

# Mayfield Village

Parks and Recreation

# FALL 2010



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**Mayfield Village Parks and Recreation Department Mission Statement:** Mayfield Village Parks and Recreation Department's mission is to coordinate with members of the Mayfield Village Recreation Board, residents, volunteers, Mayfield Community Education (Mayfield City Schools), MARC and surrounding recreation departments to develop a wide variety of recreation activities and programs for citizens of Mayfield Village and the Mayfield City School District. Through these programs the department will promote a "sense of community", promote health and wellness, and provide a positive learning experience for all participants.



**Bruce G. Rinker, Mayor**  
**William Buckholtz, Council President**

## Mayfield Village Council:

<b>Joanne Cinco</b>	<b>Patsy Mills</b>
<b>William Marquardt</b>	<b>Dr. Stephan Parker</b>
<b>Thomas Marrie</b>	<b>Joseph Saponaro</b>

**William D. Thomas, Director Parks & Recreation**  
**Danielle Echt, Assistant Recreation Director**  
**Sean Supler, Youth/Adult Sports Coordinator**

## Recreation Board Members:

Pat Andrzejczyk, David Blood, Mike Colacarro, Doug DelRosa, Stivo DiFranco, Peggy Kerver, Troy Koch, Shelly Kovacevic, Tom Marrie, Mary Murphy, Dave Perout, Meg Stifler, Kate Sullivan, and Traci Wilson.

# IMPORTANT REMINDERS

- **Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center. (6622 Wilson Mills Rd.)**
- Registration for most programs begins once you receive your Fall Parks & Recreation Brochure.
- Pre-registration is required for most programs.
- Most registration can take place through the mail (even with credit card) or walk-in at Mayfield Village Civic Center.
- **Mayfield Village can accept registration over the phone with Visa/MasterCard and Discover during office hours (M-F, 8:30 a.m.-4:30 p.m.). Call 461-5163.**
- Mayfield Village Residents are strongly encouraged to sign up as early as possible for certain high demand programs such as the youth Start Smart programs to avoid being closed out of the program.
- **Photographs:** Mayfield Village may take pictures of participants in our programs. We may use these photos in our brochure or for media publicity. By your registration, you grant us permission to use these photos for publicity purposes only.
- **Confirmation/Cancellation** - Mayfield Village does not mail confirmations for class/program enrollments. We will make every attempt to notify you in advance if a class is cancelled, changed or if your registration is received after a program is already full. If enrollment is insufficient for any particular class, the class will be cancelled and fees will be refunded in full. Mayfield Village reserves the right to cancel or combine programs, to change time, day, date or place of meeting and to make revisions to programs.
- **Cancellation/Withdrawal/Refunds** - Participants assume risk of all changes in personal health and affairs. A \$5.00 processing fee will be charged for all refunds involving the Mayfield Village Parks and Recreation Department. A pro-rated fee may also be charged if the program has already begun or if certain enrollment requirements are not met due to your cancellation. Charge refunds will be credited promptly. For check/cash refunds, please allow 2-3 weeks as they are issued through the Finance Department.
- **Late Registration** - In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge \$5 per person per program after the registration deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.
- **Returned Checks for Insufficient Funds** - A \$25 cash fee will be charged for all checks returned for insufficient funds.
- **Liability** - Participants in our activities do so at their own risk, and agree to waive and release any and all claims of personal injury or property damage they may have arising from participation against Mayfield Village, its agents, instructors, or employees. Mayfield Village cannot be responsible for personal property.

**Weather Cancellation/Activities Number:**  
**(440) 954-4114**

**Mayfield Village Parks & Recreation Number:**  
**(440) 461-5163**

## REGISTRATION HOURS AT CIVIC CENTER

For all Programs Except where noted:  
Monday through Friday. . . 8:30 a.m. - 4:30 p.m.

**The Civic Center will be closed on:**

Labor Day: September 6

Thanksgiving: November 25 and 26

Holiday Break: December 23, 24, and 31

# Special Events and Activities

Mayfield Village Parks and Recreation Department, Mayfield Township Historical Society and Mayfield Village Garden Club are offering the following special events for you. We look forward to seeing you and your families and friends at our various events as we enjoy the fall programs listed below.

## Historical Society

### ICE CREAM SOCIAL

**Date:** Wednesday, September 8

**Time:** 6:30 – 8:30 p.m.

**Location:** Wiley Park

**Cost:** \$3.00

**Details:** Ice cream, home baked goodies, and tour the Bennett-Van Curen Museum

### MEETINGS

All meetings are at 7:30 p.m. at the Mayfield Village Community Room unless otherwise noted.

**October 13:** Herman Reuger portraying John Bradshaw, Virginia Militiaman at Yorktown, Virginia

**November 10:** Charlene Baker presents “What would we do without buttons?”. History of the buttons brought by the immigrants and those used in the military. Pie Night: bring your favorite dish to share.

### BIENNIAL QUILT SHOW

**Date:** Saturday, October 9 and Sunday, October 10

**Time:** 10:00 a.m. – 4:00 p.m.

**Location:** Mayfield Village Civic Center

**Cost:** \$3.00

**Details:** Display of local quilts, handmade quilt raffle, vendors and refreshments. If you have a quilt you would like to display, contact Nancy Plastine by 442-2212 or Pat Negrelli at 942-2682. All quilts must be posited by September 1.

### OLD FASHION HOLIDAY BUFFET

**Date:** Wednesday, December 8

**Time:** 6:00 p.m.

**Location:** Mayfield Village Community Room

**Details:** Mayfield Township Historical Society, Mayfield Village Garden Club and South Euclid Historical Society. Members bring your favorite dish to share. For additional information contact Al Muhle at 461-0055.

## Mayfield Village Garden Club

The Mayfield Village Garden Club meets the fourth Wednesday of every month (unless otherwise noted) at 7:30 p.m. at the Mayfield Village Community Room.

The fall meeting dates are listed below:

**September 22:** “Plants that Merit Attention” presented by Bill Hendricks, President of Klyn Nurseries, Inc.

**October 27:** “Putting Your Garden to Bed for the Winter” presented by Pat Gerrod, Master Gardener

**November 17 (third Wednesday of the month):** “Myths and Herbs for Autumnal Equinox” presented by Vernie Hill

### MISTLETOE MARKET

**Date:** Saturday, December 4

**Time:** 9:00 a.m. – 4:00 p.m.

**Location:** Mayfield Village Civic Center (note new location)

**Admission:** \$2.00

**Details:** The Mayfield Village Garden Club will sponsor a new and LARGER craft show in its NEW venue, the Village Civic Center. The show provides an opportunity to purchase holiday gifts from 40 exclusive artisans who craft handmade items including, but not limited to: wood creations, alpaca items, soap, photographic art, knit items, painted glass and many unique children's gifts. The club will also sell holiday wreaths, arrangements and tasty baked goods. Proceeds from the Mistletoe Market benefit the Mayfield Village Horticultural Students' Scholarship Program. One stop shopping with gifts for the entire family! We hope to see you there. Free cookies provided.

The Garden Club also hosts enjoyable and interesting Out-to-Lunch programs for members and guests. For more information about our Out-to-Lunch dates or anything related to the Garden Club, please contact Club President Helen Keating at (440) 833-0275.

For more information about the Garden Club, check out our page at [www.mayfieldvillage.com](http://www.mayfieldvillage.com) and click on “Associations and Organizations.”

## American Red Cross Community Blood Drives

**Location:** Mayfield Village Community Room

**Time:** 2:00 – 7:00 p.m.

**Dates:** Fridays, September 3 and November 5

**Eligibility to be a Donor:**

- are at least 17
- are in good health (no flu symptoms)
- are not taking antibiotic medication
- weigh at least 110 lbs.
- your last donation was more than 56 days ago
- Have a photo ID or Red Cross card with you when you donate

Please bring in the names of any medications that are currently being taken. Questions about your eligibility can be answered in advance of the drive by calling the American Red Cross at 1-800-GIVE-LIFE or 1-800-294-3347 #2 and ask for the “Donor Suitability” Department. You can also check out this info on the American Red Cross webpage. Plan on about an hour to go through the entire blood drive. You will feel best if you eat and drink plenty of water before donating. Please bring ID to the blood drive.

**Back by Popular Demand:  
Parent and Child Etiquette**

**Who:** For Boys and Girls 1st – 4th grade  
**Dates:** Sundays, October 17 and 24  
**Time:** 5:15 p.m. – 6:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Cost:** \$45 child/parent(s), discount for 2 or more children from the same family

**Instructors:** Mr. & Mrs. Dick Blake  
**Details:** This course has been one of Mr. Blake's most requested classes for years. Mrs. Blake, a former elementary teacher, now joins him. Children learn the social skills and table manners that not only teach them to act like young ladies and gentlemen but also help them to be successful throughout their lives and future careers. Parents get to share the experience and maybe learn a little something, too! **Please Note: parents and grandparents welcomed at no additional charge. Registration Deadline: Tuesday, October 12.**



**Dick Blake  
Ballroom Dance Class**

**Who:** Adult Couples (partners only)  
**Dates:** Sundays, October 17, 24, November 7, 14  
**Time:** 6:15 p.m. – 7:00 p.m.  
**Location:** Mayfield Village Civic Center  
**Cost:** \$75 per couple  
**Instructor:** Dick & Lorraine Blake  
**Details:** Dance with the pro who has taught the pros... dance master, Dick Blake and his wife, Lorraine! Learn the basic dances needed for any social occasion: swing, jitterbug, foxtrot and salsa. Be the star of the party! Get fit, stay healthy and have fun! **Registration Deadline: Tuesday, October 12.**

**NEW Wasabi Japanese Steakhouse  
Cooking Demonstration and Tasting**

**When:** Tuesday, October 12, 6:30 -8:30 p.m.  
**Location:** Wasabi Japanese Steakhouse, 3725 Orange Place, Beachwood  
**Cost:** \$34 Mayfield School District Resident, \$39 Non-School District Resident (gratuity included)  
**Details:** We will be escorted to a private dining room to witness Sushi and other Japanese culinary favorites prepared for you to taste and enjoy. Your experience will begin with a walk across a glass bridge overlooking a koi pond with a breathtaking waterfall. Don't miss this opportunity to try this gem of a restaurant and sample some of their most popular dishes! Feel free to take notes and ask the chef questions along the way. **Participants will meet at the restaurant.**

**NEW  
Tanger Outlets & Meadows Racetrack  
& Casino---A Winning Combination!**

**Who:** 21 years and older  
**When:** Friday, November 5, 8:00 a.m. – 9:15 p.m.  
**Cost:** \$39 per person  
**Details:** It's off to the races---to find bargains that is--- in one of the area's newest high-end outlet shopping havens located in Washington, Pa. You'll find brand names including Coach Factory, American Eagle Outfitters, Calvin Klein, Columbia Sportswear, Harry & David, Nine West and more! Then we'll head across the street for slots and more at Meadows Racetrack & Casino. Includes coupon book for Tanger Outlets and \$20 in slot play at the casino. **Bus departs from/returns to the Pepper Pike Learning Center.**

**YOGAREACH: REACH WITHIN YOURSELF**

**NEW**

YogaReach is now offering new classes specifically for Cancer Survivors

- Through meditation, breath work, and postures this program will instill the union of body, mind and spirit by creating
  - **less fatigue**
  - **stress management**
  - **improved balance**
  - **strength**
  - **Empowerment**
  - **Bringing your recovery to the next level**



**Day Class:** **Mondays 11:00 am - 12:00 pm**  
 Session 1 Sept. 20, 27 and Oct. 4  
 Session 2 Oct. 11, 18, 25

**Evening Class:** **Wednesdays 5:45 pm - 6:45 pm**  
 Session 1 Sept. 22, 29 and Oct. 6  
 Session 2 Oct. 13, 20, 27

**Cost:** \$36. per session  
 Both sessions: \$70.

**Location:** Mayfield Village Civic Center  
 6622 Wilson Mills Rd.  
 Mayfield Village, Ohio 44143

**CHAR GROSSMAN (Instructor), M.A., NCSP, CYT, RYT-500** is a Nationally Certified School Psychologist and Therapeutic Yoga Specialist. Char received yoga teacher training from many national and international programs and was professionally trained at the Duke Integrative Medicine in "Yoga Awareness for Cancer".

Contact Mayfield Village at (440) 461-5163  
 For more information find **YogaReach** on Facebook

## Rock School for Those Old Enough to Vote!

**NEW**



**Who:** 18 years and older  
**Dates:** Wednesdays, September 22 - December 29 with performances to be scheduled at the beginning of January  
**Time:** 7:00-9:00 p.m. for rehearsals, individual lessons will be scheduled within that time frame  
**Location:** School of Rock, 299 Alpha Park, Highland Hts.  
**Cost:** \$800  
**Min/Max:** 8/16  
**Details:** Have you always wanted to learn to play the guitar, bass, keyboards or drums, but felt it was too late? Or has your musical instrument been gathering dust because of the craziness of daily life and your "real job"? Have you ever wanted to play a rock show at a real rock venue? If you answered "yes" to any of the above, then the Grad School program at the School of Rock is for you. Grad School consists of a weekly 45 minute private lesson for the first five weeks. These lessons will help you get up and running on your instrument, or will help you get to the next level, so that you can bring your new skills to the remainder of the program. The remaining 10 weeks will consist of weekly 2 hour rehearsals and will be interactive with a lot of guidance and participation by the instructors. You will also have four more private lessons to schedule at your convenience before the end of the program. At the conclusion of the program you will be in two real rock shows at Cleveland's local rock venues.  
**Registration Deadline: September 21.**

## 33rd Annual MARC Art Show



### Mayfield Area Recreation Council

Co-sponsored with the Mayfield Branch of Cuyahoga County Public Library

**Dates:** Sunday, September 26th through Saturday, October 23rd

**Where:** Mayfield Regional Library meeting room

**Cost:** Free and open to the public

**Details:** The show is open to all adult artists. Entry blanks will be available at the city halls of the four MARC communities, the library or you may call Kathy Maxwell at 440-951-4088. The entry date is Friday, September 24, 3:00 – 5:00 p.m. at the library.

**Back by Popular Demand**

## Self-Defense: The Real World

**Who:** Teenage – 50 year old women  
**Date/Time:** Thursday, October 7, 7:00 – 8:00 p.m.  
**Where:** Mayfield Village Civic Center  
**Cost:** \$17 per participant  
**Details:** Join instructor Bob Morris and his female assistant as they present a realistic approach to self defense which focuses on self defense tactics and techniques that apply to realistic street situations. The program is designed to educate women about realistic options that will assist them in avoiding, escaping and surviving assaults if they do occur. Bob Morris is Founder and CEO of The Stress Defense Group and is an accomplished instructor in several Martial Art systems and a part time police officer. Wear comfortable clothes for active participation or just come and observe if you wish.  
**Registration Deadline: Friday, October 1.**

**Back by Popular Demand**

## Scrapbooking Crop-a-thon

**Who:** 21 and up  
**When:** Saturday, October 9- Sunday, October 10  
**Time:** 9:00 a.m.-1:00 a.m. – Saturday  
 10:00 a.m.- 5:00 p.m.–Sunday  
**Where:** Mayfield Village Community Room  
**Cost:** \$35.00 – includes snacks, beverages, and lunch/dinner on Saturday  
**Max.:** 60  
**Details:** Pack your supplies and join in for hours of cropping. Encourage your scrapbooking friends to join you for a weekend of fun. For your convenience, **Cranberry Cat and Lilly Pad Pages will be on site!! Registration begins September 1.**

## Wildcat Teen Halloween



**Who:** 6th - 8th graders  
**Where:** Mayfield Middle School  
**When:** Thursday, October 14,  
 7:00 - 10:00 p.m.  
**Cost:** \$8 presale or \$10 at the  
 door for admission  
 \$.50 for game, food,  
 or raffle ticket  
**Details:** Students can enjoy  
 games, raffle prizes, DJ and karaoke,  
 pizza, pop, chips and candy.



## 12th Annual Halloween Window Painting Contest

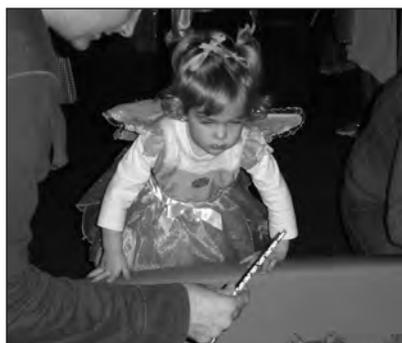


Mayfield Village invites all 6th - 8th grade students in the Mayfield School District to participate in the 12th annual Window Painting Contest. Come join your classmates as you decorate local merchants' windows with Halloween designs. A color drawing must be submitted to the student's art teacher in order to determine if all criteria is met before window painting begins. Informational flyers will be passed out in Mayfield Schools in September. Students who participate will have the opportunity to receive prizes/certificates for being a top finisher. For more information call 461-5163.

## Youth Halloween Party



**Date:** Saturday, October 23  
**Time:** 1:00 p.m. - 2:30 p.m.  
**Location:** Mayfield Village Community Room  
**Cost:** \$4.00/child  
**Details:** Mayfield Village children and grand-children, newborn to 5th grade are invited to attend a Halloween Party in costume to enjoy games and refreshments.



## Neighborhood Trick-or-Treating

**Date:** Sunday, October 31  
**Time:** 6:00 p.m. - 8:30 p.m.  
**Location:** Throughout the Village

### TIPS FOR TRICK-OR-TREATING

- 1) Please put your porch light on if passing out treats.
- 2) Trick-or-Treat only at homes with porch lights on.
- 3) Parents should accompany their children.

# Excursions

## Casino Trips

All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

### PRESQUE ISLE DOWNS

**When:** Wednesday, September 1  
**Time:** 9:00 a.m. – 6:00 p.m. (approx.)  
**Cost:** \$25-includes transportation and voucher (\$20 coin/\$5 food)



### SENECA ALLEGANY

**When:** Wednesday, October 6  
**Time:** 7:00 a.m. – 8:00 p.m. (approx.)  
**Cost:** \$30– includes transportation and voucher (tbd)



**Details for September and October trips:** Participants must be 21 years of age or older. Casinos offer Las Vegas style gambling with an abundant slot machines and table games. Go ahead and temp “Lady Luck”. **The charter bus leaves and returns to the City Park Gazebo parking lot on Marsol Road.**



### PRESQUE ISLE DOWNS

**When:** Wednesday, November 10  
**Time:** 9:00 a.m. – 6:00 p.m. (approx.)  
**Cost:** \$25-includes transportation and voucher (\$20 coin/\$5 food)  
**Details:** Luck be a lady! The casino offers Las Vegas style gambling. Must be 21 years and older to participate. Photo ID required. If you have a Presque Isle Player Club Card, bring it with you for discounts. **Janice will be your tour guide again to lead you in bingo on the bus ride.**

Back by Popular Demand with Limited Number of Tickets Available:

## The Polar Express

Register only through Mayfield Village

- When:** Thursday, December 2 (1 coach)  
Thursday, December 9 (1 coach)
- Time:** Boarding begins at 6:30 p.m. – Train leaves at 7:00 p.m. from Independence Boarding Site
- Cost:** \$35 (children under the age of 1 are free)
- Registration Procedures:** Because this is a high demand trip, registration procedures have been established and are as follows:
1. Registration can be done in person at the Mayfield Village Civic Center or over the phone with a credit card (in person reg. & over the phone reg. will be taken simultaneously).
  2. If registration comes in the mail before the allotted registration date, it will be returned to sender-registrations will not be held.
  3. Registration is first come, first serve based upon the dates below.
  4. Registration begins Thursday, October 14 at 9:00 a.m.-Mayfield Village Residents
  5. Registration begins Friday, October 15 at 9:00 a.m. –Mayfield School District Residents
  6. Registration begins Monday, October 18 at 9:00 a.m. for residents outside of Mayfield School District

**Details:** Mayfield Village Parks and Recreation has reserved two coaches (80 seats ea.) for the most popular seasonal train ride with the Cuyahoga Valley Scenic Railroad and Cuyahoga Valley National Park. Come along to the North Pole as they give their interpretation of the book “The Polar Express,” written by Chris Van Allsburg. Children are encouraged to wear pajamas as everyone listens to this popular bedtime story. Cookies and hot cocoa are served. This is definitely a holiday tradition. Mayfield Village Parks and Recreation will sell on a first serve bases. **Call 461-5163 to have the required registration form mailed to you!**

## One Day Charter Bus Trips

-All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

-All trips leave from the Mayfield Village Civic Center unless otherwise noted.

-All trips include transportation aboard a charter bus unless otherwise noted.

-Registration is ongoing until a trip is full unless otherwise noted.

### THE ERIE CANAL AND NIAGARA FALLS

**Date:** Saturday, September 11  
**Time:** 6:45 a.m. – 9:30 p.m.  
**Cost:** \$96 per person includes canal boat ride, Niagara Falls and buffet lunch.

**Details:** Join us on a two-hour historic cruise through the Erie Canal in Lockport, enjoying a relaxing ride as history slides by you. Experience two locks, view the stone walls from the 1800's, and travel under the widest bridge in America. We will complete our day with a visit to Goat Island, which offers one of the best vistas of Niagara Falls.

### FIRST KISS – CAMBRIDGE SPRINGS, PA

**Date:** Tuesday, September 14  
**Time:** 10:00 a.m. – 5:30 p.m.  
**Cost:** \$87 per person includes Riverside Inn, 12 Noon performance and lunch

**Details:** This comedic love story follows the lives of Mary and John as they grow up and grow old together, from the age of 11 to 72. It all starts with their first kiss, when John's hamster dies, and continues through all their joys and losses, bad dresses and old girlfriends, childhood and grandparent-hood. A love story 60 years in the making!

**Please register early.....** At some point a decision must be made whether to cancel a class due to low enrollment. Registering at the last minute may mean that the class has already been cancelled. Please register early to avoid disappointment, class cancellations and late fees.

## One Day Charter Bus Trips (continued)

All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

### WINE-DING TRAIL – ASHTABULA COUNTY

**Date:** Saturday, September 18

**Time:** 8:00 a.m. – 5:30 p.m.

**Cost:** \$79 per person includes four winery tours and tasting, breakfast snack and lunch.

**Details:** Come along on a fun-filled day to Ohio's wine country, exploring the beauty, history, and tasty wines of Ashtabula County. There will also be a stop to see what Ashtabula County is famous for: covered bridges! The Harpersfield Bridge is 228 feet in length, spanning the splendor of the Grand River.

### CHEAT MOUNTAIN RAILROAD – CANAAN VALLEY, WEST VIRGINIA

**Date:** Friday, September 24 – Sunday, September 26

**Time:** 8:00 a.m. Friday – 6:30 p.m. Sunday

**Cost:** \$497 per person, double occupancy; \$597 per person, single occupancy, includes two night lodging; luggage handling; five meals of 2 breakfast, 1 lunch and 2 dinners; stream locomotive; Cheat Mountain Salamander; evening entertainment and West Virginia State Wildlife Center.

**Details:** The most scenic rail tour in the East, this is an exciting combination of unique and different train rides, all connected seamlessly into one day's itinerary. It's a wild and wonderful ride through the Cheat Mountain Wilderness, a rugged region of West Virginia consisting of deep forest, wildlife, and whitewater.

### YOU HIT THE JACKPOT – PITTSBURGH, PA

**Date:** Monday, September 27

**Time:** 6:30 a.m. – 8:30 p.m.

**Cost:** \$87 per person includes cruise, entertainment, Rivers Casino and lunch

**Details:** Two wonderful activities in one day: a luncheon cruise on the Gateway Clipper Fleet along the Pittsburgh rivers, followed by four hours of free time in the Rivers Casino.

### HHH: HEPBURN, HATS AND HYWET - KENT & AKRON, OH

**Date:** Saturday, October 2

**Time:** 8:45 a.m. – 5:45 p.m.

**Cost:** \$89 per person includes Kent State Fashion Museum, Stan Hywet Hall, Ohio Mart and lunch.

**Details:** At the Kent State Fashion Museum we will view two new exhibits: "The Fashion of Katharine Hepburn" and "I Never Leave the House without a Hat." Keeping with the theme of the 30's and 40's, we will dine at the historic Akron Women's City Club before heading to Stan Hywet Hall. While the mansion will be open for your enjoyment, the highlight will be the 120 artisans and craftsmen at the 44th annual Ohio Mart.

### LOST TRAILS OF HOCKING HILLS, OHIO

**Date/Time:** Saturday, October 9, 7:30 a.m. – Sunday, October 10, 6:30 p.m.

**Cost:** \$229 per person, double occupancy; \$294 per person, single occupancy includes one night lodging; luggage handling; two meals, 1 breakfast and 1 dinner; Hocking Hills Scenic Railway; Ash Cave; Old Man's Cave; and Cedar Falls Naturalist-led.

**Details:** Join our Naturalist on an adventure through one of Nature's truly magnificent environments. Hocking Hills is renowned for incredible walking paths, with more than 10,000 acres of breath-taking trails on which to wander, while viewing spectacular rock formations and caves.

### SHAW FESTIVAL – NIAGARA-ON-THE-LAKE, ONTARIO

**Date/Time:** Saturday, October 9, 7:00 a.m. – Sunday, October 10, 10:30 p.m.

**Cost:** \$452 per person, double occupancy; \$546 per person, single occupancy includes one night lodging; luggage handling; two meals, 1 breakfast and 1 dinner; The Women by Clare Booth; One Touch of Venus by Ogden Nash and S.J. Perelman; Duty Free Shopping.

**Details:** The Shaw Festival is the only theatre complex in the world that specializes in the plays of George Bernard Shaw and his contemporaries (1856 – 1950). Their works engage the imagination, illuminate the past, and inspire debate about the future. You will also be charmed by the historic town of Niagara-on-the-Lake, and the shopping & dining opportunities it offers. **Passport Required for this Trip.**

### FALL FOLIAGE CRUISE ON THE ALLEGHENY RIVER

**Date:** Saturday, October 16

**Time:** 7:00 a.m. – 7:00 p.m.

**Cost:** \$107 per person, includes River Cruise, live entertainment and lunch

**Details:** This five-hour cruise on the Allegheny River will give you ample opportunity to enjoy the lovely Fall colors. There will also be a buffet lunch, live musical entertainment, and Bingo for your enjoyment.

### CHICAGO EXPRESS

**Date:** Saturday, November 6

**Time:** 3:30 a.m. – 11:30 p.m.

**Cost:** \$99 per person includes tour manager to assist with directions and transportation only.

**Detail:** Start your holiday shopping early with this opportunity to spend eight hours in the Windy City! **Departing at 3:30 a.m.**, we will be in Chicago from 9:00 a.m. to 5:00 p.m. There will be a Tour Manager on the bus to assist you with directions.

### WHAT'S COOKING – MILAN, OH

**Date:** Saturday, November 13

**Time:** 9:00 a.m. – 4:30 p.m.

**Cost:** \$116 per person includes Culinary Vegetable Institute, Tour, Demonstrations and lunch.

**Details:** Travel with us to this unique venue for an agri-culinary experience. Ten years ago, Farmer Bob Jones envisioned an institute surrounded by a working farm where the chef and farmer could retreat together for inspiration. He created the Culinary Vegetable Institute, where we will enjoy a tour, cooking demonstration, and then eat what the chef created.

### WHATTA WEDDING – RIVERSIDE INN - CAMBRIDGE SPRINGS, PA

**Date:** Sunday, November 21

**Time:** 11:00 a.m. – 8:00 p.m.

**Cost:** \$87 per person includes Riverside Inn tour, 2:30 p.m. performance and late lunch.

**Details:** You are cordially invited to the wedding reception of Gus Whatta and his new bride, Mary Fermoney, where you'll be treated as one of the family as you mingle with the bridal party, dance to the music, and enjoy the lovely meal. The surprise ending will make this the most memorable wedding you've ever attended.

## One Day Charter Bus Trips (continued)

All times for trips will be confirmed with an itinerary one week before the trip. All times listed are approximate. If you do not receive the itinerary in the mail, contact Mayfield Village Parks and Recreation at 461-5163.

### CHRISTMAS AT TARA

**Date:** Saturday, November 27

**Time:** 8:00 a.m. – 9:00 p.m.

**Cost:** \$82 per person includes Tara, The Buhl Mansion, Grove City Outlet Mall and lunch.

**Details:** Both the magnificent recreation of the famous plantation in “Gone with the Wind” and her sister property, the Buhl Mansion, will be beautifully decorated for Christmas. After touring them, and eating lunch at Tara, we will have an opportunity to shop at the Grove City Outlet Mall, either for gifts to give or gifts for yourself!

### CHRISTMAS WITH THE CLEVELAND POPS

**Date:** Sunday, November 28

**Time:** 12 Noon – 6:30 p.m.

**Cost:** \$103 per person includes Palace Theatre main floor seating, 3:00 p.m. performance and lunch.

**Details:** A perfect outing for the entire family, the Cleveland Pops celebrate the sounds of the holiday season as they perform traditional favorites and audience sing-alongs. The Baldwin-Wallace Men’s Chorus and Big Screen scenes from beloved Hollywood film classics will accompany them. In addition, Santa Claus will make a visit.

## Adaptive Recreation

Through the efforts of Mayfield Communities and Mayfield Schools, the Adaptive Recreation committee is offering opportunities for individuals with physical, sensory or developmental disabilities. For program cancellations due to weather, call the hotline at (440) 954-4114. For more information/flyers for adaptive recreation programs, please visit [www.mayfieldvillage.com](http://www.mayfieldvillage.com), [www.leapinfo.org](http://www.leapinfo.org), and [www.solonrec.org/Ribbon.htm](http://www.solonrec.org/Ribbon.htm).

For all programs, an aid or assistant (which can be parent/caregiver) MUST BE PRESENT for one on one assistance for any participant who has difficulty following simple instruction, needs individual physical patterning or needs constant guidance.

The programs listed below are not only for persons with disabilities, they are for everyone. The success of these programs depends upon participants of all abilities. Teen and adult volunteers are encouraged to help out with the following programs.

In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Mayfield Village will charge an additional \$5 per participant if signing up after the deadline. Please note that Mayfield Village reserves the right to deny registrations after the deadline due to limited enrollment, planning, etc.

### Pizza Bowl

**Who:** Teens to Adults

**Dates/Times:** Friday, September 10, 7:00 - 9:00 p.m.  
(NEW) Sunday, October, 17, 1:30 – 3:30 p.m.  
Friday, October 22, 7:00 – 9:00 p.m.  
Friday, November 12, 7:00 – 9:00 p.m.  
(NEW) Sunday, November 21, 1:30 – 3:30 p.m.

**Location:** Roseland Lanes

**Cost:** \$11 per bowler per date (includes shoes, bowling, cheese pizza, pop and Dixie cup ice cream) \$5 per parent/caregiver if eating with the participants, must register in advance.

**Details:** With the success of our bowling programs from the spring, we look forward to seeing everyone at Roseland Lanes (26383 Broadway Ave) in Oakwood (2 miles east of I271 and Broadway). **Registration Deadline: September 3, October 15 and November 5 (for Friday dates), October 11 and November 15 (for Sunday dates).**



Back by  
Popular Demand

### Fall Kickball

**Who:** Teens through Adults

**Dates/Times:** Sundays, September 12 – 26, 2:00 – 3:00 p.m.

**Where:** Parkview Softball Fields  
(425 North Commons Blvd, next to Parkview Pool)

**Cost:** \$15

**Coordinator:** Regan Family

**Details:** We will divide into teams and play a game each Sunday. Everyone can play. Those who need one-on-one assistance or constant guidance are required to have a family member or caregiver join them in play. Everyone gets a t-shirt. It’s great fun! **Registration Deadline: Thursday, September 2.**

# Adaptive Recreation (continued)

## Everybody Dance Now

**Who:** 8-22 year olds  
**Dates:** Session I – Fridays, September 10 – October 1 (except Sept. 17)  
Session II – Fridays, October 8 – 22  
Session III – October 29 – November 12  
Session IV – November 19 – December 10 (except Nov. 26)

**Time:** 5:00 – 6:00 p.m.  
**Cost:** \$50/session or \$18/class  
**Instructor:** Sabatino Verlezza

**Location:** School of Verlezza Dance, First Unitarian Church of Cleveland, (21600 Shaker Blvd. Shaker Heights)

**Min/Max:** 3/10

**Details:** As former Artistic Directors of [Cleveland Ballet] Dancing Wheels, Sabatino Verlezza and Barbara Allegra Verlezza have been working in an integrative setting for many years. They developed an inclusive and programmatically accessible method of teaching dance to people of all abilities and levels. Since 1994, this particular approach has been used in movement classes and workshops for very diverse groups: ages (children through older adults), career focus (dance enthusiasts through professional dancers), 'sit-down' and 'stand-up' dancers (wheelchair users and non-wheelchair users) and those with varying sensory, physical, learning, and/or developmental disabilities. The class structure will include a 15 minute circle warm up, simple patterns moving across the floor, improvisation, rehearsing a dance and a warm down. Students should wear comfortable clothing for a movement class. On the last day, parents will see an "informal showing" of what students have learned throughout the fall sessions.

**Registration Deadline:** Friday, September 3, October 1, 22 and November 12.

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## Fitness to Wellness to FUN!

**Who:** 13 years and up  
**When:** Session 1: Mondays, September 13- October 18 and/or Wednesdays, September 15- October 20  
Session 2: Mondays, October 25- November 29 and/or Wednesdays, October 27- December 8 (except Nov. 24)

**Time:** 6:30 – 7:30 p.m.  
**Cost:** \$48 for either day per session or \$86.40 for both days per session (a 10 % savings)

**Min./Max.:** 10/16 participants

**Location:** Health 360, 700 Beta Dr., Mayfield Village, 44143

**Details:** Join us for this energetic, fast paced stimulating hour designed to get you up and moving while having fun. The class will include a combination of obstacle courses, strength training, agility drills, endurance training, motor skill reaction drills, and developmental exercises. Participants will enjoy a great workout in a great atmosphere. Wear athletic shoes and clothing that is easy to move in. **Reg. Deadline: Thursdays Sept. 9 & Oct. 21**



## Yoga Reach

**Who:** Teens – Young Adults  
**When:** Session I-Tuesdays, September 14 – October 19  
Session II-Tuesdays, October 26 – December 7 (except Nov. 23)

**Time:** 5:00 – 6:00 p.m. Teens-24 year olds  
6:05 – 7:05 p.m. 25 year olds and older

**Where:** Mayfield Village Civic Center

**Cost:** \$55/participant per session or \$5 off if registering for both sessions.

**Instructor:** Char Grossman, M.A., NCSP, CYT, RYT-500

**Details:** Yoga Reach, a therapeutic, educational program provides an integrated system of yoga poses designed to promote the individual's unification of mind and body. This program benefits those with and without special needs. Students develop strength, flexibility, breath awareness, balance, stress management techniques, concentration skills, self-esteem and a healthy inner self. Wear comfortable clothes and bring a mat. **Registration Deadline: Sept. 8 & Oct. 19**

## Rhythmic Arts Project

**Who:** 6 yr olds to Young Adults  
**Where:** Mayfield Village Civic Center  
**Dates:** Session 1: Thursdays, September 16- October 14 (except Sept. 30)

Session 2: Thursdays, October 21- November 11  
Session 3: Thursdays, November 18- December 16 (except Nov. 25)

**Time:** 6:00 – 6:45 p.m.

**Cost:** \$42 per session

**Instructor:** Christopher Stolle

**Min/Max:** 3/10

**Details:** Experience empowerment. Christopher Stolle will integrate drums and percussion instruments as creative learning tools to address life skills and enhance the mind, body, and spirit. **Registration Deadline: Friday, September 10, October 8 and November 5.**

**Please register early.....** At some point a decision must be made whether to cancel a class due to low enrollment. Registering at the last minute may mean that the class has already been cancelled. Please register early to avoid disappointment, class cancellations and late fees.

## Adaptive Recreation (continued)

### Indoor Water Exercise

**Who:** Ages 10 and up  
**When:** Session I - Thursdays, September 16 – October 7  
Session II – Thursday, October 14 – November 4  
**Time:** 6:30 – 7:30 p.m.  
**Where:** Mayfield High School Indoor Pool  
**Cost:** \$39 resident or \$43 non-resident  
**Instructor:** Kate Sullivan  
**Details:** This is an opportunity for special needs children to experience success, increase comfort level, exercise and have fun in an aquatic environment.  
**Registration closes once 5 people sign up.**

Back by  
Popular Demand

### Beginner Golf

**Who:** Teens to Adults  
**Dates:** Thursdays, September 16 - October 7  
**Time:** 6:00 p.m. – 7:00 p.m.  
**Location:** Manakiki Golf Course  
**Cost:** \$40  
**Min/Max:** 9/18  
**Details:** Come join Notre Dame College Varsity Coach Nick Formica and the Men's and Women's golf teams as they introduce you to the basics of golf. These one hour sessions will show you how to hold a golf club and set up to hit a golf ball so you can enjoy this challenging game. We will start simple with the smaller swing (chipping and putting) and work our way up to full shots. We will work on aiming as well as how to hit the ball far. Along with all of this knowledge we will mix in some fun golf facts and etiquette. We will have free rental clubs for everyone who signs up but feel free to bring your own if you have them!  
**Registration Deadline: Thur., September 9.**

**NEW**

### Ice Skating

**Who:** All ages  
**When:** Session 1: Mondays, September 27 - October 25  
Session 2: Mondays, November 8 - December 13 (except Nov. 22)  
**Time:** 5:00 - 5:30 p.m.  
**Where:** Cleveland Heights Ice Rink (South Rink)  
**Cost:** \$25.00 per session or \$5.00 walk-on fee per class (includes skate rental).  
**Details:** Ice professionals and volunteers assist all skaters, regardless of ability. **Participants must have an adult remain in the rink area to assist if needed.** Volunteers welcomed! For more information call (216) 691-7373 and leave a message for Karin Faletic. **All registration for this program will go through Cleveland Heights.**

### Basketball Clinics

**Who:** 13 year olds and up  
**Date/Time:** Sunday, October 24, 1:00 p.m. - 2:00 p.m. (John Carroll)  
Sunday, November 7, 1:00 p.m. - 2:00 p.m. (Notre Dame)  
Tuesday, November 16, 6:30 – 7:30 p.m. (Ursuline)  
**Cost:** \$5 per date  
**Details:** Join Varsity Basketball Coaches, Mike Moran (John Carroll), Kevin Bille (Notre Dame), Nelson Schorr (Ursuline), and their varsity players, and learn the fundamentals of basketball through exercises that are meant to be fun and skill building that include passing, shooting and dribbling. **Registration Deadlines: Tuesday, October 19, November 2 and 9.**

## Game Nights at Mayfield Middle School

**Who:** All ages  
**When:** Fridays, September 24, October 8, November 5, December 3  
**Time:** 6:00 – 8:00 p.m.  
**Where:** Mayfield Middle School Cafeteria/Gym  
**Cost:** \$8.00/participant per date pre registered or \$9.00/participant per date at the door, \$5.00 per parent/caregiver if eating with the participants, must register in advance  
**Details:** Come join a fun night and hang out with friends. Participants can play a variety of board games, play volleyball, basketball, ping pong, learn organized dances and enjoy pizza and pop. **Pre-Registration Deadlines: The Wednesday before each event date.**



## Adaptive Recreation (continued)

### Glass Fusing

- Who:** Teens to Adults  
**Where:** Spirit of Clay (828 SOM Center)  
**Maximum:** 6 participants  
**Details:** Come into the studio and learn the art of glass fusing. Students will be taught how to cut glass and layer glass piece to make a wonderful glass creation. Students will be able to work with an assortment of glass colors and sizes. **Registration Deadline: one week before class. Pick from one of the following classes:**  
**10 Inch Project Class** (slumped into fancy serving dish)  
**When:** Saturday, October 2, 11:00 a.m. to 12:00 noon  
**Cost:** \$42 for participant or caregiver (if caregiver participates)  
**Six Inch Project Class**  
**When:** Saturday, October 30, 11:00 a.m. to 12:00 noon  
**Cost:** \$26 for participant or caregiver (if caregiver participates)

### NEW Basic Home Safety—The Do's and Don'ts

- Who:** 15 years and older  
**Dates/Times:** Thursdays, October 14 and 21, 6:30 – 7:30 p.m.  
**Where:** CEVEC Home (6532 White Road, Mayfield Village)  
**Maximum:** 6 participants  
**Cost:** \$10  
**Details:** Learn about basic home safety, and what to do to keep yourself safe at home. Participants will learn about safety practices both in and out of the house. Participants will be involved in hands on demonstrations of how to identify basic home safety concerns, and what action steps can be taken to correct the concerns. Emphasis will be placed on kitchen safety, electrical safety, outdoor safety, and performing safe simple home repairs.  
**Registration Deadline: Friday, October 8.**

### Lake Metroparks Halloween Dance

- Who:** Ages 14 and older  
**Dates/Time:** Sunday, October 31, 1 to 4pm  
**Where:** Painesville Township Park Community Center (1025 Hardy Rd. in Painesville Township)  
**Cost:** Fee \$5 payable at door only includes punch and pretzels  
**Details:** This dance is so much fun it's frightful! Prizes awarded for the most creative costumes. Concession stand will be open and C.R. Entertainment will provide recorded music. For additional information contact the Lake Metroparks Registration Department at 1-800-669-9226 Mon-Fri from 8am. to 4:30pm.



### NEW Making Pizza in the Village at Pizza Roma

- Who:** Teens – 24 year olds or 25 years and older  
**Dates/Times:** Sunday, November 7, 1:00 – 1:45 p.m. for Teens – 24 year old, 2:00 – 2:45 p.m. for 25 years and older.  
Sunday, November 14, 1:00 – 1:45 p.m. for 25 years and older, 2:00 – 2:45 p.m. for Teens – 24 year old.



- Location:** Pizza Roma (785 SOM Center Rd., Next to Yours Truly)  
**Cost:** \$10  
**Min./Max.:** 8/12

**Details:** Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, participants can decorate their pizza box. Participants can dine in or take the masterpiece home to share. Each participant will get a \$5.00 gift certificate to use for a future visit. **Registration**



**Deadline: Wednesday, November 3 and 10.**

### Chanamas Party

Join the High Five Club for this Chanukah/Christmas/Holiday party. It will be held on Friday, December 17 from 7:00 – 9:00 p.m. Call Paul Blumberg at (216) 999-8338 for more information.

# Youth and Teen Sports & Activities

## Village Kickers Soccer



**Who:** 3 – 5 year olds  
**Dates/Times:** Saturdays, August 28 – October 2,  
9:30 – 10:15 a.m.  
**Where:** Parkview Soccer Fields  
**Cost:** \$60-for all equipment (jersey, shorts, socks  
with built in shin guards and soccer ball)  
\$30-for returning Kickers participants who  
have equipment  
**Limit:** 30 participants  
**Details:** The program will focus on the basic skills of  
kicking, dribbling, trapping and throw-ins. Parents will  
work with children in various exercises.

## Start Smart Football

**Who:** 3 – 5 year olds and 5 - 7 year olds  
**Where:** Parkview Soccer Fields  
**Dates/Times:** Saturdays, August 28– October 2  
9:30 – 10:15 a.m. for 3 – 5 year olds  
10:30 – 11:15 a.m. for 5 – 7 year olds  
**Cost:** \$60-new participants (includes flags, football,  
tee and shirt)  
\$30-returning  
Start Smart  
Football  
participants  
**Limit:** 30 participants  
per time slot  
**Details:** Parent and  
child will work together  
participating in various  
exercises. The focus is to  
develop skills and have  
fun while learning the  
fundamentals of football through exercises in throwing,  
catching, kicking/punting and agility.



## Gilmour Academy

### Learn-to-Skate Program

We offer one of the finest Learn-to-Skate programs available anywhere and it is the very best way to have fun learning to ice skate in a safe environment. Our instructors teach their student simple, easy-to-learn moves from the U.S. Figure Skating Basic Skills Program. Skaters of all ages and skill levels welcome. Our After School Program offers local students a fun activity combined with the convenience of transportation. The weekend classes are open to the young and young at heart. The cost for an eight-week session is \$110.00. Fees include admission to the arena, instruction from our professional staff, skates and membership to U.S. Figure Skating. Each 60-minute session includes a group lesson and free skate time. Classes are held Monday through Saturday. **Classes begin Monday, September 13.** Pre-Registration is required to ensure adequate staffing. Contact Alease Cameratta at (440) 449-7487 for registration information.

### Weekend and Special Event Skating – Open to the Community

Fridays 7:00 p.m. – 8:30 p.m. is a favorite of the young adults. Saturdays 11:30 a.m. – 1:00 p.m. and Sundays 3:00 p.m. – 4:30 p.m. offer a family friendly activity, party or special event. Call Josette at (440) 449-7546

### Learn to Play Hockey and House League

Gilmour is proud to offer this great program for the beginning hockey player! It has grown every year to become a strong developmental program for the Gilmour Youth Hockey program. Eligible players must have full equipment and basic skating experience. In addition to skating and hockey drills, the coaches focus on fun. Call Mike McNeill at (440) 449-7490 for more information.

## NFL – Pepsi Punt, Pass and Kick Competition

M.A.R.C. (Mayfield Area Recreation Council) will be sponsoring the annual NFL-Pepsi Punt, Pass and Kick Competition.

**Location:** Mayfield High School - Varsity Football Field

**Date:** Saturday, September 11 at 1:00 p.m.

**Who:** There are separate divisions for boys and girls that include: 6-7 year olds, 8-9 year olds, 10-11 year olds, 12-13 year olds, 14-15 year olds. **Age is based on child's age as of December 31, 2010.** Top finishers of the local competition in each age division move on to the sectionals competition. Exact location and date will be announced. Look for flyers that will be distributed to all schools in late August or early September.



**Who:** 1st – 5th graders at **Center School Only**  
**When:** Wednesdays, September 15 – October 13, 2:45 – 4:00 p.m. Students are released to the gym after school and will be escorted to the fields. Please send a note to your child's teacher indicating that he or she will be attending After School Sports. Pick up will be at 4:00 p.m. at the school fields.

**Where:** Center School

**Fee:** \$40 per participant for non-champion participants at Center School and \$30 per participant of Champion Participant at Center School

**Min/Max:** 10/30

**Details:** Join your friends for some after school fun! We'll play a variety of sports and camp games including British Bulldog, Capture the Flag, Dodge Ball, Flag Football, Soccer, Lacrosse, Kick Ball and more. Children in grades 1 – 5 will have a blast, get some great exercise and learn about sports in a fun and relaxed environment. Highly qualified coaches and instructors will run the program. **Registration Deadline: Wednesday, September 8. Meets rain or shine.**

## Mayfield Soccer Club

**Who:** Boys and Girls in K – 8th Grade  
**When:** Saturday afternoons beginning in September  
**Cost:** \$45 School District Resident, \$50 Non School District Resident, \$25 current travel team players

In Person Registration: Saturday, August 14, 1:00 – 3:00 p.m., in the Mayfield Village Civic Center (Civic Hall). If you have questions or to receive a registration flyer contact Bob Gephart: [rgephart@rmscorporations.com](mailto:rgephart@rmscorporations.com), or Rob Ferenac: [rferenac@sbcglobal.com](mailto:rferenac@sbcglobal.com) or visit [www.mayfieldsoccer.com](http://www.mayfieldsoccer.com). **Registration and checks must be received by August 15 to avoid late fees.**

## Back by Popular Demand Running Wildcats Youth Running Club



**Who:** 2nd – 6th Graders in the Mayfield School District

**Dates/Times:** Thursdays, September 16 – October 21, 5:45 – 6:45 p.m. and  
 Sundays, September 19 – October 24, 1:00 – 2:00 p.m.

**Location:** Parkview Pool Picnic Shelter (425 North Commons Blvd.)

**Cost:** \$65 - includes t-shirt for each participant

**Limit:** 60 participants

**Coach:** Michele Fortuna, Asst. Mayfield High School Track Coach

**Details:** Track, Cross Country = Running – something everyone can do and excel at! Running is something you can do anytime, anywhere without a court, a pool, a ball, or a team! This program is designed to introduce the sport of running to Mayfield School District students in grades 2nd thru 6th, in a non-competitive environment. All classes will start with a warm-up, group runs and end with stretching and cool-down. You'll learn more about how to run, pacing, racing, and in general how to be more physically fit. Class will take place rain or shine, so please dress for the outside. Bring a water bottle. **Registration Deadline: Wednesday, September 8.**



**Back by Popular Demand** **Fly Fishing at Deep Spring Trout Club**



**Who:** 5th – 9th graders with at least 1 parent  
**Date:** Saturday, September 25 (**rain or shine**)  
**Time:** 9:00 a.m. – 12 Noon for fishing, break for lunch, 1:00 – 3:00 p.m. for more fishing!  
**Where:** Deep Spring Trout Club (11069 Chardon Road, Chardon)  
**Cost:** \$80 students, includes instruction, rod, tackle, lunch, and trout fishing  
 \$35 parent, includes lunch and afternoon fishing session with child

**Minimum 10/Maximum 20 Students.**

**Details:** Come learn fly fishing from the top fly fishing instructor, George Vosmik, at the most exclusive Trout Club in Northeast Ohio. George's credentials include the Museum of Natural History Trout Club and Board Member, a member of Deep Springs, and a certified fly fishing instructor for 20 years. Deep Spring Trout Club, founded in 1963, has a 2 acre spring fed trout pond with over 2,000 stocked trout. Mr. Vosmik will cover a history of fly fishing (for parent and child), hands on instruction (for the student), and demonstration of fly fishing techniques. Students will have the opportunity to savor the enjoyment of catching their fish then dining on their catch for lunch in the Deep Spring Clubhouse (other food options will also be available). Following lunch, parents and students may spend the afternoon fishing together at the pond. Students will have a creel pouch to store their catches in throughout the day. If you have your own fly fishing gear, please bring that otherwise the equipment will be supplied. **Other**

**optional costs, paid that day at the club with check or cash only:** trout (live weight) \$4.50 per pound, cleaning and packed with ice to take home is \$1.00. **Registration Deadline: Tuesday, September 21.** (See page 17 for adult class only.)



**8th Annual Mayfield Volleyball Association (MVA)**

**Who:** 4th – 6th Grade Girls  
**Where:** Mayfield High School Field House  
**Dates/Time:** Sundays, October 3 – 24, 1:00 – 3:00 p.m.  
**Cost:** \$45 School District Resident or \$50 Non-School District Resident

**Details:** Mayfield's Varsity Head Coaches, Rosella and Greg Glodkowski, and varsity players, will work with participants on basic skills, rules, and teamwork. Teams will be formed. Each player will get a shirt. Be sure to wear tennis shoes and bring water to all days the MVA meets. **Registration Deadline: September 22.**



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## Horseback Riding for Youth and Adults



- Who:** 6 year olds - adults  
**When:** Beginner II:  
 Mondays, October 4 – November 22  
 Beginner I:  
 Wednesdays October 6 – November 24  
 Beginner I:  
 Thursdays, October 7 – December 2 (no class Nov. 25)  
**Time:** 3:30 – 4:30 p.m.  
**Location:** Maypine Equestrian Center (32700 White Road)  
**Cost:** \$245 school district residents, \$249 non school district residents  
**Limit:** 6 riders per day.  
**Details:** Mayfield Village and Maypine are offering after school Beginners I and II riding programs. Beginner I will teach how to walk and trot. Beginner II will work on solidifying position and control at both the walk and the trot and introduce the canter. Participants will need to wear shoes with a small heel, long pants and long hair must be tied back. Helmets provided. Maypine provides an indoor arena for riders and observation area for parents. Check out their website at [www.maypinefarm.com](http://www.maypinefarm.com). **Registration Deadline: Wednesday, September 29.**

### HORSEBACK RIDING FOR ADULTS ONLY

Adult only classes are also being offered on Tuesdays and Thursdays (beginning October 5 & 7) at 11:00 a.m. or Sundays (beginning October 10) at 1:45 p.m. Each class will be one hour long and will teach the basics of walking, trotting and safety around horses. The cost \$245 school district residents, \$249 non school district residents for the 8 week program.

## Night Out at Danny Vegh's

- Who:** 7th-8th graders  
**Date:** Friday, November 19  
**Time:** 7:00 – 9:00 p.m.  
**Where:** Danny Vegh's Billiards (6505 Mayfield Rd, corner of Mayfield Rd and I-271 exit)  
**Cost:** \$10 per student  
**Details:** Come join your friends for a fun Friday night out. Play foosball, air hockey, dome hockey, pinball, shuffle board, simulator golf, billiards and cards, all in the showroom of Danny Vegh's. Pizza and pop will be served. So bring a friend and have a great time. **Pre-Register by: Friday, November 5. Limited Enrollment.**

## Back by Popular Demand Making Pizza In the Village At Pizza Roma



- Who:** 3 year olds – 5th graders with parent  
**Dates/Time:** Sundays, 1:00 – 1:45 p.m. or 2:00 – 2:45 p.m.  
 3 - 4 year olds, November 21  
 K – 2nd graders, December 5  
 3rd – 4th graders, December 12  
 5th graders, December 19

**Location:** Pizza Roma  
 (785 SOM Center Road)

**Cost:** \$10  
**Min./Max.:** 8/12



**Details:** Have you ever wondered how pizza is made by the professionals? Well here is your chance to learn. Grace Van Ness of Pizza Roma will help you roll the dough, add the sauce and toppings, and then bake it in the oven. While the pie is baking, children can decorate their pizza box. Participants can dine in or take the masterpiece home to share with the family. **Brothers and sisters in different grades will be accommodated into the same day/timeslot for your convenience.** Each participant will get a \$5.00 gift certificate to use for a future visit. **Registration Deadline: The Wednesday before each date.**

12th Season

# MBA (Mayfield Basketball Association)

The MBA is beginning its 12th season of youth basketball for our 3rd through 8th grade boys and 4th-8th grade girls starting in late October. Under the umbrella organization of MARC and Mayfield Village Parks and Recreation and involving Mayfield High School Varsity Coaches Tony Ware and Keith Leffler. Look for MBA flyers in school or packets mailed to last year's participants in late September.



## SEASON BREAKDOWN

**Girls 4th-5th and 6th-8th grade leagues:**

Late October until Mid December

**Boys 3rd-4th, 5th-6th and 7th-8th grade leagues:**

January until March

## ASSESSMENT

In order to balance all MBA teams, volunteer coaches assess all players abilities for a fun and competitive league. All assessments take place at Mayfield High School Field House.

These dates are:

Girls 4th-5th and 6th-8th grade:

**Saturday, October 23, 11:30 a.m. - 1:00 p.m.**

Boys 3rd-4th, 5th-6th & 7th-8th grade:

**Saturday, November 13, 8:00 a.m. - 12:00 p.m.**

## Biddy Instructional Basketball Program

Varsity Basketball Coaches will again be offering this program in preparation of the MBA program.

**For Who:** Boys and girls in 4th, 5th and 6th grade

**Dates:** Saturdays, October 9 - 30

**Times:** 9:30 a.m. - 11:30 a.m.

**Where:** Mayfield High School Gym

**Details:** Interested players will register through the varsity basketball coaches. Look for information flyers and registration forms at school. The Biddy Instruction Basketball Program is **not required for the MBA but encouraged for instructional skill and development.** For further information contact coach Tony Ware at 995-6877.



## TRYOUT FOR COMPETITIVE TRAVEL TEAMS

**Who/When:** Boys 4th, 5th & 6th grade: Monday, October 18

**Time/Location:** 6:00 p.m. - 8:00 p.m. Mayfield High School Main Wooden Gym

**Cost:** TBD (if you make team)

For more information please contact Dave Koski (440) 646-0745.

## MBA COACHES ORIENTATION

**Who:** For all parent/adult volunteers who will coach in MBA

**When:** Girls Leagues - Wednesday, October 20, 6:00 - 9:00 p.m.

Boys Leagues - Wednesday, November 10, 6:00 - 9:00 p.m.

**Location:** Mayfield Village Civic Center

**Details:** Dinner will be served. This meeting will prepare the coaches for the upcoming seasons. League rules, guidelines and procedures, and player assessments will be discussed. If interested in volunteering as a coach, please call Sean Supler at 461-5163.

11th Annual

## Youth Winter Break Camp

Mayfield Community Education, Mayfield Village and Mayfield Heights Recreation Departments are teaming up to offer six winter break days during the holiday break at Mayfield High School for grades K - 6. The camp will have the use of the gym and pool for games and swimming and a couple of field trips to fun activities. Qualified and experienced supervision. Before camp care is available from 8:00 - 9:00 a.m. for \$7 per child/day and after camp care until 5:30 p.m. for \$10/child/day.

**Dates:** Monday - Wednesday, December 20 - 23 and Monday - Wednesday, December 27 - 29

**Location:** Mayfield High School

Look for flyers in November and more details.

# Adult Sports and Activities

## Adult Fall Softball

Packets were mailed in early July to all team managers from previous fall seasons. A league organizational meeting was held in late July. For more information, for a registration packet, or to be added to the mailing list call 461-5163.

### MEN'S OVER 35 YEARS AND OLDER

**Date:** Sunday, September 12 through late October.  
**Time:** 9:00 a.m.  
**Location:** Wiley Park, Parkview Softball Fields  
**Cost:** \*\$260/School District Team  
\*\$285/Non-School District Team  
\*plus official & forfeit fees.

### COED 18 YEARS AND OVER

**Date:** Monday and Wednesday nights beginning Monday, August 30 through late October.  
**Time:** 6:30 p.m. - 9:30 p.m.  
**Location:** Parkview Softball Fields  
**Cost:** \*\$350/School District Team  
\*\$400/Non-School District Team  
\*plus official, scorekeeper & forfeit fees.

### MEN'S 18 YEARS AND OVER

**Date:** Tuesday and Thursday nights beginning Tuesday, August 31 through late October.  
**Time:** 6:30 p.m. - 9:30 p.m.  
**Location:** Wiley Park, Parkview Softball Fields  
**Cost:** \*\$430/School District Team  
\*\$480/Non-School District Team  
\*plus official, scorekeeper & forfeit fees.

## Adults Only Fly Fishing

**Who:** 18 years and older  
**Date:** Saturday, September 11  
**Time:** 9:00 a.m. - 12 Noon for fishing/instruction lunch  
1:00 - 3:00 p.m. for more fishing. **Rain or shine.**  
**Location:** Deep Spring Trout Club (11069 Chardon Road, Chardon)  
**Cost:** \$80 includes instruction, rod, tackle, lunch and trout fishing

**Min/Max:** 10/20

**Details:** With the popularity of our youth class, fly fishing for adults only has been created. Come learn fly fishing from the top fly fishing instructor, George Vosmik, at the most exclusive Trout Club in Northeast Ohio. George's credentials include the Museum of Natural History Trout Club and Board Member, a member of Deep Springs, and a certified fly fishing instructor for 20 years. Deep Spring Trout Club, founded in 1963, has a 2 acre spring fed trout pond with over 2,000 stocked trout. Mr. Vosmik will cover a history of fly fishing, hands on instruction, and demonstration of fly fishing techniques. Participants will have the opportunity to savor the enjoyment of catching their fish then dining on their catch for lunch in the Deep Spring Clubhouse (other food options will also be available). Following lunch, there will be more fishing at the pond. Participants will have a creel pouch to store their catches in throughout the day. If you have your own fly fishing gear, please bring that otherwise the equipment will be supplied. **Other optional costs, paid that day at the club with check or cash only:** trout (live weight) \$4.50 per pound, cleaning and packed with ice to take home is \$1.00. **Registration Deadline: Thursday, September 9. Check or cash only. No credit cards.**

## Adult Fall Coed Soccer

This fall, coed soccer is planned for the dedicated soccer fields just North of Parkview Pool. League play is held on Tuesdays and Thursdays beginning August 10. For more information, for a registration packet, or to be added to the mailing list call 461-5163 for more information.



## Horseback Riding for Adults to Seniors

Adult only classes are also being offered on Tuesdays and Thursdays (beginning October 5 & 7) at 11:00 a.m. or Sundays (beginning October 10) at 1:45 p.m. Each class will be one hour long and will teach the basics of walking, trotting and safety around horses. The cost \$245 school district residents, \$249 non school district residents for the 8 week program.

## Adult Basketball

Packets will be mailed to all team managers from the previous winter seasons. Anyone wishing to receive a basketball packet should contact the Mayfield Village parks and Recreation Department at 461-5163. **A manager or team representative must be present at the league organizational meeting.**

### MEN'S 18 AND OVER

**Date/Days:** League play on Sundays, beginning Nov.7  
**Time:** 8:45 a.m. - 11:45 a.m.  
**Location:** Mayfield Field House  
**Cost:** \$375/School District Team plus official fees  
\$395/Non-School District Team plus official fees  
**Manager's Meeting: Wednesday, October 6, 6:30 p.m. at Mayfield Village Civic Center**

# Progressive Fitness Center

## *Progressive Fitness Center for Mayfield Village Residents 16 years and Older*

When purchasing a new membership, it must be done in person at the Civic Center. A photo ID AND utility bill or postmarked piece of mail with resident's name and address must be shown.

When renewing a membership, it must be done in person at the Civic Center. A family member may now renew for another family member-the person purchasing the renewal must show a photo ID.

## Progressive Fitness Center offers

- \* Certified Fitness Staff, to help you reach your fitness goals while instructing proper technique and safety.
- \* Comprehensive cardiovascular, Cybex strength training and free-weight equipment.
- \* Aerobic studios with all necessary equipment provided.
- \* Fully appointed locker rooms which include soaps, shampoos, hair dryers, lockers and saunas.

## Group Fitness Classes

The Progressive Fitness Center offers a comprehensive group fitness program designed to accommodate all fitness levels. The schedule includes a wide variety of classes offered early morning, lunch and evening. The schedule includes Low Impact Aerobics, Step Aerobics, SPINNING, Fitball, Pilates, Sculpting Classes, Flexibility Training, Boot Camp, Yoga and Zumba. Please call the Fitness Center for class descriptions.

## Fitness Program

- Fitness Assessment Test
- Fitness Profile
- Personalized Exercise Program
- Strength Workshop

Details of program offerings are located in the Fitness Center. All programs are included in your membership and are available by appointment.

## Personal Training/Pilates Reformer

Personal Training provides an individualized approach to assess, educate and motivate you to reach your health and fitness goals. The fitness center offers both traditional personal training and one-on-one Pilates Reformer training. Thirty, forty-five and sixty minute rates as well as multiple package discounts are available. Call the Fitness Center at 395-0103 for details and registration information.

## Becoming a Member

1. Purchase a 6 or 12 month membership at Mayfield Village Civic Center during regular office hours.
2. Bring a photo I.D. (drivers license, school I.D.) with current address and current utility bill.
3. Bring receipt to the Fitness Center.
4. Complete an enrollment form and schedule a 15-minute orientation.

## Membership Fees

6 Months.....	\$130.00
12 Months.....	\$260.00

## Facility Hours

Monday - Thursday	6:00 a.m. - 8:30 p.m.*
*Unstaffed from	8:00 p.m. - 8:30 p.m.
Friday	6:00 a.m. - 8:00 p.m.
Saturday	7:00 a.m. - 2:00 p.m.*
Sunday	7:00 a.m. - 2:00 p.m.*
*Unstaffed	

The entrance doors of Progressive will be locked on the weekends. To enter the building, you will need to page security using the button just outside the main entrance and inform them that you are a fitness center member.

Fitness Center hours are subject to change. Some holidays have restricted hours. Please check with a staff member or call 440-395-0103 for exact days and times.

## Student Break Membership

The Progressive Fitness Center offers 6 week college break memberships. The cost is \$30 for 6 weeks.

## Progressive Personal Training

The rates have decreased and the process has simplified! The fitness center no longer takes payment directly. Now you can purchase a package here at the civic center and bring your receipt with you to the fitness center. It's advised you complete a Personal Training brochure before purchasing any sessions as a new client to ensure there is trainer availability. The Personal Training brochures are located at the fitness center. Feel free to pick one up next time you're in to workout! The rates are as follows:

30 minute session-\$16

45 minute session-\$24

60 minute session-\$32

Pilates is \$50/hour and \$35/45 minutes

Call the fitness center for more information at 440-395-0103.

# Senior Programs

Coordinated by the Human Services Department

HUMAN SERVICES DEPARTMENT  
PHONE: (440) 919-2332

6621 Wilson Mills Road 44143  
FAX: (440) 919-0207

## Ongoing Activities

### Every Monday:

**Games, Puzzles**, in the Community Room, 1-4 p.m. Play games such as Mah Jong, Progressive Rummy, or Scrabble, etc. No games September 6.

### Every Tuesday & Thursday:

**Cards** in the Community Room, 1-4 p.m. Cost: 50¢. Bridge, pinochle, and hand and foot are currently being played. No cards Tuesday, September 7, Tuesday, November 2 and Thursday, November 25.

### Every Wednesday:

Do you have a penchant for sewing or quilting? Stop in to see what the **ABC Village Quilters** are making. This hard-working group meets every Wednesday from 10:30 a.m. to 1:00 p.m. at the Mayfield Village Community Room. Helping hands are always welcome. Quilts are donated to various charitable organizations. Questions: Call MV Human Services Department at 440.919.2332.

### 1st and 3rd Tuesday of each month at 1 p.m.:

A nurse from Providence Home Health Care will check **blood pressures and do glucose screening** on the 1st Tuesday. Members of the MV Fire Department will check blood pressures on the 3rd Tuesday. This is a free service.

## Flu Shot Senior Program

**What:** This year the seasonal flu and H1N1 vaccines will be combined in one inoculation. Pre-registration is required.

**When:** The shots will be given on Friday, October 22, 2010.

**Pre-Registration:** Friday, October 1st from 9:00-11:00 a.m. and on Wednesday, October 6 from 1:00-3:00 p.m.

**Where:** Mayfield Village Civic Center, 6622 Wilson Mills Road.

**Cost:** \$30. There is no charge for subscribers with Medicare Part B.

**Details:** Nurses from the Cuyahoga County Board of Health will be administering the vaccine. Please bring Medicare and all other health insurance cards with you to registration. **Ohio Benefit Bank.** Representatives from the Ohio Benefit Bank will be available at the flu shot registration sessions to determine possible eligibility for food assistance programs.

## AARP Safe Driving Class

**Date:** Wednesday, August 18, 12:00-4:30 p.m.

**Where:** MV Civic Center, 6622 Wilson Mills Rd.

**Cost:** \$12/AARP Members; \$14/non-members. Checks are payable to AARP.

**Deadline to Register:** Wednesday, August 11 (or when we reach the maximum number of students.)

## Bereavement Support Group

**What:** Currently meeting Monday evenings, but time could change to meet participants' needs.

**What:** Bereavement (Grief) Support Group—12 sessions

**Where:** Mayfield Village Community Room

**Facilitator:** Staff member of Crossroads Hospice

**Cost:** Free

**Details:** Twelve-week commitment to attend sessions and complete assignments.

To register or to learn more: Contact the Human Services Department at 440.919.2332.

## Senior Speaker Series

Our Senior Speaker Series, informational programs open to all adults ages 50 and over, continues with programs at 2 p.m. on various Wednesdays. These free programs are held in the Mayfield Village Community Room and last approximately one hour. Refreshments are served. Please contact Mayfield Village Human Services Department for a current schedule of programs: 440.919.2332.

**September 15** at 1 p.m. Kelly Beaudoin, MSPT of Balance Solutions will speak on the importance of maintaining balance as we age and/or develop physical challenges.

**November 3:** Focus on Israel, a non-political and non-religious overview by representatives from Council of Jewish Women.

## Annual Holiday Party & Luncheon



**When:** Saturday, December 11

**Time:** 1-4 p.m. (Doors open at 12:30)

**Cost:** Free—but reservations are required.

**Details:** This is one of the few activities reserved for residents of Mayfield Village, ages 60 and over. Join us for hors d'oeuvres, lunch, entertainment, and door prizes.

**Deadline to Register: December 1.** Call the Human Services Department at 919-2332 with your name, address, and phone number.

## Create Your Own Greeting Cards

**When:** 1st Thursday of each month  
**Time:** 9 a.m.-12 noon  
**Details:** Michelle will instruct participants in creating unusual and personalized greeting cards.  
**Cost:** \$18  
**Deadline to Register:** The Monday before the class you wish to attend.  
Class Maximum: 25 students.

## Trips

### “FAB 4”

**When:** Monday, September 13  
**Time:** 11:30 a.m. to 4 p.m. (Depart/Return: MV Civic Center.)  
**Cost:** \$57 per person  
**Lunch:** Family-style luncheon at Croatian Lodge Ballroom featuring 3 entrées, all the trimmings plus dessert and beverage.  
**Details:** Enjoy the music of the original Four Coins, the Four Lads, and the Drifters.  
**Deadline to Register:** Thursday, August 26 or when sold out.

### SENIOR DAY AT COSTCO

**When:** Monday, September 20  
**Time:** 11:30 a.m.  
**Where:** Meet at entrance to Costco (1409 Golden Gate Blvd.)  
**Cost:** None (other than your purchases)  
**Details:** Complimentary Food Samples, Tour, Lunch, Raffle, and new member promotion. Payment for purchases by non-members is limited to cash or debit cards with your pin number.  
**Deadline to Register:** Friday, September 10

## Classes in Cooperation with Mayfield Community Education

Mayfield Village Human Services Department offers a variety of Exercise, Fitness, and Line Dancing courses in cooperation with Mayfield Community Education. Contact MV Human Services for a flyer or see the Mayfield City Schools Community Education & Recreation publication for specific details on these and other courses in which you might be interested.

## Computer Classes

Our computer classes are taught by instructors from Tech Wise, L.L.C. Tech Wise is applying for a grant through the Pepsi-Cola Company called the **Pepsi Refresh** Project Grant. What does this mean to you? Free computer training! If Tech Wise, L.L.C. is chosen as one of the recipients for the Pepsi Refresh Project grant, **free** computer training will be offered to seniors approximately once per week at the Mayfield Village Community Room and other area senior centers for one full year!

We encourage you to support Mayfield Village Human Services Department and Tech Wise in this endeavor. Here's how you can help:

Just vote for Tech Wise L.L.C. on Pepsi's **Refresh Everything website:**

1. Go to [www.refresheverything.com](http://www.refresheverything.com)
2. Click on "join refresh everything" in the bottom left hand corner of the screen.
3. Fill out the information on the screen to set up your account with Pepsi.
4. Click on done at the bottom of the screen.
5. **Voting begins August 1st.** Go to <http://www.refresheverything.com/helpohioseniorsbetechwise>
6. Add that webpage to your favorites list.
7. Click on the "vote for this idea" button every day from August 1-31. You can vote only once per day, but you can ask your family and friends to also vote daily.

The schedule of fall computer classes is listed below. Please contact us for course descriptions. If Tech Wise wins the Pepsi Refresh grant, remember-- the computer classes will be free! All classes are held in the Mayfield Village Community Room from 9-11 a.m.

### Computer Terminology - Tuesday, August 17

This class will be free even if Tech Wise does not win the Pepsi Grant.

### Basic Computers with Windows 1 & 2

Tuesday, August 24 and 31

### Basic Computers with Windows 3 & 4

Tuesday, September 14 and 21

### Introduction to the Internet 1 & 2

Tuesday, September 28 and October 5

### Email with Yahoo Mail 1 & 2 - Tuesday, October 19 & 26

### Housekeeping on your Computer using Windows Vista

Tuesday, November 9 and 16

### Induction to Digital Cameras - Tuesday, November 23 and 30

### Introduction to E-Bay - Wednesday, December 7 and 14

## TO REGISTER FOR ACTIVITIES AND PROGRAMS FOR SENIOR ADULTS OFFERED BY THE HUMAN SERVICES DEPARTMENT:

Phone: 440-919-2332. Call MV Human Services Department with your registration and MasterCard, Visa or DiscoverCard payment. (Please be ready to give the course number and your credit card number.)

Fax: 440-919-0207. Fax your registration to us anytime.

In-Person: You may register in person from 8:30 a.m. until 4:30 p.m. Monday-Friday at the MV Human Services Department, 6621 Wilson Mills Road.

Mail: Contact us for a registration form. Mail registration form with your check payable to Mayfield Village to MV Human Services Department, 6621 Wilson Mills Road, Mayfield Village, Ohio, 44143.

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