or [jgreenspan@keenepromotions.com](mailto:jgreenspan@keenepromotions.com). Sponsored by High Five Club, Think Computer Foundation & Beachwood Recreation.

### Valentine's Day Dance

**Who:** 18 and Over  
**Date:** Saturday, February 11  
**Time:** 7:00-9:00 p.m.  
**Cost:** \$5-Pre-registration only  
**Location:** Hilton Garden Inn  
(700 Beta Dr., Mayfield Village)  
**Details:** Join us for a Valentine's Day themed dance. Celebrate the holiday with us! A DJ will be on hand with karaoke available. Beverages and hot foods will be served.  
**Registration Deadline: Monday, January 2. For more information contact LEAP at 216-696-2716 Register directly with LEAP.**

### Basic Self Defense and Awareness

**Who:** Ages 13 and over  
**When:** Tuesday, February 21  
**Time:** 6:30 p.m. - 8:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Limit:** 10 participants  
**Fee:** \$15.00  
**Details:** Students will learn proper stances, evasive movements and breaking out of grabs and holds. Learn to be aware of your surroundings and how to react to common street situations. The class will increase your sense of confidence, coordination and flexibility. Instructors: Dan Means and Lynn Forbes. **Reg. Deadline: Feb. 15.**

### Making Pizza in the Village at Pizza Roma



**Who:** Teens – 24 year olds or 25 years and older  
**Location:** Pizza Roma (785 SOM Center Rd)  
**Dates/Times:** Sunday, March 4, 1:00 - 1:45 p.m. Teens - 24 year old,  
2:00 - 2:45 p.m. 25 years and older  
Sunday, March 11, 1:00 - 1:45 p.m. 25 years and older  
2:00 - 2:45 p.m. Teens - 24 year old  
**Cost:** \$12  
**Min./Max.:** 8/12  
**Details:** Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, participant can decorate their pizza box. Participants can dine in or take the masterpiece home to share.  
**Registration Deadline: Wednesday, Feb. 29 and March 7.**

## Solon Blue Ribbon Programs

Register at the Solon Community Center, 35000 Portz Pkwy., Solon, Ohio from 8:00 a.m. to 6:00 p.m., or mail in the registration form ([www.solonrec.org](http://www.solonrec.org), click the Blue Ribbon tab, print the registration form and follow the instructions provided). Please allow enough time prior to event for mail in registration. Please call 440-248-5747 for more information.

### KARAOKE AND DANCE NIGHT 2012

Our DJ will be serving up the best music jams this side of Solon. Pizza and refreshments will be served.

**Ages:** 12 and over  
**Date:** Friday, January 20  
**Time:** 6:30 p.m. - 9:00 p.m.  
**Location:** Solon Community Center Banquet Room  
**Fee:** \$7.00  
**Limit:** 45  
**Registration Deadline: Now through January 13**

### FUN FEST 2012

When something is so spectacularly fun and successful it must be continued! It's time again for the 9th annual FUN FEST-IVAL for individuals with special needs, their families and caregivers. Join us at the St. Patrick's Day themed Solon Community Center for a little bit of Irish, and games, air bouncers, bingo, D.J. dancing, information center, and the other special attractions of the evening.

**Ages:** All  
**Date:** Saturday, March 3  
**Time:** 6:30 p.m. - 9:00 p.m.  
**Location:** Solon Community Center  
**Fee:** \$3.00 advance \$5.00 day of event  
**Limit:** None  
**Registration Deadline: Now through February 27**

# Excursions

## Cuyahoga Valley Scenic Railroad

### THE HOLIDAY TRAIN

**Dates:** Saturday, December 10 or Sunday, December 11

**Times:** Departs at 10:00 a.m. (Boarding begins at 9:30 a.m.), Returns at 4:30 p.m.

**Cost:** \$24 Adults, \$14 Children (3 – 12 yrs), 2 and Under Free

**Details:** The Holiday Train will depart from the Rockside Station in Independence and travel down to the Akron Northside Station. During the trip, Mr. Jingeling will be going through the cars telling a story and passing out paper keys. When you arrive in Akron you will be taken over to Canal Place. There will be an ice skating rink, stores and restaurants; don't forget extra money for whatever activity you choose to do. The train will depart from Akron at 3:00 p.m and on your way back to the Rockside Station Santa Claus will be on the train and pass out candy canes to the children. The train ride is approximately 2 hours and 40 minutes total. Seating is first come first serve on assigned coach. **Registration Deadline: Friday, December 2.**

## One Day Charter Bus Trips

- All times for trips will be confirmed with an itinerary one week before the trip. **All times listed are approximate.** If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.
- All trips leave from the Mayfield Village Civic Center unless otherwise noted.
- In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge \$5 per person per program after the registration deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.
- The registration deadline is one week prior to trip or until the bus is full unless otherwise noted.

### OGLEBAY'S FESTIVAL OF LIGHTS (WHEELING, WV)

**Date:** Saturday, December 3

**Time:** Depart at 9:45 a.m. return at 10:30 p.m.

**Cost:** \$106/person includes guided tour of lights, Winter Fantasy, including Holiday Laser Show, model train exhibit, Colonel Oglebay's Mansion Museum and dinner and Wilson's lodge.

**Details:** Join us for our trip to the Festival of Lights. In 1985, a holiday tradition began at Oglebay and today that tradition is the Winter Festival of Lights. Every year, the Festival grows with a million lights on more than 300 acres over a six mile drive. It's America's largest light show. Over the years, elaborate and animated displays have joined the long-time favorites. Each year several new displays are added and some are retired, assuring that the festival of lights remains new and exciting.



### A RIVERSIDE CHRISTMAS – RIVERSIDE INN (CAMBRIDGE SPRINGS, PA)

**Date:** Thursday, December 8

**Time:** Depart 10:00 a.m. return at 5:00 p.m.

**Cost:** \$88/person includes matinee performance at 12 noon and lunch

**Details:** The Riverside Inn is everyone's favorite. Join us and the Riverside Inn for an afternoon of excellent food and entertainment as you're invited to the perfect way to celebrate the season. Join us at the beautifully decorated Riverside Inn for an evening of holiday warmth. "It's the magic of theatre at its best, and for the money, there's nothing like it"

### CELEBRATION OF LIGHTS/RIVERS CASINO (PITTSBURGH, PA)

**Date:** Sunday, December 11

**Time:** Depart at 9:30a.m. and return at 10:30 p.m.

**Cost:** \$97/person includes Rivers Casino, Celebration of Lights at Hartwood Acres and dinner

**Details:** Rivers Casino has 3,000 state of the art slots and much more. After enjoying gambling, relax as we drive through the Hartwood Celebration of Lights. The tradition began in 1991 at Hartwood Acres in Pittsburgh, PA. Since then, the show has grown into one of the nation's largest light shows attracting more than 600,000 visitors annually. The Celebration of Lights now covers 3.2 miles of roadway and feature over 400 displays. Ten generators support over two million points of lights that shine on holiday theme figures from three to 45 feet in height.

## One Day Charter Bus Trips

(continued)

### CHRISTMAS CONCERT AT SEVERANCE HALL (CLEVELAND)

**Date:** Saturday, December 17

**Time:** Depart at 1:15 p.m. and return at 7:45 p.m.

**Cost:** \$129/person includes Severance Hall performance, main floor seating, 3:00 p.m. performance and dinner.

**Details:** Bring family and friend to Severance Hall to hear traditional Christmas favorites by the Cleveland Orchestra and Choruses. The evening culminates in a joyous celebration with sing-along, accompanied by the Norton Memorial Organ.

## Rivers Casino Pittsburgh, PA

**Date:** Wednesday, February 15

**Time:** 8:00 a.m. – 6:30 p.m. (approx.) (depart/return to the Mayfield Village Civic Center)

**Cost:** \$29 includes transportation and voucher (\$15 coin/\$5 food – subject to change)

**Details:** Join us to escape your winter doldrums and have fun with Las Vegas style gambling. Must be 21 years and older to participate. Join your chaperone Janice as she entertains you with bingo on your short trip to Rivers Casino. **Registration Deadline: February 8. Assigned Seating**

## 13th Annual Ski Trips for Families, Adults and Teens

### General Information:

- Trips are a cooperative effort by Mayfield Village Recreation Dept., and surrounding communities.
- Each participant is responsible for their own food costs
- For more information or questions or to register with a specific department: Mayfield Village Rec., 461-5163.

### Transportation Details:

- Charter bus will leave Mayfield High School main parking lot (6116 Wilson Mills Road) directly behind the Mayfield Regional Library
- 6:30 a.m. and returns at 7:30 p.m. (approx.)
- To avoid lost or stolen items, participant should mark equipment
- Helmets are required for anyone using the Terrain Park
- Transportation costs included in prices.

### HOLIMONT SKI RESORT

Monday, January 16, 2012 (Martin Luther King Day) Before Jan. 11 After Jan. 11

Just Lift Ticket ..... \$85 ..... \$90

Lift Ticket & Ski or Snow Board Rental (adult) ..... \$113 ..... \$118

Lift Ticket & Ski or Snow Board Rental (youth 12 & under) .. \$107 ..... \$112

Non skier (transportation only)..... \$45 ..... \$45

### HOLIMONT SKI RESORT

Monday, February 20, 2012 (President's Day) Before Feb. 7 After Feb. 7

Just Lift Ticket ..... \$85 ..... \$90

Lift Ticket & Ski or Snow Board Rental (adult) ..... \$113 ..... \$118

Lift Ticket & Ski or Snow Board Rental (youth 12 & under) .. \$107 ..... \$112

Non skier (transportation only)..... \$45 ..... \$45

## Youth and Teen Sports & Activities

### Lakeshore Dance and Gymnastics

**Who:** 18 months to adults

**Times:** Classes are offered from 9:00 a.m. to 9:00 p.m. Monday – Saturday

**Location:** Hemingway at Beta Building, 701 Beta Dr. Unit 25, Mayfield Village

**Details:** Classes are offered in Ballet, Tap, Jazz, Hip Hop, Creative Dance, Combination Dance Classes, Gymnastics for boys and girls starting from 18 months to Team Competitive Level. Cheerleading -regular skills class and competitive Team. Tumbling classes 7 years and up. High School Gymnastic Classes, new: Rhythmic Gymnastics Team . Adult classes in Yoga, Zumba, Aerobics, Tap, Ballet and Hip Hop. Costs and times vary per class. **Registration anytime before Monday, December 12.** Call 440-461-0015 for more information or visit [Lakeshoregym.com](http://Lakeshoregym.com).

### Mayfield Village Players (Basketball)

**Who:** 3 - 5 year olds

**When:** Wednesdays, January 4-February 1

**Time:** 7:00 – 7:45 p.m.

**Location:** Center School Gym

**Cost:** \$ 40 if basketball and shirt needed (this is new shirt, not the one from previous year)  
\$30 if just shirt needed (has basketball from previous year)

**Limit:** 24 participants

**Details:** Join us for five sessions of basketball where parent and child work together each week participating in a variety of activities. The focus of the program is to develop skill and have fun while learning the fundamentals of dribbling, shooting, passing, and running/agility. **Registration begins December 1 and closes once 24 participants sign up.**

# Making Pizza In the Village At Pizza Roma



**Who:** 3 year olds – 5th graders with parent  
**Dates/Time:** Sundays, 1:00 – 1:45 p.m. or 2:00 – 2:45 p.m.  
 January 29, 3 - 4 year olds,  
 February 12, K – 2nd graders,  
 February 19, 3rd – 4th graders,  
 February 26, 5th graders

**Location:** Pizza Roma (785 SOM Center Road)

**Cost:** \$12

**Min./Max.:** 8/12

**Details:** Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, children can decorate their pizza box. Participants can dine in or take the masterpiece home to share with the family. **Brothers and sisters in different grades will be accommodated into the same day/timeslot for your convenience. Registration Deadline: The Wednesday before each date.**



## Programs with Party Couture

### GINGERBREAD HOUSE MAKING WORKSHOP!

**Ages:** 1st – 5th graders  
**Location:** Mayfield Village Civic Center  
**Day/Time:** 4:30-6:00 p.m. Tuesday, December 6th and/or Thursday, December 15th

**Min/ Max:** 5/18

**Instructor:** Whitney Neidus, Founder of Party Couture

**Cost:** \$25/ class

**Details:** Nothing makes a more impressive centerpiece during the holidays than a homemade gingerbread house! Come learn the tricks of the trade on how to make the perfect gingerbread house! Party Couture provides everything including: A cardboard base for the house, a wide variety of candy, smocks and directions for making your own icing and preserving your masterpiece! You will be amazed at how easy it really is to make your one-of-a-kind gingerbread house! Sign up for 1 or both dates. **Registration Deadline: December 1 and 12.**

### TIE DYE MANIA WORKSHOP!

**Who:** K – 5th graders  
**When:** Thursday, Dec. 1; Tuesday, Jan. 10; Tuesday, Feb. 21 (pick one or all)

**Time:** 4:45 -5:45 p.m.

**Location:** 805 Village Trail, Gates Mills

**Cost:** \$25 per class

**Min/ Max:** 5/20

**Details:** Get your swirl on with one of the most popular and fun crafts around! Come ready to create your one-of-a-kind tie dye creation! Party Couture provides everything including white-shirts, all dyes, rubberbands, instructions for after care, smocks and gloves! Children will work with their peers while having a ball!! Dress for mess and get ready for some fun!! **Registration Deadline: Nov. 28, Jan. 6, Feb. 17**

Visit [www.partycouture.com](http://www.partycouture.com) for more information



### YOUNG CHEF'S COOKING ADVENTURES CLASS- DATE NIGHT OUT FOR PARENTS!!

**Cooking Theme:** "Winter Meals That Warm Us Up!"

**Who:** K – 5th graders

**When:** Fridays, December 9, January 6 and February 10 (pick one or all)

**Time:** 5:30-7:30 p.m.

**Location:** 805 Village Trail, Gates Mills

**Cost:** \$25/ class

**Min/ Max:** 5/15

**Details:** Spend the evening making and then eating, some fantastic and fun recipes! Young chefs will have the opportunity to cook and have fun in the kitchen. They will be introduced to cooking vocabulary and techniques, tools and utensils, basics of etiquette, nutrition, safety, kitchen math and new foods! **Menu's: Dec. 9** (Cheddar Crostini, Baked Lasagna Rolls and Raspberry & Chocolate Puffs); **Jan. 6** (Warm Cheesy Breadsticks, Homemade Pasta with Tomatoe Sauce and Canolis); **Feb. 10** (So Good Mac and Cheese, Crispy chicken skewers with honey mustard Dip and warm cinnamon rolls with chocolate sauce).

**Registration Deadline: Dec. 5, Jan. 3 and Feb. 6.**

## Young Rembrandts Winter Break Drawing Camp

### CHRISTMAS ART DRAWING CAMP

**NEW**

**Who:** Grades K-5  
**Dates:** December 27-30  
**Time:** 10:00-11:30 a.m.  
**Where:** Mayfield Village Civic Center  
**Cost:** \$48  
**Details:** This camp is all about Christmas! **On Day 1**, we will draw many drawings all related to Christmas including: an angel, a Santa, a shepherd, the Three Kings and more. **Day 2** will involve cartooning a variety of Christmas themed characters and scenes. **Then, on the final two days**, we will complete one large Nativity scene incorporating all the elements we have learned.  
**Registration Deadline: December 20.**

## Youth Winter Dodgeball

**Who:** 4th -5th & 6th-8th Graders  
**When:** Sundays, January 14 – March 4  
**Time:** 4th-5th graders – 5:30 – 6:20 p.m.  
6th-8th graders – 6:30 – 7:30 p.m.  
**Where:** Mayfield Middle School Gym  
**Cost:** \$40/participant  
**Call Mayfield Heights Recreation for more information at 440-442-2626, ext. 267.**

## Horseback Riding for Adults Only

Adult Only Classes are also being offered on Tuesdays and Thursdays (beginning January 17 & 19) at 11:00 a.m. or Sundays (beginning January 15) at 1:45 p.m. Each class will be one hour long and will teach the basics of walking, trotting and safety around horses. The cost \$245 school district residents, \$249 non school district residents for the 8 week program.

## Horseback Riding

**Who:** 6 year olds - adults  
**When:** Beginner I, Wednesdays, January 18 – March 7  
Beginner I, Thursdays, January 19 – March 8  
Beginner II, Mondays, January 23 – March 12  
**Time:** 3:30 – 4:30 p.m. and 7:00 p.m. on Wednesday only.  
**Location:** Maypine Equestrian Center (32700 White Road)  
**Cost:** \$245 school district residents,  
\$249 non school district residents  
**Limit:** 6 riders per day.  
**Details:** Mayfield Village and Maypine are again offering Beginners I and II riding programs. Beginner I will teach how to walk and trot. Beginner II will work on solidifying position and control at both the walk and the trot and introduce the canter. Participants will need to wear shoes with a small heel, long pants and long hair must be tied back. Helmets provided. Maypine provides an indoor arena for riders and observation area for parents. Check out their website at [www.maypinefarm.com](http://www.maypinefarm.com).  
**Registration Deadline: Wednesday, January 11.**

## Young Rembrandts Drawing Enrichment Classes

**NEW**

**Who:** Grades K-5  
**Date/Time:** **Lander Elementary Students – Tuesdays**  
January 31-March 6 – 2:35-3:35 p.m.  
**Millridge Elementary Students – Tuesdays**  
January 31-March 6 – 4:00-5:00 p.m.  
**Center Elementary Students – Wednesdays**  
February 1-March 7 – 2:35-3:35 p.m.  
**Locations:** **Tuesdays – Temple Israel Ner Tamid**  
(1732 Lander Rd – next door to Lander Elem.)  
(Students will be escorted to and picked up at Temple)  
**Wednesdays - Mayfield Village Community Room (6621 Wilson Mills Road)**  
(Students will be escorted to and picked up at Community Room)  
**Cost:** \$75 for a 6 week session  
**Details:** The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing - a teaching tool from which the majority of learners prefer and ALL learners benefit! Our program works because it's not only hands-on and visual...it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else, they put their minds to. New lessons each session!  
**Registration Deadline: Thursday, January 26.**

## Indoor Floor Hockey

**For Students:** 1st and 2nd grade league  
3rd, 4th and 5th grade league  
**Orientation Date:** Saturday, January 28th  
**League Play:** Saturday, February 4 - March 17  
**Time:** 1st and 2nd grade mornings  
3rd, 4th and 5th grade afternoons  
**Cost:** \$64  
**Details:** Mayfield Area Recreation Council, Inc. (MARC) will again be offering Indoor Floor Hockey. A special walk-in registration will be held on Thursday, January 19th, 6-7 p.m. in the Mayfield Middle School Cafeteria. On Saturday, January 28th a player orientation will be held to meet your coach and teammates, review rules and receive your league schedule. Call 461-7344 for more information.

## Parent and Child Etiquette

**Who:** For Boys and Girls 1st – 4th  
**Dates:** Sundays, February 19 and 26  
**Time:** 5:15 p.m. - 6:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Cost:** \$45 parent/child (if more than one child per family, first child is \$45 and additional are \$35)  
**Details:** This course has been one of Mr. Blake's most requested classes for years. Mrs. Blake, a retired elementary teacher, now joins him. Children learn the social skills and table manners that not only teach them to act like young ladies and gentlemen but also help them to be successful throughout their lives and future careers. Parents get to share the experience and maybe learn a little something, too! **Registration Deadline: Wednesday, Feb. 15.**

## Design It

### PASSION 4 FASHION – STITCH IN STYLE

**Who:** 3rd-5th graders  
**Dates/Times:** Wednesdays, January 25 – February 15, 5:00 – 6:15 p.m. –OR– Saturday, January 28 - February 18, 9:30 a.m. – 10:45 a.m.  
**Location:** **Wednesdays** at Ross DeJohn Community Center (Mayfield Hts) **Saturdays** at Mayfield Village Civic Center  
**Min/Max:** 4/8

**Cost:** \$80 (plus \$20 supply fee payable to instructor on 1st day)  
**Details:** This fun, four class series is for the fashionista at heart! Students will discover how to take an idea from a sketch to a pattern to a final product. They will learn all of the functions of a sewing machine and master the art of threading the sewing machine. While working on basic stitching, students will use problem solving techniques that will give them the skills and confidence to establish a foundation in needle arts design! Some of the projects we will be working on include a drawstring bag, simple bow tie top and fashion skirt. **Registration Deadline: January 24.**

### UPCYCLING FASHION TRENDS

**Who:** 6th-8th graders  
**Dates/Times:** Wednesdays, January 25 – February 15, 6:30 – 7:45 p.m. –OR– Saturday, January 28 - February 18, 11:00 a.m. – 12:15 p.m.  
**Location:** **Wednesdays** at Ross DeJohn Community Center (Mayfield Hts) **Saturdays** at Mayfield Village Civic Center

**Min/Max:** 4/8  
**Cost:** \$80  
**Details:** Refashioning your wardrobe from existing fabrics is the ultimate eco-friendly way to begin your career as a fashion designer. You can find an endless supply of cute outfit potential at thrift or vintage shops, garage sales, and the back of your own closet! During this class, we'll cover upcycling basics such as making something slightly smaller or larger by adjusting the seams. Students will learn about garment deconstruction and pick up some rad refashioning techniques to transform something outdated into something fresh and on-trend. Students will be able to work on upcycled or altered projects of their choice. **Registration Deadline: January 24.**

### ONE DAY WORKSHOP- SEWING MACHINE 101 CRASH COURSE FOR TWEENS/TEENS

**Who:** Ages 9 and Up  
**Dates/Time:** Saturday, February 25 or March 3, 9:00 a.m. – 1:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Min/Max:** 4/8  
**Cost:** \$65  
**Details:** Design IT offers this new, super fun, one-time crash course to those who are interested in the art of fashion design, but don't know where to begin. This informative and condensed class will have you stitching in style in no time at all! You'll learn how to operate a sewing machine, basic stitching, key design terms, and problem solving techniques that will give you the skills and confidence to begin your career as a fashion designer. You'll finish with a cute tote bag and a take-home pattern! We recommend bringing your own machine, if you own one. **Registration Deadline: February 21 or 28.**

**NEW**

### ONE DAY WORKSHOP – PJ PANTS

**Who:** Ages 9 and Up  
**Date/Time:** Saturday, March 10, 9:00 a.m. – 12:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Min/Max:** 4/8  
**Cost:** \$45  
**Details:** PJ Pants are the perfect first garment project – they are simple, easy fitting, and you can choose those bright, soft cotton or flannel prints you've been dying to make something with. You'll want to make a pair for everyone you know! These super cute and comfy PJ Pants have elastic in the waist and an added flirty band/cuff on the pants. **Registration Deadline: March 6**

**NEW**

### ONE DAY WORKSHOP – SLEEPOVER BED

**Who:** Ages 7 and Up  
**Date/Time:** Saturday, March 17, 9:30 a.m. – 11:30 a.m.  
**Location:** Mayfield Village Civic Center  
**Min/Max:** 4/8  
**Cost:** \$40  
**Details:** Come in your PJs and we'll order cupcakes; it's a pretend sleepover party, where we all stay awake! This workshop is sure to be filled with lots of laughter! Girls will learn all about the sewing machine and practice basic stitching as they sew together a cushioned mattress – just what they need for their next sleepover! **Registration Deadline: March 13**

**NEW**

## Communities in Motion

The following classes are held in cooperation with Communities in Motion. Please note that daytime classes are held in the Mayfield Village Community Room; evening classes are held in the Highland Heights Community Center.

### MOVE WITH ME

**Who:** 1 – 2 year olds  
**When:** Mondays, 10:00 - 10:30 a.m.  
Session 1: January 9 – February 6  
Session 2: February 20 – March 19  
**Where:** Mayfield Village Community Room  
**Cost:** \$39.00 (5-week session)  
**Details:** Through the use of nursery rhymes and familiar upbeat songs, toddlers become engaged in a weekly routine that includes warm-up, movement, parachute, and tumbling. The instructor will work individually with each child (and accompanying adult) throughout the class.

### GROOVE WITH ME

**Who:** 2 – 3 year olds  
**When:** Mondays, 10:30 - 11:00 a.m.  
Session 1: January 9 – February 6  
Session 2: February 20 – March 19  
**Where:** Mayfield Village Community Room  
**Cost:** \$39.00 (5-week session)  
**Details:** With a soundtrack of familiar and fun songs, your preschooler will delight in the repetition of dancing and tumbling each week. Activities promote the development of coordination, strength, flexibility, and spatial awareness. The instructor will work individually with each child (and accompanying adult) throughout the class.

# Communities in Motion



## LITTLE HIP HOP AND TUMBLE

**Who:** 3 – 5 year-olds

**Morning Class:** Mondays, 11:00 – 11:45 a.m.

Session 1: January 9 – February 13 (no class 1/16)

Session 2: February 20 – March 19

**Morning Location:** Mayfield Village Community Room

**Evening Class:** Mondays, 6:45 - 7:15 p.m.

Session 1: January 9 – February 13 (no class 1/16)

Session 2: February 20 – March 19

**Evening Location:** Highland Heights Community Center

**Cost:** \$49.00 (5-week session)

**Details:** Children will perform hip hop moves to upbeat “kid friendly” music and enjoy games and activities while learning beginner through intermediate level tumbling skills. This class promotes the development of coordination, strength, flexibility, balance, and spatial awareness. Each session will end with a performance for family and friends.

## MOVE AND GROOVE WITH ME

**Who:** 1 – 3 year-olds

**When:** Mondays, 6:15 - 6:45 p.m.

Session 1: January 9 – February 13 (no class 1/16)

Session 2: February 20 – March 19

**Where:** Highland Heights Community Center

**Cost:** \$39.00 (5-week session)

**Details:** With a soundtrack of familiar and fun songs, your preschooler will delight in the repetition of dancing and tumbling each week. Activities promote the development of coordination, strength, flexibility, and spatial awareness. The instructor will work individually with each child (and accompanying adult) throughout the class.

## PRINCESS BALLET

**Who:** 3 – 5 year olds

**Morning Class:** Wednesdays, 10:00 - 10:30 a.m.

Session 1: January 11 – February 8

Session 2: February 22 – March 21

**Morning Location:** Mayfield Village Community Room

**Cost:** \$39.00 (5-week session)

**Details:** Your preschooler will dance to her favorite princess songs during this fun ballet movement class. The instructor will teach a new routine each session. Students will learn basic ballet terminology and positions as well as hopping, skipping, and galloping. These exercises assist in the development of coordination, flexibility, and balance. Students will hold a performance for family and friends at the end of each session. Your princess can wear any leotard and ballet slippers.

## BITTY BALLET

**Who:** 2 – 3 year olds

**When:** Fridays, 11:30 a.m. - 12:00 p.m.

Session 1: January 13 – February 10

Session 2: February 17 – March 16

**Where:** Mayfield Village Community Room

**Cost:** \$39.00 (5-week session)

**Details:** This class is designed for the tiny ballerina and her parent or caregiver. The class is full of fun songs and will give your little princess exposure to ballet without the structure of Princess Ballet. Your ballerina can enjoy the class dressed in her favorite ballet outfit.

**The following classes will be held in the Beachwood Community Center:**

## MOVE AND GROOVE

**Who:** for 1-3 year olds w/parent

**When:** Saturdays, 9:00 – 9:30 a.m.

Session 1: January 14 – February 11

Session 2: February 25 – March 24

**Cost:** \$39.00 (5-week session)

**Details:** Join in the fun as we groove in this movement and tumble class that will assist the development of coordination, strength, flexibility, balance and spatial awareness. Instructor works individually with each child and parent throughout the class.

## PRINCESS BALLET

**Who:** 3 - 5 year olds

**When:** Saturdays, 9:30 – 10:00 a.m.

Session 1: January 14 – February 11

Session 2: February 25 – March 24

**Cost:** \$39.00 (5-week session)

**Details:** Join our fun ballet movement class, dancing to your favorite princess songs. A new routine will be learned. Each session will end with a performance for family and friends.

## JUST TUMBLE

**Who:** 5 – 9 year olds

**When:** Saturdays, 10:00 – 10:45 a.m.

Session 1: January 14 – February 11

Session 2: February 25 – March 24

**Cost:** \$49.00 (5-week session)

**Details:** This class will consist of conditioning skills as well as beginner through intermediate tumbling movements such as forward and backward rolls, handstands and cartwheels. This type of class is beneficial because the skills worked on assist the development of coordination, strength, flexibility, balance and spatial awareness. Students will learn a new tumbling routine choreographed to music each session and continue to work on progressing tumbling skills. Performance at the end of each session for family and friends. This class is co-ed.



# Progressive Fitness Center

## *Progressive Fitness Center for Mayfield Village Residents 16 years and Older*

When purchasing a new membership, it must be done in person at the Civic Center. A photo ID AND utility bill or postmarked piece of mail with resident's name and address must be shown. All memberships are subject to the approval of Progressive.

When renewing a membership, it must be done in person at the Civic Center. A family member may now renew for another family member-the person purchasing the renewal must show a photo ID. All memberships are subject to the approval of Progressive.

## Progressive Fitness Center offers

- \* Certified Fitness Staff, to help you reach your fitness goals while instructing proper technique and safety.
- \* Comprehensive cardiovascular, Cybex strength training and free-weight equipment.
- \* Aerobic studios with all necessary equipment provided.
- \* Fully appointed locker rooms which include soaps, shampoos, hair dryers, lockers and saunas.

## Group Fitness Classes

The Progressive Fitness Center offers a comprehensive group fitness program designed to accommodate all fitness levels. The schedule includes a wide variety of classes offered early morning, lunch and evening. The schedule includes Low Impact Aerobics, Step Aerobics, SPINNING, Fitball, Pilates, Sculpting Classes, Flexibility Training, Boot Camp, Yoga and Zumba. Please call the Fitness Center for class descriptions.

## Fitness Program

- Fitness Assessment Test
- Fitness Profile
- Personalized Exercise Program
- Strength Workshop

Details of program offerings are located in the Fitness Center. All programs are included in your membership and are available by appointment.



## Becoming a Member

1. Purchase a 6 or 12 month membership at Mayfield Village Civic Center during regular office hours.
2. Bring a photo I.D. (drivers license, school I.D.) with current address and current utility bill.
3. Bring receipt to the Fitness Center.
4. Complete an enrollment form and schedule a 15-minute orientation.

## Membership Fees

6 Months.....	\$130.00
12 Months.....	\$260.00

## Facility Hours

Monday - Thursday	6:00 a.m. - 8:30 p.m.*
*Unstaffed from	8:00 p.m. - 8:30 p.m.
Friday	6:00 a.m. - 8:00 p.m.
Saturday	7:00 a.m. - 6:00 p.m.*
Sunday	7:00 a.m. - 4:00 p.m.*
*Unstaffed	

The entrance doors of Progressive will be locked on the weekends. To enter the building, you will need to page security using the button just outside the main entrance and inform them that you are a fitness center member.

Fitness Center hours are subject to change. Some holidays have restricted hours. Please check with a staff member or call 440-395-0103 for exact days and times.

## College Break Membership

The Progressive Fitness Center offers 6 week college break memberships. The cost is \$30 for 6 weeks. **College Students Only.**

## Progressive Personal Training

The rates have decreased and the process has simplified! The fitness center no longer takes payment directly. Now you can purchase a package here at the Civic Center and bring your receipt with you to the fitness center. It's advised you complete a Personal Training brochure before purchasing any sessions as a new client to ensure there is trainer availability. The Personal Training brochures are located at the fitness center. Feel free to pick one up next time you're in to workout! The rates are as follows:

- 30 minute session-\$16
- 45 minute session-\$24
- 60 minute session-\$32

Call the fitness center for more information at 440-395-0103.

# Senior Programs

Coordinated by the Human Services Department

HUMAN SERVICES DEPARTMENT 6621 Wilson Mills Road 44143  
PHONE: (440) 919-2332 FAX: (440) 919-0207

## Annual Holiday Party & Luncheon

**When:** Saturday, December 10  
**Time:** 1-4 p.m. (Doors open at 12:30)  
**Where:** Mayfield Village Community Room  
**Cost:** Free—but reservations are required by Thurs., Dec. 1  
**Details:** For Mayfield Village residents only who are 60 or more years of age. Hors d'oeuvres, lunch, entertainment, and door prizes. **Call the Human Services Dept. at (440) 919-2332 by December 1 with your name(s), address, and phone number.**

## Tai Chi Fan

**When:** Wednesdays, New 6-week session begins November 9.  
**Time:** 1-2 p.m.  
**Instructor:** Arline Bognar, certified Qi Gong for Health Instructor  
**Cost:** \$30 for 6-week session or \$8 for occasional drop-in  
**Details:** Many health benefits including improving balance and lowering blood pressure.

## Mat Pilates

**When:** Mondays  
Session 1: January 9-February 27  
(No classes Jan. 16 and Feb. 20.)  
Session 2: March 5-April 30  
(No classes March 19 and April 16.)  
**Time:** 7:00-7:50 p.m.  
**Instructor:** Daniela Sciannameo  
**Cost:** \$60/ 6-week session  
**Details:** You will build strength in your core muscles during this challenging class. Many exercises will focus on your abs, back, and hips. Health benefits of Pilates include improved core stability, posture, balance, flexibility, and prevention and treatment of back pain.  
**Bring:** An exercise mat and light hand weights. (3 lb. weights are best.) It is always a good idea to check with your doctor before beginning any new exercise program.

## SUPPORT MEALS ON WHEELS

### CRAFT FAIR

Saturday, November 12  
Lyndhurst Community Center  
1341 Parkview  
\$2 Admission  
10 a.m.-4 p.m.

PLEASE NOTE  
**WEATHER CANCELLATION POLICY**  
All activities, classes, and programs scheduled by the Human Services Department will be canceled in the event that Mayfield Schools are closed due to inclement weather.

## Bereavement Support Group

**When:** A new Session will begin in March  
**Where:** Mayfield Village Community Room  
**Details:** Kim Loss of Crossroads Hospice helps persons work through the grief connected with losses through death, job loss, divorce, moves, and other life-changing challenges.  
**Contact our office to learn more or to register.**

## Basic Yoga for ages 16 and older

**When:** Tuesdays  
Session 1: January 10-February 14  
Session 2: February 21-March 27  
**Time:** 6:00-7:00 p.m.  
**Instructor:** Jody Schrock  
**Cost:** \$54/ 6-week session  
**Details:** This classic Hatha Yoga class will help to strengthen and stretch all of your major muscle groups and release tension stored throughout your body. Learn a guided relaxation/meditation technique that will completely relax and refresh you. Not recommended for pregnant or nursing women.  
**Wear:** Comfortable clothing.  
**Bring:** A blanket, yoga mat, and firm cushion.

## Meditation

**When:** Tuesdays  
Session 1: January 10-February 14  
Session 2: February 21-March 27  
**Time:** 7:15-8:15 p.m.  
**Instructor:** Jody Schrock  
**Cost:** \$54/ 6-week session  
**Details:** This class incorporates simple warm-ups and various types of breathing exercises with a step-by-step relaxation process and meditation. Meditation can be done while sitting in a chair or lying on the floor.  
**Bring:** A light blanket or throw, yoga mat, and firm cushion.

## Classes in Cooperation with Communities in Motion

### CHAIR EXERCISE/SENIORCIZE

**When:** Mondays, Wednesdays, and Fridays.  
Fall session: October 31-December 14  
(6 wks. No classes Mon. Nov. 7, Wed. Nov. 23, and Fri. Nov. 25.)  
Winter Session 1: January 9-February 10 (5 wks.)  
Winter Session 2: February 20-March 23 (5 wks.)

**Time:** 9:00-9:45 a.m.

**Instructor:** Staff of Communities in Motion

**Cost:** \$49/3 times per week; 6-week session  
\$39/2 times per week; 6-week session  
\$39/3 times per week; 5-week session  
\$29/2 times per week; 5-week session  
\$4 for occasional drop-in

**Details:** This workout will help to increase your heart rate, tone, strengthen, and stretch your body. Standing exercises to improve balance and light, low impact aerobics are included.

### LINE DANCING

**When:** Fridays.  
Fall Session 2: November 4-December 16 (6 wks.  
No class Fri. Nov. 25.)  
Winter Session 1: January 13-February 10 (5 wks.)  
Winter Session 2: February 24-March 23 (5 wks.)

**Time:** 10:00-11:15 a.m.

**Instructor:** Staff of Communities in Motion

**Cost:** \$30/ 6-week session, \$5 for occasional drop-in  
\$25/5-week session, \$5 for occasional drop-in

**Details:** Dance in a fun and friendly environment where no partner is necessary. Burn calories and get some exercise as you do familiar dances.

## Special Active Game Days Cornhole, Bowling, and Magnaggia

**When:** Wednesday, January 18 and  
Wednesday, March 21

**Time:** 2:30-4:00 p.m.

**Cost:** Free

**Details:** Shake off the snow and come inside to play these active games: Cornhole, (see why it is so popular), bowling, and Magnaggia, a unique game played by two to twelve players. If you can sit and toss a two-ounce magnet, you can play Magnaggia. If you aren't familiar with Cornhole or Magnaggia, you will learn those games in about 5 minutes. Then, you will discover why people who play them become enthusiasts. Please call the Human Services Department by the Monday before the activity to register at 440-919-2332.

**NEW**

## Watercolor Classes

Choose Tuesdays or Thursdays. Each series consists of four classes.

**Nov. Tues. Series:** November 15, 22, 29, and December 6

**Nov. Thurs. Series:** November 17, December 1, 8, and 15

**Jan. Tues. Series:** January 3, 10, 17, and 24

**Jan. Thurs. Series:** January 5, 12, 19, and 26

**Feb. Tues. Series:** February 7, 14, 21, and 28

**Feb. Thurs. Series:** February 9, 16, 23, and March 1

**March Tues. Series:** March 13, 20, 27 and April 3

**March Thurs. Series:** March 15, 22, 29, and April 5

**Time:** 9:00 a.m.-12:00 p.m.

**Cost per session:** \$35/Mayfield School District Residents  
\$40/Non-School District Residents

**Plus:** \$3 material fee paid to instructor each 4-week session

**Details:** No drawing skills necessary! Instructor Flo Smith will teach you a variety of tips and techniques. At the end of each 4-week series you will have created three watercolor paintings suitable for framing!

## Ongoing Activities

### Every Monday:

**Games & Puzzles** in the Community Room, 1-4 p.m. Play games such as Mah Jong, Monopoly, Jigsaw Puzzles, or Scrabble, etc. Light refreshments. No charge. No games 12/26.

### Every Tuesday & Thursday:

**Cards** in the Community Room, 1-4 p.m. Cost: 50¢. Games Played: Bridge, Pinochle, Hand and Foot. Light refreshments, occasional lunches. Doors open at 12:45 p.m. No cards: Tuesday, 11/8 and Thursday, 11/24.

### Every Wednesday:

The **ABC Village Quilters** meet every Wednesday from 10:30 a.m. to 1:00 p.m. at the Mayfield Village Community Room. Donations of cotton combination material are always welcome. Quilts are donated to various charitable organizations. Questions: Call MV Human Services Department at 440.919.2332.

### 1st and 3rd Tuesday of each month at 1 p.m.:

A nurse from Providence Home Health Care will check **blood pressures and do glucose screening** on the 1st Tuesday. Members of the MV Fire Department will check blood pressures on the 3rd Tuesday. This is a free service.

## TO REGISTER FOR ACTIVITIES AND PROGRAMS FOR SENIOR ADULTS OFFERED BY THE HUMAN SERVICES DEPARTMENT:

Phone: 440-919-2332. Call MV Human Services Department with your registration and MasterCard, Visa or DiscoverCard payment. (Please be ready to give the course number and your credit card number.)

Fax: 440-919-0207. Fax your registration to us anytime.

In-Person: You may register in person from 8:30 a.m. until 4:30 p.m. Monday-Friday at the MV Human Services Department, 6621 Wilson Mills Road.

Mail: Contact us for a registration form. Mail registration form with your check payable to Mayfield Village to MV Human Services Department, 6621 Wilson Mills Road, Mayfield Village, Ohio, 44143.

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