

MAYFIELD VILLAGE  
 SENIOR SERVICES NEWSLETTER  
 Mailing Address: 6622 Wilson Mills Rd.  
 Mayfield Village, OH 44143  
 PHONE: 440-919-2332  
 FAX: 440-919-0207  
 www.mayfieldvillage.com



Mar./Apr./May  
 2016

## A NOTE FROM THE STAFF

Fifty-six people went on our final trip of 2015—to Miss Molly’s Tea Room and Castle Noel in Medina. Seniors enjoyed a full afternoon tea at the elegant Miss Molly’s. At Castle Noel, we saw costumes and movie props from movies such as “The Grinch.” Many seniors slid down the slide and visited with Santa. It was a fun-filled day!

Look for information inside this issue about our upcoming trips to Phantom of the Opera, the Ann Arbor Art Fair, a Historic and Ethnic Tour of Cleveland (Part 3 with JKL Tours), and Hartville for lunch and shopping.

Also see information about our classes: Watercolor and Knitting/Crocheting.

There are also Lunch n’ Learn programs on March 30 and April 6 at the Civic Center and a new Lunch & Movie program at Governor’s Village.

Reminder: A variety of services are available to Mayfield Village residents ages 60 and older through the Community Partnership on Aging. Transportation, daily luncheons, outreach services, homemaker services, social programs, chore information, wellness and education, tours and trips are among the services available. There is a nominal fee for most of the services provided.

Please share your thoughts or suggestions for new activities and trips with us. You may email Bill Thomas at [bthomas@mayfieldvillage.com](mailto:bthomas@mayfieldvillage.com) or Donna Heath at [dheath@mayfieldvillage.com](mailto:dheath@mayfieldvillage.com), drop a note in the suggestion box outside our office, or call us at 440-919-2332.

William D. Thomas,  
 Parks and Recreation Director  
 Donna J. Heath,  
 Senior Program Coordinator

## LUNCH N’ MOVIE AT MAYFIELD VILLAGE CIVIC CTR

In collaboration with the Community Partnership on Aging, Mayfield Village is hosting Lunch n’ Movies at the Civic Center on various Wednesdays. The meal will be prepared by Community Partnership on Aging staff and volunteers and served in the newly-licensed Civic Hall, combined with a recently-released feature film. Movie titles will be published in the CPA newsletter. The menus are as follows:

- April 13: Beef Pot Pies
- May 11: Turkey Club Sandwich
- June 8: Southwest Chicken Salad

All movies are subject to change, based on availability.

Time: Lunch is served at 12:15 p.m., doors open at 11:45 a.m. Movie begins at 1:00 p.m.

Where: Mayfield Village Civic Hall for lunch; Mayfield Village Reserve Hall for movie.

Cost: \$5.00 per person, payable at the door.

Registration required by calling the Community Partnership on Aging at 216-650-4029, no later than the Wednesday prior to each luncheon date. Cancellations required no later than the Monday prior to each luncheon date.

### INSIDE THIS ISSUE:

Watercolor Classes, Safe at Home, Social Worker, Transportation.....Page 3  
 Knitting/Crocheting, Lunch n’ Learn Programs, and Lunch & A Movie at Governor’s Village.....Page 4  
 Trips, .....Page 5  
 Anniversary Party, AARP Income Tax, Bereavement, Foot Clinic.....Page 6  
 CPA Transportation, Having Difficulty Meeting Monthly Expenses, Registration Form.....Page 7  
 Upcoming Activities & Trips with CPA (Community Partnership on Aging), Ongoing Activities with Mayfield Village.....Page 8

## SENIOR SERVICES OFFICE

The Senior Services Office is located behind the Community Room at 6621 Wilson Mills Road. The entrance to the department is on the south side of the building.

Please note that our mailing address is 6622 Wilson Mills Road, Mayfield Village, OH 44143.

Our telephone number is: 440-919-2332.

**William D. Thomas,**  
Parks and Recreation Director

**Donna J. Heath,**  
Senior Program Coordinator

**Commission on Aging Members:**  
**Bob Perna, Jan Perna, Ruth Petche,**  
**Ralph Tarsitano, and Marie Urbancic**

**Council Representative:**  
**Patsy Mills**

## COMMUNITY PARTNERSHIP ON AGING

Mayfield Village joined the Community Partnership on Aging on May 1st, 2012. The Community Partnership on Aging currently serves the cities of South Euclid, Lyndhurst, Highland Heights, Mayfield Heights, and Mayfield Village.

Some of the services offered include: Daily Luncheons, Homemaker Services, Transportation, Outreach Services, Social Programs, Chore Information, Tours and Trips, Wellness and Education.

Volunteer opportunities are available for those interested in getting involved.

To learn more about the variety of new services available to Mayfield Village residents, contact the Community Partnership on Aging at 216-291-3902.

## NEW POLICY: WEATHER CLOSINGS

When Mayfield City Schools are closed due to inclement weather, the activities sponsored by Mayfield Village Senior Services will no longer be canceled. If there is a blizzard or other dangerous conditions, please use your best judgment when deciding to venture out. If you have any questions, contact us at 440-919-2332.

## OUTREACH SERVICES

Through the Community Partnership on Aging, licensed social workers provide in-home visits to Mayfield Village residents ages 60 and older who may benefit from assistance, or who have questions or concerns about matters affecting their physical, social, financial, or emotional well being or independence. Outreach staff also provide information on many local services. Call 216-548-8010 or 216-291-3902 for more information, or to make an appointment.



## HILLCREST MEALS ON WHEELS PROGRAM

The Hillcrest Meals on Wheels Program is available to residents of Mayfield Village and the entire Hillcrest area who are homebound or unable to shop and/or cook for themselves. Meals are provided five days a week for a nominal fee.

Mayfield Village residents who are interested in this service should call 216-291-3902.

### **VOLUNTEERS NEEDED**

The Hillcrest Meals on Wheels Program needs volunteers to deliver meals or help in the office. If you are interested in helping for as little as two hours a week, call 440-449-3551. The office is open Monday through Friday between 9 a.m. and 1 p.m. Your help would be sincerely appreciated.

## WATERCOLOR PAINTING

No drawing skills necessary! You may uncover a hidden talent as you learn a variety of tips and techniques from award-winning watercolor instructor Flo Smith. At the end of each 4-week series, you will have created three watercolor paintings suitable for framing! Class sizes are limited, so register early.

Sessions are offered on Tuesdays or Thursdays.

**Tuesday Time:** 9:00 a.m.—12:00 p.m.

**Thursday Time:** 10:00 a.m.—1:00 p.m.

**Where:** Mayfield Village Civic Center

**Instructor:** Florence Smith

**Cost:** \$35/Mayfield City School District Residents; \$40/Non-School District Residents—4 wk. session

**Plus:** \$4 material fee paid to instructor for each 4-week session.

**April Tuesday Series:**

April 5, 12, 19, 26

**April Thursday Series:**

April 7, 14, 21, 28

**May Tuesday Series:**

May 3, 10, 17, 24

**May Thursday Series:**

May 5, 12, 19, 26

**June Tuesday Series:**

May 31, June 7, 14, 21

**June Thursday Series:**

June 2, 9, 16, 23

**Please Note:** Class sizes are limited.

**New students:** Material list available upon enrollment. Registration begins as soon as you receive this newsletter.



Above: One of the pictures students painted during last year's art class.

## SAFE AT HOME PROGRAM

This program aims to assist older adults in remaining safe in their home by providing access to and the installation of assistive safety devices such as grab bars, hand railings, and durable medical equipment. Prior to installation, our Social Workers will provide you with an in-home safety assessment to help determine what needs you may have.

This program will provide assistance to low income individuals - 200% of the federal poverty guidelines or below - with the purchase and installation of assistive devices, such as grab bars and hand railings. Services are prioritized according to financial need, however those with higher income may qualify for some aspects of the program. Please call 440-442-2628 for more information.

## SOCIAL WORKER /TRANSPORTATION FOR MAYFIELD VILLAGE RESIDENTS

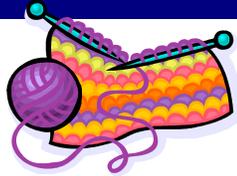
If you know someone who may have questions about services and benefits, please consider talking with a social worker. The Community Partnership on Aging employs social workers with a wide range of skills. Beda Madden is a Licensed Independent Social Worker who works to serve Mayfield Village residents. She and other social workers at CPA are able to assist residents with a wide range of services:

- Accessing benefits and resources
- Information and referral
- Understanding Medicare
- Making decisions about or helping you understand long term care
- Helping you to adjust to a new role or life change
- Managing depression or other chronic health conditions

### Transportation Services

An important aspect of living independently is access to reliable transportation. Community Partnership on Aging offers registered riders access to healthcare appointments, grocery shopping and other transportation needs. Vans are able to accommodate wheelchairs. Please contact 440-442-2628 for registration and service information.

**KNITTING & CROCHETING CLASS**



**Date:** Fridays, February 26-April 1st  
 Fridays, April 15-May 20  
 Fridays, June 3-July 8  
**Time:** 9:30-11:30 a.m.  
**Cost:** \$48/6-week session

**Class Maximum:** 12 students  
**Deadline to Register:** One week prior to first date of session.

If you have ever wanted to learn to knit or crochet, here's your opportunity. Let instructor Jan Perna show you how to begin. Or, if you already know how to knit or crochet, she will help you hone your skills. Maybe you have a special project you need assistance with, or want to learn a new stitch. Jan has been knitting and crocheting since she was 7 years old. Call 440-919-2332 for additional details and to register.

**LUNCH AND LEARN—  
 Activities, Classes, & Trips**

**Date:** Wednesday, April 6  
**Time:** 12:00 noon  
**Where:** Mayfield Village Civic Center  
**Deadline to Register:** Wednesday, March 30.  
 Call the Senior Services Department, 440-919-2332.

Enjoy a light lunch as you learn about the 2016 trips, activities, classes, and programs offered by Mayfield Village Senior Services. Flyers will be available for you to register.



This fall, we will take a trip to see bridges and have lunch at a winery. Call us for details. 440-919-2332

**LUNCH AND LEARN—  
 “MUSIC THROUGH  
 THE AGES”**

**Date:** Wednesday, March 30  
**Time:** 12:00 noon  
**Where:** Mayfield Village Civic Center  
**Deadline to Register:** Wednesday, March 23. Call the Senior Services Department, 440-919-2332.

Enjoy a free luncheon and a special program, “Music Through the Ages,” sponsored by Kindred Assisted Living—Fountains/Kindred Transitional Care and Rehabilitation—The Greens. This interactive presentation explores the influence of music and fashion on our American culture. We'll enjoy music and fashion from the 40's through the 70's. Door Prizes will be awarded. Maximum: 30 participants. Deadline to Register with Mayfield Village Senior Services: March 23. 440-919-2332.

**NEW: LUNCH & A MOVIE  
 AT GOVERNOR'S VILLAGE**

**When:** Wednesday, March 16,  
 Wednesday, April 20  
 Wednesday, May 18  
**Time:** 12:00 Noon  
**Where:** Governor's Village, 280 North Commons Blvd., Mayfield Village

**March Movie:** “Secondhand Lions”  
**March Menu:** Honey mustard glazed ham, green beans, scalloped sweet potato, Mississippi mud cake.

**April Movie:** “The Help”  
**April Menu:** House salad, surf & turf, baked potatoes, roasted vegetables, Tennessee whiskey cake.

**May Movie:** “Soul Surfer”  
**May Menu:** Stuffed baguette, Salisbury steak, mashed redskins, peas and carrots, apple pie.

**Cost:** \$5.00. Call us for summer movie titles & menus.

**RSVP:** 440-919-2332 at least one week prior to Lunch & A Movie date.

**FALL/WINTER TRIPS—  
2016**

Mark your calendars now for the following fall/winter trips:

- Wednesday, October 12—Covered Bridges
- Friday, November 18—“A Branson Country Christmas” at the Croatian Lodge
- Wednesday, December 7—”Higbee’s Silver Grille Christmas Party”

**TRIP: HISTORIC &  
ETHNIC CLEVELAND - 3**

We’ll visit the brewery trail of the early 1900’s, have a walking tour of the revived Gordon Square Arts District, have a driving tour of the Warehouse District, take in a 360-degree aerial view of Cleveland from the 42nd Floor—the observation level—of the Terminal Tower, enjoy a behind-the-scenes tour of the original Woolworth’s that is now The House of Blues. Includes an Italian Buffet lunch in a bank building from 1903.

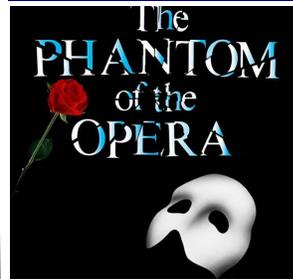
**Date:** Wednesday, August 17  
**Depart:** 8:15 a.m. from MV Civic Center  
**Return:** 5:30 p.m. to MV Civic Center  
**Cost:** \$69 includes Italian buffet lunch  
**Deadline to Register:** Friday, July 15

**TRIP: HARTVILLE  
SHOPPING TRIP**

Enjoy a complete lunch at the Hartville Kitchen (choose either fried chicken, ham, or roast beef), mashed potatoes, green beans, salad, rolls, beverage, and pie. Shop at the Hartville Kitchen, the Hardware, and the flea market. Coupon books provided.

**Date:** Friday, September 16  
**Depart:** 10:00 a.m. from MV Civic Center  
**Return:** 5:30 p.m. to MV Civic Center  
**Cost:** \$47 includes complete lunch  
**Deadline to Register:** Friday, August 12

**TRIP: “PHANTOM OF  
THE OPERA”**



“In 1986, Andrew Lloyd Webber opened his newest hit, the powerful and haunting Phantom of the Opera, an electronic rock musical based on Gaston Leroux’s 1910 book of the same name.

The sweeping supernatural romance has since gone on to capture the public’s imagination and embed itself in popular culture. As Broadway’s longest running show, this eighties juggernaut is still breaking records and in 2014 celebrated its 10,400th performance!”

**Date:** Thursday, June 16  
**Depart:** 12:45 p.m. from MV Civic Center  
**Return:** 5:30 p.m. to MV Civic Center  
**Cost:** \$48  
**Deadline to Register:** Wednesday, April 6

**TRIP: ANN ARBOR  
SUMMER ART FAIR**

Join us as we visit the oldest and one of the largest art fairs in the country! Ann Arbor Summer Art Fair transforms the city of Ann Arbor and the University of Michigan campus into an outdoor art festival showcasing the best in fine arts and crafts. Includes deluxe motor coach transportation. Board motor coach in the Pepper Pike Learning Center on the Orange Schools campus.

**Date:** Thursday, July 21  
**Depart:** 8 a.m. from the PPLC  
**Return:** 9:30 p.m. to the PPLC  
**Cost:** \$59  
**Deadline to Register and last day for Refunds:** Tuesday, June 21

**ANNIVERSARY PARTY FOR MV RESIDENTS**

Make your reservations now for the annual Anniversary Party for Mayfield Village seniors (ages 60 and older.) Enjoy hors d'oeuvres, lunch, and dessert while listening to harp music and visiting with other Villagers.

**Date:** Friday, April 8  
**Time:** 12 noon to 3 p.m. (Doors open at 11:30 a.m.)  
**Where:** Mayfield Village Civic Center  
**Deadline to Register:** Thursday, March 31



**AARP INCOME TAX**

**When:** Mondays: March 21 and April 11  
**Time:** 12:00, 1:00, 2:00, & 3:00 p.m.  
**Where:** M.V. Community Room  
**Cost:** Free

Volunteers from AARP will prepare income tax documents for Mayfield Village seniors. Please contact MV Senior Services at 440-919-2332 to make an appointment. You will need to bring your 2014 tax return and all of your documents for 2015.

Volunteers from AARP will prepare income tax documents in other communities also. Please refer to the Community Partnership on Aging newsletter for details about available times and to schedule an appointment.



**BEREAVEMENT SUPPORT GROUP**

Elizabeth of Crossroads Hospice helps persons work through the grief process connected with losses through death, job loss, divorce, moves, and other life-changing challenges.

**Date:** New 10-week session begins Monday, April 25.  
**Time:** 5:45-6:45 p.m.  
**Where:** Governor's Village, 280 North Commons Blvd., Mayfield Village  
**Cost:** Free

Contact Mayfield Village Senior Services at 440-919-2332 to learn more or to register.

**FOOT CLINIC**

**When:** \*Fridays March 11 and 25, April 8 and 22. Contact us for May dates.  
**Time:** 1:00-3:00 p.m.  
**Where:** M.V. Community Room  
**Cost:** \$20 (Medicare generally covers cost for diabetics)  
**Doctor:** Dr. Kelly R. Whaley, Diabetic and Geriatric Specialist practicing for 15 years in Northeast Ohio

\*Call Mayfield Village Senior Services at 440-919-2332 to make an appointment for diabetic and routine foot care such as toenail cutting, treatment of corns and calluses, and removing ingrown toenails.

**CPA TRANSPORTATION  
AVAILABLE**

Have you stopped driving recently or do you have concerns about winter driving? Rely on us! Community Partnership on Aging provides transportation services through Senior Transportation Connection to residents who no longer drive or need temporary transportation in the winter months or due to an illness. Call the Community Partnership on Aging to set up an appointment for registration at 216-291-3902 or 440-442-2628.

**HAVING DIFFICULTY MEETING  
MONTHLY EXPENSES?**

Are you having difficulty meeting monthly expenses? One of the Community Partnership on Aging staff members is happy to see you at your home or in their office to help identify programs and services that may reduce expenses. The CPA can also assist with identifying resources for help with caregiving needs, household maintenance and other areas. Call the Community Partnership on Aging to schedule an appointment at 216-291-3902 or 440-442-2628.

**VOLUNTEER SERVICES**

Community Partnership on Aging offers a wide range of volunteer services to help support people 60 and over. Computer tutoring, friendly visitors, assistance with recycling, help with organizing and many others. For more information, call 216-291-3902.

**HOW TO REGISTER WITH MAYFIELD VILLAGE SENIOR SERVICES:**

Easy ways to register for all activities, classes, programs, and trips listed in this newsletter unless otherwise noted:

**Phone: 440-919-2332**

Call Mayfield Village Senior Services with your registration and MasterCard, Visa, or DiscoverCard information.

**In-Person:**

Register in person from 8:30 a.m.-4:30 p.m. Monday-Friday at the Senior Services Office, 6621 Wilson Mills Road, Mayfield Village. (Entrance to the Department is on the southwest side of the Community Room.)

**Fax: 440-919-0207.**

Fax your registration to Mayfield Village Senior Services at 440-919-0207.

**Mail:**

Mail your registration and check or credit card payment to Mayfield Village Senior Services, 6622 Wilson Mills Road, Mayfield Village, OH 44143. Checks are payable to Mayfield Village unless otherwise noted.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

APARTMENT NUMBER : \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

***Checks are payable to Mayfield Village unless otherwise noted.*** We accept MasterCard, Visa and DiscoverCard. If you are paying by credit card, please complete the following:

Card No. \_\_\_\_\_

Expiration Date: \_\_\_\_\_

“V” Code \_\_\_\_\_ (Last 3 digits above your signature on the back of your card.)

***Please list the title, date, and fee of the course(s) for which you are registering:***

\_\_\_\_\_

\_\_\_\_\_

## UPCOMING TRIPS & ACTIVITIES WITH CPA

Movie Monday in Mayfield with CPA! All are welcome and all movies are FREE!

Monday, March 14: "Love Story" (bring your Kleenex!)

Monday, March 21: "Suffragette" (includes discussion afterward, in celebration of Women's History Month)

Monday, April 18: "The Lunchbox"

Monday, May 16: "Grandma"

All movies take place at 1:00 PM at Reserve Hall Theater in the Civic Center. All movies subject to change, based on availability. RSVP appreciated; call 216-650-4029.

### "Pretty in Prints" Fashion Show

Ursuline College Master's Degree candidate, Ms. Anne-Marie Gurko, will present her line of 30 designs at a special fashion show event in collaboration with Community Partnership on Aging! The special event will take place on Tuesday, March 29 beginning at 6:00 PM at Ross C. DeJohn Community Center in Mayfield Heights. The event will be commentated by Dr. Constance Korosec, Ursuline College Fashion Department Chair. Please join CPA for a dinner of Chicken Marsala, hand-prepared by CPA Chef Warren and staff!

Fee: \$15 per person; includes Fashion Show, entree, salad or veggie, dessert and beverages. Tickets are required and are available now, through the CPA offices in South Euclid or Lyndhurst. Only 75 seats will be sold for this event so get yours soon! Casual Chic attire is encouraged. Call 440-473-5138 for additional information.

### CPA Spaghetti Dinner

*The First CPA Spaghetti Dinner will be held on Friday, April 29 at 6:00 PM at Highland Heights Community Center! More details will be forthcoming, but we can guarantee music, raffles and a lot of fun for this special event dinner hand-prepared by CPA Chef Warren and staff. Tickets are required.*

*Fee: \$10 per person; tickets are available now through the CPA offices in South Euclid or Lyndhurst. Call 440-473-5138 for additional information.*

See Lunch n' Movie program information on page 1.

## ONGOING ACTIVITIES & PROGRAMS

March through mid-April activities and programs will be held at the Mayfield Village Community Room, 6621 Wilson Mills Road, unless otherwise noted. Handicapped parking is available; the handicapped entrance is on the south side of the building.

- **BLOOD PRESSURE TESTING** provided by members of the Mayfield Village Fire Department: **3rd Tuesday of each month** at approximately 1:00 p.m. (Free; drop in.) Blood pressure testing will be held at St. Bartholomew Church, 435 SOM Center Road, mid-April through August.
- **CARDS: Tuesdays & Thursdays, 1-4 p.m.** Bridge, Pinochle, and Hand and Foot are currently being played. Drop in at 1 p.m. any Tuesday or Thursday; no reservation necessary. Light refreshments are served, and birthdays are celebrated. (\$1) Doors open at 12:45 p.m. Cards will be held at St. Bartholomew Church, 435 SOM Center Road, mid-April through August.
- **MAH JONGG: Mondays, 1-4 p.m.** Drop in at 1 p.m. to team up with new friends. If you have a set, bring it with you. Light refreshments are served. (Free) Doors open at 12:45 p.m. Mah Jongg will be held at Governor's Village, 280 North Commons Blvd., mid-April through August.
- **MEALS ON WHEELS** (Information on page 2)
- **CLASSES**  
We currently offer classes in Watercolor Painting and Knitting & Crocheting. Please let us know if you have any suggestions for new classes, activities, or programs.
- **BEREAVEMENT SUPPORT GROUP:** We offer a Bereavement Support Group to help persons work through the grief process connected with losses through death, job loss, divorce, moves, and other life-changing challenges. Contact us for details.
- **LUNCH N' LEARN PROGRAMS:** We offer Lunch n' Learn Programs on various topics of discussion. The programs are free. Lunch is provided. A speaker talks while you eat lunch. Programs are held at the Mayfield Village Civic Center. See page 4 for current programs.
- **LUNCH N' MOVIE PROGRAM:** We offer a Lunch n' Movie Program in cooperation with the Community Partnership on Aging. (See page 1 for details.)
- **LUNCH & A MOVIE PROGRAM:** We offer a Lunch & A Movie Program in cooperation with Governor's Village. (See page 4 for details.)